

NYU NURSING | AUTUMN 2022

ADVANCING INNOVATION

LEADERSHIP › POLICY › PRACTICE



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LEADERSHIP

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ADVANCING INNOVATION

LEADERSHIP > POLICY > PRACTICE

Every day, our faculty, researchers, students, and alumni are moving nursing forward in an era of tremendous change for healthcare. From testifying on Capitol Hill and creating new courses to respond to changing needs to starting a new health-oriented business and writing a book to challenge ideas about who or what a nurse is, NYU Meyers leaders advance innovation in leadership, policy, and practice.



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DEAN'S CORNER



Follow me on Twitter
@EileenSullivanM for
the latest news from the
College and in nursing.

Dear friends,

You likely know by now that this academic year will be my last as dean.

One of my favorite books is *Collaborative Circles: Friendship Dynamics & Creative Work*, written by sociologist Michael P. Farrell. The thrust of the book argues that creativity is catalyzed in time-limited circles of peers and friends who form a mutual vision and then excel through collaboration.

In the last ten-plus years at Meyers I have had the great privilege to guide our terrific faculty, students, staff, and alumni in a matrix of collaborative circles that led us to realize our potential in becoming a remarkable and exceptional school of nursing. The groundwork for this progress dates back decades — since the '30s — and owes to so many of you: our excellent graduates, innovative faculty, and creative staff and administrators.

We have achieved a tremendous amount together in the past decade, bookended by one local natural disaster in Hurricane Sandy and one global, once-in-a-lifetime pandemic. We rose to the challenges of those two historic crises unmatched by any other school of nursing; our reputation during those times has been synonymous with dogged determination and compassionate care. We built a state-of-the-art building, became an independent school equal to our peers at NYU, received a historic naming gift that makes a top-tier college

experience a reality for students who thought it may be out of reach financially, became a leader in health equity, and had historic faculty, staff, and student representation across the University, scholarly bodies, and associations throughout the world.

Now that our two strategic plans have reached their mark — beyond their mark, really — it is now time for the wheel to turn towards a leadership change in which new collaborative circles form a brighter future.

Working and collaborating with you all has brought me immense personal and professional joy that I will cherish as I embark on my next phase. I feel fortunate that over the last few months I've been able to express this gratitude to you in person as we've reconvened for more events and celebrations.

As 2022 comes to an end I'm so grateful for all of you and look forward to a new year of renewed spirit and good health — together.

Best,
Dean Eileen

Eileen Sullivan-Marx, PhD, RN, FAAN
Dean & Erline Perkins McGriff Professor

Congratulations to **Judith Haber**, **Christine Kovner**, and **Nancy Van Devanter** who were recently named Professors Emerita of Nursing! This accomplishment is a testament to their lifetime of service to the profession of nursing and nursing scholarship.

NYU Meyers has been named a recipient of the Health Professions Higher Education Excellence in Diversity (HEED) Award for the second year in a row. The award recognizes colleges and universities that demonstrate an outstanding commitment to diversity and inclusion. Kudos to Vice Dean **Tanisha Johnson-Campbell** for her hard work in securing this recognition of our continued diversity and inclusion efforts.



Top Colleges for Diversity

- **Did you know** there are creative ways to support NYU Meyers that can benefit the College, you, and your loved ones all at the same time?

Why I Give

by Janet S. Curtin MA '81



MY MOTHER WAS A NURSE and a great influence on her daughters. Both of my sisters also became nurses. The choice my father, who was a dentist, gave me was a teaching or nursing career, and I chose nursing because I felt I would have more career opportunities, and I was right! I have had a wonderful and varied career spanning over five decades, and I credit much of my success to the excellent education I received at NYU Rory Meyers College of Nursing, and this is why I have included NYU Meyers in my estate plans.

One of the most important things I learned at Meyers was putting patients first and being committed to their care. NYU Meyers taught me to be culturally sensitive to the needs of different patients and to convey health information in a way that my patients would understand so that they would be able to make informed decisions about how to approach their particular health needs.

Many of the professors I had at NYU Meyers influenced and inspired me throughout my career. Top among them was **Martha Rogers**, whose theories changed my perspective on caring for patients.

Erline Perkins McGriff taught a wonderful class on health advocacy.

Mary Brennan's pharmacology course proved to be incredibly informative as she helped me to better understand drugs and their interactions. I will be forever grateful to and never forget **Judi Haber**, who believed in me and my ability and admitted me into the adult-gerontology primary care program after the deadline but just before the semester began.

NYU Meyers was instrumental in my career success, from my clinical work in both the hospital and community settings to my work as an administrator, where I was charged with working on nurse retention — an issue we are still grappling with today. I find great joy in knowing that the scholarship fund that will be created with my gift will give undergraduate nursing students with financial need the opportunity to study at one of the finest nursing colleges in the nation.

The nursing profession has come a long way since I entered the field fifty years ago when we just followed doctor's orders. We are now an integral part of the healthcare team, working collaboratively with all healthcare providers involved in patient care.

My advice to nursing students who are looking to succeed and lead in the profession is to be open to all of the opportunities that are now available in the healthcare field. Because nursing provides such a wonderful foundation, the nurse today can go beyond the hospital setting and be able to provide patient care in community settings, the teaching field, administration, insurance, and school settings. The opportunities are truly endless and the journey is incredibly exciting and rewarding. ●

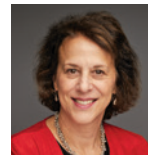
Are we already in your will, trust, or other estate plans?

If you have named NYU Rory Meyers College of Nursing in your will please let us know. It helps us plan for the future. It also allows us to thank you for your generosity and honor your loyalty to the College.

If you have already included NYU Meyers in your will call or email **Karen Wenderoff**, director of development, and she will add you as a member of the Society of the Torch. The Society of the Torch is a special group of alumni, faculty, and friends of NYU who have recognized the importance of planning their philanthropy by providing for the University and its schools and colleges through their wills and estates. Through bequests in wills, trusts, and other arrangements, these donors have found a satisfying way to leave a meaningful legacy. Or, if you would like, your gift may remain anonymous.

Don't have a will?

You are not alone! Now is a great time to start planning. Please consider including NYU Meyers in your estate planning. Contact Karen for suggested bequest language and NYU's tax ID to share with your attorney.



To learn more about this giving opportunity, please contact Karen at **212-992-5924** or **kmw2031@nyu.edu**.

- **Our faculty** are experts at the forefront of nursing research and practice. Here are some of their recent accomplishments.

Clinical Associate Prof. **Michele Crespo-Fierro** was appointed to the Board of Directors of Nurses Educational Funds Inc.

Clinical Assistant Prof. **Jeff Day** assumed the position of chair of the GLMA: Nurses Advancing LGBTQ Health Equality Section. Among other responsibilities, he will coordinate the annual Nursing Summit conferences for 2023 and 2024.

Faculty Fellow/Assistant Prof. **David Garcia** was selected for the Writing Salon at NYU Tel Aviv in January 2023, which is a grant-funded six-day writing workshop that is supported by the Provost's Global Research Initiatives. The purpose of the Writing Salon is to provide dedicated time for scholarship, peer support, productivity, and collaborative writing.

Clinical Associate Prof. **Selena Gilles** received a Global Community Service Award from HEAL Haiti in October 2022. She also was appointed to the State University of Haiti Evaluation and Supervision Committee for their MSN program.

Assistant Prof. **Chenjuan Ma** received funding from the Center for Asian Health Promotion and Equity, a National Institute on Minority Health and Health Disparities-sponsored P50 Center, for a study to understand home healthcare for Asian Americans.

Clinical Assistant Prof. **Ellen McCabe** was named for induction into the National Association of School Nurses, symbolizing superior achievement in school nursing and exceptional contributions to NASN.

Clinical Assistant Prof. **Eda Ozkara San** was recently awarded a postgraduate degree from College of Staten Island majoring in Advanced Certification in Cultural Competence. The program is the first and one of the only advanced certificate programs in cultural competence.

Associate Prof. **Allison Squires** was named a member of the AACN Wellness Essentials national working group. She also has created the Global Consortium for Nursing and Midwifery Studies, a research partnership currently composed of nursing and midwifery researchers representing 45 countries.

Assistant Prof. **Jasmine Travers** was selected to co-chair the workforce committee for the Moving Forward Nursing Home Quality Coalition.



Faculty attended the AANP conference in Orlando.



Prof. **Fidel Lim** spoke at a plenary session entitled "Transition to Practice: Using Wit and Wisdom to Improve Outcomes" as part of the 70th National Student Nurses' Association Convention.



Prof. **Eda Ozkara San** provided a lesson in IV insertion skills.



Meyers students and faculty at the 25th Annual Nursing Research Conference at NYU Langone Health.



Three T42 trainees were presented at Academy Health Annual Research Meeting in Washington DC.



Prof. **Bei Wu** was interviewed by Tony Dokoupil for *CBS Mornings*.

Advancing health equity in the AAPI older adult population

by Emerson Ea | Clinical Professor



It is projected that the number of Asian American and Pacific Islander (AAPI) older adults will grow from two million in 2020 to

7.3 million in 2060. Despite this projected population growth, the health and healthcare needs of the AAPI older adult population continue to remain invisible and as a result, ignored in health policy decisions. My primary goal as a Health and Aging Policy (HAP) fellow is to further strengthen my skills to influence local, state, and national policies that address health inequities in the AAPI older adult community. I also aim to contribute to efforts that make visible the many health disparities that afflict this population and amplify their voices at the local and/or national levels to gain access to crucial healthcare resources to address health inequities that have been exacerbated because of the pandemic.

I am very honored to be chosen to be part of the 2022-2023 HAP Fellows

Program which creates a cadre of leaders to serve as change agents in health and aging policy to ultimately improve the healthcare of older adults. The year-long fellowship offers a training and enrichment program focused on current policy issues, communication skills development, and professional networking opportunities to provide fellows with the experience and skills necessary to help affect policy.

To achieve my objectives for this fellowship program, I plan to leverage my clinical and administrative experiences as an RN and as a long-time educator, my more than a decade-long work as a community leader, and my work as an AAPI health equity scholar. I bring to this fellowship many years of experience as a direct care provider and an advanced practice nurse, and an administrator in various practice settings such as long-term care and acute care.

