

NYU | NURSING

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SCHOLARSHIPS MAKE THE DIFFERENCE

Cynthia Sculco, EdD, RN (right), endowed the Cynthia Davis Sculco Scholarship Fund, which is helping Malka Schuler attend NYU College of Nursing.

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GREETINGS FROM DEAN EILEEN SULLIVAN-MARX

Dear Friends,

I'd like to extend my heartfelt congratulations to our wonderful class of 2014! It's always a thrill to watch our impressive and motivated new nurses venture from the classroom into the world, bringing their skills, knowledge, and enthusiasm into our health care system, where I know they will have a tremendously positive impact on their patients and the system as a whole. I look forward to hearing about their achievements as their careers unfold.

This issue of our magazine is devoted to the extremely generous donors who make the promise of a nursing career a reality

for many of our students—and to these promising scholars who graciously accept this assistance to take the first steps toward highly worthwhile and fulfilling careers.

When our alumni and other friends ask me how they can help, I always tell them that the need for scholarships is paramount to a large proportion of our students, 83 percent of whom receive some form of financial aid. This support is especially meaningful for our accelerated baccalaureate students—those with previous academic degrees who often are not eligible for traditional financial aid programs. Second-degree students have for the past decade constituted the fastest-growing group of nursing students at NYU and across the country. Offering scholarships to these mature, driven individuals is a shining example of how the College of Nursing helps to usher deserving students quickly into a career that needs them—whether they go on to work for NYU Langone Medical Center, as many of our graduates do, or on the other side of the world.

As you'll read beginning on page 4, accelerated students or recent graduates—like Luke Andrew Glaude, who volunteered with the Peace Corps in Tanzania; Neida Leal, with forensic entomology experience; and Abieyuwa Omogun, who served in the U.S. armed forces—are a very well-rounded group who, because of their varied backgrounds, will challenge and improve the ways in which health care is delivered in our country and beyond. They see nursing as an opportunity to merge their passions and their pasts, and they will help us ease the shortage with the best the profession has to offer.

This spring, our degree programs have continued to generate robust applications from prospective students who are seeking an exceptional education and career, and we will once again surpass our enrollment goals for the fall semester.

We are also bringing even closer together the College of Nursing and NYU Langone Medical Center through the appointment of Kim Glassman, PhD '07, MA '87, RN, the medical center's senior vice president for patient care services and chief nursing officer, to an additional new role as associate dean for partnership innovation at the College of Nursing. Through this position, she'll provide vision and leadership for the integration of education, practice, clinical research, and scholarship between the College and NYULMC, where more than 500 undergraduate nursing students every year have clinical experiences. In addition, some \$15 million in research funds are shared annually through collaborative efforts between the medical center and our faculty.

Finally, I'd like to congratulate our wonderful faculty on developing the College's first Faculty Council (page 16)—a system of participatory governance common at large universities, which brings us to a new level of maturity as a College within a great university.

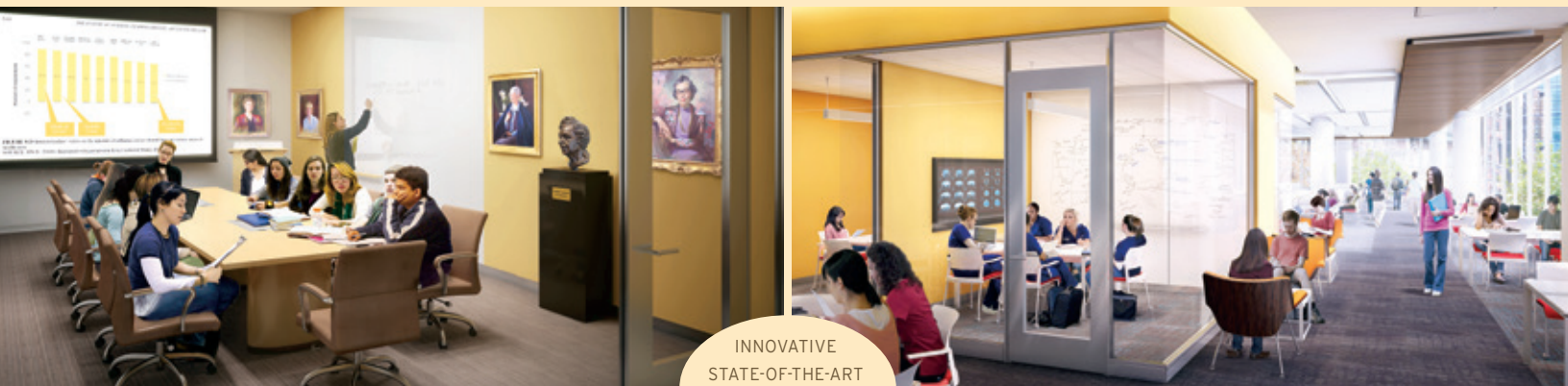
Again, my profound thanks to the many donors who are helping our students obtain an excellent nursing education without taking on undue financial burdens, freeing them to practice how and where they choose. With your support, our students can take on the world.



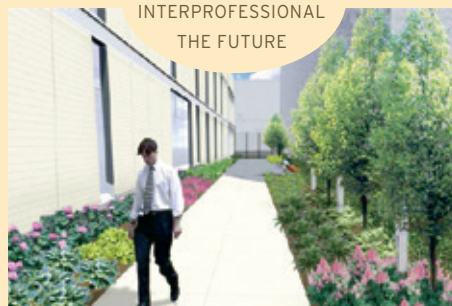
Eileen M. Sullivan-Marx, PhD, RN, FAAN
Dean & Erline Perkins McGriff Professor



{ YOUR NAME HERE }



INNOVATIVE
STATE-OF-THE-ART
INTERPROFESSIONAL
THE FUTURE



Top row from left:

Nursing Leadership Conference Room

By including your name or that of another nurse leader in this room, you'll celebrate the achievements of nurses across generations.

Learning Commons Group Study Rooms and Seating Clusters

Name these larger, private spaces where students from Nursing, Dentistry, and Engineering will study with their peers or engage in interprofessional projects. Also available for sponsorship are intimate seating clusters, where students will gather to study together, conduct team projects, and catch up.

Bottom row from left:

Faculty Offices

Put your name or that of a loved one or mentor on the office door of one of the College's esteemed faculty members, where students and colleagues will be reminded every day of your generosity.

Courtyard

Name an outdoor space that will be enjoyed by College of Nursing faculty, students, and staff, surrounded by an oasis of plants and flowers in the fresh air.

Observation Rooms in the Clinical Simulation Learning Center

Name one of the rooms where students will observe and learn as their peers conduct clinical simulations.

THERE ARE STILL OPPORTUNITIES TO NAME ROOMS IN OUR NEW NURSING BUILDING

Construction of the College of Nursing building on First Avenue is on schedule, and classes will begin there in spring semester 2015. A sense of excitement fills our entire College now that the building's structure is complete and interiors are being outfitted with beautiful furnishings and state-of-the-art technology.

This is the time to be included in our family of donors: The new building affords a wide range of naming and sponsorship opportunities, including faculty offices, study lounges, seating clusters, conference spaces, simulation observation rooms, and an entire courtyard.

There is still an opportunity to name a seat in the Alumni Lecture Hall or to add your name to a plaque for the Dean's Suite, named in honor of inaugural dean Terry Fulmer, or the Nursing Leadership Conference Room.

For more information about opportunities for you to **contribute**, please call Larry Siegel, director of development, at 212-998-6794.

"Naming may be done in honor of your family, a faculty member who made a big difference in your life, or yourself," says Dean Eileen Sullivan-Marx. "The Nursing Leadership Conference Room is an especially important room in our new building. Named by our alumna **Colleen Conway-Welch, PhD '73**, dean emerita of the Vanderbilt University College of Nursing, it will be an inspiring space. Additional funds will enable the College to feature in this conference room distinguished leaders whom the College has produced."

More information and photos of our new home are available on our new-building website, building.nursing.nyu.edu. ■



Scholarships

MAKE IT HAPPEN

STUDENTS DISCUSS THE AID THAT PAVED THE WAY TO NURSING

Financial support is invaluable to the 83 percent of NYU College of Nursing undergraduate students who receive it. The College is proud to offer numerous scholarships, offsetting the burden of loans and out-of-pocket costs, for more than one-quarter of our 832 undergraduate students through the generosity of alumni,

corporations, foundations, and friends.

Scholarships are particularly important to second-degree accelerated baccalaureate nursing students, who often have exhausted federal grants and loans in financing their first degrees. So that they do not have to rely excessively on personal loans or savings to pay for their nursing

educations, some donors have directed their scholarship gifts particularly to these students. The College maintains some 36 scholarship funds, 10 of which are dedicated to undergraduates. For many students, these donations make a critical difference, enabling them to receive an NYU education. **Here are some of their stories.**

Johnson & Johnson Scholarship



Abieyuwa "Abie" Omogun '15
Accelerated Baccalaureate Program

I grew up in Brooklyn, New York, and joined the Army straight out of high school. My plan was to go to college, but a friend persuaded me to enlist instead—and the Army would pay for college. It was the best decision I ever made. Being in the military taught me discipline, a work ethic, and accountability.

I did my basic training at Fort Leonard Wood, Missouri, and then trained to be a medic at Fort Sam Houston, Texas. During my time on active duty, I was stationed at White Sands Missile Range, New Mexico,

and Fort Lee, Virginia. As a medic in the Army, I cared for soldiers and their family members, and I also treated sick and injured trainees. Medics provide a lot of services such as cleaning wounds, administering IVs, drawing blood, and giving out nonprescription medications.

After a few years, I left active duty and joined the reserves so I could pursue a business degree. Shortly after graduating and leaving the military permanently, I moved back to New York, where I got a job at the Veterans Health Administration as a health technician, caring for inpatient and outpatient veterans. Working at the VA, I became attuned to how people were feeling. And I recognized that the nurses were able to gain a closer relationship with the veterans and they really made a difference. That's when I decided to pursue a career in nursing.

I took my nursing prerequisites at NYU, and the professors were enthusiastic about their subjects. I liked the diversity, too, having come from Morgan State University, which has primarily an

African American population.

I received a scholarship through the VA National Education for Employees Program, and in exchange, I would be guaranteed a position after graduation, which was a pretty good deal. But, I shortly realized that the scholarship was only going to cover about one and a half semesters of NYU's four-semester accelerated program. And with a majority of my GI Bill benefits used toward my first bachelor's degree, I was worried about how I was going to pay for school. One day, the scholarship office at the College of Nursing contacted me about the Johnson and Johnson Veterans Scholarship and strongly encouraged me to apply. The deadline was quickly approaching, and I wrote my essay and bio over one weekend.

I was really excited to receive the scholarship. The College of Nursing curriculum is

Above (from left) Class of 2014 scholarship recipients Morgan Nuzzo (Rudin Foundation), Sarah Oyler (Greenidge Fund), Junga Park (Rudin Foundation), Maryann Peterson (Rudin Foundation), and Leslie Cabrera (Rudin Foundation).

already very intensive without adding on financial worries. Now it's one less thing I have to worry about, and I am so grateful.

Hillman Scholarship



Neida Leal, BS '14

Accelerated Baccalaureate Program

While I was working toward my first college degree, in zoology and biomedical sciences at the University of Oklahoma, I did lab research for a forensic entomologist. In the event of a murder, they collect arthropod specimens (such as maggots, beetles, or flies) from the body. Details like the age and species of the insects on a body, whether they live in sun or shade and come out in winter or summer, and which parts of the country they live in, can help scientists figure out how long a person has been dead. The field work was fascinating—but it was also lonely at times.

I was drawn to laboratory science but also loved to interact with people. In addition, I was influenced to become a nurse because a few of my cousins have a rare genetic heart disease. They went to a special camp for children with health problems and talked about the cardiac nurses there who provided an aspect of care outside the hospital that was totally new to me.

Going to nursing school was a huge decision, because I already had a bachelor's degree. When I found out that a 15-month program existed, I realized I hadn't screwed up my life by getting a different degree! In nursing, there are so many opportunities. I'm even thinking of doing forensic nursing! It's a fairly new, small field that helps identify and treat sexual assault and other types of abuse.

Since I'm from Farmersville, Texas, a

town of about 3,000 people, NYU was a chance to do something different, to step out of my comfort zone. Now it's my home!

At one point, I was in a difficult financial position because I had taken out a lot of loans for my first degree. Knowing that I wanted to pursue an advanced degree, my advisor, Ann Marie Mauro, PhD '98, and the scholarship office said that the Hillman Scholarship was for people like me, to make a seamless transition to doctoral work. It has been an immense help. In addition to funding, we're provided with a mentor and occasional seminars on topics such as choosing between DNP and PhD degrees. The Hillman Scholarship, combined with a Robert Wood Johnson Foundation scholarship, have allowed me to finish my degree!

Robert Wood Johnson New Careers in Nursing Scholarship

Luke Andrew Glaude, BS '14

Accelerated Baccalaureate Program

After I received my first degree, in social work, I worked in refugee resettlement and then went into the Peace Corps. I served in Masasi, Tanzania, as a health-education volunteer for two and a half years. After just 10 weeks of training, mostly to learn Swahili so that I could teach in the local language, I started teaching HIV and sex education to kids in primary and secondary schools and to out-of-school youth. I also trained peer educators so that a group from one school could teach in another school.

The teenagers had learned about HIV, thanks to efforts by the government, but it was still called "the secret disease" in Swahili because the larger community didn't talk about it.

In the hospital there, I saw people give birth, get broken bones fixed. Every Tuesday, up to 100 HIV-positive people would arrive for their medications, and I would teach them about healthy eating, their immune systems, and the

importance of continuing to take their drugs. It hit me: "I could be a nurse."

I had gone to a community college and then to a state school for my first bachelor's degree, always working at the same time. It was always about where I could afford to go, not where I wanted to go or what would be the best for me. The Peace Corps exposed me to people who had gone to really good colleges. What school you go to will follow you for the rest of your life.

I knew I'd have to apply to every single scholarship available, but the College of Nursing made it easy. The website lists all of them, and I clicked on each one to find out whether I was eligible. Being awarded the Robert Wood Johnson Foundation (RWJF) New Careers in Nursing scholarship solidified my decision to attend NYU. But it wasn't just the money: It clarified that they saw potential in me and my background. RWJF scholars are assigned a faculty mentor and a peer mentor and attend leadership workshops and other activities. My peer mentor, who was two semesters ahead of me, has been like an older brother, giving me advice.

Without the RWJF scholarship, as well as the Hillman Scholarship, I would have had to take out loans and work a part-time job. I would not have been able to do some of the things I've done, such as becoming president of Men in Nursing and helping to start the Nursing Students for Global Health student group. NYU has been the perfect fit.

Luke Andrew Glaude (standing, far right) became interested in a nursing career while providing health education to teenagers through the Peace Corps in Masasi, Tanzania.



Margaret McClure Scholarship



Tacha Joseph, BS '14

Baccalaureate Degree Program

Before I was eight years old, I had to go to the hospital on three separate occasions because I had seizures. There was a very kind nurse who was there consistently for me and my mom. She translated things for my mom, who speaks Haitian Creole, and had a great impact on my getting better.

Because I was the only one in my family who was affected by seizures, I was curious about why it happened to some people but not others. In a weird way, I'm grateful for having had that experience, because it led to my interest in medicine and in helping people, particularly children. I want to take the negatives in my life and turn them into positives.

I started in the pre-med program at NYU. But then I attended a meeting on

women in health sciences, where a room full of physicians and one nurse practitioner spoke about their experiences. When the NP spoke, it completely changed my life. She talked about having her own practice and how she gets to interact with patients, and it made so much sense to me. She was the type of person I want to be when I become a nurse.

Now that I'm in my clinical rotations,

I try to go out of my way for the patients, offering them my help if they need it. The biggest surprise for me was the tremendous amount of responsibility that nurses have. You are responsible not only for your own work but for making sure that the doctors' orders are written correctly before you implement them.

