

NYU Nursing

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Special Studies in Symptom Management Merges East and West

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Second-Career Nursing Students Outsmart the Economy

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Photo: The inaugural class of the College's new Doctor of Nursing Practice (DNP) program.

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3:00 - 5:00 pm

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**Vernice Ferguson Lecture
on Contemporary Issues**

"Nursing, Public Health,
and Global Health"



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Cover Photo:

First Class: DNP Program Begins

The inaugural class of the College's new Doctor of Nursing Practice (DNP) program set out on their doctoral education journey in January 2010. The eight women and one man are accomplished clinical experts and leaders in the nurse-practitioner specialties of mental health, adult primary care, adult acute care, geriatrics, and pediatrics, and work in neurology, oncology, and student health. The launch of the program is the fulfillment of a long-standing effort under the leadership of Judith Haber, PhD, APRN, BC, FAAN, the Ursula Springer Leadership Professor in Nursing and associate dean for graduate programs; and Jamesetta Newland, PhD, FNP-BC, FAANP, DPNAP, clinical associate professor and the founding director of the program.

Pictured are (back row from left) Emily Schaab, Kathy Gunkele, Beth Latimer, Gillian Palette; (middle row from left) Beverly Smith, Erin Hartnett, Janet Standard; (front row from left) Kathleen Leonard, Robert Abel.

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GREETINGS FROM THE DEAN



Dear Friends,

I write to you at a profound moment of change, as Congress has enacted the most far-reaching health care legislation in our history. With greater resources available to care for the population, the nursing profession, more than ever before, has the opportunity to be the critical bridge to effective public health. President Barack Obama has called nurses the “bedrock” of health care. Last year, nurse practitioners conducted more than 600 million patient visits, and our registered nurses are meeting the daily demands of our increasingly complex clinical settings, ranging from home care to critical care.

Meeting the pressing health care needs of our nation requires nothing short of a transformation of nursing education. I am hopeful about the potential impact of a new report published by The Carnegie Foundation, *Educating Nurses: A Call for Radical Transformation*, by Patricia Benner, PhD, RN, FAAN, FRCN, professor emerita at the University of California,

San Francisco, and her colleagues. She argues in her book that nursing is at a pivotal moment—faced with a shortage of practitioners; a chaotic health care system; profound changes in science, technology, and patient activism; and economic pressures. Dr. Benner, who joined us at the College this past fall to speak with our faculty and students about the report, proposes substantial changes in nursing education, many of which NYU has long embraced. Those include a shift to a baccalaureate degree as the minimum requirement for practice, opportunities for accelerated and graduate study, growth of nursing educational programs, and a significant increase in nursing faculty.

Speaking of transformation, our new Doctor of Nursing Practice program opened in January and, as you can see from our magazine cover, we have a striking group of master’s-prepared NPs poised to advance their careers as clinical leaders. After a number of years in planning, I’m delighted to see this wonderful new doctoral program come to fruition.

With the addition of several new partnerships at the College, NYU is positioned to be the flagship college of nursing for New York State. We now have exciting partnerships with three upstate institutions: Skidmore College, Adirondack Medical Center, and Bassett Healthcare. This year, Skidmore College created a new pre-nursing curriculum with our College so that students can move seamlessly into our NYU programs. I invite other colleges to partner with us in these important programs that facilitate academic progress for our future nurses.

In February, I took part in an exciting panel discussion in Houston through the Forum on the Future of Nursing: Education, part of the two-year Initiative on the Future of Nursing convened by the

Robert Wood Johnson Foundation and the Institute of Medicine. It was a stellar opportunity to hear Donna Shalala, the former U.S. secretary of health and human services, who chairs this committee, along with other visionaries in our field discuss pressing issues in nursing and academia.

Dr. Shalala, now president of the University of Miami, is our keynote speaker on May 10, 2010, when we will graduate more than 350 nursing students. We will also honor Vernice D. Ferguson, BS ’50, as our 2010 Distinguished Alumna; Wilhelmina Manzano, MA ’87, BS ’81, as our Distinguished Clinician; and Barbara and Donald Jonas, who will receive the 2010 Humanitarian Award for their commitment to nursing at NYU through support of scholarship and faculty practice.

Even in these challenging economic times, the Campaign for Nursing at NYU is going strong and moving forward! Debra LaMorte, senior vice president for development and alumni relations for the University, spoke at our January Board of Advisors meeting about the challenges of a campaign in uncertain times. She presented a very positive report that we are well on our way to making the new building for the College a reality. Through the generosity of our alumni and support from the State of New York and New York University, we can build a learning environment that will meet the needs of our growing student population.

Terry Fulmer, PhD, RN, FAAN
The Erlene Perkins McGriff Professor
Dean, College of Nursing



GROUP'S SENSE OF IDENTITY COUNTERS GENDER DISPARITY

"MEN ARE GENTLE, curious, courageous, committed, responsible, enthusiastic, spiritual, and compassionate," says Eric Lehrer '10, one of the founders of Men Entering Nursing (M.E.N.), a student group at the College of Nursing. The organization is seeking to show that men have these characteristics and can impact the lives of their patients just as much as women in nursing have over the past century.

"For now, though, the challenges of being a male nurse are persistent," says Eric, noting that male nurses have been portrayed negatively in the media.

If the men who make up M.E.N. succeed, those negative depictions will fade into nursing history. Eric is quick to point out that the students and faculty at the College of Nursing have been highly supportive of male students. Yet it was an unexpected encounter with discrimination that piqued his desire to discuss with other male students their unique place in nursing. During Eric's maternity rotation in the summer of 2009, a medical resident in the midst of delivering a baby made a crude and insulting comment to him, indicating that she did not feel comfortable with him observing the procedure. Eric—a former paramedic who had delivered a baby himself in an ambulance—was taken aback.

Hearing about this incident, Gail Wolfmeyer, NYU College of Nursing student affairs coordinator, and other administrative faculty encouraged him to pursue his wish to build a group for men in nursing.

**"HAVING MORE MEN
IN THE PROFESSION WILL
MAKE A LARGE IMPACT
ON MEN'S HEALTH."**

Eric ultimately received an apology from the doctor and the hospital, but his experience cemented his view that male nursing students must find ways to conquer the stereotypes that still exist. He and his roommate, John Campbell '10, teamed up with Joshua Deal '10 to start M.E.N., which includes undergraduate, accelerated baccalaureate, and graduate students and faculty. All three founders are students in the 15-month accelerated program.

"There are some interesting obstacles for men in careers that have been dominated by women," Joshua says. "We need to combat the stereotype that men can't be compassionate and caring, that they must have jobs like bankers or construction workers. Having more men in the profession will also make a large impact on men's health, because it's easier for men to talk to other men about issues like sexual health."

If the College of Nursing enrollment is any indication, men are catching on: While men make up approximately 6 percent of the 2.6 million nurses in the United States, they constitute 11 percent of the College's baccalaureate degree program, 7 percent of the master's program, and 13 percent of the doctoral program. NYU has made a sustained effort to recruit male students.

The students met with Professor Emerson Ea, DNP, APRN, BC, CEN, who readily agreed to be their advisor. Clinical Instructor Fidelindo Lim, MA, RN, also serves as a faculty mentor.

"These men share a very strong sense of identity and can feel the gender disparity in nursing," Dr. Ea says, adding that the perception of men in nursing is rapidly changing, but there's still work to be done.

M.E.N. has held several events, such as a panel discussion in November 2009 featuring male nursing leaders. The group also participated in "Movember," a national effort to raise money for the Prostate Cancer Foundation and for Lance Armstrong's LIVESTRONG foundation. Movember challenges men to grow mustaches during November to raise awareness of prostate cancer. M.E.N. sold artificial moustaches on campus, raising \$187, and many group members grew mustaches in support.

The participants in M.E.N. are aiming to apply for campus club status, build ties with the American Assembly for Men in Nursing, and offer extracurricular activities such as intramural sports teams, barbecues, and hiking expeditions.

"We need to unite with confidence and raise awareness that it's best to have men and women working together to improve patient care and strengthen the structure of each health care team," Eric says. ♣

Above Student members of Men Entering Nursing wore artificial mustaches to support "Movember," a national effort to raise awareness of prostate cancer.



Joyce K. Anastasi Merges East and West to Help Patients Manage Chronic Symptoms

AS A DOCTORAL STUDENT in the 1980s, Joyce K. Anastasi worked as a registered nurse to support her graduate studies. She was assigned to Tim, a banker in his late 20s. She knew little about him, but an isolation cart outside his room with a meal tray announced that he had little human contact. Dr. Anastasi could not imagine what his illness was, but it soon became clear.

At the time, AIDS was not yet considered an epidemic, but it was very much present in New York City's health care system. According to Dr. Anastasi, Tim's face expressed his fear: fear that he wouldn't be visited, that he wouldn't live, that he might have to disclose to his family that he was gay.

"I became his confidante," she says, "and I learned right away that, in addition to what we think of as nursing care, he needed emotional care, family support, advocacy, help coping with stigma."

Dr. Anastasi dedicated her dissertation to Tim, who died before his illness was named "HIV." His situation informed her belief that nurses need to lead the way in caring for people with AIDS and inspired her professional trajectory.

Dr. Anastasi, an NYU alumna, joined the College of Nursing faculty in 2009 as the Independence Foundation Professor of Nursing. She came to NYU from Columbia University, where she was a faculty member for 17 years, teaching thousands of nurses, serving on numerous committees and boards, and directing the Center for AIDS Research.

At NYU, Dr. Anastasi has established the new Division of Special Studies in Symptom Management (DS³M), a comprehensive site for multidisciplinary scientific inquiry, clinical research, and education. The opportunity to help the

College build its research infrastructure was very appealing, she says, and she has brought on board Bernadette Capili, DNSc, an assistant professor who is a coinvestigator in her current research, and an additional 12 research staff.

Fighting the Stigma and the Symptoms of AIDS

During the 1980s, as the AIDS crisis grew, Dr. Anastasi worked as a clinical nurse specialist at Bellevue Hospital Center, which had one of the city's first AIDS units. Paramount among the nurses' duties was to work with a multidisciplinary team to ensure that patients who went home after suffering serious opportunistic infections like pneumocystis carinii pneumonia (PCP) continued to receive the care they needed—whether it was housing, home care, or even help talking to their landlords as they began receiving large shipments of medication.

"There was so much stigma—we sometimes lose sight of this now," she says.

From Bellevue, Dr. Anastasi was recruited to St. Luke's Roosevelt Medical Center to help design a designated AIDS center—one of the first under the auspices of the AIDS Institute of the New York City Department of Health. In 1992, with her first doctoral degree completed, she was recruited by Columbia to develop a graduate nursing specialty program in HIV—one of the first in the country.