I also bring my decade-long work as a community leader and advocate of the Filipino American (FA) community to this fellowship experience. I am passionate about the role of communities as important partners in addressing and making visible the multiple social determinants of health that create barriers to achieving population health equity, especially those that affect the AAPI community. As the current chair of Kalusugan Coalition—a non-profit community-based organization focused

on promoting cardiovascular health among FAs in New York and New Jersey, I have seen how health disparities have negatively impacted individual lives and families. I have also seen how the lack of representation in health policy discussions and scarcity of data about Filipino American health and health outcomes lead to invisibility and inadequate access to much-needed healthcare resources.

I would also bring to this fellowship my work as a health equity scholar. I have spearheaded and collaborated on several projects over the years that explored the relationships between acculturation, work, and personal- and health-related factors among the Filipino immigrant population. Currently I am co-investigator of the Community Engagement Core of the recently-funded NIH P50 Center, the Rutgers-NYU Center for Asian Health Promotion and Equity (CAHPE), and lead two projects on minority aging and oral health.

The most important policy issues that affect healthcare are those that attempt to achieve health equity by addressing and eliminating health and healthcare disparities. My long-term goal is to significantly contribute to advancing health equity in the AAPI community, especially those that impact the older adult population. My participation in this esteemed fellowship program will bring me closer to this professional and personal goal. ●



...I am deeply honored to work with a superb editorial team and editorial board to bring the best thinking and data from diverse voices across our profession to researchers and leaders at this pivotal moment," said Clarke.

Sean Clarke named editor-in-chief of *Nursing Outlook*



by Rachel Harrison | Associate Director, Research Communications

The American Academy of Nursing has named **Sean Clarke** as the new editor-in-chief of *Nursing Outlook*, an Elsevier publication. *Nursing Outlook* is the official journal of the Academy and the Council for the Advancement of Nursing Science. Since its inception the journal has supported the organization's aim to serve the public and the nursing profession by advancing health policy through the generation, synthesis, and dissemination of nursing knowledge.

Clarke is executive vice dean and professor at NYU Rory Meyers College of Nursing. He has held endowed term and research chairs at University of Pennsylvania, University of Toronto, and McGill University, served as an associate dean at Boston College, and currently holds affiliate appointments at the Université de Montréal and the University of Hong Kong. Clarke earned his master's and doctoral degrees in nursing from McGill University and was inducted into the Academy in 2006. He completed a

postdoctoral fellowship focused on nursing outcomes research at the University of Pennsylvania School of Nursing. When he was on faculty at the University of Pennsylvania School of Nursing, he served as associate director of the Center for Health Outcomes and Policy Research and was a fellow of both the Leonard Davis Institute of Health Economics and the Population Studies Center.

Clarke's research is centered on quality and safety issues in acute care hospitals and occupational safety of nurses. His most prominent research relates to nurse staffing and working conditions. Clarke has published on these topics in *Journal of the American Medical Association* and *Health Affairs*, among others. In addition to his more than 100 publications, he has served on numerous editorial boards for scientific and professional journals, including *Nursing Management* and the *Canadian Journal of Nursing Research*.

"This is a time of tremendous change in nursing and in healthcare systems

worldwide. I am deeply honored to work with a superb editorial team and editorial board to bring the best thinking and data from diverse voices across our profession to researchers and leaders at this pivotal moment," said Clarke.

"Dean Clarke's extensive involvement in the peer review process and his editorial experience will enable him to excel in the position and continue to elevate one of nursing's most highly regarded journals," said Academy President Kenneth R. White.

Nursing Outlook is a bimonthly journal that publishes the most cutting-edge innovations and trends in policy, practice, education, and research. Known for its rigorous peer-review process, the articles are timely reports that help inform decision making for nurse leaders serving in a variety of roles and across all sectors. The journal's articles, written by thought leaders, help provide the vision for nursing and healthcare's future. ●



Prof. Yzette Lanier

Discrimination hurts young people's romantic relationships, increasing HIV/STI risk

by Rachel Harrison | Associate Director, Research Communications

Many Black and Latino teens and young adults experience discrimination in their daily lives. Having multiple, stigmatized identities — for instance, being young, Black and/or Latino, and an expectant parent — may result in increased discrimination.

While the harmful effects of discrimination on mental and physical health have been well explored, less is known about the impact of discrimination

on relationship quality and sexual health — specifically HIV and STI risk.

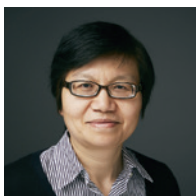
“Relationship quality is one potential pathway through which experiences of discrimination may increase sexual risk behavior,” said Assistant Prof. **Yzette Lanier**, a developmental psychologist.

In a new study published in the journal *AIDS and Behavior*, Lanier and her colleagues examined the effects of

discrimination on relationship quality and willingness to have multiple sexual partners in a sample of 259 pregnant adolescent and young adult couples.

They found that when being discriminated against was associated with a decrease in their own relationship quality which, in turn, was associated with their own greater willingness to be non-monogamous.

“These results illuminate the importance and necessity of building and maintaining strong, healthy romantic relationships in young Black and Latino couples and protecting these relationships from the adverse effects of discrimination,” Lanier and her colleagues wrote. Couple-centered interventions, including those focused on coping with discrimination and HIV/STI risk reduction, may benefit this population. ●



Profs. Fidel Lim and Bei Wu named fellows of the American Academy of Nursing

The American Academy of Nursing named its annual cohort of fellows this year — its largest to date. More than selected 250 distinguished nurse leaders were inducted into the 2022 Class in October at its annual Health Policy Conference. The fellows are recognized

for their significant contributions to health and healthcare. Prof. **Fidel Lim** was part of this year's cohort.

Lim is a clinical associate professor and has been a faculty member at Meyers since 1996. He has worked as a critical care nurse for more than 18 years. As the faculty advisor to various student-led groups, including the Asian Pacific-Islander Nursing Students Association, Men Entering Nursing, and the LGBT-NSA group, he has, among other things, fostered excellence in nursing education through high-quality extra-curricular programming. His work as a nurse educator in a magnet-designated hospital provides sustainable staff-focused educational support. He is particularly interested in bridging gaps in nurse engagement and practice excellence. Lim has published articles on an array of topics ranging from clinical practice, nursing education issues, LGBTQ health disparities, reflective practice, men in nursing, and Florence Nightingale among others.

Vice Dean for Research **Bei Wu** was named an honorary fellow at this year's Conference. Honorary fellows are noteworthy within their fields and have demonstrated extraordinary and sustained contributions to healthcare throughout their careers. As an eminent international leader in aging and health, she has increased the knowledge base of the lived experience of frail older adults and their quality of life. She is widely known as the first social scientist to show the links between poor oral health and cognitive loss among older adults. Her research on the chronicity of illness, social determinants of health, and aging — particularly among older Asian Americans — has informed numerous healthcare professionals and researchers. Wu has embraced a cross-disciplinary partnership with nurses to inform our nursing knowledge and grow the profession's ability to have a policy impact. ●

On Oct. 16, the NYU Meyers community attended the American Cancer Society Making Strides Against Breast Cancer Walk of Central Park. Associate Dean for Student Affairs and Admissions **Amy Knowles**, a ten-year breast cancer survivor, and Student Affairs Officer **Lauriann Kormylo** served as team captains. NYU Meyers ranked 31 out of 1,261 teams for the walk, raising \$5,523.08.



As a part of NYU Meyers' collaboration with the Lithuanian University of Health Sciences (LSMU), through the Erasmus+ Faculty Exchange Programme, Clinical Professor Emerita **Jamesetta Newland** traveled to Lithuania this October. She co-presented lectures on various topics related to advanced nursing practice, including both global and US perspectives, and had lively discussions with students and hospital nursing administrators. Prof. Newland also took advantage of this visit to meet with faculty teaching Community Health Nursing at LSMU as we plan a classroom exchange with both of our undergraduate community health nursing students in November, a very exciting opportunity to expand our collaboration with LSMU, as well as global health experiences for our students.



- **Nurses Improving Care for Healthsystem Elders (NICHE)** imparts principles and tools to stimulate changes in clinical practice to achieve patient-centered nursing care for older adults in healthcare facilities. The vision of NICHE is that all older adults, age 65 and over, receive age-friendly, exemplary nursing care.

NICHE designated Edge Runner by American Academy of Nursing

by Rachel Harrison | Associate Director, Research Communications

The American Academy of Nursing has selected Nurses Improving Care for Healthsystem Elders (NICHE) as one of eleven novel models of care to be named this year's Academy Edge Runners. Edge Runners are evidence-based, nurse-designed, innovative models of care or interventions with significant, demonstrated outcomes to improve health, impact cost, and influence policy. Each program highlights nurses' ingenuity and collaboration in developing new methods to provide care and promote health equity.

NICHE is an education and consultation program dedicated to improving the quality of care for older adults and elevating nurse and staff competence in the specialty practice area of geriatric nursing. Founded in 1992 and based at NYU Rory Meyers College of Nursing, NICHE has more than 400 member organizations, including hospitals and long-term care facilities. It has been adopted by nearly 10% of US hospitals, which in turn care for an estimated 1.5 million older adults annually.

"Older adults are the largest consumers of hospital care, but many health professionals lack evidence-based knowledge in the nursing care of older adults," said **Mattia J. Gilmartin**, executive director of NICHE. "NICHE addresses this significant healthcare challenge by empowering nurses with skills and knowledge and transforming the organizational environment to improve the care of older adults in hospital and skilled nursing settings."

NICHE offers continuing education to advance nurses' positions and contributions within interdisciplinary care teams delivering geriatric care. The Geriatric Resource Nurse (GRN) and Geriatric Nursing Assistant (GNA) roles are the hallmarks of

the NICHE model. In the past three years, more than 40,000 nurses working in member hospitals and skilled nursing facilities have completed continuing education to prepare them for the GRN role.

Research shows that the NICHE program is significantly associated with improvements in clinical outcomes aligned with national quality measures including fall prevention and reduction; appropriate medication prescribing; dementia symptom management; delirium care; reduced catheter-acquired urinary

infections; and expansion of advanced care planning services.

"The Academy is proud to designate these unique and timely programs as Edge Runners. The diverse focus of these models highlights the wide range of services, vital support, and team-based approaches that the nursing profession provides," said Academy President Kenneth R. White. "In particular, these models highlight nurses as innovative change agents who improve care and equity in our health systems." ●



NICHE™
2023 CONFERENCE

NEW ORLEANS • APRIL 10-13

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<https://nicheprogram.org/conference/registration>

The Conference theme will be: "NICHE: The Changing Face of Elder Care," and will examine how nurse-led changes are reshaping the landscape of geriatric care, with an emphasis on career progression and professional development.