I'm from Brooklyn and wanted to go to college in New York. I was so surprised when NYU accepted me. When people hear that you go there, it's like, "Wow!" I love NYU. But I wouldn't have been able to attend without financial assistance. I received some funding from New York's Higher Education Opportunity Program, but I still needed more financial aid to make it happen. I got an email from the College about the Margaret McClure Scholarship, which is targeted toward a nursing student who wants to make an impact in health care, and I was able to tell my story. For almost 20 years, Dr. McClure was the chief nursing officer at NYU Medical Center. The scholarship she endowed has been very helpful in allowing me to put money toward tuition as well as commuting to school and paying for books.

Now that I'm graduating, I want to work in critical care or in the emergency department. It's a time in every patient's experience when they need help the most.

Jewish Foundation for Education of Women

Rosemary Gorman, MS '14

Nurse Practitioner Master's Program

All of the experiences I've had as a nurse led me to NYU, where I am studying to be a nurse practitioner (NP) with a specialty in palliative care. Very early in my career I worked in an oncology practice with a physician for whom I had great respect. She treated her patients very aggressively but was also very concerned with their quality of life. I learned that good symptom management was an integral part of cancer treatment, and patients should not



Rosemary Gorman (right), with Laura Mazza, ANP, examines a patient in her clinical placement site.

suffer from the side effects of their disease or treatment. She acknowledged when it was time to stop treatment and would encourage her patients to enjoy the time they had left. This had a profound impact on me and laid the groundwork for my career.

The role of a palliative care NP includes facilitating caring communication among patients, families, and multiple health care providers to help patients navigate the health care system. Another major focus is educating patients about their choices and guiding them to talk about what they want in terms of their own care. Palliative NPs anticipate, prevent, and control patients' symptoms as well as provide both emotional and spiritual support.

Unfortunately, I have observed an astounding number of patients who were never offered palliative care and whose end-of-life situations were far from ideal. Losing someone you love is difficult enough without witnessing the person suffering unnecessarily, especially when there are many ways to ensure a comfortable and peaceful end.

I've grown to really love this part of nursing. Helping people at such a critical point in their lives is extremely fulfilling.

When I decided to return to college for my master's degree, the prospect of a significant financial burden was daunting. Shortly after my acceptance, the scholarship officer at the College sent me an email saying, "We have a scholarship opportunity that you may want to consider."

The Jewish Foundation for Education of Women is an amazing organization. This is their first scholarship for NYU students who are already practicing nursing, and they've provided two palliative care scholarships that cover a substantial portion of tuition. This scholarship is making my career goal a reality and has validated my commitment to palliative care. ■



Would you like to explore setting up a scholarship fund?

It's easy to do.

Begin by calling Larry Siegel, development director for the College of Nursing, at 212-998-6794, or email him at larry.siegel@nyu.edu.

Thank you!

Harriet Rothkopf Heilbrunn Scholarships Support Student Leaders

In 2002, in honor of their mother's 90th birthday, Helaine Lerner and Joan Rechnitz decided to make a special gift. Because their mother, the noted philanthropist Harriet Rothkopf Heilbrunn, viewed nurses as essential but under-recognized professionals, they established a series of scholarships for nursing students at NYU, Long Island University, Columbia University, and

Hunter College. These scholarships, competitively awarded to undergraduates in need of financial assistance in their third and fourth years of study (and in 2013–14, to accelerated baccalaureate students), have been critical

to helping 70 students graduate from NYU College of Nursing over the past 11 years. For the Heilbrunn family, it is just one more initiative to transform health care through both generosity and foresight.

The Heilbrunns are well known for their support of nursing, public health, and scholarship, but Harriet Rothkopf Heilbrunn's

respect for nurses only increased as she grew older and required home care.

"Helaine and Joan persuaded their mother to engage professional nurses to provide care to her at home. Harriet valued their competent practice and individualized care, which heightened her interest in supporting the profession," says Marilyn A. DeLuca, PhD, RN, adjunct professor at NYU School of Medicine and College of Nursing, who advises the Heilbrunns on professional nursing.

The Heilbrunns' immense philanthropic investments can be seen across New York City and beyond. These encompass multiple endowments at cultural and health institutions, including Columbia University and NewYork-Presbyterian Hospital as well as at Rockefeller University, where they have endowed multiple professorships and centers focused on stem cell and other basic science research. Recently, Joan and Helaine endowed the Heilbrunn Family Center for Research Nursing at Rockefeller University, which supports nurse scientists and their work.

Joan and Helaine and their families are long-time supporters of health sciences and programs in the community. In 2000, Helaine began her support of the Mind-Body Program at NYU Langone Medical Center, which has grown into the multifaceted

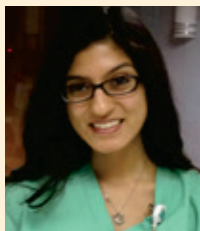
Department of Integrative Health Programs. Directed by Diane Rosenstein, MSW, LCSW, and under the leadership of Kim Glassman, PhD '07, MA '87, RN, senior vice president for patient care services and chief nursing officer, the program served more than 4,000 individuals in 2012. At Long Island University, where in 1932 Harriet received a BA, they support nursing scholarships and an endowed chair in nursing and special programs. In 2013, Helaine and Joan endowed the naming of the Harriet Rothkopf Heilbrunn School of Nursing at Long Island University.

Joan and Helaine's scholarship support for nursing students at NYU College of Nursing has grown. This academic year the Heilbrunn Scholars included 10 traditional and 10 accelerated undergraduate students. Potential Heilbrunn award recipients must demonstrate financial need, academic excellence, and leadership, and preferably have an interest in public health and plan to pursue nursing careers in New York City.

"These scholarships underscore the essential role of professional nursing, provide lessons in the value of well-placed philanthropy, and, hopefully, motivate new graduates to compete for funding to support their own future scholarship and research," DeLuca says. ■



Harriet Rothkopf Heilbrunn



SAPNA KAKWANI, BS '11, exemplified the type of student the Heilbrunn program targets. Kakwani was a sophomore who had just returned from a study-abroad

program and was living with her sister to make ends meet. She had wanted to be a nurse since childhood—a dream that was cemented when she was 15 years old, during a week-long nursing "summer camp" at Somerset Medical Center in New Jersey.

At the College of Nursing, Kakwani served on the Undergraduate Nursing Student Organization (UNSO) and was the College's liaison with the College of Dentistry. She organized a campaign with dental hygiene students to collect dental equipment for Malawi and also participated in the Making Strides for Breast Cancer fundraiser.

The Heilbrunn Scholarship—awarded in her junior and senior years—averted the need for Kakwani to take out loans and helped her to envision going to graduate school.

After her junior year, she completed an externship at the burn unit at NewYork-Presbyterian Hospital, and after graduation practiced in the neonatal intensive care unit at Mount Sinai Medical Center. Currently, Kakwani is applying to pediatric NP and DNP programs while practicing at Somerset Medical Center and St. Peter's University Hospital in New Brunswick.

Repaying her scholarship gift through nursing leadership is part of her career plan. "I really hope that I can give back to nursing in some way, particularly by teaching nursing," she says.

A Pioneer and Role Model Continues to Inspire

“**M**arie Schwartz’s career inspired me—and a generation of women—to pursue excellence in their professions,” says NYU College of Nursing dean Eileen Sullivan-Marx. Schwartz, who primarily wrote under her maiden name, Marie Smith, served as a White House correspondent for the *Washington Post* for 16 years during the Eisenhower, Kennedy, Johnson, and Nixon administrations, an era when it was not common for women to gain such high levels of access and achievement in journalism. “She showed young women that it is important to stand up and ask hard questions—even if you are asking them of the president of the United States,” Sullivan-Marx says.

In recognition of the important work that nurses do, in 2011 Schwartz established the Arnold and Marie Schwartz Scholarship Fund at NYU College of Nursing, providing financial aid to top achievers in the College’s baccalaureate and master’s programs. She has also supported the College through generous contributions to the Annual Fund and through the NYU Charitable Gift Annuity, which pays income to the donor for life while securing a financial resource for NYU Nursing in the future. “I know how critical nurses are to the quality of health care in many settings,” Schwartz says. “I considered becoming a nurse myself before deciding to pursue a career in journalism.” Schwartz also worked as a volunteer with the Red Cross during World War II.

The Schwartz Scholarship is awarded to one or two students annually in the spring and is need- and merit-based (student recipients must maintain a cumulative GPA of 3.50 or above). The 2014 recipients of the Arnold and Marie Schwartz Fund for Nursing Scholarship

are master’s student Flora Tsimis ’16 and baccalaureate student Winnie Yan ’15.

For Winnie Yan, the Schwarz Scholarship has helped lessen a financial strain that was created by her mother’s struggle with cancer.

“My mother’s battle with cancer left her unable to work, and I have been working part-time to help our family financially since I was 15,” Yan says. “The Schwartz Scholarship I received eases the financial burden of my education and also allows me to spend more time with patients by volunteering at hospitals.”

Yan, whose parents are immigrants from China, decided to become a nurse when her mother was diagnosed and she began navigating the health care system alongside her.

Marie Schwartz began her own career working at a small newspaper during the day while attending night classes at the University of Georgia. She quickly advanced to a job at the *Atlanta Constitution*, and a star cub reporter was born. Smith next landed a job with the *Washington Post* covering the juvenile court system. She was promoted to the “Women’s Department” after proving her skills in reporting hard news. The *Post* wanted to create a “newsier” women’s section, and Marie Smith took on the assignment. Her success in that role was rewarded by a promotion to the prestigious position of White House correspondent during Dwight D. Eisenhower’s administration. She continued to report on the White House for the *Post* through the next three presidential administrations.

During Lyndon B. Johnson’s presidency, Smith became well acquainted with Lady Bird Johnson. When Smith expressed interest in writing a biography of Mrs. Johnson, she was invited to the White



House to conduct her research and was given access to the first lady’s personal papers and diaries. In 1964, she published *The President’s Lady: An Intimate Biography of Mrs. Lyndon B. Johnson*, which was followed by *Entertaining in the White House* in 1967. Smith received numerous awards for her writing, including the Catherine L. O’Brien Award for excellence in women’s news reporting.

In the 1970s, Marie Smith married Dr. Arnold J. Schwartz, cofounder of Paragon Oil, who was already an active philanthropist. Dr. and Mrs. Schwartz devoted much of their time and energies to supporting health care, education, the arts, and other causes through the Arnold and Marie Schwartz Fund for Education and Health Research. The late Dr. Schwartz served as a trustee of NYU Langone Medical Center, while Mrs. Schwartz became a trustee of NYU. The Schwartzes have also generously supported and volunteered with such organizations as the Parkinson’s Disease Foundation, the National Symphony Orchestra, Long Island University, and the Metropolitan Opera. In 1976, they established the Arnold and Marie Schwartz Comprehensive Health Care Center at NYU Langone.

“I think it is very fitting that through this generous support of some of our best students, Marie Schwartz, an inspiring role model herself, continues to inspire us today,” Sullivan-Marx says. ■

A Generous Gift

SAYS THANK YOU TO NURSES FOR THE BEST CARE



Before (left) Yanki Schori spent three days at NYULMC in June 2013, having mitral valve repair surgery. **After (right)** Six weeks later, Schori (left), with his sons Tal and Ithai, climbed a 13,000-foot mountain in Wyoming.

When Jacob “Yanki” Schori learned in early 2013 that he needed to have mitral valve repair surgery, he was lucky. Active and asymptomatic, he had some time to research the procedure and to choose a hospital and surgeon to perform it. Schori spoke with several top New York City cardiologists before he chose Aubrey C. Galloway, MD, at NYU Langone Medical Center. But he also considered a factor that many patients might overlook:

“A close friend pointed out that after-care is no less important than the surgery,” Schori says. “She told me that the NYU nursing department was simply great.”

Schori spent three days at NYULMC, beginning June 6, 2013. The quality of the nursing care he received was so excellent, he says, that to thank his nurses—half of whom have NYU degrees—he made a donation to NYU College of Nursing to support scholarships, to ease the way for dedicated students to enter the profession.

“Nurses are the unsung heroes of hospital operations,” Schori wrote in a letter to the nurses who cared for him. “Your attention, professionalism, and compassion are exemplary. I am certain that the

next graduating classes of nurses will follow in your footsteps.”

Schori, who works in private banking, is no stranger to philanthropic investment. The Manhattan resident, who immigrated to the United States from Israel in 1980, set up a nursing scholarship fund at his alma mater, Tel Aviv University, a number of years ago in memory of his in-laws. He still receives letters from young nursing students, thanking him for their modest scholarships. Schori’s wife, Yael, too, has charitable interests: She is chairwoman of ART Resources, a nonprofit organization that distributes contemporary art books to libraries in underserved communities, schools, rehabilitation centers, and prisons.

“In the medical field, doctors and researchers are the focus of a lot of giving, but there is always a shortage of nurses,” Schori says. “I thought that if I could help one individual go to school with this scholarship, that would increase the pool of nurses, and that’s good for everyone.”

During his stay at NYULMC, Schori was cared for by at least four groups of nurses, from the operating room to the intensive care unit, to post-op and recovery.

“The nurses and nurse practitioners on Dr. Galloway’s staff were always visiting me,” says Schori. “They’re ready to help in a very professional way, and I think they’re underappreciated.”

Schori was in a hurry to recover, because he had planned to take a fishing and hiking trip with his adult sons six weeks after his operation. Indeed, in mid-July, he found himself hiking up a mountain at 13,000 feet. “It was a lot of fun—and a great test of my complete recovery,” he says.

When Schori wrote to thank the nurses who had cared for him and to let them know of his donation in their honor, he included a photo from his hospital stay, to remind them of who he was. A second photo, taken in Wyoming on his hiking trip, is proof of his good health, because, as he said, “A picture is worth a thousand words.” ■

The following nurse teams participated in Yanki Schori’s care at NYULMC:

PRE-SURGERY

Camille Lapera, Steinhardt MA ’92, ADCRT ’01, NP

CARDIOVASCULAR SPECIAL CARE UNIT

Nalini Balkarran, NP

Christy Marra, NP

Shanah Schwartz, NP

Tabitha (Mia) VanPelt, MS ’13, NP

POST-OP UNIT

Gregory Farrat, RN

Olivia Flores, RN

Jeremie Garcia, BS ’12, RN

Anthony Morisano, RN

OPERATING ROOM

Michael Cultura, RN

Rachel Leibovici, RN

Cheryl Simmons, BS ’95, RN

CARDIOTHORACIC SURGERY

Azadeh Amjadi, NP (current NYU nursing student – ADCRT)

Mary Boland, MA ’94, NP

Have you or a family member received top-notch nursing care?

Please consider thanking the nurses who provided this care, as Yanki Schori has, through a scholarship gift to NYU College of Nursing. Contact Larry Siegel, director of development, 212-998-6794, or larry.siegel@nyu.edu.

GHANA WINS!



THE GHANAIA NURSE LEADERS PROGRAM

Eleven nurses arrived at John F. Kennedy International Airport at dawn on Friday, September 27, 2013, having flown all night from Accra, Ghana. By Saturday night, the group had taken in a dance festival at City Center, ridden the subway, and gazed up at skyscrapers — most for the first time.

The fast pace of life in New York City is a stark contrast to Ghana, but the nurse participants in the Ghanaian Nurse Leaders Program had little time to marvel over the city that never sleeps. Come Monday, they were hard at work, absorbing as much as they could from their mentors and nurse faculty at NYU College of Nursing.

The Ghanaian Nurse Leaders Program is one component of Ghana Wins! — a program whose goal is to strengthen the democratic institutions and social fabric of one of Africa's fastest-growing economies by empowering women — particularly nurses, teachers, and social innovators. The participating nurses are middle-level health care managers recommended to the program by the Ghana Health Service.

An initiative of the Madrid-based Mujeres por Africa Foundation and NYU

in collaboration with Ghana-based partners and sponsored by Banco Santander, Ghana Wins! aims to build a network of women strong enough to influence the country's education, health care, and civil society organizations.