Although HIV care was improving rapidly, many hospitals around the country did not have the financial or human resources to handle their growing cases. With a grant from the Pfizer Foundation, Dr. Anastasi developed an award-winning interactive video that was used widely to educate

health care professionals and destigmatize the illness. Former U.S. Surgeon General C. Everett Koop was quoted saying, "I've never seen a better educational tool in my life."

In thinking about the direction of her research, Dr. Anastasi saw that many of her patients—not only those with AIDS but other chronic illnesses—were seeking noninvasive ways to manage chronic symptoms and medication side effects. Her first National Institutes of Health (NIH)—funded work was a study that used a combined dietary and behavioral intervention to manage chronic diarrhea in patients with HIV. The results of that study have led to care protocols that are used in hospitals today.

Caring for hundreds of people with AIDS, Dr. Anastasi increasingly heard reports that acupuncture had worked for them. "At first I told them: As long as it's working, you're going to someone licensed, and it doesn't interfere with your medication, who am I to say no?"

But a turning point in her interest in alternative therapies came in 1994, when a friend took her to a Chinese-medicine practitioner. She was so intrigued by the treatment methods used by the practitioner and about the possibilities that



Dr. Joyce Anastasi teaches students about herbs such as di long (earthworm lumbricus), dang shen (radix codonopsis), and lian qiao (fructus forsythia).

traditional Chinese medicine could offer to her patients, Dr. Anastasi immediately enrolled in a three-year study of acupuncture at the New York College of Health Professions, while carrying a full teaching load and conducting research.

Immersed in her studies, Dr. Anastasi continually sought out research on acupuncture, but few gold-standard studies had been conducted, at least in the United States. At one point, she hired a translator to translate Chinese studies into English. Yet her goal of testing the efficacy, safety, and usage practices of traditional Chinese medicine (TCM) within the structure of a randomized controlled clinical trial was significantly hampered by a lack of funding for this kind of research.

Breaking Ground

In 1999, Dr. Anastasi received one of the largest single-site research grants for acupuncture that had been granted by the NIH. She was awarded a \$2.1 million R01 grant to test acupuncture and moxibustion for chronic diarrhea in persons with HIV in a randomized controlled trial. (Moxibustion is a traditional Chinese treatment in which pulverized mugwort leaf, or *artemesia vulgaris*, is compressed into a cigar-shaped cylinder, lit, and held over acupuncture points.) The knowledge and experience gained from this trial served as a model for her future research.

To date, Dr. Anastasi's most significant findings have been that acupuncture is a promising option for managing gastrointestinal disorders such as nausea and nonpathogenic diarrhea—that is, diarrhea caused by side effects of medication rather than from a viral or bacterial source. In the past decade, the use of acupuncture for chemotherapy- and pregnancy-related nausea has steadily increased. Dr. Anastasi is one of only a few scientists testing the efficacy of moxibustion—which is often combined with acupuncture.

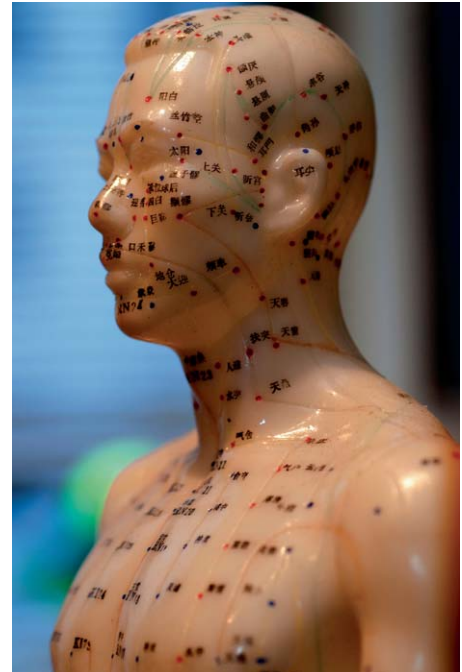
In the past decade, Dr. Anastasi has received numerous grants to study the impact of integrative therapies on digestive disorders for people with HIV and has

become a leading expert on integrating traditional Chinese medicine into AIDS care. She is currently recruiting subjects for two R01 studies funded by the NIH. One study, funded through a \$2.6 million grant, looks at chronic nausea and HIV. The other, funded through a \$2.7 million grant, is a randomized controlled trial for irritable bowel syndrome, a condition that affects almost 20 percent of North Americans. Dr. Anastasi's research has also explored the challenges of studying Chinese medicine in a Western research context—a complicated process because in Chinese medicine, each patient receives an individualized type of treatment depending on an overall assessment of the body.

“Designing acupuncture research studies can be challenging because specific treatment protocols, in terms of acupuncture point selection or number of treatment sessions, may not be the best approach for all patients. In my current studies, my team and I have tried to use a real-world approach while maintaining the rigors of a randomized clinical trial,” Dr. Anastasi says.

Integrating Eastern and Western health care in teaching is also challenging, yet increasingly important as the line separating these very different approaches is growing thinner. On a recent trip to Hong Kong, Dr. Anastasi noticed that nurses there typically integrate the two worlds at the bedside. And even in the United States, the nursing profession is moving toward a greater openness to studying Eastern ideas. State nursing exams now include questions about supplements, and thousands of people are taking supplements such as ginkgo bilboa, glucosamine chondroitin, echinacea, or milk thistle.

Recognizing the critical need to develop an educational program focusing on herbs and supplements for health care professionals and students, Dr. Anastasi and her colleagues Dr. Capili and Faye Schenkman, MA, conceived of and developed the Herbs, Nutraceuticals and Dietary Supplements® program in 2007. Its purpose is to equip current and future providers with the skills necessary to discuss and guide



There are some 365 acupuncture points on the human body. This model shows acupuncture meridians and point locations.

patient decision-making around these substances. The curriculum was awarded a \$400,000 educational grant from the U.S. Department of Health Resources and Services Administration, and the program is now being implemented at NYU.

“It's important for nurses today to understand the impact of the substances their patients are already taking—to help patients understand why they're taking them, the risks, the side effects, and potential benefits. For example, nurses need to be aware of supplements that can affect bleeding time in terms of coagulation, especially for patients undergoing surgical procedures,” Dr. Anastasi says. “We teach students to search for the evidence, and the availability or lack of availability of evidence is great fodder for classroom discussion.”

Dr. Anastasi maintains a private practice in women's health, and many patients see her for infertility treatment. She is decidedly unique on the NYU faculty, having two doctoral degrees (a PhD and DrNP) and licensure in traditional Chinese medicine. Smiling, she says, “That's the yin and yang of my career.” 🌿

Second-Career Nursing Students Stare Down the Economy While Gaining Satisfaction in Their New Careers

FOR KATRINA MILLARD, the “aha” moment came while she was driving home from the pharmacy, talking with her husband about the state of health care. “I think I’ll become a nurse,” Katrina recalls saying.

In reality, the decision had been long in coming. Katrina, formerly a graphic designer, had been seeking a greater sense of career and financial stability since 9/11. The collapse of the Twin Towers affected her both directly—she and her family could not return to their soot- and glass-strewn apartment for six weeks—and indirectly, as her design business hit a slump.



Katrina Millard, circa 1998, as a graphic designer.

“I lost a sense of security, like so many others,” she says.

Even during their most successful years as designers, Katrina and her husband agonized over the uncertainties of the economy and high cost of health insurance for a family of four. She missed the human contact and connection to science that she had found in her first job out of college, as a park ranger in California and Utah. When a teenage niece was hospitalized with an osteosarcoma—a malignant bone tumor—Katrina found herself closely following her niece’s treatment and was surprised by how interested she was to learn all about the condition. In fact, she finally felt that she had found a career that motivated her.

Now, as a 15-month accelerated bachelor’s degree student and Hillman Scholar at the College of Nursing, Katrina is the envy of her friends. “The first thing people say is, ‘You’ll always have a job,’” she says. Accelerated bachelor’s students carry a heavy, full-time workload, but Katrina—who does her homework with her children—says it’s great to be back in school.

The College of Nursing’s 15-month accelerated degree program was tailor-made for students like Katrina and many of her classmates, who turned to nursing after careers that may have been successful but were not as secure or satisfying. Nursing has been a notable standout as a career in demand at a time when so many people have become unemployed. *The New York Times* recently noted that health care employment increased during the recession, and Nurse

Practitioner ranked fourth on *Money*’s list of the Top 50 Best Jobs in America, published in November 2009.

Not surprisingly, applications to the College of Nursing’s 15-month accelerated degree program have nearly tripled in four years, according to Amy Knowles, assistant dean for student affairs and admissions. Applications to all the College’s undergraduate programs (both freshmen and transfer applicants) doubled in the past four years, from 730 in fall 2005 to 1,423 in fall 2009. Enrollment has also increased, from 511 undergraduate students in fall 2005 to 755 undergraduate students in fall 2009, in keeping with the College’s target for planned growth. Ms. Knowles notes that three open houses held in the fall of 2009 were packed, and her office is fielding a strong increase in inquiries from prospective students.

“The groundswell of interest in our nursing program clearly reflects not only the view of nursing as a career that can ride out fluctuations in the economy but the excellence of the NYU College of Nursing,” says Ms. Knowles. She notes that recent positive depictions of nursing on television have also added to nursing’s appeal.

The growth of the 15-month degree program has been aided by support from the Alex Hillman Family Foundation and the Robert Wood Johnson Foundation, both of which established scholarships to help ease the nursing shortage. Supporting 10 and 15 students a year, respectively, these programs have gone a long way to enable the College to expand to meet the need.

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John Campbell was a white-water rafting guide and an architect before enrolling in the College of Nursing.

A Robert Wood Johnson Scholarship—targeted toward underrepresented groups in the nursing profession—is helping **John Campbell** to embark on a career in nursing just five years out of architecture school. After trying his hand at architecture, John quickly realized that he was not cut out for a desk job and returned to a prior career, as a white-water rafting guide on the White Salmon River in Washington’s Columbia River Gorge.

To progress as a river guide, John had taken first aid, CPR, swift-water rescue, and wilderness emergency medical technician courses. It isn’t hard for him to name the moment when he realized that he could be well suited for a career in health care. A raft had flipped over in a waterfall, and people, paddles, and other equipment were scattered all over the river. While no significant injuries occurred, it was no small effort to make sure everyone was safe

and to respond to their anxiety. That day, John knew he had found his calling.