- **NYU Meyers is accepting applications for full-time faculty positions.**

To view more information about all of the College's current job opportunities and to apply, please visit: <https://nursing.nyu.edu/open-positions>.

We are excited to introduce you to seven new faculty members we welcomed this fall.



Shane Gallagher

Clinical Assistant Professor

Prof. Gallagher's research interests include evidence-based interventions for substance use disorders, trauma-informed treatment modalities, educating providers on motivational interviewing, and optimizing healthcare systems with implementation science principles.

Before joining NYU Meyers, Gallagher had over a decade of patient care experience in two academic medical centers. He started as a care coordinator at Memorial Sloan Kettering Cancer Center, contributing to interdisciplinary chemotherapy operations teams. He then became a registered nurse on the gastrointestinal oncology service, working both as an inpatient, medical-surgical nurse, and an outpatient chemotherapy infusion nurse. He was a psychiatric nurse practitioner at Bellevue Hospital, working on the inpatient psychiatry units and consultation-liaison service.



David Garcia

Assistant Professor / Faculty Fellow

Prof. Garcia's research interests include in HIV/AIDS and the health disparities experienced by LGBTQ individuals. David is originally from McAllen, Texas, a city on the Southern border to Mexico that is predominantly Latino, medically underserved, and increasingly burdened by the HIV/AIDS epidemic.

Before joining the faculty at NYU, Garcia previously held a clinical position as a family nurse practitioner at Memorial Sloan Kettering Cancer Center in the Men's Sexual & Reproductive Medicine Program, treating sexual and hormonal dysfunction in men surviving cancer. At MSK, he received training on the implantation of subcutaneous testosterone pellets as a unique form of testosterone replacement and has published this procedure in the Atlas of Office Based Andrology Procedures (2017). Outside of clinical practice and research, David has been an adjunct clinical instructor at Meyer since 2016 teaching graduate students in the Clinical Simulation Learning Center, and is a recent graduate from the College's PhD program.



Kevin Hook

Clinical Assistant Professor

Prof. Hook's research interests are focused on the care of elders, palliative care, organizational and medical ethics, and nursing leadership and innovation. His DNP work focused on nursing leadership and self-efficacy.

Before joining the faculty, Hook was director of Community-Based Palliative Medicine at Samaritan Healthcare and Hospice in Mt. Laurel, New Jersey. He was also most recently a lecturer at the School of Nursing at the University of Pennsylvania. Hook held numerous leadership positions in the post-acute care domain as well as spending several years as a critical care nurse before starting his graduate nurse practitioner studies.



Shuyuan Huang

Assistant Professor / Faculty Fellow

Prof. Huang's research focuses on reducing health disparities in chronic disease prevention (e.g., diabetes, cardiovascular disease) through healthy lifestyle behaviors among people with gestational diabetes. Huang's initial goal is to develop culturally and linguistically sensitive lifestyle interventions through technology for diabetes prevention among postpartum Asian/Chinese

immigrants with a recent history of gestational diabetes.

Before joining NYU Meyers, Huang was a nursing doctoral student at Yale School of Nursing. Her dissertation study examined the physical activity and sedentary behavior of Chinese immigrants in the US with a history of gestational diabetes using wearable devices. She identified an inactive and sedentary lifestyle of this high-risk population, as well as culturally relevant and modifiable factors associated with these two behaviors. Before that, she worked as a Program Officer at an international humanitarian agency, CARE USA, to promote family planning among women in resource-limited countries.



Haeok Lee

Professor

Prof. Lee's research focuses on populations affected by health disparities. Her work has played a critical role in the national and global recognition of health disparities, especially related to cervical and liver cancers among Asians and Africans. Prof. Lee is currently the site PI on an NIH/NIA-funded grant for the Asian Cohort for Alzheimer's Disease Study. Lee is particularly interested in culturally and linguistically responsive and theory-based storytelling narrative interventions tailored to targeted racial/ethnic minority populations. Her research, which is noteworthy for its theoretical base, holds considerable promise for the development of

practice guidelines and interventions for improving health communication and changing health behaviors to move toward global health equity.

Before joining the faculty at NYU Meyers, Lee was a nursing professor at the University of Massachusetts Boston from 2008–2022. She was also on faculty at the University of Colorado Health Sciences Center and Case Western Reserve University. She mentors faculty, postdoctoral scholars, PhD students, and undergraduate students from diverse racial/ethnic backgrounds from diverse disciplines. She has sponsored overseas visiting scholars.



Ellen McCabe

Clinical Assistant Professor

Prof. McCabe's researches chronic illness management in schools and the provision of school nursing services. Her scholarship embraces public health, children's mental health, and school health policies. She has taught at the graduate and undergraduate levels and continues to practice clinically. McCabe is currently researching the impact of neighborhood on chronic illness management in children and school connectedness.

Before joining the faculty at NYU Meyers, McCabe was an assistant professor at Hunter-Bellevue School of Nursing. In addition to teaching and research, for which she earned two PSC-CUNY research grants, she served on multiple DNP and PhD committees. Before her academic posts, she began her career as a pediatric nurse at the Children's Hospital of Philadelphia.



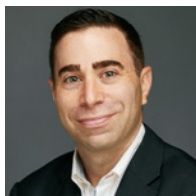
Komal Murali

Assistant Professor

Prof. Murali's research focuses on enhancing palliative and end-of-life care for seriously ill older adults across healthcare settings including home healthcare and critical care. She has used quantitative methods to study palliative and end-of-life care outcomes and complex care needs of seriously ill older adults by leveraging secondary clinical trials, electronic medical records, and administrative data (PCRC, Medicare, OASIS). Her research now focuses on enhancing palliative care delivery and integration in the home healthcare setting and developing interventions to improve pre-hospice serious illness communication and transitions for diverse persons living with dementia.

Before joining the faculty at NYU Meyers, Murali was a T32 postdoctoral research fellow in the Comparative and Cost-Effectiveness Research Training Program for Nurse Scientists at Columbia Nursing. Murali completed her PhD in Nursing Research and Theory Development at NYU Meyers in 2020 where she was awarded a TL1 predoctoral fellowship from the NYU Clinical & Translational Science Institute and a Jonas Nurse Leader Scholarship. ●

We congratulate three faculty members on their endowed professorships and four who were promoted.

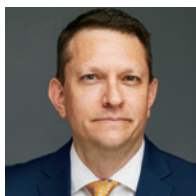


Abraham Brody

Mathy Mezey Professor of Geriatric Nursing

Prof. Brody's work focuses on the intersection of geriatrics, palliative care, quality, and equity. The primary goal of his research, clinical, and policy pursuits is to improve the quality of care for older adults with serious illnesses wherever they reside. His primary mode for doing so is through the development, testing, and dissemination of real-world, technology, and informatics-supported quality improvement interventions. He is currently the principal investigator of two NIH-funded large-scale pragmatic clinical trials to improve the quality of care and quality of life for persons living with dementia and their caregivers in the community and a co-investigator on several other pragmatic trials and health services research projects in geriatrics and palliative care.

From a leadership perspective, Brody works across disciplines to help advance geriatrics and palliative care nationally. As pilot core lead of the \$53.4 million nationwide Collaboratory, he is responsible for heading the pilot program, which, in collaboration with the National Institute on Aging, reviews and awards funds to help investigators prepare for large-scale pragmatic clinical trials for persons living with dementia and their caregivers. He also serves on the Steering Committee of the NINR Funded Palliative Care Research Cooperative, the policy-setting body for the organization.



Sean Clarke

Ursula Springer Professor in Nursing Leadership

Prof. Clarke's research focuses on quality and safety issues in acute care hospitals, workforce issues, occupational safety of nurses, and the influences of economic and political factors on healthcare delivery and the nursing profession. He is perhaps best known for research on nurse staffing in hospitals and surveys of nurse working conditions. He has authored or co-authored more than 100 peer-reviewed articles and 30 book chapters. Clarke has been a principal investigator on projects supported by the National Institute of Nursing Research, the Centers for Disease Control and Prevention, the Robert Wood Johnson Foundation, and the Ontario Ministry of Health and Long-Term Care and has served as a co-investigator on grants totaling more than \$10 million throughout his career. In addition to teaching nursing, health policy, and research at the baccalaureate through doctoral levels, he also supervises PhD and postdoctoral research trainees and maintains a program of research with colleagues from several countries.

Clarke has been a member of various panels and boards related to health research and healthcare quality. He has had extensive involvement in peer review of research articles and grants and served on editorial boards of several scientific and professional journals in nursing and health services research, and he was recently named editor-in-chief of *Nursing Outlook*. He is a fellow of the American Academy of Nursing and currently holds affiliate faculty appointments at the Université de Montréal and the University of Hong Kong.



Victoria Vaughan Dickson

Dr. John W. Rowe Professor in Successful Aging

Prof. Vaughan Dickson's research program focuses on investigating the bio-behavioral influences on self-care in patients with cardiovascular disease risk, coronary heart disease, heart failure, and multiple comorbidities. Her work has led to an improved understanding of the sociocultural influences of self-care among vulnerable populations, including ethnic minority groups, women, and older workers; and the development of innovative theory-based interventions. Vaughan Dickson is recognized as an international expert in qualitative research techniques and mixed methods research and has conducted training for interdisciplinary teams locally, nationally, and internationally.

Prof. Vaughan Dickson is dedicated to building research capacity across disciplines and advancing nursing science that impacts policy and clinical care. Currently, she serves as PI and program director of the NIOSH-funded doctoral training program in occupational and environmental health nursing, PI of the NHLBI-funded Research Education in Cardiovascular Conditions program, co-PI of the NINR-funded NYU Meyers P20 Exploratory Center for Precision Health in Diverse Populations and KL2 co-director and co-investigator of the NCATS-funded NYU CTSI. In addition, she is a co-investigator on several team science initiatives focused on multiple chronic conditions. ●



Michele Crespo-Fierro

Clinical Associate Professor

Prof. Crespo-Fierro's areas of interest are HIV care, the social determinants of health, culturally congruent care and linguistically appropriate services, LGBTQ and adolescent health needs, nursing workforce diversity and diverse student support, addressing the STEM pipeline issues for students of color, and designing anti-racist health professions curricula. She has published articles, book chapters, and presented nationally and internationally on these topics.

Crespo-Fierro is certified in advanced AIDS nursing care by the HIV/AIDS Nursing Certification Board. She is the recipient of various awards, scholarships, fellowships, and grants and is active in leadership positions in the New York Chapter of the National Association of Hispanic Nurses (President) and the Greater New York Chapter of the Association of Nurses in AIDS Care (Board of Directors), and participates in committee work at the national level of these associations. She is a board member of the Catskill Hudson Area Health Education Center.