NYU College of Nursing, Steinhardt School, and Wagner Graduate School of Public Service are each providing leadership programs for 30 women over the next three years. At the College of Nursing, **Mattia Gilmartin, PhD, RN**, senior research scientist and director of the Center for Continuing Nursing Education, and **Yvonne Wesley, PhD '00, RN, FAAN**, adjunct associate professor, have lent their expertise on leadership development to create the program.

Wesley is applying many of the strategies honed through the Leadership Institute

for Black Nurses (LIBN), which she founded in 2006 at the request of former dean Terry Fulmer to promote minority nurses' progression into senior roles in nursing management and education.

"Ghana Wins! is designed to examine leadership effectiveness at three levels: first to understand oneself as a leader, then as a leader of teams, and as a leader of organizational change," Gilmartin says.

NYU was chosen for its leadership-training expertise as well as its long experience in Ghana: The University maintains a study-abroad site in Accra, and the College of Nursing, School of Medicine, and other NYU schools have had long partnerships with the University of Ghana, its School of Nursing, and the Korle-Bu Teaching Hospital in Accra — the largest hospital in West Africa.

Says Wesley, “NYU College of Nursing has a long history of commitment to women’s leadership and career achievement. We’ve used this expertise as the foundation for addressing issues of gender and empowerment as it relates to women managers’ effectiveness in West Africa.”

Depending on geographic location, the practical needs of Ghana’s nurse managers vary considerably. At Korle-Bu, **Mavis Torgbor, BSc, RN, RM**, a nurse manager in the trauma unit, says that one of the main



Mavis Torgbor

problems is the rate at which accident victims arrive. They come from as far as Cote D’Ivoire and Burkina Faso and from subregions of Ghana. One of the hospital’s chief challenges is that there is not always a bed available.

“We need a better referral system so that we’re more prepared for patient arrivals and a better system of documentation,” Torgbor says. “To implement these kinds of systems, middle managers really need this kind of leadership training.”

Gilmartin and Wesley traveled to Ghana in June 2013 to teach the first week of the program, which emphasized skills for leading teams and improving clinical performance. Wesley also taught the first part of a course on evidence-based practice. She presented the second part of the course four months later in New York, where participants learned about organizational change and strategies to use the new information they had gained when they returned to Ghana.

A highlight of the New York program was a day spent shadowing Harlem Hospital nurse managers—half of whom come from African countries. Harlem Hospital

is one of the College’s clinical teaching partners, and the shadowing program was conceived to take advantage of the cultural diversity of the hospital’s clients and staff.

Although the Ghanaian nurses were impressed with the technology they witnessed at Harlem Hospital—as well as at the College’s Clinical Simulation Learning Center—they focused most ardently on innovations that they could practically bring back to Ghana. Participants took home nurse staffing rosters, patient documentation forms, and change-of-shift reports. The latter, says Gilmartin, are particularly useful, because traditionally one nurse simply talks to the next, sometimes leaving out important information.

“In Ghana nurses are in the early phases of instituting more robust quality-assurance and improvement methods. This type of data collection and documentation is what is needed,” Gilmartin says.

According to one participant, **Mabel Kissiwah Asafo, MSc, RN, RM**, principal nursing officer and regional health



Mabel Kissiwah Asafo

promotion officer for the Ashanti region of southern Ghana, “When we go back home, we want to sensitize nurses to find the research to support evidence-based practice.” She notes that nurses often have to pay for internet connections at home because the connections are too slow during the day at the workplace.

Mavis Torgbor was impressed with Harlem Hospital Center’s falls-prevention program, in which high-risk patients wear wrist bands. Yet, in Ghana, she says, family members are often available to help patients ambulate, so falls are less of a concern.

“These nurses have all accomplished a lot in their careers, but they don’t get a lot of credit.”

“In Ghana,” she says, “we have family units. There is no geriatric ward, because families take on some of those services of care.”

Torgbor was particularly struck by a lack of concern for impoverished people that she observed in New York. On the subway platform, she saw a man whose leg was severely infected. “People ran away from him,” she recalls. “Can’t he go to a hospital and receive care? Does he have no insurance? In Ghana, people would have cared more for him.”

Fellows Seek Improvements in Patient Care

The participants in Ghana Wins! have each undertaken a “change project” on their work units—either alone or as part of a team—to improve evidence-based nursing practice and patient care. Between the June meeting in Accra and the October meeting in New York, participants began mapping out these projects by reviewing literature and refining their plans with the help of nurse faculty coaches, both at NYU and the University of Ghana School.

Several of the participants who work at a regional hospital in the isolated northeastern Bolgatanga area are collaborating on a project to improve hand-washing. Gilmartin and Wesley were surprised to learn that the hospital had merely two sinks with running water. Nurses therefore rinse their hands in water buckets, where water is changed infrequently. In mentoring the Bolatanga nurses, Wesley suggested that they implement Tippy Taps, which are ingenious clean-water devices used around the world. Tippy Taps are made from jugs



Above Henry Tachie-Menson, minister-counsellor of the Permanent Mission of Ghana to the United Nations, congratulated the participants.

Left (From left) Victoria Kusi, associate director, Harlem Hospital Center; Dr. Yvonne Wesley; Denise Soares, executive director, Harlem Hospital Center; Dr. Eileen Sullivan-Marx; nursing student Rachel Eakley; and Alicia Cebada of Mujeres por Africa Foundation attended the October 3, 2013, reception.

of water hung on a string that operate like spigots, so that nurses can wash their hands in running water.

Other change projects include a diabetes-education program at the 37 Military Hospital in Accra led by Major **Mary Amofa Ampofo, BSc, RN, RM**, and a community-based project to bring rural young pregnant women to health care centers for assisted deliveries, spearheaded by Mabel Kissiwah Asafo in Ashanti.

“These nurses have all accomplished a lot in their careers, but they don’t get a lot of credit,” says Gilmartin. “Our goal is to teach them some new skills and practical tools to enhance their effectiveness as leaders and managers. What’s been so inspiring is hearing the participants’ delight in seeing themselves as leaders.”

Overcoming Barriers

Overcoming entrenched professional hierarchies in health care is a significant challenge for these nurses. In working with student nurses to improve physical assessment skills, **Florence Assibi Ziba, MSc, RN**, and **Cecilia Eliason, MPhil, RN**, have run into some resistance from physicians who object to nurses performing tasks traditionally carried out by physicians, such as listening to heart and lung sounds with a stethoscope.

Although Gilmartin and Wesley are aware that their Western leadership

methods may require adaptation to the Ghanaian context, participants report that their training is working. When nurses told Gilmartin and Wesley that they could



Cecilia Eliason

not give an older person or someone in a more senior position direct negative feedback—an important tool for performance improvement—Wesley challenged them to adapt practices that have been successful in overcoming similar boundaries in the West.

“If a physician gives a nurse the wrong order, for example, there are nonconfrontational stock phrases that they can use, like, ‘I am uncomfortable with this order, please come assess the patient,’” Gilmartin says.

These methods are associated with the “SBAR” technique, which was presented by **Kellie Bryant, DNP, WHNP-BC**, director of the Clinical Simulation Learning Center. SBAR, which stands for Situation-Background-Assessment-

Recommendation, is a widely used framework that helps members of interdisciplinary health care teams communicate about patient care. Participants reported that SBAR was one of the chief safety tools that they would use at home.

Still, Wesley cautions that the Ghanaian nurse leaders have a long road ahead: “Now that they have learned how to find the evidence to back up a recommended change, the hard part will be to engage their peers to make change together. But Mujeres por Africa is structuring this program to uplift, whether in nursing, education, or social leadership, and soon they won’t be alone.”

At a reception on October 3, 2013, to celebrate the inaugural cohort of Ghanaian nurses, Dean Eileen Sullivan-Marx of the College of Nursing; Robert Berne, NYU executive vice president for health; Alicia Cebada of Mujeres por Africa Foundation; and Phedra K. Van Kirk, vice president for institutional relations at Santander Universities Global Division, spoke of their admiration for the participants and their hopes that they will succeed in making organizational change.

Henry Tachie-Menson, the minister-counsellor of the Permanent Mission of Ghana to the United Nations, congratulated participants and expressed his hope that they use their knowledge not just for their personal use but for other nurses, all of Ghana, and all of humanity.

Said Florence Assibi Ziba, “I really can’t describe this opportunity. It’s a marvel that we could learn so much in one week. I’ve been provoked, my horizons widened.” ■

Students from NYU Colleges of Nursing and Dentistry and the School of Medicine gathered for an unprecedented educational experience to gain a stronger understanding of one another's roles and responsibilities. Here, dental student Emad Adbou demonstrates the oral exam on a professional actor playing a patient while nursing student Nina Barrett and medical student Luke Ginocchio look on.



PREPARING TO WORK TOGETHER: INTERPROFESSIONAL LEARNING EXPERIENCE

UNITES NURSING, DENTAL, AND MEDICAL STUDENTS

The patient came to Bellevue Hospital Center with a six-month history of fatigue, increased thirst, frequent urination, blurry vision, persistent bad breath, pain while chewing, and sore, bleeding gums. She had not seen a physician since losing her job—and her health insurance—two years earlier.

She could have wound up in a dentist's, physician's, or nurse practitioner's office. But on September 9, 2013, this patient—actually a professional actor trained to play a sick person—had the good fortune to be examined by students of all three professions, working together.

The scenario was part of an unprecedented educational experience, held over three days in September, in which 84 fourth-year dental students, 168 second-year medical students, and 84

nurse practitioner (NP) and nurse-midwifery students gathered in small groups at the New York Simulation Center, operated by NYU School of Medicine at Bellevue. They came together to learn from one another and gain a stronger understanding of the roles and responsibilities of each profession—part of a broader effort to move students toward working collaboratively to improve patient care and safety.

**Nursing, dental,
and medical students
break down silos
before entering the
workforce.**

“There has been a lack of accurate knowledge about the scope of practice of each profession, which actually harms patients,” says **Erin Hartnett, DNP '11, APRN-BC, PCNP**, director of the Teaching Oral-Systemic Health program at the College of Nursing, funded by the U.S. Health Resources and Services Administration. “Interprofessional learning experiences build knowledge about, respect for, and trust of each other's professions.”

Each team of five students met for 75 minutes with a “patient,” documenting his or her case history and taking turns teaching one another how to assess the individual from their unique perspectives. With faculty observing from outside of the room, NP and nurse-midwifery students showed their teammates how to conduct a pulmonary assessment, dental students taught the oral exam, and

medical students demonstrated a cardiac assessment. At the end, each group met with a faculty advisor to discuss their thoughts on the collaboration and the next steps for the patient, which involved using a team approach to managing both the patient's diabetes—the presumptive diagnosis—and periodontal disease.

During the simulation, **Elsie Laryea, RN**, a third-year Adult Primary Care NP student who works on a medical-surgical unit at Montefiore Medical Center, clarified for the medical and dental students the meaning and role of the NP. The other students, she says, had assumed that a nurse practitioner merely assessed patients and then referred them to physicians for care.

"It is extremely important for the disciplines to learn together, and we can learn a lot from each other," Laryea says. "Now, when the dental student graduates, he knows he can refer patients to an NP."

From her dental student teammate, Laryea learned more specifically where in the mouth to look during an exam, how to touch the mouth, and how to apply pressure gently. From her medical teammate, she learned how to distinguish whether the patient had a systolic or diastolic heart murmur.

Fourth-year dental student **Tiffany Ralescu** explained to her team the connection between diabetes and periodontal disease, as well as how dentists treat the latter.



Tiffany Ralescu

"The other students hadn't known that dentists do different kinds of cleanings depending on the situation," Ralescu says. "Above-the-gum cleanings are most common, but if a patient hasn't had

regular cleanings or has genetic issues or plaque buildup below the gums, a dentist needs to clean under the gums. We explained how you numb each quadrant of eight teeth and scrape against the root to remove irritants. They were amazed."

In turn, Ralescu was surprised by the complexity of cardiac tests that medical students conduct, and all noticed that the NP students asked questions with a unique spin, "because they see the full human being as opposed to just the cause of their disease. They asked how the patient was doing psychologically."

Kristin Gomes, RN, a nurse-midwifery student, believes that, as preventive



Kristin Gomes

care takes on greater prominence in the health care system, it will be even more important for health care team members to understand one another's roles for more effective referral and management of patients. She says that her experience working in an interdisciplinary team at Mount Sinai Medical Center has been a largely positive one. Still, Gomes notes, "I was very surprised and empowered by this experience. I found there was a lot of interest in learning what a nurse-midwife and NP are, and how they are different from physician assistants. It was a great opportunity for me to teach the others more about preventive care and about the scope of practice of advanced practice nurses."

Gomes was impressed with her dental partner's presentation of the oral exam and says that she will use the information she learned with all of her patients, but especially with those who are pregnant. The medical students, she says, were very thorough and precise in performing a

physical exam, and Gomes contributed information about adapting the exam to different body types, for example, for those patients who are obese or pregnant.

Allyson Herbst, a second-year medical student who participated in the exercise,



Allyson Herbst

says, "Diabetes involves many aspects of patient care. Even though it's a systemic problem, a patient can present at the dentist's, because the disease presents a number of oral health problems. In addition, physicians and nurse practitioners need to understand the oral aspects of disease, because patients will raise these issues."

Teamwork Improves Quality and Safety

The move toward interprofessional education for health care workers has been gaining steam since the Institute of Medicine released a set of quality and safety reports, beginning in 2001 with the groundbreaking *Crossing the Quality Chasm: A New Health System for the 21st Century*, which pointed to the importance of breaking down silos between professionals before they even enter the workforce.

"Those reports spoke to the need to educate health professionals as high-functioning teams to improve quality and safety in terms of patient care and outcomes," says **Judith Haber, PhD '84, MA '67, APRN-BC, FAAN**, the Ursula Springer Leadership Professor in Nursing and associate dean of graduate programs at the College of Nursing. Haber adds that a *Lancet* report in 2010 fueled the campaign for interprofessional education in health care.

"We didn't start the trend, but we were among the earliest adopters of interprofessional education," says Haber, who



co-directs the Oral Health Nursing Education and Practice (OHNEP) initiative at NYU.

The alliance formed between NYU Colleges of Nursing and Dentistry in 2005 has been a catalyst for collaboration in research, teaching, and practice. The College of Nursing and NYU School of Medicine also have an interprofessional-learning program under way, with a grant from the Josiah Macy, Jr., Foundation, through which the two schools have designed and implemented the NYU₃T (Teaching, Technology, and Teamwork) initiative.

According to **Kenneth Allen, DDS '73, MBA**, associate chair and clinical associate

professor in the NYU College of Dentistry, the September exercise represented a turning point in interprofessional health care education at NYU.

“Throughout the rest of their lives, these professionals should and will be interacting with one another,” says Allen. “Dental students loved it, and everyone benefited.” He adds that the dental students were particularly amused by other students’ inhibitions over putting their fingers in someone’s mouth.

Driving the curriculum for the day was the document *Core Competencies for Interprofessional Collaborative Practice*, published by the Interprofessional Education Collaborative in 2011, which spells out the ways in which the health care professions must deliberately work together to build a better, patient-centered health care system.

Adult Primary Care NP students Elsie Laryea (right) and Minjae Nam (center) talk with dental hygiene student Almas Bhatti (left) about the interprofessional experience during a break.



Leo Sorel

With faculty observing, NP and nurse-midwifery, dental, and medical students, respectively, taught their future colleagues to conduct a pulmonary assessment, oral exam, and cardiac assessment.

Health care has always been a team effort, says **Thomas Riles, MD**, the Frank C. Spencer Professor of Surgery and associate dean of medical education and technology at NYU School of Medicine. But, “where it used to be mainly physicians and nurses working together, now there are other professionals involved, so we really have to think about how teams work, which is essential for patient safety.”

Riles notes that at the New York Simulation Center, nurses and medical residents already train in teams. In obstetrics, for example, a team may consist of nurses, anesthesiology residents, ob-gyns, and even nonmedical hospital staff who might work together to address a problem such as a maternal hemorrhage.

“One thing that really struck home with the students was that none of these professionals can completely handle these patients’ problems by themselves,” says Riles. “Just the simple understanding that a good patient outcome requires the efforts of several people was eye-opening.”