While researching the nursing profession, John worked on an ambulance as an EMT, an experience that cemented his decision. Moreover, he strongly identified with nursing’s emphasis on treating each patient as a whole person, because it directly paralleled his training in architecture, which stressed an understanding of the overall context in every

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Neville Lewis, pictured with his son, Mekhi, worked in finance before becoming a nurse.

building project. John did not anticipate the recession when applying to nursing school; nonetheless, he feels very fortunate to be studying to be a nurse today. In the past year, he has seen friends laid off, and architecture jobs have become very hard to come by.

“Architecture is a profession that is very susceptible to the ups and downs of the construction industry,” John says. “The fact that health care will always be in demand is very attractive to me.”

Like John, **Neville Lewis '09** has seen his former profession deeply scarred by the recession and friends trapped by very limited job choices. For the most

part, Neville enjoyed his work in finance as a stock-transfer analyst and bonds service representative; yet he nurtured the dream of going to law school. As Neville came closer to making a change, he was increasingly concerned that a legal career would mean more of the things he liked least about finance: the rigid schedule, the cubicle culture, and less time with his six-year-old son, Mekhi.

Neville’s “aha” moment came during a long weekend in South Florida for the annual West Indian Carnival with his nephew and a friend who is a registered nurse. The friend teased that, while Neville was burning up vacation days, he simply had days off as a result of a more flexible schedule.

“It hit me that I hate the 9 to 5,” said Neville, “and I love interacting with people. So, the question was, how could I have an impact on people and make a difference.” Neville had to overcome a final hurdle to nursing: an aversion to seeing blood. But his wife, also an RN, and his friend thought psychiatric nursing might be the way to go.

Neville quickly realized that health care is about much more than blood. After his second semester at the College of Nursing, his father, who lived in Antigua, became ill. His right leg was amputated, and he died of a stroke a month later. By communicating with the attending physician and nursing staff, Lewis saw firsthand the advantage to a patient of having a health care advocate who can ask the right questions. Still, he has harbored the fear that his father might not have received the most aggressive care because of his advanced age.

“Since then, I’ve become even more passionate about helping people who are in critical need,” he says. “Thankfully, here in the United States, there is much more of an effort made to give the elderly the care they need.”

While progressing through his nursing rotations, Neville has had a number of transformative experiences, establishing bonds with patients who were having extreme difficulty communicating,

eating, or accepting care. Those intensely personal interactions have left no doubt that Neville made the right choice.

“Unlike sitting at a computer and getting a bond settled or having an angry client on the phone, I feel like I’m having a direct impact on people’s lives,” he says.

Glad to have left finance before the meltdown, Neville has received his nursing licensure and is now job hunting and thinking about continuing on to his master’s degree. Most important, he says, he has realized that his aversion to seeing blood extended only to his own!

For John Campbell, becoming a nurse has yielded numerous benefits, beginning with the close friends he has made in the 15-month program. “I feel like I’m part of a new movement, as a guy, which is refreshing,” he says. “I feel a responsibility to do my best and set a good example, making sure I’m representing men in nursing.” Along with several fellow students, John is helping to start a new student organization dedicated to men entering nursing (see page 3 for a full report).

The Oklahoma native, who had never set foot in New York City before enrolling at NYU, says that the skills he learned on the river—like being self-sufficient—are useful in the urban environment, which can be equally overwhelming. Still, he looks forward to taking full advantage of the Hudson Valley and Adirondack wilderness in his time away from school.

For Katrina Millard, understanding the philosophy and theory of nursing has been rewarding. “It has been so pleasant to exercise my intellectual capacity, especially after having kids. I’m a much better student than I was while working toward my first degree,” she says. Katrina, who plans to complete her master’s degree and nurse practitioner certification, has found that being able to help a patient in a vulnerable situation is a very powerful thing. 🌱



FOUND IN TRANSLATION:

NYU Nursing Faculty Adapt Research Methods to Community-Based Settings

VICTORIA VAUGHAN DICKSON HELPING HEART-FAILURE PATIENTS IN THE WORKFORCE



Throughout her career as a nurse, **Victoria Vaughan Dickson, PhD, CRNP**, has pondered how to better help her patients, especially those with

cardiovascular disease, to make healthy lifestyle choices.

“Most patients with heart disease, even when faced with a life-threatening diagnosis, struggle to keep up with the behaviors—like taking medication, following a diet, or exercising—that will help them maintain health,” Dr. Dickson says. “We ask our patients to change lifelong behaviors at a very stressful and uncertain time in their lives.”

As a doctoral student at the University of Pennsylvania, Dr. Dickson was able to pursue the question she had considered for many years: What are the factors that influence heart patients’ ability to make the behavioral changes they need to optimize their health and quality of life? Dr. Dickson started by examining biobehavioral influences on self-care among heart-failure patients. To do so, she developed a typology of self-care, which has been cited as a new way of looking at this issue.

Her findings—published in several landmark papers—have helped researchers understand that different approaches

to patient education are needed for different people. Among her findings were that those with heart failure are inconsistent in self-care for a variety of reasons, including poor cognition and lack of self-efficacy. Surprisingly, she also found that self-care was even poorer among employed individuals. Those findings led to her current research, which focuses on optimizing the self-care behaviors of aging workers with chronic heart disease.

Dr. Dickson, who joined the NYU nursing faculty in 2008, brings a unique perspective to her program of research and her new role at the College. Prior to joining NYU, she was the director of employee health at a large *Fortune* 500 company, where she directed wellness programs and managed several on-site nurse practitioner clinics that provided primary care to workers.

“We ask our patients to change lifelong behaviors at a very stressful and uncertain time in their lives.”

“America’s workforce is aging, and to remain healthy, workers with coronary heart disease must regularly practice self-care, including adherence to medication, diet, and symptom management—even at work. Although we suspect from clinical practice that job stress, lack of work/life

balance, and multiple priorities make it difficult for many of our patients to take care of themselves, little is known about how workplace factors impede or facilitate these behaviors,” she says.

Dr. Dickson and her research team, including experts in heart failure at the University of Pennsylvania and Dr. Stuart Katz, director of the NYU Langone Medical Center Heart Failure Clinic, will pilot a heart-failure self-care intervention in the coming year. The innovative intervention focuses on building skills and developing self-efficacy by practicing essential behaviors such as meal planning and ordering healthier food at restaurants. The intervention also engages family members and friends who can serve as resources to the patient. Dr. Dickson is using the results of her current study on the sociocultural influences of self-care among African-Americans with heart failure—funded by a New York University Challenge Grant of \$11,214—to refine her forthcoming pilot to support the needs of the culturally diverse population of New York City.

At the College of Nursing, Dr. Dickson teaches Philosophical and Theoretical Perspectives in Nursing to PhD students and Population-Focused Care to master’s degree students. ♣

[continued on next page]



ALLISON SQUIRES UNDERSTANDING GEOGRAPHIC DIFFERENCES IN NURSING



Dr. Allison Squires (right) with colleagues in Mexico. On the far left is Irma Ramirez, MSN, RN, assistant director of nursing, and Leticia Rodriguez, MSN, RN, director of nursing, for the Hospital Metropolitano in Monterrey, in the northeastern state of Nuevo León.

Few nurses conduct comparative health-services research, and even fewer do so on a global scale. **Allison Squires, PhD, RN**, first became intrigued with variations in nursing practice while on an undergraduate internship in Mexico. Observing the work of local nurses, she was struck by how their roles differed from those of nurses in the United States. That experience sent her on the path of comparative international nursing—a trailblazing area of research for which there were few models. She began to accept as many international opportunities as she could while working domestically as a nurse. Those experiences have paid off, and today Dr. Squires is involved with three exciting research projects that draw on her cross-cultural proficiency and fluency in Spanish.

Dr. Squires' research addresses the factors that influence the role of nursing in a given country, such as licensure, the presence of a nursing organization, education, and the settings where the nurses work. She notes that in Mexico, for example, nurses do not do physical assessment, are not involved in surveillance, and tend to be very deferential to doctors. Consequently, these role variations can affect patient

outcomes and the nurses' work environments, but these variations receive little attention in research.

Dr. Squires is also involved in the RN4Cast Study, funded by the European Commission, which aims to provide a snapshot of working conditions for nurses in 11 countries to give direction to nursing human-resources development. The study, being carried out in 30 hospitals in each country, uses a conglomeration of health-service instruments to gather information from nurses on subjects like nurse-patient ratios and job satisfaction. Because the language of these surveys does not always translate smoothly, Dr. Squires has developed a standard translation process to allow researchers accurately to compare questions and responses among nations.

"Some items in established instruments in health-systems or workforce research use slang like, 'I'm at the end of my rope,'" Dr. Squires says. "It's a big challenge to accurately translate things like this for other countries to use. Poorly translated

instruments will not produce accurate results—and you would be surprised at the lack of rigor in translation processes involving survey instruments."

Now, through funding received from Sigma Theta Tau International, Dr. Squires is translating survey instruments for Latin American countries and working with evaluators in six countries to assess the instruments' relevance in the region. She is hopeful that the instruments will help the blossoming of nursing research in Latin America and lead to policy changes that benefit nursing workforce development.

On the other side of the world, Dr. Squires is also providing assistance with education and training in a rural mental health project in Pakistan. With funding from the Yale World Fellows program, the project is providing training in mental health counseling and assessment to up to 100 public-health nurses who will make home visits in three rural areas on the Afghan border. Although she has yet to travel to Pakistan, Dr. Squires communicates regularly with partners at Aga Khan University and with Rosina Mistry, a community health physician, using Skype.

Finally, a Mexican company hired Dr. Squires to study the migration experiences of Mexican nurses whom they educate for work in the United States. The company, which largely recruits nurses who have retired in their 40s, has given Dr. Squires permission to conduct a longitudinal study of the nurses and their migration experiences, something that has never before been captured. She hopes the results will inform U.S. immigration policy with regard to the hiring and recruitment of foreign educated nurses.

At NYU, Dr. Squires co-teaches Advanced Pathophysiology, a core master's-level course, with Dr. Marilyn Hammer. 🌸

KELLEY NEWLIN FIGHTING DIABETES THROUGH PARTICIPATORY ACTION RESEARCH

Diabetes has a disproportionate and growing effect on minority groups. In two studies, **Kelley Newlin, DNSc, ARNP-C, CDE**, is bringing participatory-action research principles to deliver diabetes-prevention and -management programs to populations in the Harlem neighborhood of New York City and in Nicaragua. Dr. Newlin is a strong proponent of this type of research, which unites the skills of researchers and community members to solve local problems.

“To successfully translate clinical research into real-world settings, you have to work with community stakeholders.”