Emerson Ea

Clinical Professor

Prof. Ea's scholarship interests include nursing education, innovation, and immigrant health and well-being. Ea, for more than a decade, has worked to advance the health and well-being of Filipino

immigrants in the US. He has spear-headed and collaborated on several projects that explored health and well-being among immigrant populations in the US and globally.

He is co-investigator of the Community Engagement Core of the recently funded NIH P50 Center, the Rutgers-NYU Center for Asian Health Promotion and Equity, focused on addressing health inequities in the AAPI community in the New York-New Jersey area. He is also the primary investigator of two current projects: a mixed-methods study funded by NIH/NIA Rutgers' Resource Center for Minority Aging Research and a qualitative study funded by NYU to explore the relationship between acculturation, acculturative stress, and oral health and dental care service use among Filipino immigrants. Ea was recently named a 2022-2023 Health and Aging Policy Fellow.



Ann-Margaret Navarra

Associate Professor (with tenure)

Prof. Navarra's current research interests include the design and implementation of technology-supported behavioral interventions for improved disease self-management among HIV-infected youth.

As an NIH-funded researcher and board-certified pediatric nurse practitioner her research training includes NIH-funded pre- and post-doctoral fellowships (T90 & T32) supported by Columbia University School of Nursing. Navarra has presented at regional and national meetings and published in the Journal of Pediatric Health Care and the Journal of the Association of Nurses in AIDS Care.



Mimi Niles

Assistant Professor

Prof. Niles is a theorist, educator, researcher, and certified nurse-midwife. Her work explores the potential of integrated models of midwifery care in creating health equity in historically disenfranchised communities. She is trained in utilizing critical feminist theory, as theorized by Black and brown feminist scholars, and qualitative research methods as a means to implement policy and programming rooted in intersectionality and anti-racist frameworks. As a researcher she hopes to generate midwifery knowledge as a tool to build equity and liberation for marginalized and minoritized people and grow the profession of midwifery in the US.

Prof. Niles is an active member of the midwifery community locally, nationally, and globally. Currently she is the only appointed midwife to sit on the New York City Maternal Mortality and Morbidity Review Committee. She has received various awards including the Johnson & Johnson/AACN Minority Faculty Award and the Jonas Nurse Leaders Scholar Award. Prof. Niles now serves on the Board of Directors of the National Association of Certified Professional Midwives and the New York State Birth Center Association. ●



Stout, a registered nurse and the president and managing director of the Hugoton Foundation, was a leading supporter of nurses and nursing education for seven decades and the Hugoton Foundation has been a major supporter of NYU Meyers for nearly three decades.

Clinical Simulation Learning Center named for Joan K. Stout, RN, FAAN

by Rachel Harrison | Associate Director, Research Communications

NYU Meyers has named its state-of-the-art simulation center the **Joan K. Stout, RN, FAAN Clinical Simulation Learning Center** in recognition of a significant grant from the Hugoton Foundation. The grant establishes an endowment to provide ongoing support for the center and the cutting-edge technology used to train the next generation of nurses.

Stout, a registered nurse and the president and managing director of the Hugoton Foundation, had been a leading supporter of nurses and nursing education for seven decades and Hugoton Foundation has been a major supporter of NYU Meyers for nearly three decades. Previous grants to NYU Meyers have funded nursing research and the purchase of simulation equipment and computer-based educational tools to give nursing students hands-on clinical experience.

“Support from Joan Stout and the Hugoton Foundation has already had an impact on thousands of our nursing students—and each student has the potential to help thousands of patients throughout their careers as nurses. This generous grant speaks to Joan’s lifelong commitment to excellence in nursing education and care, and enables us to continue preparing our students with the most up-to-date learning technology available,” said **Eileen Sullivan-Marx**, dean and Erline Perkins McGriff professor.

The 10,000-square-foot Joan K. Stout, RN, FAAN Clinical Simulation Learning

Center is designed to simulate a hospital and outpatient environment. Covering two floors at 433 First Avenue—the current home of NYU Meyers, which opened in 2015—the center allows students to enhance their clinical skills and nursing knowledge in a safe learning environment through the use of computerized manikins, standardized patients, task trainers, and other high-tech hospital equipment. More than 1,200 undergraduate and graduate students rotate through the center each week, putting their clinical judgment, knowledge, communication, and teamwork skills to work.

“Simulation learning is vital for nursing education. By recreating hands-on clinical experiences that mimic what happens in hospitals and outpatient settings, we help students to develop the skills that they then bring to the bedside in their clinical placements—and ultimately into their careers as nurses,” said Natalya Pasklinsky, executive director of simulation learning.

The COVID-19 pandemic illustrated how quickly healthcare can evolve, compelling healthcare workers to swiftly adopt new tools and learn new procedures and skills. Technology has played an important role in helping current and future healthcare workers keep pace with the changing environment.

For instance, in the spring of 2020—when hospitals in New York City were overwhelmed with the first wave of COVID-19 patients and clinical rotations for nursing students were canceled—the team at the Joan K. Stout, RN, FAAN Clinical Simulation Learning Center rapidly implemented a series of new technologies to create robust virtual simulations. The technologies included software with voice-activated nurse avatars, virtual reality with scenarios in which students had to accurately diagnose patients and using Zoom to simulate a telehealth visit with a standardized patient experiencing mental health issues. New York State approved these virtual simulations to count toward students’ required clinical hours, enabling students to graduate on time and enter the workforce during a time when they were critically needed.

The new funding for the Joan K. Stout, RN, FAAN Clinical Simulation Learning Center will sustain existing educational technologies and high-tech systems that integrate with hospitals, including the use of Epic, the electronic health records system used by most medical centers in the United States. In 2020, NYU Meyers, in collaboration with NYU Langone Health, became one of the first nursing schools to launch a simulated version of Epic to train nursing students in documentation. The funding will also allow the center to introduce new technologies, including growing the curriculum involving virtual reality and augmented reality, which can be used to study anatomy and physiology, practice the administration of medications, and much more. ●



Photos ©Slezak: Courtesy of NYU Photo Bureau



On Sept. 21, Assistant Prof. **Jasmine Travers** testified before the Select Subcommittee on the Coronavirus Crisis in the US House of Representatives.

She shared her expertise about the impact COVID-19 has had on long-term care. Below is a transcript of her remarks.



Thank you for this invitation to testify today. I am an assistant professor at NYU Rory Meyers College of Nursing and I recently had the honor of serving on the National Academies of Sciences Engineering and Medicine Committee on the Quality of Care in Nursing Homes.

I appreciate the opportunity to speak on workforce issues, equity, and disparities that are unsurmountable in nursing homes. The views I express today are my own as a researcher and clinician and not the views of NYU or the National Academies unless noted.

Workforce issues and challenges

Several issues are inherent to the nursing home workforce, with many rooted in structural inequities. These inequities present as staffing shortages, inadequate pay and benefits, lack of advancement opportunities, poor working conditions, and lack of integrated teams. Certified nursing assistants (CNAs) bear the brunt.

Insufficient staffing

When asked about the biggest challenge affecting nursing homes' day-to-day operations, administrators often mention insufficient staffing. Proposed minimum staffing hours have been defined, yet these levels are rarely met. Nursing homes not meeting proposed minimums have higher Medicaid census and proportions of Black residents, for-profit ownership, and are located in severely deprived neighborhoods and rural settings.

Staff shortages have severe consequences for resident safety, quality of

care, and job satisfaction. CNAs have reported being responsible for more than 20 residents simultaneously, creating heavy workloads and unhealthy working conditions.

Insufficient staffing can result from the inability of facilities to recruit and retain staff and facilities not scheduling enough staff. Such challenges center around stigma toward nursing home work, including the type of work, pay, and workload. Often staff receive less pay than peers working in other settings, such as hospitals—or even in other industries where the work is less demanding. In rural settings the population density is lower, and many move to urban settings. Lastly funding the care of older adults has often been deprioritized in deference to childcare, critical care, and other specialties.

Staffing interventions must address these issues. Centers for Medicare & Medicaid Services (CMS) intends to propose a minimum staffing standard next year. CMS is collecting information and opinions from staff, residents, and

CNA fast facts:

- **600,000 work in nursing home settings**
- **Largest segment of nursing home workforce**
- **Provide majority of direct care to residents**
- **Median yearly income: \$19,000**
- **Average hourly rate: \$11.87**
- **90% are female**
- **Average age: <45**
- **Median age: 36**
- **25% of the nation's workforce**
- **>50% are non-white**
- **33% are Black or African American**
- **20% are Hispanic, Latino, or other**

families in 75 diverse nursing homes. Vital for the success of a minimum staffing standard are supplying more funding, considering local workforces in calculations, and making waivers available. As it stands CMS is pushing states to use their Medicaid funding to improve nursing home funding and tie increases to accountability efforts, such as quality measures and higher staff wages; however, CMS must do more than encourage state action. A strong commitment is needed to improve the working conditions and environment related to education and training, compensation and benefits, opportunities, empowerment, and treatment through mandates, incentives, and accountability efforts along with temporary support such as strike teams.

Turnover and weekend measures have been added to Care Compare (<https://www.cms.gov/medicare/quality-initiatives-patient-assessment-instruments/care-compare-dac-initiative>) and are being factored into the quality ratings. This will be a start to nursing homes paying more attention to creating environments in which staff want to work, but again accountability is needed.

Equity

It is important to acknowledge the systemic inequities that have perpetuated disparities among nursing home residents. Nursing homes with any Black residents experienced significantly more COVID-19 infections and deaths than nursing homes with no Black residents. Beyond the pandemic, when compared to their White counterparts, Black and Latino residents are likelier to experience pressure ulcers, falls, and undertreatment for pain, ordered antipsychotics and restraints, and are less likely to receive preventive care. Residents who identify as LGBTQ or living with dementia often do not receive required care because of limited staff knowledge and training on how to care for these groups. Failure to hire staff that is culturally congruent

to residents results in inequitable care experiences when residents' cultural and linguistic preferences are unmet.

To that end all older adults deserve equitable quality care regardless of their demographic background. Several recommendations in the National Academies report speak to this goal.

- First, identify care preferences and implement and monitor corresponding care plans. The Department of Health's grant program, the IMPROVE Nursing Home Act, will award grants to nursing homes to convert traditional homes to small house facilities. It will also require nursing homes to demonstrate person-centered care (i.e., soliciting and honoring care preferences). This requirement should not only be tied to these grants.