“It was fabulous, amazing,” says Haber. “This was a first-of-a-kind event at NYU, and it was a dream come true, watching these students learn together.” ■



The College of Nursing inaugural faculty council, from left: Drs. Shiela Strauss, Mary Hickey, Michele Shedlin, Madeline Naegle, Ann Kurth, and Ann Marie Mauro. Not pictured: Dr. Marilyn Hammer.

College of Nursing Creates Faculty Council

In June 2013, NYU College of Nursing elected its first faculty council, joining its counterparts within NYU and conforming to practices at many colleges and universities. Faculty councils serve in an advisory role to their deans and administrators, providing important perspectives on a variety of academic and administrative policies related to curriculum, emerging trends in higher education, and faculty welfare and development.

Discussions about the need for faculty governance to increase the open exchange of ideas between faculty and administrators had begun at NYUCN prior to the arrival of **Eileen Sullivan-Marx** as the College's dean. Sullivan-Marx came from the University of Pennsylvania, where such a structure exists, and she responded favorably to faculty concerns, requesting that Professor **Nancy van Devanter, DrPH, EdM, RN, FAAN**, convene a group to explore faculty governance.

"As our student body grew to 1,600 and faculty rose to 65 members, it was clear

that we needed new and more formal avenues for advising our dean and the dean at the College of Dentistry," says Professor **Madeline Naegle, PhD '80, MA '67, CNS-PMH, BC, FAAN**, who was elected to chair the council in June 2013.

A working group of tenured, tenure-track, and clinical-track faculty and research scientists reached out during 2013 to faculty at other private and state-funded schools to gather information on faculty council structures and operations. In May 2013, the working group, under van Devanter's leadership, proposed initial principles for faculty governance. Those principles, which defined the council's role and seven-person voting-member structure, were presented to faculty for an online vote, and were passed.

"This is an important opportunity, particularly for me as a clinical faculty member, to help build a governance structure in the College of Nursing that gives voice to the faculty," says **Mary Hickey, EdD, WHNP, BC**, clinical associate professor, who serves as the council's secretary.

One significant transition that has paralleled the election of a faculty council is that representatives to University-wide and College-specific committees may now be elected by faculty as well as appointed by the dean. The University-wide committees have recommended that a new non-tenure-track faculty senators council be established and are addressing concerns related to shared governance and technology. **Ann Marie Mauro, PhD '98, RN, CNL, CNE**, clinical associate professor, was elected cochair of the University-level Planning Committee, which will make

recommendations about a new governance role for non-tenure-track faculty in the existing Senate. At the College of Nursing level, the primary committees that may benefit from faculty council election and representation include the Curriculum Committee (which provides educational program and curricula oversight) and the Grievance Committee (which provides a venue for unresolved grievances on administrative decisions). Advising the dean on appointments to the Appointments, Promotions, and Tenure Committees at NYUCN and NYUCD is another opportunity for the council.

In addition to changes at NYUCN, the NYU Board of Trustees has formed a "stakeholders group" of student group representatives, faculty members, and trustees, to which College of Nursing professor **Michele Shedlin, PhD**, was elected.

Greater faculty involvement has already led to a vote that resulted in the dean's appointment of Ann Marie Mauro to the Undergraduate Curriculum Advisory Committee and Mary Hickey to the Undergraduate Academic Affairs Committee.

In May 2014, the Faculty Council of the College of Nursing will propose bylaws for faculty governance at the school, which will be put to the faculty for a vote and officially begin a new era at NYUCN.

"This is an exciting time as we work with faculty and administrators to craft a system of faculty governance for NYUCN. We envision an inclusive system that promotes collegiality, respect, and accountability in education and research, policy development, and professional leadership at all levels," Naegle says. ■

The elected members of the Faculty Council serving for the 2013-14 academic year are:

Madeline A. Naegle, PhD, CNS-PMH, BC, FAAN, chair
 Mary Hickey, EdD, WHNP, BC, secretary
 Ann Kurth, PhD, CNM, RN, FAAN
 Marilyn Hammer, PhD, DC, RN
 Ann Marie Mauro, PhD, RN, CNL, CNE
 Michele Shedlin, PhD
 Shiela Strauss, PhD

Maja Djukic answers a stranger's call for help and saves a life.

THE RIGHT PLACE AT THE RIGHT TIME

Nursing Faculty Member Rescues Toddler

A FAMILY SPREADS THE WORD ABOUT CPR

October 13, 2013, started as a typical Sunday for 19-month-old Colin and Griffin Greene. The twins, just awakened from their afternoon naps in their Stamford, Connecticut, home, were drinking sippy cups of milk and eating goldfish crackers. Then the boys' dad, Ryan, noticed that Griffin had taken on a strange appearance and wasn't making any noise.

"It wasn't what you'd expect choking to look like," Ryan Greene says. "He made no noise and was losing color, and it all went downhill from there."

Ryan and his wife, Maureen, saw that Griffin's mouth was full of partially chewed crackers, so they tried back blows and finger sweeps to dislodge the cracker residue. When that didn't work, Ryan, running on pure adrenaline, had the presence of mind to grab the phone to call 911 and run outside, screaming that his son was choking.

In a parking lot across the street from the Greens' townhouse, NYU College of Nursing assistant professor **Maja Djukic, PhD '09, MS '06, RN**, was rollerblading with her husband and stepdaughter when she heard Ryan's yells and saw a woman



From left, Griffin, Maureen, Ryan, and Colin Greene on Halloween 2013.

running out of her house with an infant. Djukic, too, yelled to her husband to call 911, threw off her rollerblades, and ran across the street.

"I said, 'I'm a nurse, what's going on?'" Djukic recalls. Griffin had turned blue and was not breathing. Djukic lay him on the ground and began doing chest compressions while the 911 operator provided guidance on the speaker phone.

Djukic continued the chest compressions for several minutes until Griffin's eyes started to flutter and he started to make noise.

"The 911 operator said to continue to do chest compressions until the baby started crying, and just as the ambulance pulled in, he started to cry," says Djukic, who was still in disbelief when Griffin was whisked away with his parents. About a dozen neighbors were standing outside, and everyone was crying, Djukic recalls. One neighbor, who was holding Griffin's twin brother, said, "Where did you come from?"

"Maja took over immediately," recalls Ryan, who was concerned at first whether she knew what she was doing. "Within a minute we heard the sirens and the ambulance and fire truck arrived. EMTs scooped him up and rushed him to the ER."

Griffin hadn't actually choked but had aspirated several crackers and become asphyxiated when his airway was obstructed by the powder from the crackers. At Stamford Hospital Emergency Department, he was given oxygen and intubated to ensure an open airway in case he experienced further respiratory distress. He was then transferred to the pediatric intensive care unit at Yale Children's Hospital, where he was extubated and a pulmonologist used a bronchoscope to try to remove the cracker particles. Griffin was released after four days and has made a full recovery.

Maureen Greene will remember the words "I'm a nurse" for the rest of her life.

"His first meal was two pancakes, banana, and cheerios," says Maureen. "He hadn't lost his appetite, but we made sure he ate slowly."

The Greenes were so grateful for Djukic's help that they sent a letter to Dean Eileen Sullivan-Marx and invited

"Maja is our angel," Maureen says. "She came out of nowhere in my darkest, most desperate time. When she said 'I'm a nurse,' I'll remember those words for the rest of my life. She also took a risk to help us, because we've since learned that sometimes health care professionals are reluctant to help in the community, because they are concerned about liability. They should know that most states, including Connecticut, have laws protecting health workers who get involved."

Ryan wants other parents to remember that a child can choke on or inhale something as innocuous as a goldfish cracker. "Be vigilant when your little ones are eating, because things happen very quickly," he says, pointing out that Griffin made

no noise when he couldn't breathe. "For us, mealtime and snack time will not be rushed and we'll be watching."

The Greenes are spreading the message to all of their friends and family—especially those with young children—that learning CPR is a very valuable use of a few hours. When their twins were born, they watched an American Red Cross video about CPR, and Maureen had been a lifeguard, but still they were unsure of whether to use back blows, the Heimlich maneuver, or CPR.

"There wasn't much I could do but call 911 and run outside and hope there was a nurse rollerblading by," Ryan says.

Still, the image of at least 10 neighbors who didn't know how to do CPR is seared in Djukic's memory. "When I walked away, I kept thinking that there must be something we can do as a community so that more people know what to do and are willing to do it," she says.

Studies have shown that laypeople are hesitant to perform CPR in an emergency because they lack confidence in their skills, even after training. But there is a greater likelihood of survival if they try any form of CPR, even incorrectly.



Maja Djukic's successful effort to resuscitate 19-month-old Griffin Greene was the lead-in to a December 17, 2013, Personal Health column on infant CPR by New York Times writer Jane E. Brody.

Djukic to their home in November. Sullivan-Marx says that in addition to dialing 911, running outside and yelling for help was the smartest thing that Ryan could have done, because "you never know where a nurse can be."

Djukic concurs, saying: "The more people who know that there's an emergency, the better. The neighbors were able to intercept the ambulance and show them where the house was. That saved a lot of precious seconds."

The American Heart Association is fighting the sense of bystander desperation and reluctance to help by issuing guidelines for people who have not been trained or don't remember how to perform CPR. The procedure—for teens and adults—called Hands-Only CPR (HOCPR) involves providing chest compressions only, at the tempo of the aptly chosen Bee Gees song “Stayin’ Alive.”

“Hands-Only CPR is a simple two-step process that can ultimately save a life,”

says American Heart Association spokesperson Beth Mancini, PhD, RN, FAHA, FAAN, associate dean at the University of Texas College of Nursing. “AHA continues to raise awareness and train all Americans about this lifesaving technique, creating more lifesavers in communities across the United States.”

The AHA recommends that if a bystander witnesses a child choking, he or she should do back blows and abdominal thrusts until the material is expelled. If the baby becomes unconscious, look for something

in the mouth and do chest compressions.

Djukic herself had a moment of worry. “When I saw the baby and the mom, I doubted myself for a minute because it had been several years since I’d worked in clinical practice, and it helped a lot to have the 911 operator on the speaker phone,” she says. “I knew how to do it, but as the research shows, if you don’t do it all the time, you don’t remember exactly.”

Adds Djukic: “In clinical settings, nurses save lives every day. But it was incredible being in the right place at the right time.”

CPR for Bystanders

What can you do?

According to the American Heart Association, if you know CPR, the life you save is likely to be a loved one’s, because 88 percent of cardiac arrests occur at home. “Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim’s chance of survival,” the AHA says.

A study published in the March 2014 issue of *Circulation: Cardiovascular Quality and Outcomes* showed that people who view a CPR instructional video, like this one, are significantly more likely to attempt life-saving resuscitation:

http://www.heart.org/HEARTORG/CPRAndECC/HandsOnlyCPR/DemosandVideos/Demos-and-Videos_UCM_440561_Article.jsp



When is CPR with mouth-to-mouth breathing necessary?

- Infants and children (up to puberty)
- Anyone found already unconscious and not breathing normally
- Any victims of drowning, drug overdose, collapse due to breathing problems, or prolonged cardiac arrest

Is the person breathing? Get down on the ground and watch his or her chest; if it's not rising and/or the lips are turning blue, the person is not getting enough oxygen.

When can you use Hands-Only CPR?

When a teen or adult suddenly collapses with cardiac arrest, his or her lungs and blood contain enough oxygen to keep vital organs healthy for the first few minutes, as long as someone provides high-quality chest compressions with minimal interruption to pump blood to the heart and brain.

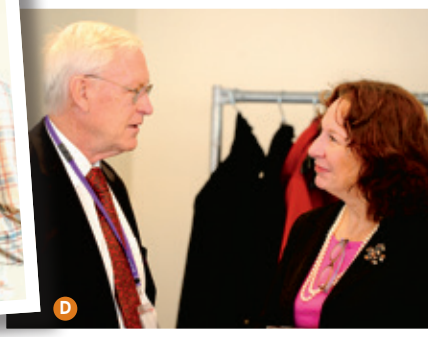
Here's some more advice from the American Heart Association:

UNTRAINED. If you're not trained in CPR, then provide Hands-Only CPR. That means uninterrupted chest compressions of about 100 a minute until paramedics arrive. It's time to brush up on your 1970s tunes, because hands-only CPR should be performed to the tempo of the Bee Gees song “Stayin’ Alive.”

TRAINED IN CPR. If you're well trained and confident in your ability, begin with chest compressions instead of first checking the airway and doing rescue breathing. Start CPR with 30 chest compressions before checking the airway and giving rescue breaths.

TRAINED, BUT RUSTY. If you've previously received CPR training but you're not confident in your abilities, then just do chest compressions at a rate of about 100 a minute.

Find out about CPR training opportunities from the American Heart Association at heart.org. Or, go to redcross.org or call your local American Red Cross chapter (1-800-733-2767).



CELEBRATIONS

Langone Alumni Reception September 25, 2013

- A** Dean Eileen Sullivan-Marx with NYUCN alumna and current master's student Jaimie Lukacs, BS '12; master's student Greta Westman, BS '10; Lea Devins, MS '11; and Renee Sanchez, MS '13.
- B** Kim Glassman, PhD '07, MA '87, NYULMC senior vice president for patient care services and chief nursing officer (right), and Dean Eileen Sullivan-Marx with Alumni Association Board members.

Alumni Day Dean's Luncheon October 19, 2013

- C** Celia Maysles, BS '12, accepts the Alumni Association 2013 Rising Star Award.
- D** Craig Schoon, Steinhardt PhD '74, father of Sara Schoon, BS '13, speaks with NYUCN Clinical Assistant Professor Noreen Nelson.

American Academy of Nursing Reception October 19, 2013

- E** Dean Eileen Sullivan-Marx with Associate Dean for Undergraduate Programs James Pace at the College of Nursing reception at the annual AAN conference. Pace was inducted as a fellow of the AAN.

Vernice Ferguson Lecture on Contemporary Issues October 19, 2013

- F** PhD student Kenneth Faulkner asks a question of keynote speaker Marilyn Hammer as alumni from various NYU colleges listen.

Alumni Day Health Care Lecture October 19, 2013

- G** Guests ask questions of Maja Djukic, PhD '09, MS '06, and Marc Triola, MD '98, following their presentation.



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Ghanaian Nurse Leaders Reception *October 3, 2013*

- H** Nurses from Harlem Hospital Center present gifts to their new friends from the Ghanaian Nurse Leaders Program.
- I** From left, Henry Tachie-Menson, minister-counsellor of the Permanent Mission of Ghana to the United Nations; Roger Kingsepp, NYU director of corporate and foundation relations; Phedra A. Van Kirk, vice president for institutional relations at Santander Universities Global Division; and Dean Eileen Sullivan-Marx.

Hillman Mentoring Reception *November 7, 2013*

- J** Hillman program participants with Linda D'Andrea, director of the Hillman Alumni Nursing Network, and James Pace, associate dean of undergraduate programs (fourth and third from right).

Nursing Alumni Winter Networking Happy Hour *December 5, 2013*

- K** Dean Eileen Sullivan-Marx speaks with guests.
- L** Guests enjoy the food and company.

Valedictory Breakfast *December 17, 2013*

- M** Graduates celebrate at the 2014 Valedictory Breakfast.
- N** Dean Eileen Sullivan-Marx presents Joseph Narus, DNP '12, MA '99, BS '96, with the Maes-MacInnes Clinical Innovation Award.
- O P** New graduates are pinned at the Valedictory Breakfast.



Dr. Rex Wong pours glycerine into a mixture of alcohol and hydrogen peroxide to make hand sanitizer while Francois Mushema, the hospital support technician, and Rose Hogan, the NYU infection control educator for Human Resources for Health, look on. Wong, the director of the Hospital Strengthening Initiative at the Yale School of Medicine, has joined Human Resources for Health to manage the University Central Hospital of Kigali.

