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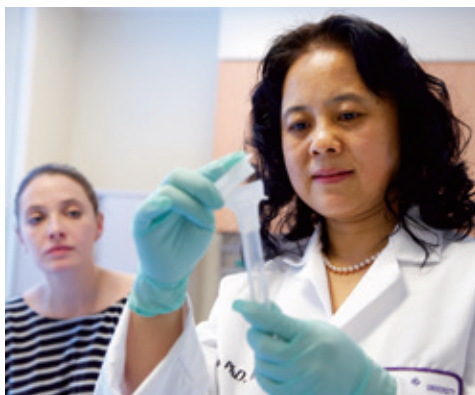
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**Assistant Director
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Nadège Roc

Managing Editor / Writer
Barbara Kancelbaum

Writer
Cecilia Malm

Design
Susan Carabetta

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NYU College of Nursing
726 Broadway, 10th Floor
New York, NY 10003-9502

212-998-5300

2 Greetings from the Dean

3 Building the Alumni Lecture Hall

4 Research Collaborations
Bring Science to the Bedside



10 Hurricane Sandy: College
of Nursing Mobilizes Against a
Citywide Crisis



14 Student Spotlight: Nicole Piasio
Steps in Where She Is Needed

15 Donor Spotlight: Rubbermaid
Healthcare Partners with
the College of Nursing

16 Team Rwanda Update

18 Celebrations



20 College and Faculty News



28 Alumna Profile: Kimberly Glassman



29 Alumna Brings Nursing Focus
to Thai Senate

31 Vernice Ferguson: A Beloved
Colleague and Nursing Visionary
Remembered



32 Letter from Ann Marie Mauro,
Alumni Association President

33 Alumni News and Achievements

36 Why I Give: Colleen Conway-Welch

WORKING TOGETHER TO FULFILL NURSING'S PROMISE



It is hard to believe that the academic year is drawing to a close, but summer is in the air. What a time of excitement and energy—a time when the NYUCN Class of 2013 prepares for graduation and looks ahead to new opportunities and adventures that await them. My first academic year as dean of NYU College of Nursing is coming to an end, and I am amazed at how far we have come in such a short time. I am very fortunate to have been here during a time of many milestones for NYUCN, the University, and New York City.

The individuals you see on the cover of this issue are some of our students who immediately and selflessly gave their time and energy to assist those impacted by Hurricane Sandy. The photo was taken on the South Shore of Long Island in a community that had been devastated by the destructive power of the storm. On the weekend this photo was taken, these students worked in hard-hit communities, not only contributing to the relief efforts, but *leading* the efforts. They organized

resources that gave thousands access to food, water, and essential supplies needed to begin a long recovery process. Their professionalism, compassion, and teamwork impressed me greatly, as they did everyone who observed them in action. Our amazing alumni, faculty, and staff also contributed in remarkable ways during and after the storm. That is nursing! I am so pleased to share some of their Sandy stories with you here.

When I learned how the community came together in response to the storm, I decided to focus this issue of the magazine on a theme: “Partnerships & Collaboration.” As you read, you will discover outstanding examples of what can be achieved when dedicated and talented people work together. New York University believes strongly in the power of interprofessional collaboration, and I am pleased to have our College leading the charge. Our faculty and researchers work closely with colleagues from other parts of the University and with governments, health care leaders, and organizations around the world to address pressing health care issues. Sometimes, members of our NYUCN family apply their nursing leadership in unexpected ways, like Thai Senator Kobkul Phanchaoenworakul, PhD ’81, RN, FAAN. Dr. Phanchaoenworakul is Thailand’s first nurse senator, who is using her position to make a significant difference in the lives of her constituents as an advocate for health education and funding. NYUCN nurses are everywhere, working with everyone, and the results of our partnerships and collaborations are incredible!

Sadly, we recently lost two key partners and friends, Vernice Ferguson, BS

’50, and Janet Rodgers, PhD ’64. Their influence on nursing transformed the profession and will be felt for many years. When I look to our young nurses who are beginning their careers, I feel that their energy, vision, and enthusiasm will help fill the sizable void left by the loss of important leaders like Vernice and Janet. Take a moment to become acquainted with a future nurse leader like Nicole Piasio, BS ’13 (featured on page 14), and you will be encouraged to know that our profession is in very good hands!

We have a new motto here at the College of Nursing—*Fulfilling Nursing’s Promise*. I think it captures perfectly the essence of what we do, both as a College and as a nursing community. This academic year gave us many wonderful examples of those words in action, including the College’s rapid rise to #5 in NIH research rankings, our designation as a National Center for Excellence in Nursing Education, our record enrollment numbers, and the impressive progress made on the campaign for our new home at 433 First Avenue. Those notable achievements were the result of hard work and team effort. Each of you—the members of our dynamic College family—is to be commended for your contributions to those impressive milestones.