After completing her doctoral degree, Dr. Newlin conducted research among African-Americans, Haitians, and Nicaraguans. Her work with Nicaraguans in Florida led to an invitation to bring her research to Nicaragua in 2008.

Dr. Newlin, who joined the College of Nursing faculty in 2009, received funding from the College to conduct research with English-speaking ethnic minority groups (Creoles and Miskito Indians) on the Atlantic coast of Nicaragua, where diabetes has become the third leading cause of death. She and her team are collaborating



Dr. Kelley Newlin and her research team with children in Nicaragua.

with churches in three communities, the Ministry of Health, and community members to address the main risk factors for the disease.

Diabetes is on the rise in this part of Nicaragua for several reasons. Urbanization has brought changes in dietary patterns and a more sedentary lifestyle, particularly with the arrival of television and advertising that promotes less-nutritious foods. Lack of knowledge about proper diet and exercise has also contributed to the surge in diabetes, to which these ethnic minority groups are particularly prone. Moreover, blood-glucose test kits are not always available in the pharmacies because of an underfunded health system, and even when they are, the cost can be prohibitive. Likewise, the cost of healthy fruits and vegetables is prohibitive in a diet that exists mainly of cabbage. One component of Dr. Newlin’s research is a community agriculture program that teaches farming on land that is available for community use.

In March, Dr. Newlin’s team traveled to Nicaragua to educate parish nurses to deliver diabetes-prevention and treatment education in churches and outlying villages. Her study, with input from local nurses, will look at the efficacy and feasibility of providing this type of education.

Dr. Newlin is also developing a program with churches in Harlem where she is combining the landmark Diabetes-Prevention Program with diabetes self-management education for use in a faith-based setting. She received the prestigious new Clinical and Translational Science Institute KL2 scholar award in the amount of \$268,250 from the National Institutes of Health, funded through NYU School of Medicine, to support this study.

According to the Centers for Disease Control, fewer than 50 percent of people with diabetes receive diabetes education




Dr. Kelley Newlin assesses a patient’s diabetes-related foot ulcer. She has taken part in consultations with local health professionals in Nicaragua.

during the trajectory of their illness. People very much need and want this information, Dr. Newlin says, but often when they see a health care provider, their visit is less than 15 minutes long and they don’t get the information they need. Empowering local health providers to educate the community in non-health-care settings is one way to expand the reach of this information.

The Harlem diabetes program will begin in one large African-American church with training for nurse members—one of whom is Tatiana Burgess, a master’s student at the College of Nursing and a recipient of the diabetes-focused Susan D. Hibbard Scholarship.

“To make an impact on diabetes among minority groups, people must be empowered with the knowledge and skills to address this epidemic,” Dr. Newlin says. “That’s what participatory-action research is about: researchers working in collaboration with community members, each bringing unique skills to solve community problems.”

Dr. Newlin, who in March received the esteemed 2010 Eastern Nursing Research Society Rising Star Researcher Award, co-teaches Knowledge Appraisal and Development in the doctoral program with Dr. Deborah Chyun. 

Women for Nursing Scholarship Benefit

March 2, 2010



A



B

American Academy of Nursing Induction

November 7, 2009



F



G



H



I

Making Strides Against Breast Cancer Walk

October 18, 2009



J

Women for Nursing Scholarship Benefit

A Broadcast journalist Paula Zahn (left) was the emcee at this benefit breakfast for NYU nursing scholarships held at Armani/Ristorante. She interviewed actor and activist Matthew Modine (right) about his life and career.

B From left: Alicia Volk, Tamara Ross, Dean Terry Fulmer, and Eva Mallis Fisher were among the guests.

Valedictory Breakfast

C More than 115 baccalaureate graduates received their nursing pins at the December breakfast, held at the Metropolitan Pavilion. New graduate Jessica Lieder beams while she is pinned by her mother, Suzanne Lieder, as her sister, Heather Lieder, looks on.

19th Annual Estelle Osborne Ceremony

D From left: Bob Piemonte, spokesperson for the Campaign for Nursing at NYU, laughs with Tom Olson, executive associate dean; Edwidge Thomas, director of clinical practice affairs; and Yvonne Wesley PhD '00, director of the Leadership Institute for Black Nurses.

E Guest speaker and honoree Barbara Guthrie, PhD '87 (center), associate dean for academic affairs and associate professor at Yale School of Nursing, with former Yale colleagues Deborah Chyun (left) and Gail Melkus.

American Academy of Nursing Induction

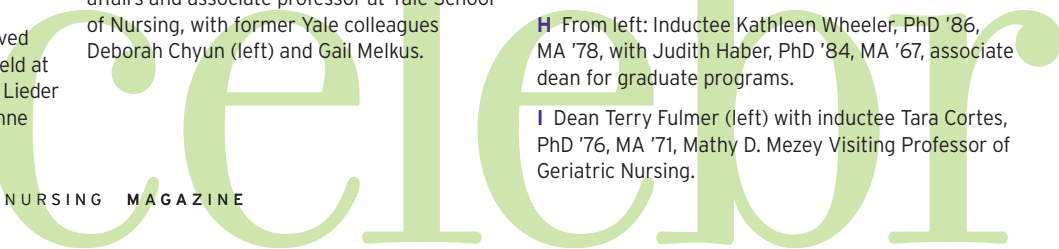
The College of Nursing warmly congratulates our colleagues and alumnae on their induction into the American Academy of Nursing.

F Inductee Karen Ballard, MA '68 (right), with Professor Madeline Naegle, MA '67, PhD '80.

G Former faculty member Susan Gennaro (left) with inductee Barbara Krainovich-Miller, associate dean, Academic and Clinical Affairs.

H From left: Inductee Kathleen Wheeler, PhD '86, MA '78, with Judith Haber, PhD '84, MA '67, associate dean for graduate programs.

I Dean Terry Fulmer (left) with inductee Tara Cortes, PhD '76, MA '71, Mathy D. Mezey Visiting Professor of Geriatric Nursing.



Valedictory Breakfast

December 22, 2009



19th Annual Estelle Osborne Ceremony

February 18, 2010



Nursing Student Leadership Awards

October 10, 2009



Celebration of Nursing Excellence Public Forum and Awards Ceremony

November 9, 2009



Making Strides Against Breast Cancer Walk

J Students, alumni, administrators, and staff braved the cold and rain at the annual American Cancer Society Making Strides Against Breast Cancer Walk held in Central Park. Team NYU College of Nursing, led by Captain Gail Wolfmeyer, raised \$10,347!

Nursing Student Leadership Awards

K Francis Grampa '10 and Julie Yeh '11 were awarded 2009 Nursing Student Leadership Awards from the New York State Nurses Association on October 10, 2009, at the association's annual convention in Saratoga Springs. Professor Barbara Krainovich-Miller received the NYSNA Membership Award at the same event. From left: Lydia Lopez, NYSNA director-at-large; Francis Grampa, Barbara Krainovich-Miller, Julie Yeh, and J. Howard Doughty, NYSNA treasurer.

Celebration of Nursing Excellence Public Forum and Awards Ceremony

L Rudin Family Student Award recipients from left: Sarah Holland (baccalaureate) and Carole Wind Mitchell (master's); Dean Terry Fulmer; Kimberly Glassman, PhD '07, MA '87, senior vice president and CNO, NYU Langone Medical Center, recipient of the Grace E. Davidson Award; Rose Moran-Kelly, clinical nurse specialist, The Visiting Nurse Service of New York, recipient of the Agnes and Rosemary Ludden Award for Innovative Practice; Shaké Ketefian, professor and director, Office of International Affairs, University of Michigan School of Nursing, recipient of the Rose and George Doval Education Award; Joan Chaya, director, college relations and staff retention, VNSNY, recipient of the Agnes and

Rosemary Ludden Award for Innovative Practice; Julio Urbina, director, healthcare program, Fan Fox & Leslie R. Samuels Foundation, Inc., recipient of the Maes-Maclinnes Award; Dr. Patricia Benner, professor emerita, UCSF College of Nursing and senior scholar, National Nursing Education Study, Carnegie Foundation for the Advancement of Teaching, guest speaker and recipient of the Distinguished Scholar in Nursing Award; Eloise Cathcart, clinical associate professor and coordinator of the master's program in nursing administration at the College of Nursing; Karen Roush, recipient of the Rudin Family Doctoral Student Award. (Missing from photo: New York State Senator Thomas K. Duane, recipient of the Health Policy and Legislation Award.)

M Dr. Patricia Benner addresses the audience.



News Briefs

Attending Nurse Model Bridges Academia and Practice

On the 17th floor of Tisch Hospital, at NYU Langone Medical Center, an innovative project is under way to increase contact and knowledge transfer between academic or administrative nurses and bedside nurses. Called the Attending Nurse Model, the project was developed at the College of Nursing to close the gap that can develop when expert nurses who become university faculty members do not maintain clinical practices. The project is supported through a generous grant of \$25,000 from the Hugoton Foundation.

While some academic nurses maintain joint appointments as clinicians, work in a faculty practice, or moonlight in a clinical setting, the profession of nursing has long struggled with creative ways to keep senior experts at the bedside and to infuse current research into practice. Unlike academic physicians, who see patients on a regular basis, nursing faculty and nurse administrators may not.

“The Attending Nurse Model holds promise for impacting nurse satisfaction, improving knowledge transfer, and increasing retention rates on acute-care units,” says Dean Terry Fulmer. “It’s an excellent way for senior nurses to stay in practice and bring their expert knowledge to the bedside.”

Professor Eloise Cathcart, MSN, RN, coordinates the program for the College and was the first faculty member to serve as a nurse attending on the 17th floor. She collaborates with Kim Glassman, PhD ’07, MA ’87, RN, NEA-BC, chief nursing officer at NYU Langone Medical Center, who has strongly championed the program. Professors cover a unit for up to one month at a time, meeting five mornings a week with the interdisciplinary team and visiting

patients together with the attending hospitalist, residents, medical students, pharmacists, pharmacy students, and staff nurses. They are also available for consultation by telephone, e-mail, or in person.

Ms. Cathcart credits Dean Fulmer with coming up with the Attending Nurse Model, which she does not believe has been tried elsewhere. The idea was first published as an editorial by Dean Fulmer in 2000 in the journal *Applied Nursing Research*.

“The faculty and nurse administrators love it because it gives them an opportunity to get back to clinical practice and to remember all of the complexities and challenges that are involved in taking care of patients,” she says, “The experience also makes us better teachers.”