STRENGTHENING INFECTION CONTROL IN RWANDA

By Rose Hogan, MS, BSN

Infection Prevention and Control (IPC) is a discipline we are all so familiar with at home that when I arrived in Rwanda, its absence as a recognized priority in the hospital proved uniquely challenging. How do you approach patient care where a constant water supply is not available? Where gloves are infrequently supplied? Where microbiological tests are not routinely available? Where staff members have limited access to IPC training? How can you manage hospital-acquired infections in a situation where patients stay for months? Are malnourished? Are HIV-TB coinfecting?

These challenges, while deeply concerning, are also incredibly motivating because it is my responsibility, as the IPC educator in the Rwanda Human Resources for Health (HRH) program, to find solutions to some of these issues. Based in Kigali,

Rwanda's capital, I am working with the Ministry of Health and the Faculty of Medicine and Health Sciences at the University of Rwanda to begin to address the constraints I mentioned. In addition, an international hospital-management team is supporting several hospital administrations with issues such as procurement, budgeting, and patient flow, which will go a long way toward addressing these issues.

Moving Toward Evidence-Based Practices

The principles of disease transmission are difficult to respect in overcrowded, under-resourced hospitals. But making sure that IPC is given priority is a goal of HRH as it aims to radically alter education for doctors, nurses, and dentists in Rwanda over the next six years. Through my collaborative work with the University of Rwanda, IPC will soon

be integrated across the medical, nursing, and dentistry curricula. We are piloting a number of IPC interventions, such as the local production of alcohol hand gel in hospitals and evidence-based methods of environmental cleaning.

We're also piloting a hospital-acquired-infection (HAI) surveillance system in the main referral hospital. Anecdotally, it seems clear that patients' long stays in the hospital, coupled with malnutrition and ill health to begin with, frequently lead to infection and reduced wound healing. I developed an HAI assessment tool based on clinical findings—since laboratory support is inconsistent—which has been tested in a high-risk burns and orthopedic unit. The tool will be rolled out across the hospital by a trained team of surveyors.

IPC is gaining support in Rwanda. Two senior Rwandan nurses are studying in South Africa for their master's degrees in this area,

and soon they will become resources to the health care system. Additionally, the Ministry of Health has started requiring that district hospitals report their surgical-site infection rates and are linking these to performance-based financing for the hospitals. In addition, this year Rwanda was represented for the first time at ICAN, the Infection Control Africa Network conference in Mombasa, Kenya, where we presented two abstracts from work based in a referral hospital

on antimicrobial medication usage and multidrug-resistant organisms.

Working in any developing country requires that you be flexible. In the short eight months that I have been here, my role has changed to be responsive to the needs in the country. The work is going well, and my Rwandan colleagues are engaged and interested in IPC work; however, adopting newer evidence-based practices while addressing health-systems constraints will take time to bear tangible results.

Outside work, life in Rwanda is endlessly exciting and unpredictable; the most mundane of tasks can become an adventure that crosses language barriers and cultural norms. The landscape here is without parallel—lush, green, truly alive. With such a variety of people from all over the world attracted to live in Rwanda for its development work, emerging business market, and entrepreneurial spirit, there is ample opportunity to meet like-minded people and enjoy this beautiful country. ■

College of Nursing Supporter Visits Rwanda Project

In August, **Glenn Davidson**, the father of **Grace Davidson, BS '13**, and his 16-year-old son, **John**, traveled to Rwanda as part of a fact-finding mission with the organization Bridge2Rwanda. The cornerstone of Bridge2Rwanda is a scholarship program that works with the government to identify top-graduating high school students each year and prepares them to apply successfully to Western universities. The aim is that they will return to Rwanda and help build the country's infrastructure.

While in Rwanda, Davidson, a Texas businessman (and, with his wife, Julie, a donor to the College of Nursing), stopped in on the Human Resources for Health project, where the College is providing 11 faculty members to help build the Rwandan health care system. Glenn and John Davidson spent an afternoon with **April Ricotta, MSW, RN, CNM**, who gave them a tour of the Muhima District Hospital in Kigali, where she is the advisor to the director of nursing.

"The NYU nurses are training Rwandans to reduce infant mortality," Davidson says. "Unfortunately, the medical infrastructure is still very limited. If we can train qualified nurses and community health workers with a set of midwifery skills, this will clearly save lives. Since NYU has been there, we're having success."

Ricotta and her staff have stimulated a number of changes in the hospital. Improvements in nursing and midwifery chart documentation are under way. Ricotta and her Rwandan colleagues have also developed a new staff-orientation protocol, implemented a code of conduct that emphasizes accountability and expectations, and developed a new system of patient assignments in the labor and delivery unit that are intended to produce stronger relationships between staff and their patients.

Davidson knew that the hospital would be less well equipped than one in a wealthier country, but he was still surprised by its limited resources.

"I was taken by April's enthusiasm in a very difficult environment," Davidson says. "One of the more impressive aspects is that the NYU nurses are focusing on what is achievable . . . by teaching basic skills."

Davidson says he is extremely impressed by the achievements of President Bill Clinton and the Clinton Health Care Initiative—which provides consultation to Human Resources for Health.

"Clinton has said that his single largest regret is that he didn't react more aggressively during his presidency to the unfolding Rwandan genocide. What he's done in Rwanda since leaving the presidency is amazing."

Davidson's impressions of Rwanda were borne out by the young scholars with whom he spoke on his Bridge2Rwanda visits. "They didn't want to talk about television or life in the United States but rather what they were going to do to help Rwanda. They wanted me to hear their stories and their commitment to making the country a better place."

Davidson adds that Rwandans are broken-hearted over the genocide but committed to building a better country.

"The enthusiasm among Rwandan youth for building a better Rwanda is quite remarkable," he says. ■



Glenn Davidson (far right) toured the Muhima District Hospital in Kigali with (from left) his son, John; Jean Bosco Byukusenge, director of nursing; and April Ricotta, advisor to the director of nursing for Human Resources for Health.

IN FOCUS:

Bringing a Hidden Killer out of the Shadows

Since 2007, there have been more deaths in the United States from the hepatitis C virus (HCV) than from HIV. Yet, HCV is like “the stepsister of HIV,” neglected by the public-health system,” says **Holly Hagan, PhD**, a professor at the Center for Drug Use and HIV Research (CDUHR) at the College of Nursing. The

rise in deaths, reported by the Centers for Disease Control and Prevention, took many by surprise even though it had been predicted for many years.

“We know how to prevent and treat this infection, but we’re not using the knowledge that we have,” says Hagan, who emphasizes that HCV’s

neglect stems from its association with drug use. “Stigma keeps people from seeking screening and medical care because they don’t want to be labeled as drug users.”

In 2013, Hagan was awarded a four-year, \$2.6 million National Institutes of Health/National Institute on Drug Abuse R01 grant for the HCV Synthesis Project to study the effects of combining harm reduction, substance-use treatment, and HCV treatment on HCV epidemiology and to develop recommendations for the control of the disease. The project focuses on the three most-affected populations: older injection drug users, of whom as many as 60 to 70 percent already have chronic HCV infection; HIV-positive men who have sex with men and are acquiring HCV sexually; and prescription opioid misusers. Opioid misusers are at risk, Hagan explains, because as their addiction escalates, they require higher doses of



expensive prescription drugs, and many turn instead to heroin injection.

According to Hagan, many New York City hospitals are experiencing an onslaught of HCV-related liver disease—often among baby boomers who were unaware that they had acquired the disease decades earlier. The death of singer Lou Reed from HCV-related liver cancer is sure to raise awareness of the long-term implications. Although slow to develop, chronic HCV causes liver damage, which can lead to cirrhosis and hard-to-treat liver cancer. Following infection, 10 to 20 years may pass before people begin to feel symptoms and seek medical attention.

“We’re still experiencing the first wave of the disease burden from the epidemic of injection drug use that began in the 1960s,” Hagan says. “Subsequent waves will include the new heroin injectors who transition from prescription opioid misuse.”

Literature shows that harm-reduction methods such as syringe exchanges and opiate-substitution (such as methadone) programs can prevent HCV transmission. However, the high prevalence of the infection in drug-using communities dwarfs the impact of these efforts. HCV treatment that results in a cure can help to reduce prevalence and improve the effectiveness of harm reduction.

Newer HCV treatments show tremendous promise, and those who take the 12-week course of medication are 80 to

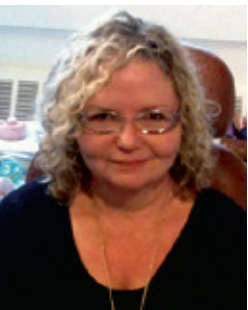
100 percent likely to be cured. But the treatment costs \$84,000 per person, and, according to Hagan, some clinicians are reluctant to prescribe it because they may believe that patients with a history of drug injection either will not adhere to the treatment or will continue to use drugs and become reinfected.

Yet Hagan counters, “The literature indicates that the rate of reinfection is extremely low—fewer than 5 percent for those drug users who are cured. Studies show that drug users will change their behavior to protect their health and avoid transmitting infection to others. This counters the perception that they are “out of control.”

After completing an extensive meta-analysis of research on HCV transmission, prevention, and treatment, Hagan will work with colleagues at John Jay College of Criminal Justice and NYU School of Medicine to build mathematical models that test the potential impact of various combinations of interventions. “Which combination works best for the community, and at what cost?” she asks.

Hagan hopes that the results of her study will directly influence HCV public policy, which is urgently needed. Her team will use social media to distribute their findings very widely in ways that will be accessible to public-health workers and the affected population.

“One of the most important means to control this disease is removing the stigma so that people will come forward for screening and treatment. Once they are diagnosed, they need health care providers willing to treat them. Without this, HCV will be with us a very long time,” she says. ■



Dr. Holly Hagan

Nursing Policy Leaders Speak at the College

Sally Cohen: Nurses Need Seats at the Decision-Making Table

By Cathy Finlayson, MS, RN, OCN, and Fay Wright, MS, RN, APRN-BC, PhD students in the College of Nursing

On February 27, 2014, visiting scholar **Sally S. Cohen, PhD, RN, FAAN**, presented “Policies and Politics of Integrating Health Policy into a Nursing Doctoral Program” to an audience of more than 40 members of the NYUCN community, including deans, faculty, and students. Cohen is the Virginia P. Crenshaw Endowed Chair, associate professor, and director of the RWJF Nursing and Health Policy Collaborative at the University of New Mexico.

Cohen offered compelling evidence of the need to integrate health policy into doctoral programs so that research can be disseminated to bring about change. “It is not enough to conduct research; it is imperative that we know how to take the evidence

that is generated to change legislation to improve health care,” she said.

She emphasized that for nursing to have a “seat at the table” whenever policies are debated in the health care, social, or economic realms, there must be a shift in how doctoral programs prepare nurses. Multidisciplinary collaboration with faculty from public health, economics, sociology, and anthropology is essential. It is crucial, she said, that nurses learn and adapt to the language of public health to be effective advocates for patients, and nursing programs must partner with key players, such as the American Nurses Association, to have a collective voice.

The practical application of Cohen’s advice applies to clinicians and researchers alike, says **Susan Sullivan-Bolyai,**

DNSc, MN, RN, CNS, FAAN, who heads the College’s Florence S. Downs PhD Program in Nursing Research and Theory. “If you want support for your research or clinical program from government officials, hospital administrators, or philanthropists, you have to think from the start about the policy implications. Can this intervention be implemented? How much will it cost? Will insurance cover it?” she said.



Dr. Sally Cohen speaks with students.

Judith Shamian: Nurses Must Expand Global Power, Presence

Judith Shamian, PhD, MA '84, RN, FAAN, president of the International Council of Nurses (ICN) and immediate past president of the Canadian Nurses Association, led a discussion of the role of nursing in global health policy at the College of Nursing on February 24, 2013. Shamian focused particularly on the need for nurses to be stronger policy leaders in both developed and developing countries.

Shamian is working with the World Bank and other multilateral institutions to build relations with nurses and increase their participation in high-level strategy discussions about strengthening global health systems and human resources. She emphasized three key policy issues that will present challenges for health systems and the nursing profession specifically. These include aging populations, the increasing

burden of noncommunicable diseases, and the demands that universal access to health care will place on nursing human resources.

Shamian added that nurses must build and nurture relationships and acquire advanced education in other fields, such as economics, public policy, and engineering. Such exposure will help them understand the multidimensional factors affecting nursing practice and patient care and enhance interprofessional collaboration.

In closing, Shamian said, “In the midst of changing globalized health care systems, it is critical for nurses to expand their power, position, and presence to continue to improve patient outcomes while advocating for the profession.” ■

From left, Drs. Ann Kurth, Judith Shamian, Eileen Sullivan-Marx, Lynn Videka, dean of NYU Silver School of Social Work, and Stuart Hirsch of NYU College of Dentistry.



Welcome New Faculty!



Amy Witkoski-Stimpfel, PhD, RN, assistant professor, joins NYUCN from the Center for Health Outcomes and Policy Research at the University of Pennsylvania. Witkoski-Stimpfel's scholarship explores the relationship between acute-care nurses' working conditions and patient and nurse outcomes. Her

research findings have been published in a variety of health policy and nursing journals, and she is completing a study on patient satisfaction in Magnet and non-Magnet hospitals.



Ann-Margaret Dunn-Navarra, PhD, CPNP-BC, assistant professor, received her MS, MPhil, and PhD degrees from Columbia University School of Nursing. She spent 15 years as a pediatric nurse practitioner and assistant clinical director of the Program for Children and Adolescents with AIDS at New York-

Presbyterian Hospital/Weill Cornell Medical College, where she collaborated with a multidisciplinary team to help improve health outcomes for children and adolescents with HIV infection. Dunn-Navarra's widely published research includes NIH-funded pre- and postdoctoral fellowships and has addressed the association between beliefs and antiretroviral adherence among HIV-infected adolescents.



Rona Faye Levin, PhD '81, RN, clinical professor and director of the Doctor of Nursing Practice program, is a leading educator on nursing research and evidence-based practice at all educational levels and in the practice setting. Levin—who is frequently sought to mentor nurses in clinical practice and

doctoral students—has held numerous academic positions at Pace University's Lienhard School of Nursing, Felician College, and Adelphi University. She previously served as chair of the Foundation of New York State Nurses Center for Nursing Research Planning Committee.



Linda L. Herrmann, PhD, RN, CRNP, clinical assistant professor, is a nurse practitioner whose clinical and research concentrations are acute neurological injury and acutely injured older adults. Her research on older adults following hospitalization for mild to moderate traumatic brain injury has led to

provocative insights into the factors contributing to their recovery. Herrmann maintains an active clinical practice, where she has expertise in neuroscience, neurological surgery, gerontology, trauma, and symptom management.

Faculty News

Joyce K. Anastasi, PhD, DrNP, MA '82, FAAN, Lac, director of the Division of Special Studies in Symptom Management (DS3M) and **Bernadette Capili, DNSc, NP-C**, associate director of DS3M, along with coauthors Donald J. McMahon and Colin Scully, received the 2013 Article of the Year Award on November 23, 2013, from the Association of Nurses in AIDS Care for their JANAC article "Acu/Moxa for Distal Sensory Peripheral Neuropathy in HIV: A randomized Control Pilot Study."

Wendy Budin, PhD '96, who holds a joint appointment with the College of Nursing and NYU Langone Medical Center, where she is the director of nursing research, received the Agnes and Rosemary Ludden Award for Innovative Nursing Practice on September 25, 2013, at the NYU Langone Nursing Alumni Reception.

Elizabeth Capezuti, PhD, RN, FAAN, adjunct professor, received the Leadership in Aging Award on October 18, 2013, from the American Academy of Nursing supported by The John A. Hartford Foundation. In January 2014, Capezuti transitioned to Hunter-Bellevue School of Nursing, where she holds the Hearst Foundation Chair in Gerontology.

Deborah Chyun, PhD, RN, FAHA, FAAN, executive associate dean and professor, has been named the 2013 Distinguished Nurse Researcher by the Foundation of New York State Nurses. The award will be presented in fall 2014. On February 28, Chyun was inducted into the Sigma Theta Tau International Nurse Researcher Hall of Fame.