- Second, ensure nursing homes are accountable for the total cost of care and poor care delivery through alternative payment models.

- Third, require staff participation in ongoing diversity, equity, and inclusion training.

- Fourth, prioritize models that reduce disparities and strengthen connections to communities and broader healthcare systems. Relationships with healthcare systems were beneficial during the pandemic when nursing homes with limited supplies of PPE were able to acquire these resources from them.

- Lastly, develop a health equity strategy for nursing homes that includes defining, measuring, evaluating, and intervening in disparate nursing home care. This is important to know what additional work is needed and where.

Finally I want to emphasize the importance of combining policies, data, and experience to truly appreciate the consequences of decreased oversight, support, and accountability. During the pandemic, CMS waived inspection requirements outside of infection control. Thus citations for deficiencies, such as odor and care planning, were ignored. Visiting nursing homes, my nose would sting from the pungent smells of urine and feces. Sheets were heavily soiled, and residents were severely unkempt. Pleas among residents for simple requests, such as going outside just to feel the sun on their faces, were constant, yet unaddressed. While such citations may seem unimportant, they lead to poor quality of care such as falls, pressure ulcers, infections, depression, and avoidable hospitalizations and deaths. We must consider the lives that were lost for these reasons and approach such waivers more meaningfully in the future.

In conclusion I urge the subcommittee to recognize that older adults do not want to stop living, although they might need help living. Only then will we be able to start making meaningful change necessary to improve nursing home care for our staff, residents, and families. ●



- If you would like to contribute to our end-of-year campaign recognizing Dean Eileen and her many accomplishments, please reach out to Karen Wenderoff at kmw2031@nyu.edu.

The era of Dean Eileen: Reflecting on leadership

by Judith Haber | Professor Emerita

As many of you know **Eileen Sullivan-Marx** will be stepping down as dean of NYU Meyers at the end of the 2022–2023 academic year. Dean Eileen’s decade-long tenure as dean has been marked by a remarkable period of growth for the college, bookended by two historic events—Hurricane Sandy and the COVID-19 pandemic. The fact that NYU Meyers has not only survived these events, but thrived, is a true testimony to Dean Eileen’s leadership skills and vision. Looking back on the past 10 years, it is clear that through Dean Eileen’s leadership, NYU Meyers is positioned to be just that. It is perhaps a good time to take a look at some of the many leadership successes of Dean Eileen—both at NYU Meyers and in the larger world.

Dean Eileen’s accomplishments at Meyers College are many and represent significant milestones in the continued upward trajectory of NYU Meyers. Shortly after cutting the ribbon at the College’s first home at 433 First Avenue, Dean Eileen worked to secure a \$30 million gift from NYU Trustee Howard Meyers and his wife Rory. At that time this was the largest gift to an established school of nursing in the history of nursing education. Three-quarters of the gift was used to establish an endowment to fund undergraduate scholarships—both tuition and room and board for low-income and first-generation students with strong academic credentials. The remaining funds were used for academic and faculty support. The importance of the Meyers scholarships cannot be overstated as many of these high-achieving students would have never been able to attend NYU without this financial support.

With a new home that included state-of-the-art teaching facilities and a Clinical Simulation Learning Center, Dean Eileen continued to foster both the growth and diversity of the faculty. Her belief in the importance of nursing research saw an

increase in funding to support faculty research efforts, as well as the creation of devoted research space (Meyers Biological Laboratory) to facilitate both faculty and graduate student research projects. Under her leadership NYU Meyers received funding from NINR to establish a P20 Center for Precision Health in Diverse Populations—this was the first P20 grant for NYU Meyers. As a result of these efforts on the part of Dean Eileen NYU Meyers has been a consistent leader in NIH funding among schools of nursing. Our research continues to grow at NYU Meyers and is reflective of Dean Eileen’s enduring financial support of this very important sector of nursing in addition to recruitment of a cadre of extraordinary research faculty.

In addition to her role as dean Dean Eileen has served in major leadership capacities, both in national professional nursing organizations and at the university level. At the national level Dean Eileen was an elected member of the board of the American Academy of Nursing (AAN) and became its president in 2019, serving for a period of two years. Under the leadership of Dean Eileen AAN focused its efforts on addressing health equity issues at both local and national levels. At NYU Dean Eileen was and continues to be a member of the University’s Senior Leadership Team and served as chair of the NYU Dean’s Council from 2019–2021. As chair of the NYU Dean’s Council Dean Eileen worked with the university’s leadership in the development of NYU’s response to the COVID-19 pandemic which included, among other things, moving all classes to an online virtual format as well as the implementation of various health protocols. Her leadership skills, combined with her nursing background, were key to the university’s response to the pandemic.

In 2019 Dean Eileen along with the college’s faculty, administrators, and staff planned for and undertook the crafting of the NYU

Meyers Strategic Plan 2020–2025. This particular strategic plan was to focus on three areas deemed essential by Dean Eileen for the continued growth and success of NYU Meyers. This included belonging, innovation, and global—or as the plan came to be known—B.I.G. It has provided the framework for many new initiatives that further secured the school’s position as a nursing leader and innovator. Dean Eileen, along with her counterpart at Howard University, established a joint collaborative partnership to focus on innovative research and education models centered on diversity and health equity. Efforts to improve innovation resulted in the creation and implementation of an Interprofessional Education Program with NYU Long Island School of Medicine, which allows nursing and medical students to work collaboratively. This effort was funded by a second gift from Howard Meyers, who laid the foundation for this unique interprofessional education initiative. And while NYU Meyers has historically been involved in nursing-based projects throughout the globe in Ghana, China, Lithuania, and additional countries, Dean Eileen established a task force of faculty, administrators, and students to explore ways to further promote and encourage nursing students to enroll in study-away semesters and thereby increasing the college’s global profile.

As Dean Eileen prepares to step away from her deanship, it is the perfect time to acknowledge the many ways that she has fostered growth, innovation, and equity, both at NYU Meyers and beyond. Her leadership skills and vision have been transformative and have provided a solid foundation for NYU Meyers to move beyond its current position as a national and global leader in nursing education and research. It is also the perfect time to thank Dean Eileen for all that she has done and to wish her the best in all of the new endeavors that await her. ●



Assistant Prof. Maya Clark-Cutaia

End-stage kidney disease and the Betty Irene Moore Fellowship for Nurse Leaders and Innovators

by Kelly McCusker | Contributing Writer

INDIVIDUALS living with end-stage kidney disease (ESKD) face an increased risk — up to 20 times greater than the general public — of cardiovascular disease and death. This cardiovascular disease and death risk account for 90% of all deaths in ESKD patients. In addition to an increased risk of death patients also suffer anywhere from 6–20 individual symptoms. Studies show that more symptoms translate into more hospital admissions and longer stays for patients.

This increased symptom burden and cardiovascular risk result from fluid volume and its removal via life-sustaining, intermittent kidney replacement therapy achieved with hemodialysis. Fluid volume is substantially influenced by sodium consumption. As such sodium and fluid restriction are universally recommended for people with end-stage kidney disease to prevent too much fluid from building up in the body.

Despite this knowledge, very few studies to date have investigated the impact of sodium restriction on ESKD patient outcomes. Prof. **Maya Clark-Cutaia**'s study will be the first to conclusively document the effects of sodium restriction on hemodialysis-specific outcome indicators, fluid volume, symptoms, patient

experience, cardiac arrhythmia, and hospitalization in a diverse sample of patients living with end-stage kidney disease.

“We know that limiting sodium improves outcomes for patients with high blood pressure but we don’t yet know what the ‘prescription’ is for those with chronic kidney disease,” said Clark-Cutaia. “My research aims to provide a deeper understanding of how limiting sodium intake affects people with chronic kidney disease — and, ultimately, aims to improve their clinical outcomes and quality of life.”

Prof. Clark-Cutaia is one of 12 nurse scientists accepted to the third cohort of the Betty Irene Moore Fellowship for Nurse Leaders and Innovators at UC Davis’ nursing school. This fellowship program, funded by a \$37.5 million grant from the Gordon and Betty Moore Foundation, recognizes early- to mid-career nursing scholars and innovators with a high potential to accelerate leadership in nursing research, practice, education, policy, and entrepreneurship.

As part of the three-year fellowship program fellows receive \$450,000 to conduct an innovative project or study with the potential to address a gap in knowledge, meet a vital need, alter care delivery, or design a new solution to advance health. Clark-Cutaia’s project

focuses on sodium intake and cardiovascular morbidity and mortality in people with end-stage kidney disease.

In addition to the project the fellowship program features a hybrid online and classroom curriculum designed and taught in partnership with the UC Davis Graduate School of Management to enhance leadership and innovation capacity, strengthen strategic thinking and collaborative skills, expand professional networks, develop entrepreneurial skills, and propel innovative ideas to fruition. A mentor selected by the fellow and an additional mentor provided by the national program office round out the educational experience. **Joyce Anastasi**, the Independence Foundation Professor of Nursing at NYU Meyers and a leading expert in symptom management, will serve as one of Clark-Cutaia’s mentors.

The fellowship program is made possible by Betty Irene Moore’s passion to advance nursing with the goal of better outcomes for individuals, families, and communities. With the creation of the Betty Irene Moore Fellowship for Nurse Leaders and Innovators, the foundation supports nurse leaders who take ideas to scale that advances high-quality, high-value care and optimal health outcomes. ●



LGBTQ+ Health



If you are a student interested in taking this class, please contact Prof. Jeff Day at jd1824@nyu.edu.

by Rachel Harrison | Associate Director, Research Communications

NYU Meyers has created a new elective course focused on LGBTQ+ health to better prepare nursing students to provide culturally affirming and inclusive care to this population.

“IT IS RARE FOR NURSING SCHOOLS

to offer coursework dedicated to the health and well-being of LGBTQ+ individuals, despite the unique issues they face and growing interest from students. Our goal is to empower new nurses to provide care for people across sexual orientations and gender expressions that promotes health and improves patient outcomes,” said Clinical Assistant Prof. **Jeff Day**, who developed and is teaching the elective course.

LGBTQ+ individuals face barriers to healthcare, including stigma and discrimination, as well as longstanding health disparities — for instance an increased risk for substance use, suicide, and sexually transmitted infections. Nurses have historically been leaders in caring for this patient population, particularly in advocating for people living with HIV and AIDS, but many health professionals lack an understanding of LGBTQ+ issues in healthcare.