Nursing and Skidmore Reunite at the College

NYU and Skidmore College have entered into an agreement to facilitate Skidmore students’ entrance into NYU’s nursing programs. The agreement was spearheaded by Dean Terry Fulmer, a 1976 graduate of the Skidmore nursing program, which closed in 1984. It was enthusiastically supported by Skidmore’s faculty and Board of Trustees, which recognized the desire of many Skidmore students to pursue careers in nursing. Dr. Fulmer is a trustee and longtime volunteer of Skidmore College, in Saratoga Springs, New York. She says, “My passion to forge this link comes from knowing the excellence of the Skidmore student body and the value of having Skidmore once again participate in preparing nurses for the future.”

In a letter to Dean Fulmer, Skidmore President Philip A. Glotzbach wrote, “This agreement comes at a moment when student interest in the health professions is surging at Skidmore and, indeed, across the country. The initial response among students

has been quite positive, and we expect this to be a popular career option.” Skidmore will offer the prerequisite nursing courses so that students will be positioned to enter the NYU curriculum seamlessly. The program is also aligned with NYU’s goal to increase enrollment in its accelerated bachelor’s degree programs, for students who have already earned one undergraduate degree.

MEMORIAM Virginia Pless



Virginia (Ginny) Pless, a great friend and benefactor of the College of Nursing, died December 4, 2009, at the age of 94. Ms. Pless was one

of two remarkable sisters who together founded the Joseph and Violet Pless Research Fund for Nursing, named for their parents, and the Muriel and Virginia Pless Center for Nursing Research at NYU College of Nursing. Ms. Pless lived in West Islip, New York, with her sister, Muriel, a 1943 graduate of the Steinhardt School of Culture, Education, and Human Development. Together they shared a long passion for nursing and public health.

In 1995, the Pless sisters endowed the Joseph and Violet Pless Research Fund for Nursing to support the Center for Nursing Research at the College, which, from the start, has supported faculty research and annual awards. In 1999, they endowed the Muriel and Virginia Pless Center for Nursing Research to assist faculty and staff in pre-award development and post-award management.

The Pless sisters made a gift to the Steinhardt School in 1995 to dedicate the building at 82 Washington Square East as the Joseph and Violet Pless Building and the first floor lounge as the Pless Lounge.



NYU Nursing Is Out in Force at Eastern Nursing Research Society Conference in March

The Eastern Nursing Research Society conference, held March 24–26, 2010, featured poster presentations and papers by an unprecedented 10 NYU nursing faculty members, 10 doctoral students, and 16 master's students. In addition, Drs. Wendy Budin and Maria Dolce have been elected by member votes to the 2010 Eastern Nursing Research Society leadership team. Dr. Budin has been elected to the Board of Directors as a member at large, and Dr. Dolce has been elected to the Organizational Development Committee.

Accepted to the conference were the following presentations.

Faculty

Wendy C. Budin, PhD, RN-BC, "Factors Associated with Exclusive Breastfeeding 2–4 Weeks Following Discharge from a Large Urban Academic Medical Center Striving for Baby-Friendly Designation" (paper)

Victoria V. Dickson, PhD, CRNP, "Work, Adherence and Health-Related Quality of Life among Workers with Cardiovascular Disease" (paper)

Maria Dolce, PhD, RN, NEA-BC, FACHE, "Experiences of Cancer Survivors with Healthcare Providers in the Context of the Internet as a Source of Health Information" (paper)

Donna Hallas, PhD, RN, PNP-BC, CPNP, "Social-Emotional Development of Teenagers Who Experienced the Loss of Their Mother: A Phenomenological Study" (paper)

Marilyn J. Hammer, PhD, CD, RN, "The Influence of Glycemic Status in Patients with Cancer" (paper)

Mary T. Hickey, EdD, WHNP-BC, "Adjunct Faculty Development: Reported Needs and Innovative Solutions" (paper)

Gail D'Eramo Melkus, EdD, C-NP, FAAN, "Changing Physical Activity Behavior Using Problem-Solving Skills and Continuous Glucose Feedback in Women with Type 2 Diabetes" (poster)

Kelley Newlin, DNSc, ARNP-C, CDE; Gail D. Melkus, EdD, C-NP, FAAN; Yolanda Mclean, RN, BSN; Emilio Mclean; Rita Dekker, MSN, ARNP-C; Deborah Chyun, PhD, RN, FAHA, FAAN, "Participatory Action Research: Exploring Diabetes-Related Factors & Community Action Strategies in Nicaragua" (poster)

Marie-Claire Rosenberg, PhD, RN, "Do Magnet Recognized Hospitals Provide Better Care?" (paper)

PhD Students

Daniel Cline, MSN, RN, CRNP, "Integrative Review of an Emerging Care Model: Telemedicine, Health Information Technology, and the ICU" (poster) and "High-Quality Nursing: The Perspective of Hospital-Based Nurses" with **Christine T. Kovner, PhD, RN, FAAN,** and **Marie-Claire Rosenberg, PhD** (paper)

Ranekka Dean, PhD, MPA, RN, "A Concept Analysis: Spirituality among African-Americans and Its Impact on Health" (poster)

Caroline Dorsen, MSN, FNP-BC, "Vulnerability in Homeless Adolescents: A Concept Analysis" (poster)

Margaret Eckert-Norton, MS, APRN, BC, "Patterns of Self-Care Decision Making in Women of African Descent with Type 2 Diabetes Living in Urban America" (podium presentation)

Aileen Ferrick, RN, ACNP-C, FHRS, "Catheter Ablation for Symptomatic Atrial Fibrillation Improves General Health Perception" (paper)

Kimberly Hall, MSN, RN, FNP-BC, "Appraisal of Cardiovascular Risk and Preventative Measures in the Emergency Department: An Integrative Review" (poster)

Adrian Juarez, MA, MSN, RN, "Stigma in the Women of Mexican Ancestry" (poster)

Margaret M. McCarthy, MS, RN, FNP-BC, "Predictors of Physical Inactivity in Men and Women with Type 2 Diabetes" (podium presentation) and "Barriers to Cardiac Rehabilitation in Women with Cardiovascular Disease" (poster)

Tanyka Smith, MS, FNP-BC, "Concept Analysis of Power: In Relation to Sexual Decision Making and HIV Risk in African-American Women" (poster)

Miho Suzuki, MSN, RN, "Perceived Involvement in Treatment Decision-Making, Uncertainty, and Quality of Life in Patients with Head and Neck Cancer" (paper)

Master's Students

Tashea Gallimore, Jessica Oppenheimer, Miriam Pudel, Ana Souto, Christine Verzosa, "HEAT Initiative: Implementation of an Evidence-Based Clinical Practice Guideline to Reduce Childhood Obesity" (poster)

Rebecca Goldstein, Lori Kraljevic, Erin Lange, Grace Ning, Maria Pains, Katie Shaw, "Analysis of PNP Use of the Hypercholesterolemia Practice Guideline in Children" (poster)

Abby Boyer, Karyn Cherwinski, Jillian Davido, Dorothy Kleinert, Erin Leech, "Opt-Out Testing of the Adolescent Population: A Critical Analysis of Current CDC Recommendations" (poster)

Susan Kun Leddy Memorial Scholarship Fund Established



In honor of Susan Kun Leddy, who received her PhD from NYU College of Nursing in 1968, her daughter Erin Leddy, MSW, LSW, has very generously estab-

lished the Susan Kun Leddy Memorial Scholarship Fund. Dr. Leddy was dedicated to helping nurses advance the science of nursing through theory, research, and teaching and was the author of multiple textbooks including *Leddy and Pepper's Conceptual Bases of Professional Nursing* and *Integrative Health Promotion: Conceptual Bases for Nursing Practice*. She made a lasting contribution to nursing and to the Science of Unitary Human Beings founded in the 1960s by visionary Martha E. Rogers.

"I wanted to create this scholarship to make sure that people will remember how brilliant and caring my mother was and to ensure that her life and her legacy will not be forgotten," Erin Leddy says. "She truly cared about her students and loved teaching. She also had a passion for nursing research, as evidenced by her many papers and instruments."

The Susan Kun Leddy Memorial Scholarship is open to part-time and full-time students enrolled in the College of Nursing PhD or DNP programs. The awards, of up to \$1,500, may be applied to the cost of tuition, books, housing, transportation, or other relevant doctoral student expenses.



Faculty News

Elizabeth Capezuti, PhD, RN, FAAN, the Dr. John W. Rowe Professor in Successful Aging and codirector of the Hartford Institute for Geriatric Nursing, is a coinvestigator for a four-year \$1,149,807 grant from the Agency for Healthcare Research and Quality, funded November 1, 2009, titled “Reducing Catheter-Associated Urinary Tract Infections in NICHE Hospitals.”



Maria C. Dolce, PhD, RN, NEA-BC, FACHE, clinical assistant professor of nursing and program coordinator of the Nursing Education Master’s and Advanced

Certificate Programs, presented three papers this past fall, including “Experiences of Cancer Patients, Survivors, and Caregivers with Healthcare Providers in the Context of Online Health Information and Resources,” at the 40th Biennial Convention of Sigma Theta Tau International in Indianapolis in November 2009.

Terry Fulmer, PhD, RN, FAAN, dean, was a panelist on “What We Should Teach” at the Forum on the Future of Nursing: Education, part of the Robert Wood Johnson Initiative on the Future of Nursing at the Institute of Medicine, held in Houston on February 22, 2010. Dean Fulmer also has been appointed to the Committee on an Oral Health Initiative at the Institute of Medicine and took part in its first workshop and meeting in Washington, D.C., March 31 to April 1, 2010.

Nancy Jackson, PNP, EdD, MA, clinical associate professor, is collaborating with the Department of Pediatric Dentistry to teach the Child Abuse course in the College of Dentistry. The course is a New York state requirement for all mandated reporters of child abuse.

Welcome, New Faculty!



Tara Cortes, PhD '76, MA '71, joins the College as the Mathy D. Mezey Visiting Professor of Geriatric Nursing. Dr. Cortes was most recently president and CEO

of Lighthouse International. Dr. Cortes is working with the Hartford Institute for Geriatric Nursing and its NICHE program in their efforts to achieve patient-centered care for older adults. She is also teaching Nurse-Client Therapeutic Interaction and assisting the dean in development activities for the College.



Saribel Ceballos Quinones, DNP, MSN, joins the College as a clinical instructor. She received her bachelor and master’s degrees

from the University of Miami and DNP from Columbia University. She was most recently a medical consultant for the New York City Administration for Children’s Services at NYU Langone Medical Center and a pediatric nurse practitioner at Carmel Pediatrics.