Tara Cortes, PhD '76, MA '71, RN, FAAN, executive director of the Hartford Institute for Geriatric Nursing at NYUCN, was selected as one of 25 key members of the New York/New Jersey nursing community in honor of the 25th anniversary of Nurse.com. She is a health and aging policy fellow, part of the American Political Science Association congressional fellowship program.

Marilyn A. DeLuca, Wagner PhD '00, Wagner MPhil '95, RN, adjunct professor, is coeditor with Agnes Soucat of the book *Transforming the Global Health Workforce*, published in September 2013 by the College of Nursing. The book, including the works of 40 thought leaders from across the globe, is intended to contribute to knowledge on human resources for health as well as to inform funders, policy makers, and implementers interested in ensuring the availability of competent health care workers across settings.

Mattia Gilmartin, PhD, RN, senior research scientist, was elected as a fellow of the New York Academy of Medicine on January 28, 2014.

Marya Gwadz, PhD, senior research scientist, is principal investigator on the grant "Advancing Research on Youth Settings by Exploring Program Quality and Outcomes for Runaway/Homeless Youth," a three-year, \$600,000 award from the William T. Grant Foundation. Her co-investigators are senior research scientists **Noelle Leonard, PhD**, and **Chuck Cleland, PhD**. Gwadz also has been awarded a one-year grant for "Addressing Racial/Ethnic Disparities in HIV/AIDS Research: NYU Recruitment Registry" from the NYU Clinical and Translational Science Institute.

Marilyn Hammer, PhD, DC, RN, assistant professor, will receive the Foundation of New York State Nurses 2013 Rising Nurse Researcher Award in fall 2014. Hammer was honored on April 11, 2014, as the recipient of the Presidents' Circle Research Award by the Eastern Nursing Research Society for her pilot study "Exercise for Glycemic Control to Improve Outcomes in Patients with Cancer."

Mary Hickey, EdD, WHNP, BC, clinical associate professor, received a pilot award from the Pless Center for Nursing Research at the College of Nursing for the study "A Qualitative Exploration of Emergency Contraception Users' Perception of Risk for Sexually Transmitted Infections and Future Unintended Pregnancy."



Eileen Sullivan-Marx, PhD, RN, FAAN, dean of the College of Nursing (above center with Pamela Cacchione, PhD, and Kimberlee Gretebeck, PhD), was honored with the 2013 Doris Schwartz Gerontological Nursing Research Award by the Gerontological Society of America. This honor is given to a member of the society in recognition of outstanding and sustained contributions to geriatric nursing research. The award was presented in November at the society's annual meeting in New Orleans. Sullivan-Marx is a nationally recognized leader in the care of older adults. Her research has focused on improving functional outcomes of older adults, identifying factors that promote and prevent exercise in the community for frail older adults, and advancing nursing roles in interprofessional teams.

Ann Kurth, PhD, RN, FAAN, professor, executive director of NYU College of Nursing Global, and associate dean for research, NYU Global Institute of Public Health, was elected on October 21, 2013, to the Institute of Medicine. Kurth, who was recommended by Terry Fulmer, PhD, ADCRT '01, RN, FAAN, former dean of NYU College of Nursing and an IOM member, is one of 70 new members and 10 foreign associates elected by the IOM during its 43rd annual meeting. Election to the IOM is considered one of the highest honors in the fields of health and medicine and recognizes individuals who have demonstrated outstanding professional achievement and commitment to service. In addition, Kurth was appointed on February 7, 2014, to a four-year term on the U.S. Preventive Services Task Force, an independent volunteer panel of national experts in prevention and evidence-based medicine.

Maria A. Mendoza, EdD, RN, ANP, GNP-BC, CDE, clinical assistant professor and program coordinator of the College's Nursing Education Master's and advanced certificate programs, became a certified nurse educator in January 2014.

Mathy Mezey, EdD, RN, FAAN, cofounder of the Hartford Institute for Geriatric Nursing at the College of Nursing, is retiring this spring from the College of Nursing after 22 years of service. The John A. Hartford Foundation has endowed a Nurses Educational Funds Geriatric Nursing Scholarship in her honor. The naming of the scholarship recognizes her life-long work dedicated to geriatric nursing education and to improving the quality of care for older people. The Mathy Mezey Fund will provide financial assistance to students specializing in geriatric nursing at both the master's and doctoral levels.

Leslie-Faith Morritt Taub, PhD, ANP-C, GNP-BC, CDE, CBSM, FAANP, clinical associate professor and coordinator of the Primary Care Adult Nurse Practitioner Program, has been named to serve on the editorial board of the *Journal of the American Academy of Nurse Practitioners*, beginning in January 2014.

Madeline A. Naegle, PhD '80, MA '67, CNS-PMH, BC, FAAN, professor, and **Noelle Leonard, PhD**, senior research scientist, were awarded a \$10,000 pilot grant from the Pless Center for Nursing Research at the College of Nursing for the study "It's Ladies' Night: Feasibility of a Mobile Health Technology for Problem (Risky) Drinking by Undergraduate Women."

Hila Richardson, DrPH, RN, FAAN, who retired in April from her faculty position at the College of Nursing, is the coleader of the New York State Action Coalition for the Future of Nursing. The coalition is part of a collaboration created by the Robert Wood Johnson Foundation and the AARP Foundation to implement the recommendations set forth in the Institute of Medicine's 2010 report *The Future of Nursing: Leading Change, Advancing Health*.

Larry Slater, PhD, RN-BC, CCRN, clinical assistant professor, was accepted as a participant in Sigma Theta Tau International's Nurse Faculty Leadership Academy, which will take place over the next two years and culminate at the STTI biennial convention in 2015. The academy, in partnership with the Elsevier Foundation, enhances the personal leadership development of new nurse faculty to promote faculty retention and cultivate high-performing, supportive work environments in academia.

Allison Squires, PhD, RN, assistant professor, will work for four months with the World Bank on its project "Strengthening Human Resources for Health Policies in Developing Countries." Squires — the only health professions representative on the team — will collaborate with health economists to apply a

labor-economics approach to analyzing health-professions education and its links to health workforce development. The aim is to make policy recommendations on strengthening institutions that facilitate the production of health care workers in low- and middle-income countries. Research conducted by Squires with her Temple University colleague Matthew O'Brien, MD, was highlighted by CHW Central, a website dedicated to providing evidence-based resources for community health workers, program managers, and researchers.

Susan Sullivan-Bolyai, DNSc, RN, CNS, FAAN, associate professor, who joined the College in September 2013, has been named director of the Florence S. Downs PhD Program in Nursing Research and Theory. Sullivan-Bolyai spent many years working in pediatric acute care as a certified nurse specialist and case manager with families whose children had physical or developmental chronic conditions.

Yvonne Wesley, PhD '00, RN, FAAN, adjunct associate professor, was inducted by the Rutgers School of Nursing as an Honorary Nursing Ambassador. Wesley was honored on November 25, 2013, for her longstanding support of nursing education and commitment to promoting wellness in underserved communities and eliminating health disparities. ■



Ann Marie Mauro, PhD '98, RN, CNL, CNE, clinical associate professor, facilitated the opening session of the 6th Annual Robert Wood Johnson Foundation New Careers in Nursing (NCIN) Program Liaisons Summit in Washington, DC, on the topic of shifting organizational culture. NCIN alumnus **Luis Sanchez-Vera, BS '13** (pictured above, far left, with the NCIN Scholars Network), helped to present the next steps for developing the network into a national support system.

Students in the News



Above The Asian Pacific Islander Nursing Students Association organized a trip to the Christmas concert at Carnegie Hall on December 17, 2013.

Right The group also held a collection in November 2013 for the victims of Typhoon Haiyan. Students raised \$700, which, with a \$500 match by the Sigma Theta Tau Upsilon Chapter, was donated to Oxfam. From left, **Goldie Choi**, **Stacy Alabastro**, and **Khristine Arrieta**, all class of 2014.



Lauren Gerchow

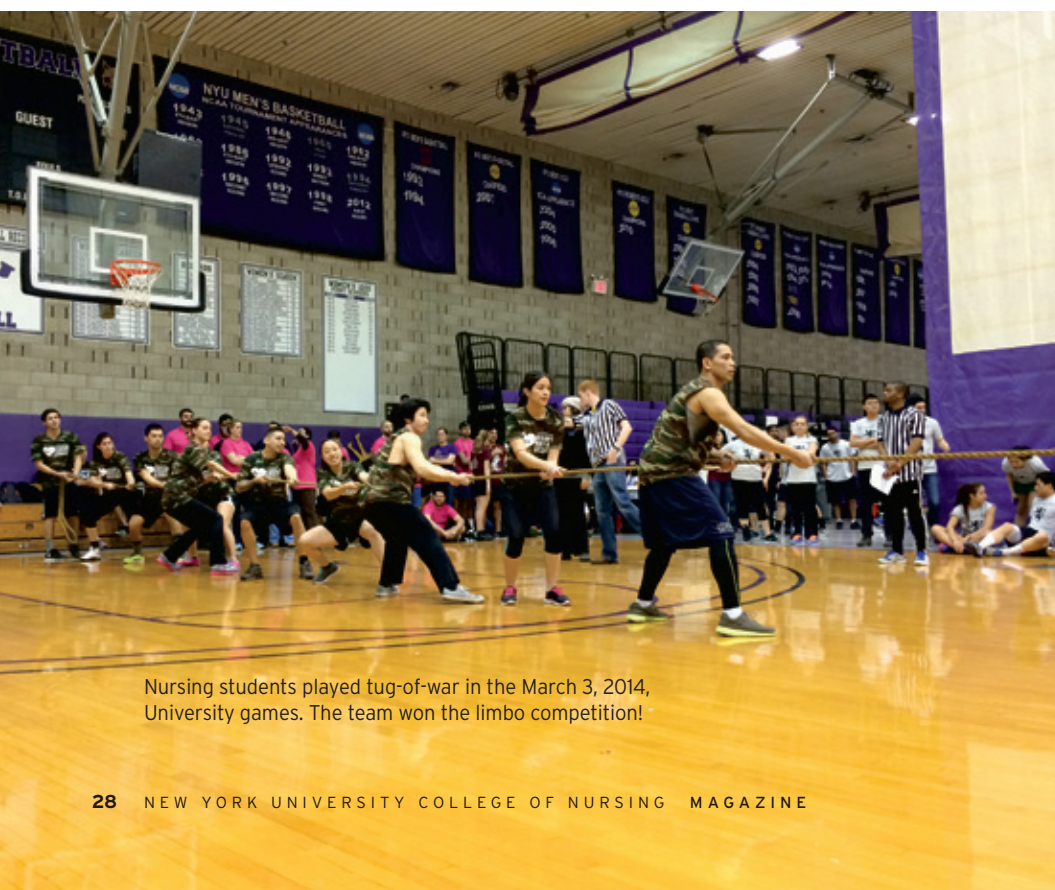


Aubrey Richardson

Student Research Is Presented, Published

An abstract by College of Nursing master's degree student **Lauren Gerchow, BS, RN**, with faculty mentor **Allison Squires, PhD, RN**, was accepted for a paper presentation by the Eastern Nursing Research Society. The study, "Obesity, Food Patterns, and Latina Women: A Metasynthesis," was completed as part of an interprofessional research collaboration with **Melanie Jay, MD '09**, of the NYU School of Medicine's HRSA-funded Research on Medical Education Outcomes (ROMEO) group. The results of the metasynthesis have helped contribute to ROMEO's work developing curricula on obesity reduction in urban Latino populations. Gerchow and Squires' related paper, "Latina Food Patterns in the United States: A Qualitative Metasynthesis," has been accepted for publication in *Nursing Research*.

NYUCN Global sponsored the participation of **Aubrey Richardson, BS '14**, in Vanderbilt University's "Nursing Leadership in Global Health Conference: Developing Pathways for Effective Advocacy and Action." Aubrey's poster, "The Role of the Trained Nurse in Addressing Barriers to the Administration of Magnesium Sulfate in Developing Countries," written under the guidance of **Allison Squires, PhD, RN**, was selected for presentation. She attended the conference with **Ann Kurth, PhD, RN, CNM, FAAN**, executive director of NYU College of Nursing Global, in Nashville in February 2014. ■



Nursing students played tug-of-war in the March 3, 2014, University games. The team won the limbo competition!



Above Members of Men in Nursing grew mustaches in November 2013 to raise awareness of men's health.

Selected Faculty and Research Scientist Publications

Marie Boltz

Capezuti, E., **Boltz, M. P.**, Shuluk, J., Denysyk, L., Brouwer, J.P., Roberts, M.C., **Dickson, V.V.**, Cline, D.D., Wagner, L.M., Fairchild, S., Kim, H., & Secic, M. (2013). Utilization of a benchmarking database to inform NICHE implementation. *Research in Gerontological Nursing*, 6(3), 198-208. doi: 10.3928/19404921-20130607-01.

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Kolanowski, A., Van Hartsma, K., Resnick, B., & **Boltz, M.** (2014). A new toolkit for behavioral health. *Journal of the American Medical Directors Association*, published online January 30, 2014, doi: 10.1016/j.jamda.2014.01.003.

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Mary Brennan

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Ab Brody

Hung, W., Rossi, M., Thielke, S. M., Caprio, T., Barczy, W., Kramer, G., Kochersberger, G., Boovkvar, K., **Brody, A. A.**, & Howe, J. (2014). A multi-site geriatric education program for rural providers in the veteran healthcare system (GRECC-Connect). *Gerontology and Geriatrics Education*, 35, 23-40. doi: 10.1080/02701960.2013.870902.

Wu, F., Newman, J. M., Lasher, A., **Brody, A. A.** (2013). Effects of initiating palliative care consultation in the emergency department on inpatient length of stay. *Journal of Palliative Medicine*, 16(11), 1362-1367. doi: 10.1089/jpm.2012.0352.

Chuck Cleland

Marsch, L. A., Guarino, H., Acosta, M., Aponte-Melendez, Y., **Cleland, C.**, Grabinski, M., Brady, R., & Edwards, J. (2014). Web-based behavioral treatment for substance use disorders as a partial replacement of standard methadone maintenance treatment. *Journal of Substance Abuse Treatment*, 46(1), 43-51. doi: 10.1016/j.jsat.2013.08.012.

Victoria Vaughan Dickson

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Mattia Gilmartin

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Marya Gwadz

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Holly Hagan

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Christine Kovner

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Barbara Krainovich-Miller

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Michele Shedlin

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Larry Slater

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Allison Squires

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Shiela Strauss

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Susan Sullivan-Bolyai

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Ann Witkoski-Stimpfel

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GREETINGS

from Donna McCabe, Alumni Association President

Dear Fellow Alumni,

It's been seven months since I assumed leadership of the College of Nursing Alumni Association, and I am happy to say again how thrilled I am to be your president. I volunteer to be involved with the Alumni Association to help the College and its alumni forge lifelong bonds and grow together with the NYU community. It's been a year full of activities and opportunities to meet and connect with many of you.

I bring you the Alumni Association's most exciting news—we reached our goal of \$200,000 toward naming the Alumni Lecture Hall in our new building under construction and fulfilled our commitment to the College of Nursing. **We did it together!** This was accomplished with the tremendous effort of the two Fundraising Committee cochairs, **Ann Marie Mauro, PhD '98**, and **Madeline Naegle, PhD '80, MA '67**; the leadership of past presidents **Wendy Budin, PhD '96**, and **Maria Dolce, PhD '09, MA '85, BS '79**; and the efforts and support of the entire Alumni Association Board, past and present. In addition, we thank former dean **Terry Fulmer, ADCRT '01**, and interim dean **Judith Haber, PhD '84, MA '67**, for their support and Dean Eileen Sullivan-Marx for issuing a Challenge Match that helped us, in the home stretch, to reach our goal. We also could not have accomplished this goal without the amazing support of our dedicated team in our Alumni Relations and Development office. **We could not have done it without all of you!** I would like to note that there are still seats available for

you to name for yourself, a loved one, or a mentor. Please contact Nadège Roc at 212-992-8580 or nadege.roc@nyu.edu for more information.