Research shows that undergraduate nursing programs spend an average of only 2.12 hours teaching content about LGBTQ+ health topics. Some nursing schools have taken steps to add LGBTQ+ content to their curricula. At NYU Meyers educators recently introduced an LGBTQ-focused simulation to prepare nursing students to create a safer healthcare environment for all patients

irrespective of their gender and sexual identity. The simulation demonstrates the use of inclusive language during an imagined emergency room visit.

In 2019 Day was approached by students in one of his courses who were eager to learn more about LGBTQ+ health, prompting the development of the new standalone elective.

“While ideally LGBTQ+ content would be woven throughout the entire nursing curriculum we recognized that this amount of change takes time, and so developed an elective course to help fill the gap in LGBTQ+ educational content,” said Day.

The new undergraduate course delves into the role of the nurse in providing culturally inclusive care for LGBTQ+ patients. Students learn about the history of LGBTQ+ health issues, physical and mental health concerns unique to this population, and laws and policies governing LGBTQ+ care. Topics covered include improving the care of transgender patients, HIV/AIDS, and addressing discrimination in healthcare.

The course was successfully piloted at NYU Meyers in spring 2022 and officially became part of the curriculum as an elective in fall 2022. ●



If you are a student interested in taking this class, please contact Prof. Robin Klar at rtk3@nyu.edu.

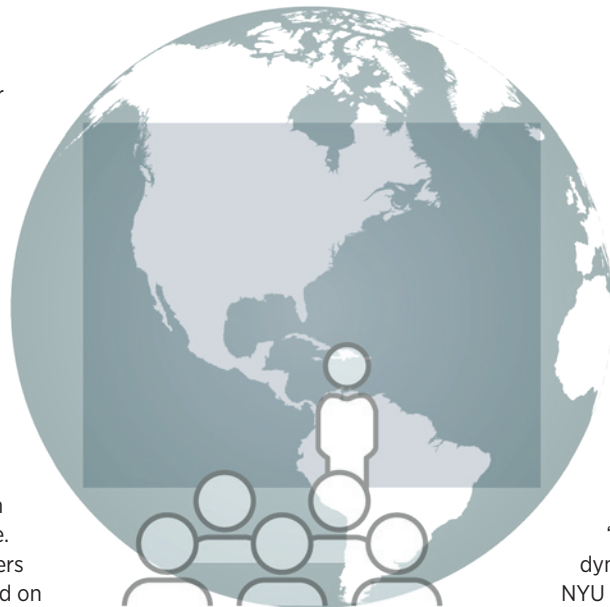
NYU Meyers adds climate change to curriculum

by Rachel Harrison | Associate Director, Research Communications

NURSES care for patients with asthma exacerbated by poor air quality and heat exhaustion during heat waves. Nurses also respond during natural disasters like hurricanes and flooding. Now a growing number of nursing schools are incorporating an underlying driver of these health issues into their courses: climate change and the environment. Their goal is to prepare nurses to better care for patients and communities in a world with a changing climate.

At NYU Meyers faculty members have developed content focused on climate change and the environment across several courses. In 2020 the College added a module on the clinical relevance of climate change in healthcare decision-making to the applied epidemiology course for DNP students, and the following year added modules on the environment for the health policy-focused course for PhD and DNP students.

Beginning this fall NYU Meyers devoted a brand-new course to climate and environmental health: The Environment and Health of Populations. The course is designed for graduate nursing students,



but undergraduate students can enroll with permission from professors.

Historically nurses may have learned about air quality and its effects on respiratory health, but haven't necessarily been taught about dirt and water sources, which can become contaminated or carry pathogens, putting communities at risk. New coursework focused on climate covers issues such as disaster preparedness, severe weather, and sustainability in relation to healthcare. For instance curriculum

includes protecting older populations facing storm-related flooding, rising temperatures, and infectious diseases.

Robin Klar, a clinical associate professor at NYU Meyers who focuses on the environmental context for nurses in the US and around the world, said that this growing interest in climate change demonstrates nursing education's eye on the future — as healthcare evolves so does nurse training. “Nursing is not static; it’s a dynamic profession,” said Klar.

NYU Meyers is one of 53 schools currently taking part in the Nurses Climate Challenge, a national campaign to mobilize nurses to educate 50,000 health professionals on the impacts of climate change on human health. Thus far the movement has reached nearly 36,000 health professionals, including more than 15,000 nursing students.

Klar emphasizes that reaching nursing students early in their careers is critical in shaping the next generation of nurses to take climate into account — both in implementing patient care and impacting healthcare systems they will lead in the future. ●

Meet

Julie Rubio

Scholarship Officer



by Katelyn Wattendorf | Contributing Writer

As a first-generation student herself, **Julie Rubio** has always valued education. Born and raised in Colombia, she now serves as the scholarship officer at Meyers while also pursuing her master's degree in higher education and student affairs at NYU Steinhardt.

Rubio attended Monroe College and received her bachelor's in business management. After building experience working in a variety of business industries ranging from real estate to sales, Rubio has now been working solely in education for nearly a decade. Her first position in education was as an administrative aide in the Department of Education at a small college, where the opportunity to engage with students and faculty while also exploring exciting project management challenges made her certain that she wanted to pursue a career in education.

In July 2017 Rubio joined NYU Meyers as an administrative aide in the Operations and Facilities Management Department. In this early position Rubio worked under **Lance Irving**, senior director of administrative operations and facilities management, whom she credits with helping her greatly develop her

leadership and team skills. She then went on to accept a new position at Meyers and start her master's program within the same year. After working in the Undergraduate Program Office Rubio was promoted to scholarship officer in February 2022.

As scholarship officer Rubio's primary role is to connect students with opportunities to fund their education. "I myself know the importance of funding higher education, especially at a prestigious university like NYU," Rubio said. For her this position is a full-circle moment, and, in many ways, it's a dream job. "It has been my desire to be in a position where I can serve as a point person and share resources with financially needy students."

At Meyers Rubio said she's "found a second family to rely on and feel supported." Being an NYU student at the same time has only expanded that family. "The sense of community not only at Rory Meyers College of Nursing but also at NYU as a whole is so comforting," Rubio said. "It's motivating to work with incredible individuals, mentors, and leaders who inspire me daily to advocate for what matters." ●

I myself know the importance of funding higher education, especially at a prestigious university like NYU. . . . It has been my desire to be in a position where I can serve as a point person and share resources with financially needy students."

Meet

Marigold Alberto

Director, Academic
Clinical Affairs

FEATURE

“

...Having real-life experience as a nurse herself, Alberto understands what an effective learning experience for students will be.”



by Katelyn Wattendorf | Contributing Writer

Marigold Alberto was born in the Philippines and moved to New York with her family when she was nine years old. After graduating from Pace University with a bachelor's in nursing Alberto went on to complete her master's in nursing in the Nurse Executive Professorial program at Teachers College, Columbia University. She then jumped straight into the city's healthcare community, taking her first job after graduation at Mount Sinai Hospital in the telemetry medical-surgical unit, where she eventually became the clinical specialty nurse coordinator. After dedicating ten years to Mount Sinai, Alberto joined NYU Meyers in 2012 as the clinical placement nurse manager.

Now Alberto works in the Office of Clinical Affairs as the director of academic clinical affairs, where her day-to-day responsibilities include the clinical placement of both graduate and undergraduate students, ensuring students comply with the school's clinical partners' corporate compliance guidelines, managing affiliation agreements with Meyers' clinical partners, and hiring adjunct faculty for the undergraduate program in on- and off-campus clinicals.

Outside of work Alberto prioritizes time with her family. "My daughter and I love to watch movies, go to museums, and spend time with my sisters and nieces," Alberto said.

After a decade at Meyers Alberto still finds that the most rewarding part of her job is the joy of matching students with the right clinical experience and ensuring that all of Meyers' clinical offerings provide students with a strong and supportive learning experience. To Alberto a quality education allows students to apply what they learn in the classroom to practice. When reflecting on a particular experience that stands out to her Alberto cites a moment during the COVID-19 pandemic. When the city shut down Alberto had to figure out how to still provide appropriate clinical experiences to Meyers students.

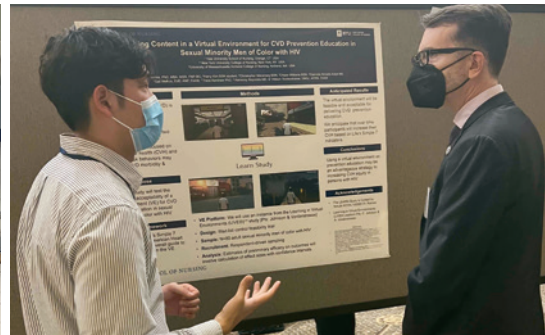
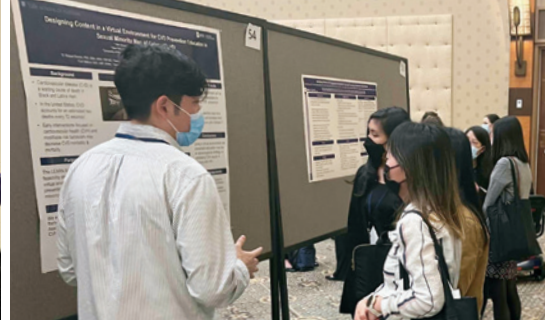
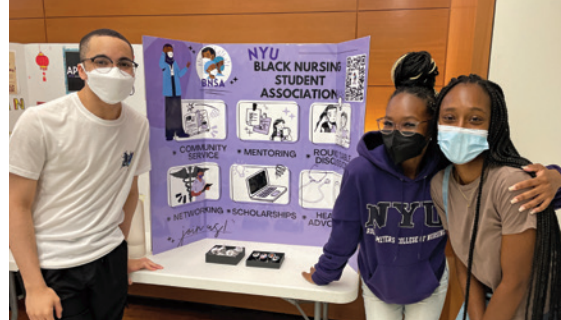
"Some [clinical sites] were not able to accommodate our students. In addition I had to make sure that our students were following the new COVID-19 restrictions." Luckily Alberto's efforts and long-term relationships with Meyers' clinical partners paid off. "Even through the difficult

period our clinical partners opened their doors to our students," Alberto said.

According to Alberto the top three essential traits for success in her field are the ability to problem-solve, prioritize, and multi-task. In addition Alberto's prior experience as a practicing nurse contributes to her work daily. Finding the right clinical experience for a particular student or the perfect adjunct faculty member for a specific clinical course requires a certain depth of knowledge of the nursing and healthcare fields. Having real-life experience as a nurse herself Alberto understands what an effective learning experience for students will be.