Fulfilling Nursing’s Promise—that’s what NYUCN is all about!

My best wishes for a happy and relaxed summer.

A handwritten signature in black ink that reads "Eileen M. Sullivan-Marx".

Eileen M. Sullivan-Marx, PhD, RN, FAAN
Dean & Erline Perkins McGriff Professor

Alumni Stand Behind the Future of Nursing

HOW MANY NURSES DOES IT TAKE TO BUILD A DREAM?

More than 150 College of Nursing Alumni—from the graduating classes of 1945 to 2012—have already contributed to build the Alumni Lecture Hall in the College's new home under construction on First Avenue. Thanks to these loyal graduates, there is only \$73,000 left to go to reach the Alumni Association's \$200,000 goal!

The Alumni Lecture Hall is a centerpiece and one of the two largest classroom spaces in the new building—seating up to 160 people.

"It is a state-of-the-art learning environment for students and faculty at the college," says Clinical Associate Professor **Ann Marie Mauro, PhD '98**, president of the Alumni Association and co-chair of the Alumni Lecture Hall fund-raising committee. "As alumni, we have all benefited from the history and legacy of being an NYU nurse, and now it's our turn to give back to the College's current and future nursing students."

One of the chief ways in which alumni are literally carving their memories into the new building is by naming seats in the hall in honor or memory of a nursing mentor or family member. The College is also seeking a lead donor to make a substantial gift to name the Alumni Lecture Hall.

"Many leaders have emerged from NYU nursing who've gone on to make wonderful contributions to nursing around the world," says Professor **Madeline Naegle, PhD '80, MA '67**, who co-chairs the Alumni Lecture Hall fund-raising campaign with Mauro and is the faculty liaison to the College's Alumni Board. "When we put their names on the backs of seats in the lecture hall, we're sharing a bit of the history of the men and women who have come before and gone on to enjoy distinguished careers as nursing innovators and leaders."

Naegle was inspired to name a seat in her mother's memory and has plans under way to share another seat with a psychiatric nurse colleague, commemorating the influence of the late Hildegard Peplau, who is regarded as the "mother of psychiatric nursing." Mauro has already donated two seats: one in memory of her brother, Bernard Pietronico, who died on 9/11, and a second seat in memory of her late brother-in-law, Paul Mauro. Professor **Christine Kovner, PhD '85**, has named a seat in memory of Erline Perkins McGriff, who served the College of Nursing for 32 years and was the division head from 1975 to 1982. In turn, Assistant Professor **Maja Djukic, PhD '09, MS '06**, has donated a seat in honor of her mentor, Christine Kovner.

"We are asking all alumni to consider naming a seat for \$2,500," Mauro says, adding that contributing can be done in a variety of ways. A gift can be made all at one time or spread out over 12 months, or even up to five years. The committee also encourages groups of graduates from particular programs to band together and co-sponsor seats. The 2011 and 2012 doctor of nursing practice graduate classes have each named a seat, and all Alumni Association Board members have donated to the effort. Mauro and Naegle emphasize that if it is

not possible to sponsor or co-sponsor a seat, any and all donations are accepted.

The campaign got a major boost with a \$10,000 donation made by the College's Upsilon chapter of Sigma Theta Tau International. Says **Gloria Chan, BS '08**, Upsilon president, "Our board decided we wanted to contribute to the Alumni Lecture Hall because it stands for everything we've done. Although this amount represents a significant part of our budget for the year, our 800 members worldwide felt that it was a very worthwhile cause, and some people thought we should even donate more. For that, we will need to do more fund-raising, which we hope to do in the next year!"

"We are asking alumni to invest in the future," Mauro says. "This lecture hall is going to be a hub of learning. It is a prominent space and a way for us to demonstrate our commitment."

Adds Naegle, "As both an alumna and a person involved in this campaign, I feel that the Alumni Lecture Hall is about memorializing and noting the contributions of people who make significant differences in our lives as students, faculty, nurses, and family. It is not just a fundraiser but a once-in-a-lifetime opportunity to have a say in how important figures in our lives are remembered." ■

TO NAME A SEAT IN THE
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please contact Nadège Roc,
assistant director
for alumni relations
and development,
212-992-8580, or
nadege.roc@nyu.edu.



Janet Van Cleave



Brian Schmidt



Marilyn Hammer



Frances Cartwright

Unique Partnerships Spur New Science to Understand Cancer Symptoms

Is Blood Glucose a Key to Understanding Cancer Symptoms?

Cancer and its treatment often cause symptoms and discomforts that cannot be avoided. But, is there more that scientists can do to lessen these burdens? That is the question being asked by **Marilyn Hammer, PhD, DC, RN**, assistant professor, who is studying associations between high blood-glucose levels and cancer.