I was happy to see many of you who came to College of Nursing events throughout the year. Alumni Day this past October was a beautiful fall day in Washington Square! Assistant Professor Marilyn Hammer, PhD, DC, RN, the Ferguson Faculty Award recipient, provided the Vernice Ferguson Lecture on Contemporary Issues, "The Life and Times of Cancer: Where Do We Go from Here?" and NYUCN faculty and Alumni Board member **Maja Djukic, PhD '09, MS '06**, with NYU School of Medicine faculty member Marc Triola, MD '98, led a discussion on interprofessional education innovations. Alumna **Celia Maysles, BS '12**, received the 2013 Rising Star Award and shared challenges and highlights of her new career in a busy New York City emergency department.

In December and March, the Alumni Association hosted Alumni Happy Hours—fun events to connect with alums and students. In February, the College hosted the Estelle Osborne Recognition Ceremony, where we honored double alumna **Beverly Bonaparte, PhD '77, MA '73**, dean and professor of nursing at St. George's University in Grenada, West Indies. In April, we had one of the most important events of our year, the Recent Graduate Workshop. This event provides valuable tools to recent graduates and senior nursing students for their career

searches, such as resume writing, interviewing skills, and help with the online job application process. On Friday and Saturday, June 13 and 14, the University will host a first-time event, an NYU Leadership Conference for all alumni volunteers. The program promises to be pretty fantastic, with a dinner cruise on the Hudson River on Friday evening. Please take a look at our Save the Date box for additional spring events and look out for announcements from the alumni office.

The College now has a newsletter, *Alumni Connections*, which encourages exchanges among alumni. I enjoyed the first issue, especially reading about the adventures of **Ricki Richards, BS '12**, in Africa with the Peace Corps, and I hope you did too. Please send your own stories, best memories of NYUCN, personal and professional news, and updated contact information to nursing.alumni@nyu.edu.

It's been an all-around amazing first year, and I am looking forward to continuing the effort to cultivate lasting relationships with our alums! As always, you can email me at donna.mccabe@nyu.edu. I hope to see you in the coming months, and I would like to send this message to any alumni who have not yet made their way back to NYU: *It is well worth the effort!*

With warm regards,

Donna McCabe
DNP, MA '02, APRN-BC, GNP, CWCN



Wendy Budin Brings Innovation to Nursing Care

By Jill Grossman

Wendy Budin, PhD '96, always wanted to be a nurse. She loved science and saw the tremendous respect her mother had for the nurses with whom she worked at their local hospital. When Budin was 10, the hospital's director of nursing gave her advice she still carries with her: "If you are going to become a nurse, get a four-year degree. Education is very important."

A self-described lifelong learner, Budin is the director of nursing research at NYU Langone Medical Center (NYULMC) and an adjunct professor at NYU College of Nursing. Her own research has gained her a reputation as a national and international leader in perinatal education and breast cancer research.

Budin describes her joint appointment as her dream job, as she gets to guide the NYULMC nursing staff in evidence-based practice and to inspire nurses to become involved in research, just as she did as a PhD student at NYU 20 years ago, when she began studying breast cancer, a disease that had taken her own mother when Budin was in college. It is through research, she says, that science can advance and patient care will improve.

Budin's recent appointment as president-elect of the Eastern Nursing Research Society, the leading organization promoting nursing research in the eastern United States, is a testament to her impact. Thanks to Budin's collaborative research on women's adjustment to having breast cancer, health care providers are targeting appropriate interventions for patients and their partners to alleviate symptoms experienced during treatment, recovery, and survivorship. Her research on hospital practices associated with breastfeeding has influenced policy changes like those at NYULMC, where newborn babies are now immediately placed skin-to-skin on

Thanks to Budin's collaborative research on women's adjustment to having breast cancer, providers are targeting interventions for patients and their partners to alleviate symptoms.

their mothers' chests after birth, mothers and babies are kept together, breastfeed-ing is supported, and fathers are allowed to spend the night with their partners and new babies. NYULMC is also making proactive changes to create a better work environment for its nurses based on Budin's research that showed an alarming degree of bullying—including insults, humiliation, and other abusive behavior—facing nurses across the country in the workplace.

Budin credits NYU with giving her the research skills and inspiration to devote her working life to improving the experiences of nurses and their patients. Through NYU she found career-long mentors and colleagues, including **Carol Hoskins, PhD '78, MA '73**; **Judi Haber, PhD '84, MA '67**; **Terry Fulmer, PhD, ADCRT '01**; and **Barbara Krainovich-Miller, EdD, RN, PMHCNS-BC, ANEF, FAAN**. Even before attending NYU, the University's alumni influenced her. While Budin was an undergraduate nursing student at Adelphi University, **Jacqueline Hott, PhD '72, MA '53, BS '46**, inspired her to pursue a career in maternity care. Describing Budin as "alert, responsive, interested, earnest, and emphatic," Hott

says, "It was so rewarding to have a student who can pick up an idea and go." For all these reasons, Hott chose Budin as her coauthor of the sixth edition of the classic text, *Notter's Essentials of Nursing Research*, in 1999.

Budin's nursing career began in the busiest maternity ward in Detroit, at Hutzel Women's Hospital, while she taught at nearby Wayne State University. In the mid-1970s, she and her husband moved to New Jersey, where she became head nurse of labor and delivery at Elizabeth General Hospital. Innovative at the time, the hospital practiced family-centered care and allowed fathers in the delivery room, encouraging natural childbirth as an option as well as "rooming-in"—keeping mothers and babies together during their hospital stay. Budin also taught Lamaze and parenting classes and completed her master's degree in nursing at Seton Hall University.

Helping women cope with labor has always inspired her. "The wonder inspired by birth can never be tarnished by repetition," she says.

Budin has been active with Lamaze International for over 30 years, serving as chair and longtime member of the certification council. Although her busy career no longer affords her the chance to assist women in labor and delivery, Budin does occasionally provide labor support to close family friends. She has also passed on her passion to one of her three daughters, who has recently become a Lamaze-certified childbirth educator.

Budin's work has been far-reaching. She is editor in chief of the *Journal of Perinatal Education*. She has served on numerous advisory groups and expert panels, including those at the American Academy of Nursing, Robert Wood Johnson Foundation, and the Susan G. Komen Breast Cancer

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Alumna Diana Mason Takes the Helm at AAN



When **Diana Mason, PhD '87, RN, FAAN**, began her doctoral studies at NYU in 1981, she planned to study the relationship between poverty and health—a concern that she says

was awakened by reading *Time Magazine* stories on global disparities in her high school civics class. Her views were deepened at West Virginia University, where as a nursing student she made home visits to families whose cracked walls exposed them to the elements, whose members suffered from tuberculosis and black lung disease, and who had little access to contraception.

Yet as Mason perused the literature of health and poverty as an NYU graduate student, she realized that plenty of research had been conducted. The challenge lay in using that research to develop better policies and the political will to put them into action—a goal that now drives her as the newly elected president of the American Academy of Nursing (AAN).

Mason's success in raising public health issues and putting her ideas into action was celebrated on March 27, when she received the College of Nursing Doval Education Award. (The award was established by faculty member Mathy Mezey in memory of her parents, Rose and George Doval.) Mason was honored for her many achievements as an educator, including coauthoring the widely used textbook *Policy & Politics in Nursing and Health Care*, now in its sixth edition. Mason teaches a master's-level course in health policy and health systems and a DNP-level course in population health at Hunter College, City University of New York, where she is the Rudin Professor of Nursing.

But Mason's work as a public-health educator has taken place largely in the public eye—on the airwaves and in print—where, she says, journalism has served as her “clinical practice.” She was editor in chief of the *American Journal of Nursing* for 10 years, and since 1986 she has coproduced *Healthstyles*, a radio talk show on WBAI-FM, with **Barbara Glickstein, BS '85**.

In 2010, Mason and Glickstein cofounded the Center on Health, Media & Policy at Hunter College to advance public conversations about health and health care and to help health professionals, including nurses, use the media to influence health care policy. The center's activities include media training for nurses, to help them frame messages and overcome fears of being interviewed by journalists.

“In many conversations around policy and decision making, nurses are not at the table. We address issues that don't often get a lot of media attention and bring underrepresented voices to the table.”

Bringing the Academy's Voice to Decision-Making Tables

In 2006, Mason ran for the first of her two terms as secretary of the AAN out of a wish to help the organization take on a more prominent role in national health policy debates. “The academy has an important role to play, examining evidence around health issues, helping policymakers and journalists to think differently about various issues, and recommending policies from a nursing perspective,” she says.

Mason's breakout issue was the Affordable Care Act (ACA), and particularly the suggestion raised by opponents of the law that “death panels” would decide who should receive health care for terminal conditions.

“When the ‘death panel’ rhetoric started emerging from the anti-ACA camp, we

felt that we could not allow these spurious arguments to shut down the progress that advocates had made over many years to encourage families to have conversations with their loved ones and health care providers about end-of-life wishes. There would be no death panels, and we couldn't let the people who crafted those messages shut down our gains,” Mason says.

The AAN crafted and circulated a policy brief and received foundation funding to hold a Critical Conversation around end-of-life care, which helped to shift the argument away from this rhetoric. Since then, Mason has steered the AAN toward three goals. The group aims to influence ACA implementation so that it improves the health of populations and individuals' experiences with care while reducing health care spending. Central to the academy's strategy has been the development of the Edge-Runner program, which recognizes nurse-led initiatives that demonstrate innovative and successful health care approaches. The AAN is also taking the lead in highlighting “upstream” factors, such as community economic development and affordable housing, that shape the health of populations. And, it is promoting the appointment of nurses to leadership positions on federal and state-level committees, commissions, and governing boards of health and socioeconomic organizations.

As disparities in both income and health continue to grow in the United States, Mason hopes that through AAN's considerable influence, nurses will have a voice in discussions of policy issues, from community access to affordable, healthy foods to safe environments. “The nursing profession is not monolithic,” Mason says, “but bringing to decision-making tables our perspective of individual patients' needs is very important.” ■

Class Notes

1968

Marjorie Muecke, PhD, MA '68, RN, FAAN, assistant dean of global health affairs, adjunct professor of family and community health, associate director of the WHO Collaborating Center in Nursing and Midwifery Leadership at the University of Pennsylvania School of Nursing, and Paul G. Rogers Ambassador for Global Health Research, received an Alumni Achievement Award from Mount Holyoke College in South Hadley, Massachusetts. The award is presented to alumnae for outstanding achievements and service to the larger society and recognizes work that exemplifies the ideals of a liberal arts education and demonstrates professional distinction.

1976



Jane Jeffrie Seley, DNP, Steinhardt MPH '92, BS '76, BC-ADM CDE, a diabetes nurse practitioner at NewYork-Presbyterian Hospital/Weill Cornell Medical College is a coauthor of "Pathways to Quality Inpatient Management of Hyperglycemia and Diabetes: A Call to Action" (*Diabetes Care*, 36: 1807-1814) and "Best Practices for Interdisciplinary Care Management by Hospital Glycemic Teams: Results of a Society of Hospital Medicine Survey Among 19 US Hospitals" (*Diabetes Spectrum*, in press).

1980



Lisa Rubin, MA '83, BS '80, RN, has worked at NYUCN since 2006 as an adjunct clinical instructor in community health nursing. She is currently involved in the Penn South Senior Center Falls Prevention Program. Her work with naturally occurring retirement community (NORC) residents since November 2013 targets primary and secondary levels of prevention for at-risk seniors in their homes and community settings.

1983

Martha Raile Alligood, PhD '83, RN, ANEF, was awarded the rank of professor emeritus on July 1, 2013, at East Carolina University and is pleased to share news of two book publications: *Nursing Theory: Utilization & Application, 5th edition* (St. Louis: Mosby-Elsevier, 2014) and *Nursing Theorists and Their Work, 8th edition* (St. Louis: Mosby-Elsevier, 2013).



1984

Patricia A. Mitchell, BS '84, RN, ANP, BC, works as a nurse practitioner at the Hebrew Home at Riverdale in long-term geriatric medicine, sub-acute rehabilitation, and occupational health.

1987



Kim Glassman, PhD '07, MA '87, RN, senior vice president for patient care services and chief nursing officer of NYU Langone Medicine Center, has been appointed to the position of associate dean for partnership innovation at the College of Nursing. Through this position, she'll provide vision and leadership for the integration of education, practice, clinical research, and scholarship between the College and NYULMC.

1996



Fidel Lim, MA '96, RN, clinical instructor at NYUCN, received his DNP in January from Northeastern University and was the convocation speaker at the December ceremony. His capstone project addressed the National Survey of Faculty Knowledge and Experience with Lesbian, Gay, Bisexual and Transgender (LGBT) Health and Readiness for Inclusion in Teaching: Curricular Implications for Baccalaureate Nursing Programs.



Joseph B. Narus, DNP '12, MA '99, BS '96, APRN, NP-BC, received the Maes-MacInnes Clinical Innovation Award at the College of Nursing 2014 Valedictory Breakfast. The award recognizes outstanding contributions

that have made a singular impact on the nursing profession. Joseph works at Memorial Sloan-Kettering Cancer Center (MSK) in the Male Sexual and Reproductive Medicine Program in the Sidney Kimmel Center for Prostate and Urologic Cancers. He was awarded a \$50,000 grant through the Geri and ME Nursing Fund to implement a pilot study entitled "A Nurse-Driven Intervention to Improve Men's Knowledge of Sexual Outcomes Following a Radical Prostatectomy," based on his DNP capstone project. Joseph also received in May 2014 the Samuel and May Rudin Award in Nursing Excellence as the outstanding advanced practice nurse at MSK.

1997



Reynaldo R. Rivera, DNP, ADCRT '97, RN, NEA-BC, FAAN, director of professional nursing practice innovations at NewYork-Presbyterian Hospital, will receive the Flame of Excellence Award from the American Association of Critical Care Nursing at the 2014 National Teaching Institute & Critical Care Exposition in Denver, Colorado, in May.

2000



Yvonne Wesley, PhD '00, RN, FAAN, adjunct associate professor at NYUCN, coauthored the chapter "The Skinny on Fat and Exercise: Truth about Obesity Among Black Women" with Dr. Portia Johnson in Dr. Catherine Fisher Collins, ed., *African American Women's Life Issues Today: Vital Health and Social Matters* (Santa Barbara: Praeger Publications, 2013).

2001



Denis Tarrant, MA '01, ANP, is the new president of the Nurse Practitioner Association of New York State. Denis previously served as the NPA's Region 6 director and was elected in 2010 to serve for two years as secretary of the organization's board of directors. After receiving his master's degree from NYU, Denis began making house calls for homebound patients in New York City. In 2002 he founded Manhattan House Calls, PLLC, an NP-operated medical house-call practice. Denis is the recipient of the 2013 AANP New York State Award for Excellence.



Clare Cardo McKegney, DNP, MS '01, APRN, CPNP, a pediatric nurse practitioner, works in private practice and recently cofounded a business, The Savvy Parent, in Summit, New Jersey, providing consultation on breastfeeding, infant care, and other parenting subjects. Clare is a mother of three.

2005



Frances Cartwright, PhD '05, RN-BC, AOCN, senior director of nursing oncology services at NYU Langone Medical Center, received the Presidents' Circle Research Award from the Eastern Nursing Research Society on April 11, 2014.

Rachel Robinson Receives Distinguished Alumna Award

Rachel Robinson, MA '61, was honored April 24 with the NYU Distinguished Alumna Award at a luncheon given by the NYU Alumni Association and hosted by NYU president John Sexton. The award recognizes outstanding graduates from across the University for their exceptional achievements and contributions to society.

Robinson is a woman of significant accomplishments as a nurse and nursing leader, philanthropist, activist, professor, and the widow of Hall of Fame baseball player Jackie Robinson. Since her husband's death at age 54, Robinson has devoted herself to preserving his legacy and supporting the causes that they both believed in, particularly civil rights, education, and housing for low-income people.

Rachel's husband, Jackie Robinson, made history in 1947 by becoming the first African American baseball player in the major leagues. During his storied nine years with the Brooklyn Dodgers, she raised a family and supported her husband during his challenging and history-making career.