Still Alberto credits her family above all for raising her to work hard and inspiring her to continue. "I was raised by parents who instilled in me that by working hard, you will be successful in what you do in life," Alberto said. "Working full time and being a single mother has its challenges. But at the end of the day, I can be a role model to my daughter." ●

STUDENTS



Undergraduate student **Harry Kim** presented a poster at ENRS entitled "Designing Content in a Virtual Environment for CVD Prevention Education in Sexual Minority Men of Color with HIV."

Meyers held a club fest to recruit new members and grow community on campus.

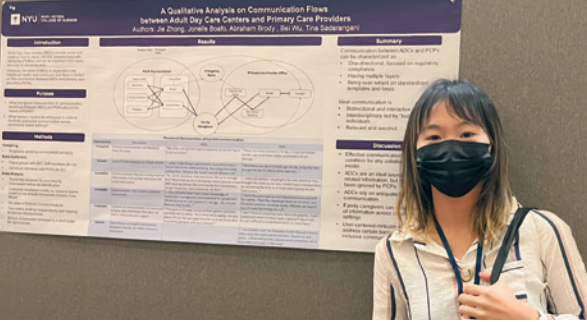


Spring 2022 graduates picked up their tickets for the NYU Meyers graduation commencement ceremony held on May 23 at New York City Center.



AE II students learned IV administrations with Prof. **Beth Latimer**.





Meyers PhD students gave poster presentations this past spring at ENRS.

Prof. **Fidel Lim** and students volunteered at the local soup kitchen with God's Love We Deliver.



Prof. **Fidel Lim** hosted an NYU Meyers virtual clinical simulation demo for admitted NYU Meyers first-years for NYU Home for the Weekend Class of 2026.

Graduate student **Natalie Trujillo** attended the AACN policy conference where she met distinguished nurse leaders, including **Susan Orsega**, director of commissioned corps headquarters in the US Public Health Service.



Second sequence students conducted an IV therapy simulation.



STUDENTS



May 2022 HIGN graduates



Students and alumni participated in a career fair at International High School.



Meyers first-year students were welcomed to the College with a pizza party in the courtyard.



Student picnic of the API-NSA and the Emergency Nursing Student Associations



Students and faculty attended the NYC Pride parade.





Meyers faculty and staff welcomed new students for the start of the fall semester.



Men Entering Nursing hosted an end-of-year picnic for students, alums, and their families in Madison Square Park.



Meyers students and alums gathered in Madison Square Park for ice cream and nursing trivia hosted by Prof. **Fidel Lim**.



2022 LEAD Honors program graduates



Fourth sequence students **Marlon Gordillo**, **Leslye Pino**, and **Ray Sukhu** volunteered to help package and distribute PPE, groceries, books, and clothing at Faith Assembly church in Queens.

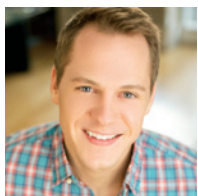


The Office of Student Affairs and Admissions hosted its annual free scrubs distribution to clinical sequence one students. These scrubs are donated at the end of each semester by graduating baccalaureate students.

- *Tommy the Nurse* is available online where you buy your books. Check out www.tommythenurse.com for more, or scan the QR code below with your mobile device. Follow on Instagram @tommythenursebook.

Why write a children's book?

by Peter Stoffan, BS '12, MPA '17



Simple answer: why not?!

When I started the creative journey with *Tommy the Nurse*, I stalled the process because I

worried that I didn't have the publishing experience I thought necessary to see the process completely through to the end. However, the more I conceptualized the ideas and solidified the story of *Tommy the Nurse*, I realized I wanted to tell and share this tale with as many people as possible.

Tommy the Nurse is a book that I wrote in answer to the questions I get as a male nurse: "You're a guy... so why nursing?" and "Are you in training for med school?" In a predominantly female discipline, I am typically one of the few males, and I am proud to be a member and contributor to our nursing community. I resent, and am frustrated by, the outdated gender rules prescribed and subscribed to by our patients, families, colleagues, and communities within and outside the nursing profession.

Of course *Tommy the Nurse* celebrates nurses and the qualities we must embody to be successful: compassion, patience, and intelligence. However,

as I started putting pen to paper (or fingers to keys), the story became more powerful. This book challenges its readers to remember that men or male-presenting individuals can and should exist in a historically female or female-presenting-dominated field. *Tommy the Nurse* eventually evolved to be a conversation about gender norms in all spheres. The book ultimately questions why there are rules for what we can or can't do with our talents and abilities based on our gender.

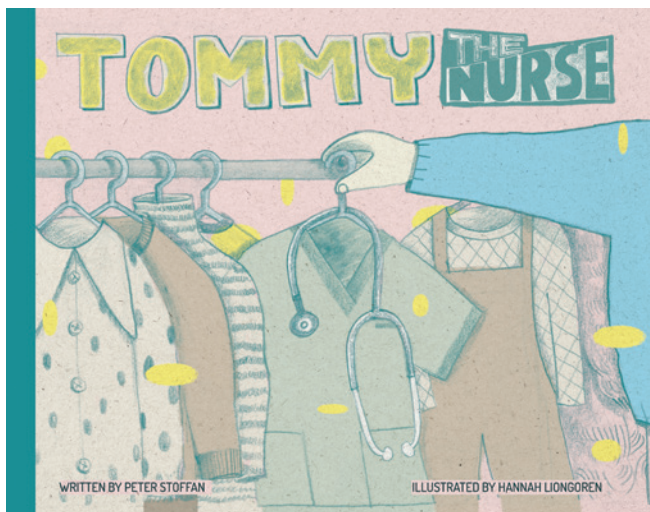
Tommy, the main character, realizes that he can listen to his voice and follow his passions. Tommy even convinces his friends to think outside their metaphorical boxes as well. Why can't a male be a nurse, a non-binary individual be a pilot, or a female be president of the United States?

This book reminds readers to listen to their own voices. The refrain of this rhyming work is simple: "You are wonderful as you are, just be yourself and you'll go far..." This concept is so much more than a question of what the reader should be when they grow up. So many of us need to hear that we can just be ourselves in the way we

live our lives. While self-reflection and self-improvement are necessary parts of growing and learning, conforming to fit someone else's mold is not a necessary step on the path to success.

In writing this book I had concerns that the book toes the line — and possibly takes a flying leap across said line — into being "preachy." But I firmly believe the story needs to be heard and re-heard.

As scary as it is to put one's whole heart and soul into a creative work for others to judge it is worth it for the opportunity to make someone's life just a bit better, a bit easier. As a nurse isn't that the goal? *Tommy the Nurse* tells me not to worry about what others say and to "just be me." I hope that others who read it are inspired to feel the same way. ●



- **Fertility Yoga** is available for monthly online group immersions, private coaching, and will soon be available for online digital streaming to enjoy in the comfort of your own home. To learn more about Fertility Yoga, please visit www.laurenblandinyoga.com.



Meyers alumna tests potential value of mind/body practices through NYU Startup Sprint

by Lauren Blandin BS '22

FERTILITY YOGA utilizes integrative mind/body techniques for women undergoing fertility treatments to help manage the physiological changes, chronic stress, and isolation experienced on the fertility journey.

I developed the Fertility Yoga method while undergoing fertility treatments. It stemmed from my interest in the risks of tubal torsion that are associated with ovarian stimulation and being directed not to exercise by my physician while undergoing treatment. My main yoga practice is very physical and athletic, and while I understood that continuing to engage in this style of yoga could be damaging, I also know that the virtues of my yoga practice (kindness, compassion, patience, surrender, and a good healthy sense of humor) were going to help me rather than hurt me. This realization to me to modifying the practice, rather than skipping it entirely to help support me during this time.

When I began to research resources for yoga and fertility treatments I was shocked at the lack of information available. I recognized a need existed both for people undergoing treatment who were searching for tools to help support them on their journey, and also that there was a lack of education among physicians about how yoga, and more specifically

which styles of yoga, are most conducive for this process. Patients are often desperate for relief from the stress they are experiencing. As a last resort physicians will often recommend yoga without being educated on the different styles of yoga that exist and that certain styles exacerbate the risks of fertility treatment.

I took my nearly two decades of training as a yoga and meditation instructor and created a system that focuses on a style of yoga that downregulates the nervous system which helps manage the chronic stress associated with fertility treatments. Fertility Yoga incorporates postures that focus on hip opening to help nourish the reproductive organs and tissue, as well as breathing and meditation techniques to steady an anxious mind.

Before the pandemic I was teaching this method to private clients in New York City while completing premedical prerequisites. When the COVID-19 pandemic hit my business shifted online and it became apparent that the issues and pains experienced by those trying to conceive cut across borders and demographics, and Fertility Yoga gained a new level of visibility on a global level.

I am often reminded of the adage, "it takes a village." This holds true in many walks of life, but especially during the fertility journey. Undergoing fertility

treatments can be an incredibly isolating experience that is not discussed among friends or family. As my business shifted online it became imperative to incorporate a group setting for women to practice with other women going through this experience. Doing so has created a space that provides empowerment, encouragement, and a reminder that you are not alone on your journey.

Upon entering NYU Meyers I learned about the Entrepreneurial Institute and was accepted to participate in their Startup Bootcamp and, most recently, the Startup Sprint. This was an incredible experience! In addition to meeting with some of the most innovative thinkers and cutting-edge industry disruptors I gained tools and insights to not just grow my business but, most importantly, to ensure I am always in service of and supporting the greatest interest of clients.

As an RN and long-time yoga student and practitioner I hope to be the bridge between the medical science of the West and the ancient healing practices of the East for people undergoing fertility treatments. I am so thankful to NYU, the professors, programs, and resources that have been available to give me the knowledge and tools to help others achieve and sustain health and wellness. ●



Dear alumni,



I am excited to be serving as the new president of the NYU Meyers Alumni Association for the next two years. It is a privilege to represent

Meyers in this role and be a conduit of communication to the entire university about the wonderful things taking place at the college.

Nursing is core to who I am and has provided me with unique opportunities for personal and professional growth. My education at NYU Meyers was a building block in my career. I was fortunate to have excellent role models and mentors throughout my career and I now actively support and contribute to nursing's future.

I encourage other nursing alumni to be involved in NYU Meyers and support our future nurses at every level. I first became involved as a Hilman student mentor. I found this very rewarding and sought other opportunities to be involved. I spoke on class panels, provided practicums for graduate students, and supported scholarships and general development programs. My proudest moment as an alumni volunteer has been watching the growth of mentees from student to peer.