Anne Marie Mauro, PhD '98, MSN, joins the College as a clinical associate professor of nursing. She holds bachelor and master’s degrees from Seton

Hall University and a doctoral degree from NYU College of Nursing. She was most recently an assistant professor at Seton Hall University College of Nursing and is president of the NYU College of Nursing Alumni Association.



Cheryl Nadeau, MSN, FNP, joins the College as a clinical instructor. She holds a master’s degree from Wagner

College in Staten Island. Ms. Nadeau has recently worked as a family nurse practitioner, as director of nursing at Community Health Center of Richmond in Staten Island, and as an adjunct professor at Wagner College.



Christine Kovner, PhD, RN, FAAN, professor of nursing, has been honored for authoring one of the top five research articles of the year in the Robert

Wood Johnson Foundation’s “The Year in Research: 2009” competition for her article “What Newly Licensed Registered Nurses Have to Say about Their First Experiences,” published in the July/August 2009 edition of *Nursing Research*. More than 900 people cast votes on their top research articles from a list of 21 nominated contenders.



Barbara Krainovich-Miller, EdD, APRN, BC, ANEF, has been promoted to associate dean for academic and clinical affairs at the College of Nursing. Dr. Krainovich-Miller’s promotion is

based on a remarkable expansion in the scope of her responsibilities over the past two years as a result of the College’s 40 percent growth in student enrollment and 119 percent increase in faculty, along with related growth in the use of simulation and technology. She was inducted as an American Academy of Nursing Fellow in November 2009.



Ann Kurth, PhD, CNM, professor and director of global health initiatives, has received a National Institutes of Health Challenge Grant to study the effective-

ness of a computer counseling tool in ensuring correct use of medication for people with HIV among a Latino population in New York City. Her two-year, approximately \$1 million grant is one of seven that NYU received and the only one awarded on the Washington Square campus. It is funded through the American Recovery and Reinvestment Act stimulus funding.



Gail D'Eramo Melkus, EdD, C-NP, FAAN, the Florence and William Downs Professor in Nursing Research, has been named director of the Muriel and Virginia Pless

Center for Nursing Research. She is a nationally recognized expert in diabetes nursing care and research.



Mathy Mezey, EdD, RN, FAAN, professor emerita, senior research scientist, and director of the Hartford Institute for Geriatric Nursing, received the Doris Schwartz Gerontological Nursing Research Award on November 20, 2009, at the Gerontological Society of America meeting in Atlanta. From left: Dr. Cindy Beel-Bates, interest group convener; Dr. Mezey; Dean Terry Fulmer.



Ethel Mitty, EdD, RN, associate research scientist, has coedited *Assisted Living Nursing: A Manual for Management and Practice*,

with Barbara Resnick, PhD, CRNP, FAAN, FAANP, of the University of Maryland, published in August 2009 by Springer Publishing Co. The book is a comprehensive overview of management activities and clinical competencies for assisted-living nurses.



Kelley Newlin, DNSc, ARNP-C, CDE, assistant professor, has received the prestigious new Clinical and Translational Science Institute

KL2 Scholar Award in the amount of \$268,250 from the National Institutes of Health, funded through NYU School of Medicine. Dr. Newlin is one of two NYU faculty members, and the only College of Nursing nurse scientist, to receive the award. Dr. Newlin will conduct the study "Translating the Diabetes Prevention Program and Diabetes Self-Management Education into a Black American Faith-Based Setting." Dr. Newlin also received the 2010 Eastern Nursing Research Society Rising Star Researcher Award.



Hila Richardson, DrPH, RN, FAAN, associate dean of the undergraduate program, was inducted as a Fellow into the New York Academy of

Medicine on November 17, 2009. At NYU Dr. Richardson has served on the governing faculty for the Global MPH program. Prior to NYU, she was deputy director for medical research at the

National Center on Addiction and Substance Abuse at Columbia University and served as senior assistant vice president for long-term care at the New York City Health and Hospitals Corporation.



Mary Rosedale, PhD '07, ADCRT '01, APRN-BC, CNAA, assistant professor, received an associated appointment to the Department of Psychiatry at NYU

Langone Medical Center and was named to the editorial board of the *Journal of the American Psychiatric Nurses Association*.



Shiela M. Strauss, PhD, has received exceptional press coverage of her article "The Dental Office Visit as a Potential Opportunity for Diabetes

Screening: An Analysis Using NHANES 2003-2004 data," published in November 2009 in the *Journal of Public Health Dentistry*. She was also interviewed by CBS News in January 2010. She and fellow researchers found that many people at risk for periodontal disease would benefit from diabetes screening at the dentist's office.



Yvonne Wesley, PhD '00, adjunct associate professor, is the editor of a new textbook, *Black Women's Health: Challenges and Opportunities*, published by Nova

Science Publishers, Inc. The book compiles the research of nine women in the health care field, addressing cultural disparities in research and practice. ♣



Selected Faculty Scholarly Publications

Dr. Joyce Anastasi, director of the Division of Special Studies in Symptom Management, is a coauthor with **Dr. Bernadette Capili**, the division's associate director, and **Jenna S. Geiger**, an NYU College of Nursing graduate student, of "Evaluating Published Reports of Adverse Events in Acupuncture Clinical Trials Focusing on Pain" in the *Clinical Journal of Pain*, January 2010. She is also a coauthor of "Symptom Management for Irritable Bowel Syndrome" in *Gastroenterology Nursing*, July/August 2009, and of "Developing an Integrative Therapies in Primary Care Program" in *Nurse Educator* (also with Dr. Capili), November/December 2009.

Eloise Cathcart is a coauthor of "The Making of a Nurse Manager: The Role of Experiential Learning in Leadership Development," accepted for publication in the May 2010 edition of *Journal of Nursing Management*, an issue focused on reflective practice, published by Wiley-Blackwell in the United Kingdom.

Dr. Terry Fulmer is a coeditor of *Critical Care Nursing of Older Adults: Best Practices (3rd ed.)*, and is coauthor of the chapter "Patient Safety for Older Patients in the Intensive Care Setting" with **Judy Dillworth**, an NYU College of Nursing graduate student, published by Spring Publishing Co., 2010.

Dr. Mei Fu is a coauthor with **Dr. Judith Haber** of "The Effect of Providing Information about Lymphedema on the Cognitive and Symptom Outcomes of Breast Cancer Survivors," e-published ahead of print in *Annals of Surgical Oncology*, January 2010. She is a coauthor with **Dr. Mary Rosedale** of "Breast Cancer Survivors' Experience of Lymphedema Related Symptoms" in

Journal of Pain and Symptom Management, October 2009, a study for which she was awarded the Tactile Systems Technology Young Investigator Award at the 22nd International Society of Lymphology Congress in Sydney, Australia, in September 2009. She is also a coauthor of "Symptom Clusters and Quality of Life in Korean Patients with Hepatocellular Carcinoma" in *Cancer Nursing*, January 2010, and of the American Lymphedema Framework Project (ALFP): Identifying Issues in the Field of Lymphedema in the United States: Report of the Stakeholder's Meeting, *Journal of Lymphedema*.

Dr. Judith Haber coauthored an article in the December 2009 issue of *Journal of the American Psychiatric Nurses Association* titled "The Inextricable Nature of Mental and Physical Health: Implications for Integrative Care." The article is available through the NYU Library online: <http://getit.library.nyu.edu/go/458877>.

Drs. Donna Hallas and Donna Shelley are the coauthors of "Role of the Pediatric Nurse Practitioners in Oral Health Care" in *Academic Pediatrics*, November/December 2009. Dr. Hallas is also a coauthor of the article "Nursing Strategies to Reduce the Incidence of Early Childhood Caries in Culturally Diverse Populations," which became available online in the *Journal of Pediatric Nursing* on December 17, 2009.

Dr. Gail Melkus is a coauthor of "Depression, Depression Treatment and Insulin Sensitivity in People at Risk for Type 2 Diabetes," in *Diabetes Research and Clinical Practice*, November 2009.

Dr. Mary Rosedale is the coauthor with **Dr. Mei Fu** of "Confronting the Unexpected: Temporal, Situational, and Attributive Dimensions of Distressing Symptom

Experience for Breast Cancer Survivors" in *Oncology Nursing Forum*, January 2010; coauthor of "The Effects of Psycho-Education and Telephone Counseling on the Adjustment of Women with Early Stage Breast Cancer" in *Applied Nursing Research*, December 2009; author of "Evidence-Based Psychiatric and Mental Health Nursing: Responsibilities and Their Distribution" in the *Journal of the American Psychiatric Nurses Association*, December 2009; "Transcranial Magnetic Stimulation (TMS): An Entirely Novel Form of Treatment in Psychiatry and a Groundbreaking Opportunity for Psychiatric Mental Health Nursing" in the *Journal of the American Psychiatric Nurses Association*, October 2009; and coauthor of "Research Brief: The Structure of the Lived Experience for Persons Having Undergone rTMS for Depression Treatment" in the *Journal of the American Psychiatric Nurses Association*, October 2009.

Dr. Allison Squires is a coauthor of "Health System Reconstruction: Perspectives of Iraqi Physicians" in *Global Public Health*, published online February 10, 2010; and "Role Development of Community Health Workers: An Examination of Selection and Training Processes in the Intervention Literature" in the *American Journal of Preventive Medicine*, December 2009. She is the author of "Factores Extraprofesionales y Enfermería en El Siglo XX" in *El Ser Enfermero* (Argentina), November 2009–January 2010; "A Valid Step in the Process: A Commentary on 'Content Validity is Naught'" in the *International Journal of Nursing Studies*, September 2009; and several additional articles. She also published the monograph "Strategic Investments in Nursing Workforce Development in Mexico," Mexico, D.F., Centro de Diálogo del América del Norte.



Letter from Ann Marie Mauro

NYU COLLEGE OF NURSING ALUMNI ASSOCIATION PRESIDENT

Dear Fellow Alums:

It has been an amazing year! I am so proud of our current Executive Board members for their enthusiasm and dedication, which has resulted in many significant accomplishments for the Alumni Association. I want to extend a special thanks to Barbara Mellor, assistant director of alumni relations and special events. Barbara is leaving NYU after 15 years of dedicated service to the College of Nursing, and we will miss her immensely. We appreciate the significant contributions Barbara has made to the Alumni Association, and we wish her the very best in this next chapter in her professional and personal life.