Yet, she has had her own long career as a psychiatric nurse. Rachel Robinson earned a master's degree in psychiatric nursing from NYU in 1961 after having earned a BS in nursing from the University of California. She operated a clinic for acutely ill psychiatric patients, worked as a nurse-therapist with the Albert Einstein College of Medicine, taught psychiatric nursing as an associate professor at Yale School of Nursing, and was director of nursing at the Connecticut Mental Health Center.

After Jackie Robinson's death from a heart attack in 1972, Rachel turned her attention to supporting the causes they shared. In 1973, she founded the Jackie Robinson Foundation, which has distributed more than \$50 million in scholarship awards to over 1,400 students of color. Robinson was also the president of the Jackie Robinson Development Corporation, which provides housing for more than 1,300 low- to moderate-income families in New York.

In addition, she has continued "An Afternoon of Jazz"—a concert series that the Robinsons began in 1963 in their Stamford, Connecticut, home to raise bail money for jailed civil rights activists and later to raise funds for the foundation. The concerts drew some of the biggest names in jazz, including Dizzie Gillespie and Ella Fitzgerald.

Rachel Robinson continues to promote civil and human rights across the United States. She has received eight honorary doctorate degrees, including one from NYU in 1996. In 2009, she received the UCLA Medal—the university's highest honor—for her lifetime achievements. She was also the first woman and first nonplayer to receive the baseball Commissioner's Historic Achievement Award, in 2007, for establishing the Jackie Robinson Foundation and making a major impact on the sport of baseball.



Rachel Robinson

2007

Tresa Kaur Dusaj, MS '07 (Nursing Education), successfully defended her doctoral dissertation from Rutgers, The State University of New Jersey in January 2014. The title of her study was "A Randomized Control Study Comparing Outcomes in Student Nurses Who Utilize Video During Simulation Debriefing as Compared to Those Who Utilize Traditional Debriefing."



Christine Moffa, MS '07, has been attending the Florida Atlantic University College of Nursing PhD program since fall 2012. She has received both the Presidential Fellowship and Lost Tree Scholarship.

2009



Hafeeza Anchrum, MS '09 (Nursing Education), was the subject of a January 6, 2014, article in the *New York Daily News* on her nurse-missionary work through the organization Mercy Ships in the Republic of Congo. Hafeeza, who lives in Bedford-Stuyvesant, Brooklyn, and works at Mount Sinai Medical Center, volunteered for two weeks on a floating hospital docked at Pointe-Noir, on the coast of this war-torn country. There she cared for children with hernias due to physical labor and for many patients with severe conditions almost unknown in U.S. hospitals, including facial disfigurements and a flesh-eating virus. Anchrum told the *Daily News* that this work was some of the most satisfying she's ever done.



William Rosa, MS, BS '09, TSOA BFA '04, graduated from Hunter College's Adult-Gerontological Nurse Practitioner Program, summa cum laude, in December 2013. His capstone paper, "Nursing Is Separate from Medicine: Advanced Practice Nursing and a Transpersonal Plan of Care," has been accepted for presentation in Kyoto, Japan, at the 35th Annual International Association for Human Caring Conference in May 2014. Billy recently became a nurse educator of critical care services in the Nursing Education Department at NYU Langone Medical Center. The American Association of Critical Care Nurses awarded him a Continuing Professional Development Scholarship to attend the Nurse in Washington Internship in Washington, DC, during spring 2014. He has also begun working as an adjunct faculty member at the Hunter-Bellevue School of Nursing.

2011



Paul Jones, BS '11, RN, was voted employee of the month in August 2013 at NewYork-Presbyterian Hospital/Weill Cornell Medical College, and the prior month he was honored with the Daisy Award on his general medicine unit. He recently began to study at Hunter-Bellevue School of Nursing for his adult and gerontological nurse practitioner degree.

Congratulations to New York Times Tribute to Nurses Honorees!

The *New York Times* annual Tribute to Nurses, published December 8, 2013, recognized four College of Nursing Alumnae. **April Mercadante Feld, MS '11** (Nursing Administration), **BS '07**, a nurse manager at the Visiting Nurse Service of New York, is the winner of the Innovations from Crisis Management or Change Award. She is a DNP candidate at Yale School of Nursing. Also honored were **Jill Goldstein, MA '95**, a vice president at the Visiting Nurse Service of New York; **Alison McKenzie, MA '04**, who works at NYU Langone Medical Center; and **Hyun Joo Lee, MS '12**, who works at Memorial Sloan-Kettering Cancer Center.



Leslie Monchin, BS '11, was offered a full-time position at Vanderbilt University Medical Center and began in February 2014.



Jaime Fried, BS '11, became the cochair of the North Shore-LIJ Research and EBP Council. Jaime is also the hospital's only staff nurse Magnet application writer.

2012

Andie Gersh, BS '12, completed a study evaluating the potential for educational interventions to increase the rates of completion of gender-identity and sexual-orientation questions asked by nurses in the patient-admission assessment. The study has been accepted to the Eastern Nursing Research Society conference in

2014. Andie received the Hillman Alumni Innovation Fellowship to continue this research and present it at future conferences. She works in the pediatric ICU at NYU Langone Medical Center.

Renée S. Parli, BS '12, worked at North Shore-LIJ in the emergency department from July 2012 to October 2013, and in November she began to work in the emergency department at NYU Langone Medical Center.



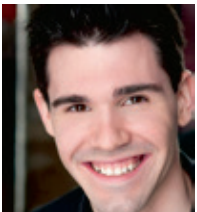
Kaitlyn "Ricki" A. Richards, BS '12, passed her NCLEX exam in July 2012 and then traveled to Honduras and India to work, followed by more travel in Nepal, England, Ireland, France, and Italy. Then, after working for several months as a private nurse near her home in San Diego, Ricki departed in March 2013 for Malawi, where she is serving for two years with the Peace Corps. Ricki works mostly with youth in her village, teaching life skills and implementing a program called Grassroots

Soccer, while focusing on HIV/AIDS and malaria prevention. She writes: "I am so proud that I am a graduate of NYU College of Nursing and would not trade my education with you all for anything.... Yewo chomene (in my local language, Chitumbuka, meaning "thank you very much")."



Danielle B. Varas, MS '12, PMHNP-BC, has published an article: "Ceftriaxone and Infection in First Episode Adolescent Psychosis" in the *Journal of Child and Adolescent Psychopharmacology* (23(10), 693-696). She is expecting her first child, a girl, in May 2014.

2013



Nicholas Cacciola-Price, BS '13, has begun working as a staff nurse in acute-care pediatrics at the Phyllis and David Komansky Center for Children's Health at NewYork-Presbyterian Hospital/Weill Cornell Medical College.



Veronica Cepin, BS '13, RWJF New Careers in Nursing scholar, has begun a position in the emergency department at Lincoln Medical Center in the Bronx. Says Veronica: "I have lived in the

continued on next page

STTI Upsilon Chapter Update



Sigma Theta Tau International
Honor Society of Nursing

The 2013-14 school year was the Year of the Volunteer for the Upsilon Chapter of Sigma Theta Tau International. The spirit of volunteerism began with Upsilon members walking alongside NYU College of Nursing students at the Making Strides Against Breast Cancer Walk in October. Funds raised by participants went toward supporting breast cancer research and free services for women with the disease. Keep an eye out for additional opportunities to volunteer with Upsilon as the Year of the Volunteer continues!

The Upsilon chapter also rallied to support charitable causes internationally, answering a call for global action by newly elected STTI president Hester Klopper. Upsilon donated \$500 to Oxfam for disaster-recovery efforts in the Philippines following Typhoon Haiyan. Oxfam has been helping to ensure an adequate food supply and safe water to people affected by the disaster. Upsilon also contributed \$200 to the Foundation for Peace, supporting an STTI nursing mission in Haiti. Haiti's shortage of nurses has worsened since its only nursing school was destroyed in the 2010 earthquake.

This year, Upsilon received the Chapter Key Award, the most prestigious award that an STTI chapter can achieve. It is given to chapters that excel in membership recruitment and retention, professional and leadership development, international and national collaboration, and programming. Many congratulations to the Upsilon executive board for their leadership and particularly to **Gloria Chan, BS '08**, chapter president, who accepted the award at the 42nd Biennial Convention in Indianapolis in November!

Caroline Baptista, BS '13, joined Gloria at the convention as a delegate representing Upsilon in voting for STTI's international board.

At the convention Dean **Eileen Sullivan-Marx** and NYUCN faculty members **Deborah Chyun, Gail D'Eramo Melkus**, and **Ann Kurth** presented the talk "The Global

Network University: Integrating Global Nursing Education, Research, and Practice." Other faculty presentations included **Donna Hallas's** talk "Management of Children and Adolescents in Out-of-Home Care" and **Larry Slater's** seminar "Preparing Tomorrow's Leaders Today." **Mary Brennan**, Upsilon vice president and president-elect, presented "Use of Virtual Hospital to Enhance Clinical Decision Making Skills of Acute Care Nurse Practitioner Students."

The Upsilon chapter hosted several educational events in the fall as part of its bimonthly education series. In October, Emerson Ea, clinical assistant professor, shared with members his fascinating research in "Project Hakbang: A Step Toward Understanding Cardiovascular Health of Filipino Immigrants." In November, the Upsilon Chapter cohosted the Current Trends in Gerontological Care conference in collaboration with the Visiting Nurse Service of New York. Several Upsilon board members participated, including **Fidel Lim, MA '96**, faculty counselor, who spoke on the sexual health needs of the elderly, and Mary Brennan, who addressed emerging research on the importance of nursing care in the treatment of hospitalized elderly. Many members attended and received continuing education credit for the event.

The chapter also continued its successful bimonthly Evidence-Based Journal Club, with faculty, students, and members critically appraising several recent systematic reviews of the cardiovascular effects of wine and the effects of exercise on hypertension.

In April, the Upsilon chapter welcomed new inductees at the annual induction ceremony. A warm welcome to our newest members! ■

Stay up to date with
STTI Upsilon Chapter
by visiting:

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upsilon-chapter-stti](http://nursing.nyu.edu/students/upsilon-chapter-stti)

[upsilon.nursingsociety.org/
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Upsilon's Facebook page

Email us at nyu.upsilon@gmail.com with any questions or suggestions for future events.

Bronx my entire life, and serving my borough as well as the Latino community has always appealed to me; I am very grateful for this opportunity."



Sara Schoon, BS '13, began a position as a staff nurse at Bronx Lebanon Hospital in January. Following a three-month new nurse residency program in the medical-surgical area, she will be trained in acute-care areas such as the ICU, PICU, and NICU. Then, she will be placed in one of the hospital's critical-care areas.

2014



Luke Glaude, BS '14, RWJF New Careers in Nursing Scholar, won the national RWJF NCIN Essay Contest in December. Luke is the third NCIN scholar to win the contest in the past year. ■

In Memoriam

Lucy Elizabeth Childress, BS '12, TSOA

BFA '03, died on November 22, 2013. Lucy worked at NYU Langone Medical Center and was one of the nurses who helped with the evacuation of the hospital during Hurricane

Sandy. She had studied photography and was an avid photographer. The College expresses condolences to her parents, Steve and Diana Childress, and to her sisters and brother, Lily, Nina, and Jeffrey.



Daisy Poole McFadden,

MA '55, BS '51, died on

November 25, 2013, the day after her 103rd birthday. Daisy was profiled in this magazine in 2010, on the occasion of her 100th

birthday. Born in Hell's Kitchen in 1910, she was raised in Virginia and returned to New York to attend the highly regarded Harlem Hospital Program—Class of '33—a three-year training program for black nurses.

In 1945, Daisy enrolled at NYU to pursue her bachelor's and then her master's degrees, at a cost of \$13 per credit. She worked during the day and attended classes at night for about six years. She then joined the New York City Health Department, rising from staff nurse to supervisor to administrative nurse to consultant over her 34-year tenure. Daisy served in the East Harlem

and Westchester Pelham health districts, helping to run a network of outpatient health centers.

Daisy remained active through the years and was profiled by the *New York Times* because she kept up a diligent exercise regimen after undergoing bypass surgery. She became a certified instructor with the New York City Department of Aging Stay Well program and taught exercise classes to people as much as 40 years her junior!

The wife of Samuel W. McFadden, mother of Samuel W. McFadden Jr., MD, a grandmother, and a great-grandmother, Daisy was treasured by her family and by the NYU College of Nursing community. She will be missed.

Donations in Daisy's memory may be made to the NYU College of Nursing Scholarship Fund, Office of the Dean, NYU College of Nursing, 726 Broadway, 10th Floor, New York, NY 10003.

Alumna Profile Wendy Budin

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Foundation. She has written more than a half-dozen book chapters on cancer, maternity health, and HIV/AIDS and has published nearly 100 journal articles.

Budin has seen the impact of research first hand, most recently in her work on nurse bullying in the workplace. Receiving much media attention, a study, coauthored with **Christine Kovner, PhD '85, RN, FAAN**, and Carol Brewer,

PhD, RN, FAAN, published in the *Journal of Nursing Scholarship* last year, found that about half of the nurses surveyed had been verbally abused by a nurse colleague sometime in the previous three months and were more likely to consider leaving their jobs. Amid growing awareness of this problem, Budin cochairs a bullying task force at NYULMC with College of Nursing PhD student Ronald Keller.

Her work has not gone unnoticed. In September 2013, she received the Agnes and Rosemary Ludden Award for Innovative Nursing Practice from NYU College of Nursing for creating new approaches to nursing that help improve patient care, for her contributions to the evolution of professional standards in nursing, and for creating an environment that promotes nursing practice within the framework of nursing science. ■

Cynthia Davis Sculco



Nursing is a career that has given me great personal and professional satisfaction. My appreciation for the importance of nurses began when I had rheumatic fever as a child and was hospitalized for six months. During my long rehabilitation in the hospital, I experienced firsthand how nurses make a difference in people's lives every single day. I also knew early in my life that I liked working with young people, so combining nursing and teaching was a natural choice for me.

An exciting development I have seen in the profession in recent years is the increasing availability of second-degree baccalaureate programs that make it possible for talented individuals from other professions to change careers to nursing. NYU College of Nursing has been innovative in the creation of a program of this type that other schools across the country are

now emulating. As an advisor to students in the accelerated baccalaureate program, I can attest to the fact that these students are exceptionally motivated and go on to become fabulous nurses at all levels. The accelerated students often make huge sacrifices to be in school, taking out loans or relying on help from their families to complete their studies in the intensive 15-month period. I find their dedication inspiring!

Nurses now have a more significant role in the delivery of care and in important advances in knowledge than ever before. Today's nurses need to be smart, well edu-

cated, and resourceful. To me, scholarships are a critical means of helping young nurses acquire the preparation they need to be the best. I give scholarship support to NYU College of Nursing because I believe every investment in a well-prepared nurse is an investment in a better future for us all. ■

I give scholarship support to NYU College of Nursing because I believe every investment in a well-prepared nurse is an investment in a better future for us all.

Cynthia Davis Sculco, EdD, RN, earned her bachelor's degree in nursing from the University of Rhode Island and her master's and doctoral degrees from Teachers College, Columbia University. She is an adjunct associate professor of nursing at NYU College of Nursing and has also taught at Cornell University School of Nursing, Catholic University in Washington, DC, Hunter-Bellevue School of Nursing, and Princess Alexandra School of Nursing in London, England. Sculco was formerly the president of Nurses Educational Funds, a national organization that provides scholarships for graduate education in nursing. Her numerous awards include the distinguished Dorothy McMullen Pissani Service Award from the Southern New York League for Nursing. In 2012, she established the Cynthia Davis Sculco Scholarship Fund, dedicated to supporting top academic achievers in the College of Nursing's baccalaureate program, including 15-month accelerated and traditional students.

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Tuesday, June 3

Reception for NYUCN Alumni
Working at NYU Langone
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Thursday, June 26

NYU Reception at the American
Academy of Nursing Conference
Saturday, October 19

NYU Alumni Class Reunions
2004, 2009, 2014
Friday, November 7

Alumni Day
Saturday, November 8

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