Join me and hundreds of Meyers alumni who have volunteered their time, talent, and treasure to the college in recent years. Whether you speak in the classroom, mentor a student, or submit class notes for the magazine, there are many ways to support Meyers. I think you will find being an alumni volunteer a very rewarding experience.

Sincerely,

Mary Gallagher MA '84
President, NYU Meyers Alumni Association



Alumni & Parents Weekend

October 22, 2022

Alumni & Parents Weekend brought the NYU community back together again in Washington Square! Alumni and parents celebrated the occasion by attending two exclusive events hosted by the College. The first was a lecture entitled Innovative Strategies to Improve LGBTQ+ Health Outcomes, featuring Clinical Assistant Prof. **Jeff Day** and Clinical Simulation Learning Specialist **Katherine Marx**, as well as two alumni **Leine Hurlbut BS '20** and **Kristen Kaelber MS '22**. These speakers shared how they are making changes in the classroom, simulations, and at the bedside to provide a more inclusive learning environment and reduce disparities in LGBTQ+ patient health outcomes.

The panel was followed by the Alumni Awards Ceremony and Luncheon at Lafayette Bakery. Alumni and guests gathered for a cocktail reception and three-course lunch. **Sharon Wexler**, vice president of the NYU Meyers Alumni Association, and **Mary Gallagher**, president of the NYU Meyers Alumni Association, welcomed everyone and shared exciting initiatives taking place in the college and the alumni community. The event honored six distinguished alumni for their contributions to the nursing profession. Each honoree was presented with a plaque before they shared heartfelt remarks thanking NYU and their loved ones for their support.



©Braddock: Courtesy of NYU Photo Bureau

Maes MacInnis Award

Ann Marie Hoyt-Brennan MS '07
Director of the Helene Fuld Pavilion for Innovative Learning and Simulation and Simulation Education Specialist
University of Pennsylvania's School of Nursing

Diane O. McGivern Legislative and Policy Award

Mary Joy Garcia-Dia MA '02
Program Director for Nursing Informatics
NewYork-Presbyterian Hospital

Rose & George Doval Award for Excellence in Nursing Education

Billy Caceres, PhD '17, MS '13, BS '10
Assistant Professor
Columbia University School of Nursing

Grace E. Davidson Award

Maria Vezina MA '77
System Vice President and Chief of Nursing Practice, Education, Advanced Practice Nursing Credentialing, and Nursing Labor Relations Partnerships
Mount Sinai Health System

Rising Star Award

Amberlynn Pantoja BS '22
Registered Nurse
Lenox Hill Hospital

Distinguished Alumni Award

Mary Anne Gallagher MA '84
Director of Nursing
NewYork-Presbyterian Hospital

● Upcoming Events

Estelle Osborne Legacy Celebration
February 22, 2023
Kimmel Center

CLASS NOTES

ALUMNI

1970s

Joan Furey MA '76 was selected as one of this year's NYU Alumni Changemakers. Furey established the National Center for PTSD, the VA's Center for Women Veterans, and was a recipient of the VA's Distinguished Career Award.

Ellen J Reed BS '72 published a book, "Someone to Watch Over You: Finding Your Strength Within." Her book encourages self-awareness and healing by coming to terms with who each of us hopes to be.

1980s

Mary Anne Gallagher MA '84 presented at the NYONL Annual Meeting on policy and advocacy for nurse leaders and wrote an article for the *Journal of Nursing Scholarship*. She also received Irish America's 2022 Healthcare 50.

1990s

Rose Ann DiMaria-Ghalili PhD '98 has been named senior associate dean of research in the College of Nursing and Health Professions at Drexel University.

Carl Kirton, MA '92, Adv. Cert. '96 was named editor-in-chief of the *American Journal of Nursing*.

2000s

Esteen Ladson Barnes, BS '03, MPA '97 was named director of nursing at NYP/Lower Manhattan Hospital.

Milagros Elia MA '01 was appointed member to the national ANA Advisory Committee on Planetary Health and head of the national Oncology Nursing Society's environmental health, sustainability, and climate change working group.

Maria Cristina Uy, MS '16, MS '06 recently completed her DNP.

2010s

Kathleen Begonia MS '14 earned a PhD in nursing science as a Robert Wood Johnson Future of Nursing Scholar and became an IT director in 2022.

Dawn Feldthouse MS '17, clinical informatics advisor at the HiBRID Lab at NYU Langone Health and former clinical informatics preceptor at Meyers, co-authored an article highlighting an innovative implementation of Epic at Meyers in the *Journal of Informatics Nursing*.

Adam Hadas BS '17, who works in the ED of NYU Langone Health, received The DAISY Award.

Stephanie Niu BS '16 was promoted to patient care director at the Hospital for Special Surgery's Orthopedic Specialty Care Unit.

2020s

Yarys Yau Lee BS '21 received the DAISY Award for her work as an RN in the CSICU/CTICU at Mount Sinai Health.

Nicole Perez's PhD '21 research article, "Latent Class Analysis of Depressive Symptom Phenotypes among Black/African American Mothers," which explores depressive symptom variance, was accepted in *Nursing Research*.

Nicole Reyes BS '22 recently started a position as an emergency room inpatient nurse within the NY-Presbyterian system.

Brittany Taam BS '20 and Prof. **Fidel Lim** MA '96 co-authored an article, "Best Practices in Pediatric Oncology Pain Management," that was selected as the winner of the 2022 Nurse Faculty Scholars Mentored Writing Award by the *American Journal of Nursing*.

Alexis Wasserman BS '22 is now an RN resident at Harvard Teaching School-Massachusetts Eye and Ear Infirmary.

Mingxing Rachel Xi BS '20 received the Nursing Excellence Award from Northwell Long Island Jewish Forest Hills Hospital.



Meyers alums gathered on the Met rooftop to network and enjoy the summer.



The College's Alumni Association celebrated 2020 and 2021 graduates with a brunch at Chelsea Piers.



Nursing Administration faculty and alumni gathered for a networking event.

CELEBRATIONS



When the World Went Still *May 2022*
NYU Meyers launched an art exhibit memorializing COVID-19 and nurses.

Graduation Luncheon *May 2022*
Meyers faculty, staff, the board of trustees, and Meyers scholars celebrated graduation at the Dean's Luncheon.

Vice Dean Ellen Lyons' Retirement *April 2022*
Faculty and staff celebrated the retirement of **Ellen Lyons**, the college's former vice dean for administration, finance, and planning.



Graduation *May 2022*



Celebration of Careers *June 2022*
Over the summer the College celebrated the achievements and careers of our retiring faculty.

Prof. Eloise Cathcart's Farewell *August 2022*
Bottom photo left to right: **Renee Sanchez MS '13, Cathcart, Alexa Carroll MS '20**



From Marine to nurse

by Luis Gerardo Benitez Palermo BS '23

WHEN I MOVED to the United States my mom and I encountered problems that we did not anticipate. Those difficulties led us to pack our belongings and escape the place we lived in. It was a difficult moment in our lives but we had each other. That is all that mattered.

Luckily my mom found a domestic violence shelter that was able to take us in. While in the shelter we met several families that volunteered to help. Their devotion and selflessness made a great impression on me. Those families inspired me to give back.

I decided to join the Marine Corps infantry to demonstrate my gratitude towards the country that helped my mom and me during difficult times in our lives. While in the Marine Corps one of the most important skills we had to acquire was combat casualty care. Learning the medical reasoning behind the interventions for casualties intrigued me. I wanted to learn more about caring for people.

As my contract with the Marine Corps ended I wanted to continue serving my country or my community, but I did not know how to do so. However the curiosity I had surrounding the medical training I received helped me realize that becoming a nurse could help me follow my passion for medicine and continue serving my community. Nurses are known for their compassion, trust, and the personal connection they develop with their patients. Nurses are the ones



who are at their patient's sides during incredibly difficult moments in their lives. I want to support people in overcoming these periods of incredible distress, just like my mom and I were helped. For those reasons I decided to pursue a career as a nurse.

To better prepare for my future profession I decided to apply for a nurse extern position in the ICU at NYU Langone Health. The externship became one of my most rewarding educational experiences, as it provided the opportunity to learn of interventions that I had never experienced, allowing me to gain confidence in the skills that will help me develop from a nursing student to a nurse. During my externship at the Medical ICU I provided care to post-cardiac arrest patients, end-of-life patients, and Acute

... the curiosity I had surrounding the medical training I received helped me realize that becoming a nurse could help me follow my passion for medicine and continue serving my community."

Respiratory Distress Syndrome. Moreover I learned about the purpose of arterial lines, the use of vasopressors to improve cardiac output and contractility of the heart, Continuous Renal Replacement Therapy, care for intubated patients, and the different roles of a nurse during a code. I observed how the nurses on the floor used critical thinking skills to escalate care and communicate with the medical team when an order needed to be changed based on the patient's laboratory results or vital signs.

I hope to work as a new graduate in the ICU when I finish nursing school, accomplishing the goal I established for myself before leaving the Marine Corps: to continue serving patients and their families during times of hardship and uncertainty. ●

Morgan Stanley Children's Hospital

ON THE JOB | STUDENTS + ALUMNI



We are grateful to the individuals who have included NYU Rory Meyers College of Nursing in their estate plans. By providing a legacy these individuals are helping to further the education of nursing professionals into the future.

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\$2,500 AND ABOVE

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Michael T. Angell
Anonymous (3)
Annie Eaton Society
Bank of America Charitable Gift Fund
Barbara (MA '92) and Michael Calabrese
CareQuest Institute for Oral Health
Catalyst Institute Inc.
The Chicago Community Foundation
The Chicago Community Trust
Claudia and Leo Crowley
Catherine (PhD '07) and Louis (ENG '72)
D'Amico
Sandy Destra (BS '12)
Elizabeth A. Duthie (PhD '09, MA '08)
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(STEINHARDT '74) Schoon
Patricia L. Valoon
Victoria S. Vaughan Dickson
Barbara W. Wright (PhD '99, MA '76)

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Janet S. Curtin (ADCRT '07, BS '81)
Catherine O. D'Amico (PhD '07)
Cynthia E. Degazon (PhD '87, STEINHARDT '72)
Jacqueline M. Fawcett (PhD '76, MA '70)
Geraldene Felton (EdD '69)
Vernice D. Ferguson* (BS '50)
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Pearline D. Gilpin* (BS '68)
Beatrice Goodwin (PhD '70, MA '60)
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Blanche T. Jordan* (MA '50, BS '45)
Barbara Krainovich-Miller and Russell Miller
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• deceased

8

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