This past November we joined the College in honoring many distinguished leaders in the profession at the 22nd Annual Celebration of Nursing Scholarship. We had a most informative public forum on narrowing the practice-education gap that included Dr. Patricia Benner, the 2009 Distinguished Scholar in Nursing; Joan Chaya, director of college relations and staff retention for The Visiting Nurse Service of New York (VNSNY); Rose Moran-Kelly, clinical nurse specialist overseeing the Distinguished Lecturer Program of the VNSNY; Dr. Shaké Ketefian, professor and director of international affairs at the University of Michigan School of Nursing—a former NYU faculty member; and our own alumna Kim Glassman, PhD '07, MA '87, senior vice president of patient-care services and chief nursing officer of NYU Langone Medical Center. Dr. Benner spoke on her findings from the Carnegie Foundation National Education Study. It was an extraordinary

afternoon of events with a record attendance from alumni and friends.

We showcased two documentaries this year at our Movie & Conversation nights. The first film, *Baghdad ER*, was a day-in-the-life look at the 86th Combat Support

“I hope you will continue to show your appreciation by making a contribution to our fundraising efforts for a lecture hall in the new building.”

Hospital in Iraq. On February 4, a small but enthusiastic group of alumni and current students attended our second documentary, *Sentimental Women Need Not Apply: A History of the American Nurse*. All agreed that the film was as relevant today as when it was first presented in 1988. Alumna and moderator Jackie Hott, PhD '72, MA '53, BS '46, dean emerita of Adelphi School of Nursing, was pleased with the response, and the students were very receptive to her professional experience. Dr. Hott is the mother and mother-in-law of the filmmakers, Lawrence R. Hott and Diane Garey. Also in February, we saluted the extraordinary lifetime accomplishments of alumna Barbara Guthrie, PhD '87, RN, at the Estelle Osborne Recognition Ceremony. All of these events are ways for alumni to reconnect with NYU and the College of Nursing and visit with classmates and old friends.

We continue to move forward with our mentoring program, and I encourage all alumni to step up to the plate and be a mentor to a recent graduate. They need our guidance and support. Plans are under

way for an electronic survey to go out to all alums to find out about your interest and participation in this program. If you already know that you want to participate, please contact me at annmarie.mauro@nyu.edu.

I know you share my deep appreciation for the education we received at NYU. I hope you will continue to show your appreciation by making a contribution to our fundraising efforts for a lecture hall in the new building. We need to do our share to make this new building for the College a reality, and so I ask each and every one of you to make a gift today.

I look forward to greeting you at the upcoming events and welcome your input about how we can respond to your needs. We want to hear from all alums, whether near or far, and we especially welcome our newest grads. Stay in touch with us and mark your calendars for NYU Alumni Day on Saturday, October 23, 2010.

Best wishes,
Ann Marie Mauro, PhD '98, RN, CNL

PLEASE DONATE TODAY to help create an Alumni Association Lecture Hall through the College of Nursing Building Fund. You may donate online at nyu.edu/nursing. Click on “Give to the College of Nursing,” and be sure to choose the College of Nursing Building Fund. Please fill in your graduation year when prompted. You may also donate by check to:

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NYU College of Nursing
c/o Meredith Miller
Office of Development & Alumni Relations
726 Broadway, 10th Floor
New York, NY 10003
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Thank you! Your contributions are deeply valued.



ALUMNI ACHIEVEMENTS

1967



Phyllis Fitzgerald, PhD '67, was inducted into the Ohio Veterans Hall of Fame in November 2009. Among many other volunteer roles,

she is chair of the Americanism Committee in the American Legion Department of Ohio and part of the Faith in Action -Interfaith Caregivers, an organization that sends volunteers to visit the elderly and homebound.

1973

Ruth Barnard, PhD '73, a retired associate professor at the University of Michigan School of Nursing, helped start the Haiti Nursing Foundation in 2005 to provide financial support to the school of nursing, Faculté des Sciences Infirmières at the Université Episcopale d'Haïti (Faculty of Nursing Science of the Episcopal University of Haiti, or FSIL), the first four-year baccalaureate nursing school in Haiti, which graduated 26 nurses in 2009.

When the earthquake struck Haiti in January 2010, 90 percent of buildings in the vicinity of the college collapsed, and tents were raised along the road in front of FSIL. The dean of the school, students, and graduates started caring for the injured right after the earthquake. With very few supplies, they sutured, made splints, delivered babies, and served as nurses and

translators. The FSIL is making plans to get back to educating the students as soon as possible and is seeking experienced nurse faculty to volunteer to teach there in short compact courses and /or online courses. The Haiti Nursing Foundation will continue to raise funds and help see the college through the next phase, which promises to be very challenging, financially and logistically for the enrolled nursing students.



A wall of the FSIL nursing college in Haiti was destroyed in the earthquake.

1984



MaryAnne Gallagher, BS '84, received the 2009 Organization Innovation Award for nurse director from the AONE Institute for Nursing Leadership, Research and Education. She is the president of the Greater New York Nassau Suffolk Organization of Nurse Executives.

1987



Kim Glassman, PhD '07, MA '87, RN, NEA-BC, assumed the role of senior vice president of patient care services and chief nursing officer of NYU Langone Medical

Center on February 5, 2010. Selected after a national search, Dr. Glassman succeeds another College of Nursing alumna, **Susan Bowar-Ferres, PhD '87**, who serves on the College of Nursing Advisory Board and who laid the foundation for world-class nursing at NYU Langone, including its back-to-back Magnet designation.

Dr. Glassman has more than 30 years of experience in nursing and a deep understanding of the medical center. She joined the staff in 1978 as a senior staff nurse in the Intensive Care Unit and was later promoted to head nurse of the MICU and CCU. Since then, she has held director of nursing positions in several clinical areas. Dr. Glassman was promoted to vice president for nursing operations in 2005 and vice president for patient care services in 2008. Dr. Glassman has conducted research on the patient experience in such areas as medication self-management by older adults and has developed innovative interactive education programs for both breast- and lung-cancer patients. She has written chapters for many nursing textbooks and several peer-reviewed journal articles and serves as a reviewer on the editorial boards of *Applied Nursing Research*, *Nursing Economics*, and *Qualitative Health Research*.

Change of Contact Information?

We'd like to hear from you! Please send your updated contact information (including email address) and news to nursing.alumni@nyu.edu so that we can stay in touch.



1989



Annemarie Sipkes Donato, MSN, BS '89, FNP, is in her second semester of the Medical University of South Carolina DNP program and had an article published in

the *Journal of the American Academy of Nurse Practitioners* in November 2009: "Nurse Practitioners in Holland: Definition, Preparation and Prescriptive Authority." She will conduct a DNP practice project in a college health clinic with a focus on reducing high-risk behaviors.

women to reduce HIV risk. She is engaged in a major study, funded by the National Institute of Nursing Research at the National Institutes of Health, to study the effects of targeted soap-opera videos, which can be viewed on cell phones, in reducing young women's HIV sexual risk behavior.

2003



Aileen F. Tanafranca, BS '03, MA '09, received her master's degree in nursing administration and is working at Lenox Hill Hospital as a nurse manager in a vascular

surgical unit, where she oversees a 24-bed unit and 31 staff members. Recently, she was awarded a Shining Star Award from the hospital's Reward and Recognition Program for outstanding leadership and going above and beyond her duties. A Sigma Theta Tau member, Aileen plans to continue supporting the profession of nursing.

1996



Deborah Sherman, PhD '96 and post-masters certificate in acute care nursing of adults '96, is the coauthor of the third edition of the textbook *Palliative*

Care Nursing: Quality Care to the End of Life, published in 2010 by Springer Publishing Co. Dr. Sherman is a professor, assistant dean for research, and codirector of the Center for Excellence in Palliative Care Research at the University of Maryland.

2006



Elizabeth Jones, BS '06, received the Spirit of Hillman Award on December 9, 2009, presented by the Hillman Alumni Nursing Network to an individual who

"expresses and demonstrates incredible enthusiasm for nursing and encourages other nurses to support the profession as well." Nursing is a second career for Ms. Jones, who is the nurse coordinator of the NYU College of Nursing mobile health van initiative "Feeling Good in Your Neighborhood," a community outreach program that focuses on combating health disparities among adolescents in Brooklyn.

2002



Rachel Jones, PhD '02, RN, associate professor of nursing at Rutgers, the State University of New Jersey, College of Nursing, was honored as an *Esteemed Woman*

in the *Field of Women and HIV/AIDS* by the New Jersey Women and AIDS Network in November 2009. Dr. Jones has devoted her career to research and practice with urban

New York Academy of Medicine Inducts NYU Nursing Alumnae

Five College of Nursing alumnae were inducted into the New York Academy of Medicine as Nurse Fellows on November 17, 2009. Congratulations to Diana Mason, PhD '87, Barbara Glickstein, BS '85, Catherine (Alicia) Georges, PhD '73, Donna Nickitas, MA '80, and Kathleen Nokes, PhD '85. Fellows "embody the highest levels of achievement and leadership in the fields of medicine and health as well as science, social work, nursing, education, law, and research."

MEMORIAM

Sally Miller Stadter



The College of Nursing sadly acknowledges the passing of Sally Miller Stadter, a former faculty member, friend, and supporter of the

College, on March 14, 2010, in Naples, Florida, after a brief illness. Formerly Sally Ruth Miller, Dr. Stadter received her MA in psychiatric mental health nursing from NYU in 1963 and her PhD from NYU in 1974. Her doctoral dissertation was titled "An Investigation of the Relationship Between Mother's General Fearfulness, Their Daughters' Locus of Control, and General Fearfulness in the Daughter." Dr. Stadter served on the faculty in the Division of Nursing at NYU from September 1973 until the early 1980s together with Drs. Carol Hoskins, Erlene McGriff, Joanne Griffin, Pat Hurley, John Phillips, Connie Vance, and Diana Mason.

January Intersession Offers Unique Experiences Both Near and Far

FOR STUDENTS like Cori Tolda '10, the January 2010 Intersession course in Rural Nursing was a transformative experience.

"It's hard to even articulate what we learned; health care in the rural setting is a different world," Cori says.

Touched by the friendly, personal approach that nurses exude at the **Adirondack Medical Center**, she hopes to bring the same community feeling into her practice in a larger city. "At the same time," Cori says, "I was struck by the hardships and lack of resources facing many rural patients. A nurse does not need to leave the United States to care for people who face profound disparities in health resources."

Cori was one of seven students who attended the two-week course at the Adirondack Medical Center (AMC). It was led by Dean Terry Fulmer, PhD, RN, FAAN, and Professor Margaret Sorensen, MS, FNP, chief nursing officer at AMC, with the strong support of President John Mills of Paul Smiths College.

Rural Nursing is one of several unique and fascinating learning experiences in which NYU College of Nursing students took part in January. For the first time, the College offered two Intersession courses in Buenos Aires, Argentina (see sidebar).



Seven NYU students participated in the Rural Nursing course at the Adirondack Medical Center. From left: Sarah Richey, Leah Feldman, Emily Fries, Vivian Lau, Margaret Sorensen, chief nursing officer, John Campbell, Roisin McManus, and Cori Tolda.



Students toured the Hospital Comodoro Hugo Cesar Meisner, a public maternity hospital in Pilar near the Universidad Austral, Argentina.

Across the globe, Deborah Chyun, PhD, RN, FAHA, FAAN, associate professor, and Gail Melkus, EdD, C-NP, FAAN, Florence and William Downs Professor in Nursing Research, taught the Comparative Health Systems course to 16 students in Florence, Italy.

Graduate students were also engaged in off-campus learning at **Bassett Healthcare** in Cooperstown, New York, which serves 1,500 square miles of upstate territory. Students of Clinical Instructor Caroline Dorsen, MSN, FNP, completed intensive clinical hours precepted by nurse practitioners in that area. Special thanks are due to Connie Jastremski, MS, RN, chief nursing officer of Bassett, for allowing NYU students this extraordinary opportunity.

Five undergraduate students enrolled in the epidemiology course taught by Senior Research Scientist Holly Hagen, PhD, on the Washington Square campus, where they were introduced to epidemiologic methods for studying infectious diseases such as HIV, hepatitis C, and STIs in hidden and marginalized populations. This was the first time this course had been taught at NYU, and, according to Dr. Hagen, the small group created ideal circumstances for piloting the course and engaging students in the topic. 🌱

Winter 2009 – 2010 in Buenos Aires

By Daniel D. Cline, MSN, RN, CRNP

THIS JANUARY, NYU nursing students had their first opportunity to take Intersession courses in Buenos Aires, Argentina. There were 11 students in *Global Perspectives on Child Health*, taught by Wendy Budin, PhD, RN-BC, and Susan Vacca, MSN, RN, CPNP. Twenty-three students enrolled in *Nursing Issues and Trends within the Health Care Delivery System*, which I had the pleasure of teaching with Executive Associate Dean Tom Olson, PhD, RN, PMHCNS-BC.

The courses were taught with nursing faculty from **Universidad Austral**, Buenos Aires. Professors Bea Goodwin, PhD '70, MA '60, RN, and Eliana Horta, MS, MPH, RN, were instrumental, along with Professor Madeline Naegle, PhD, APRN-BC, and Dean Olson, in establishing the program in Buenos Aires, where NYU Study Abroad programs are located.

Students attended lectures from local health care professionals ranging from practicing nurses and physicians to Ministry of Health officials engaged in large-scale public health and policy initiatives. Students also visited public and private hospitals to get a better understanding of the Argentinean health care system. Although there is free universal health care, the public system lacks funding and is overburdened.

Students gained an understanding of some of the challenges Argentina faces in providing care to its population. These include dramatic disparities in health outcomes among various regions of the country, a shortage of qualified nurses, and a disconcerting ratio of one nurse for every five physicians. Students were immersed in Argentinean culture by staying with host families.

Hartford Institute for Geriatric Nursing

NEW PROJECTS PROMOTE CARE FOR OLDER ADULTS

NICHE Leadership Training Program Helps Hospitals Improve Geriatric Care

The NICHE (Nurses Improving Care for Healthsystem Elders) program is now easier for hospitals to join thanks to a new online Leadership Training Program designed to immerse nurse leaders in the philosophy and mechanics of the program. Based at the Hartford Institute, NICHE is a comprehensive approach to nursing care for hospitalized older adults. In joining, hospitals receive protocols, tools, and evidence-based resources to undertake system-wide changes to improve care of older adults. Previously, hospitals that sought to join NICHE sent teams to a NICHE annual conference. Since February, hospitals have been able to participate in the flexible, affordable, and rigorous six week Web-based program at their own sites.

Participating hospitals must commit to enrolling a minimum of three staff members, who constitute the steering committee for the NICHE initiative: a nurse clinician leader, a clinical educator, and an administrator or manager. In addition, direct-care staff and staff of other disciplines (including medical, rehabilitation, social work, or pharmacy) may participate. Participants earn 38 contact hours of continuing-education credit.

Educational components of the training include streamed media presentations by national leaders in geriatric care; interactive learning modules addressing NICHE models, staff development, clinical practice, and evaluation; live webinars; and group discussions facilitated by expert NICHE faculty. For more information and registration requirements for the Leadership Training Program, write to info@nicheprogram.org.

Reducing Catheter-Associated Urinary-Tract Infections



Patients experience more than 500,000 catheter-associated urinary-tract infections (CAUTIs) per year in the United States. These infections take a large toll on patients and the health care system since they can lead to prolonged hospital stays, bacteremia, prosthetic joint infection, and death. The best way to prevent these complications is to remove these catheters when they are no longer medically necessary. Yet surveillance of CAUTIs at hospitals is limited, and documentation of catheter use is poor.

Elizabeth C. Capezuti, PhD, RN, FAAN, the Dr. John W. Rowe Professor in Successful Aging, codirector of the Hartford Institute, and director of NICHE, is coinvestigator on a large new study to reduce CAUTIs in NICHE hospitals. She is working with principal investigator Heidi Wald, MD, of the University of Colorado, on this project, funded by a \$1,149,807 grant from the Agency for Healthcare Research and Quality.

The researchers are using a novel method employing health care information technology to improve surveillance of urinary catheter duration and CAUTIs. They will develop and test an algorithm at the University of Colorado Hospital for tracking CAUTIs and then carry out a cluster randomized trial at 16 NICHE hospitals, looking at the relationship between catheter duration and CAUTI rates. This kind of surveillance is particularly important because new regulations from the Centers for Medicaid and Medicare Services provide incentives for hospitals to monitor and reduce catheter use and duration.

Helping Older Adults Maintain Function While in the Hospital



For older adults, it is not unusual to lose a degree of physical function during a hospital stay. The combination of spending time in bed and receiving help with routine activities, such as moving to a chair or grooming, may inadvertently reduce patients' muscle tone and ability to care for themselves.

Marie Boltz, PhD '07, RN, assistant professor of nursing and practice director of NICHE (Nurses Improving Care for Healthsystem Elders), has been awarded a two-year \$120,000 Claire Fagin Post-Doctoral Fellowship funded by The John A. Hartford Foundation to study the factors contributing to the loss of physical function among older adults during hospital stays. The long-range goal is to develop an intervention to prevent functional decline that draws together factors such as nurse knowledge, routines, and access to equipment and supplies. Dr. Boltz is working with Barbara Resnick, PhD, CRNP, FAAN, FAANP, of the University of Maryland School of Nursing and an expert in this area to develop a measure of physical function.

Dr. Boltz recently completed a pilot study of physical function among 75 patients at New York Downtown Hospital and will begin another study at NYU Langone Medical Center with 165 patients. These pilot studies have received supplemental support from the Rehabilitation Nursing Foundation and Sigma Theta Tau International. ♣



Penny Klatell

“I GIVE TO NYU COLLEGE OF NURSING FOR three main reasons. The first is my strong belief in the importance of nursing as a profession and its growing importance in our turbulent world of health care. I have always been concerned that people go without wellness care or access to care because of escalating costs and lack of insurance. Nurses, who are taught to assess and evaluate, can be at the forefront of providing primary and wellness care—the preventative care, the well-baby care, the well-adult care, and the well-senior care that we all need.

I support NYU in particular because it’s the provider of an extremely high level of education for nurses. More than that, I support the effort and willingness of NYU Nursing, spearheaded by Dean Terry Fulmer, to present a professional image of nursing to the world and to get things done. Part of that effort is the creation of a new nursing building that will have a presence not only intellectually but physically within the university. The new building will be an excellent space where nurses have the best tools to learn, with virtual classrooms, practice labs, and everything that the College needs to be a leader into the future.

There’s a third reason as well. As an alumna of Skidmore College, like Dean Fulmer, I’m so excited about the new

relationship that has been forged between these two colleges. Dean Fulmer and I are very privileged to have graduated from an undergraduate nursing program that was one of the best in the country but that has unfortunately closed. I think it’s fantastic that students from Skidmore now can directly enter NYU’s nursing program. Dean Fulmer and I go so far back—she was one of my nursing students when I returned to teach at Skidmore College, and she once cared for my two-year-old son when I had to bring him to class.

When I look at my career, I am so grateful for the education I received at NYU. Like many students, I was particularly influenced by the world view of Professor Martha Rogers. Her perspective on the interconnectedness of everything in the universe—whether people to people or people to the environment—and in the body makes it very clear that just looking at one component is never enough. Staying connected is what it’s all about, and I encourage all alumni to support the College through your gifts and your profession.” 🌱



Penny Klatell received her master’s degree in 1971 and doctoral degree in 1975 from NYU College of Nursing. She worked as a nurse in New York City during the 1970s and then began teaching at Columbia University and City College. Dr. Klatell continued to teach as an adjunct instructor while raising three sons in Connecticut. Several years ago, she became certified both in integrative nutrition and as a life, health, and wellness coach. Dr. Klatell now runs a coaching and consulting business (LifeOdysseyConsulting.com), specializing in helping people who need to lose weight for medical reasons. Through her blog, socialdieter.com, she shares information to help busy people eat healthy meals when they eat out in restaurants and other social settings, or when they take out. At the College, Dr. Klatell has given guest lectures on motivational interviewing — an approach using techniques and language that can help motivate patients to change behaviors. She is a donor to the Campaign for Nursing at NYU.

Dean's Circle

The NYU College of Nursing Dean's Circle recognizes those who generously support the College in its commitment to being the leader in nursing education and research. The Dean's Circle honors those who give \$1,000 or more to

the College's Annual Fund. During the College's Building Campaign, all building-fund gifts of \$1,000 or more will also place the donor into the Dean's Circle for the year in which they make this contribution.

Our goal this year is to double the number of Dean's Circle members. How can you help?

- Renew your membership if you have not done so this year.
- Become a member of this esteemed group, and invite a friend or colleague to do the same!

For more information about the Dean's Circle, please contact the Office of Development and Alumni Relations at 212-998-5480.

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York University, 70 Washington Square South, New York, New York 10012, for the use of the College of Nursing." Please contact us for draft language if you would like to establish a permanent named fund, such as a scholarship fund, through your legacy. When you name NYU Nursing in your estate plans,

the University will recognize your special generosity during your lifetime by enrolling you in The Society of the Torch. To learn more, contact Meredith Miller, Office of Development and Alumni Relations, NYU College of Nursing, 212-998-5480, or e-mail her at meredith.miller@nyu.edu.



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