Hammer's hypothesis is that the two conditions are mutually reinforcing. Higher blood glucose affects the immune system, which may lead to greater risk for infections among people with cancer. At the same time, cancer itself, its treatments, and patients' stress, inactivity, and nutritional imbalances can contribute to increases in blood glucose. Hammer believes that if patients' blood glucose levels were better controlled, their outcomes could improve. This should be true, she says, for all patients with cancer, not just those with diabetes or other conditions such as heart disease.

"Dr. Hammer is opening a new area of research that addresses not only how patients feel but how long they will live," says **Brian Schmidt, DDS, MD, PhD**, one of Hammer's mentors and a professor in the Department of Oral & Maxillofacial Surgery at NYU College of Dentistry with a joint appointment to the College of Nursing. Schmidt—a surgeon specializing in oral cancer, pain, and genomics—directs the Bluestone Center for Clinical Research at the NYU College of Dentistry.

In an earlier study, Hammer, Schmidt, and their colleagues found that mice with cancer had much higher levels of blood

glucose and proinflammatory cytokine expression than those without cancer. Now, with a K23 grant from the National Institutes of Health/National Institute of Nursing Research, Hammer is completing a three-year study that explores this association in humans. She is studying blood samples from about 75 patients in a bone marrow transplant unit at NYU Langone Medical Center (NYULMC). Because the patients have blood drawn every day, she is able to look at their glucose levels, white blood cells, and

If some symptoms are the result of inflammation brought on by hyperglycemia, that is a situation that could be corrected.

other blood products in relation to infection rates in an environment where their nutritional intake is tightly controlled.

The research team is also collecting extra blood samples from one-third of the patients to evaluate their proinflammatory cytokine expression throughout treatment. None of these patients had diabetes prior to treatment, so the researchers can get a clear picture of blood sugar fluctuations and their outcomes without diabetes clouding the picture. Hammer's work takes her to Schmidt's lab to process the cytokine blood samples and also learn more about laboratory experiments.

"It has been a wonderful experience collaborating with Dr. Schmidt," Hammer says. "He is an expert both clinically and scientifically and has an appreciation for working with nurse scientists. He brings

interdisciplinary research to the forefront and has been a tremendous mentor."

In another study funded by the NYU Cancer Institute through a Translational Research Pilot award, Hammer and colleagues are assessing the self-care needs of patients with cancer who also have diabetes and/or cardiovascular disease.

"This is a much-needed study that Dr. Hammer developed, using a quantitative and qualitative design to find out how patients get through cancer when they also have cardiovascular issues or diabetes," says **Frances Cartwright, PhD '05, RN-BC, AOCN**, senior director of nursing, oncology services, and medicine at NYULMC. Cartwright has developed a research infrastructure that is lending itself to a number of collaborative studies at the NYU Cancer Institute.

Hammer is also adding a blood-glucose component to a major study on "symptom clusters"—pain, fatigue, depression, and sleep disturbance—in patients with solid tumors receiving chemotherapy. Working with Christine Miaskowski, PhD, RN, FAAN, a world-renowned researcher, and Bradley Aouizerat, PhD, a geneticist at the University of California, San Francisco, they are examining the blood glucose levels of 210 patients to see whether those with higher hemoglobin A1c levels (a measure of average blood glucose over about a three-month period) experience worse symptoms. Hammer received a 2012 Pilot Award from the Muriel and Virginia Pless Center for Nursing Research at the College of Nursing to conduct this sub-study at NYU.

"All of these symptoms add to the burden that patients face," says Hammer. "But, if some symptoms are the result of inflammation brought on by hyperglycemia, that is a situation that could be corrected."

Hammer adds that often, scientific work done in the lab is not immediately translated to the bedside. "Through the collaboration with us, Dr. Schmidt has one of the few research programs that spans from the lab to the bedside and back to the bench," she says. "We're looking not only under the microscope but at physical activity and lifestyle modification in patients with cancer to help them achieve better outcomes."

Novel Approaches to Treating Oral Cancer Pain

Like Hammer, **Janet Van Cleave, PhD, RN, ACNP-CS, AOCNP**, clinical assistant professor, is exploring an area of investigation that no one has addressed, according to Schmidt. The two are collaborating on several projects concerning access to care and undertreatment of pain from oral cancer—one of the most painful cancers—to develop new tools for those at risk. Schmidt has helped Van Cleave make connections with area hospitals and design her research, including a study at Beth Israel Medical Center that looks at whether hypnosis is an effective treatment together with standard care and medication.

“We’re trying to show that, in a situation where individual counseling from psychologists and psychiatrists is not always available in the hospital setting, hypnosis provided by a social worker can be an effective treatment for pain,” says Van Cleave.

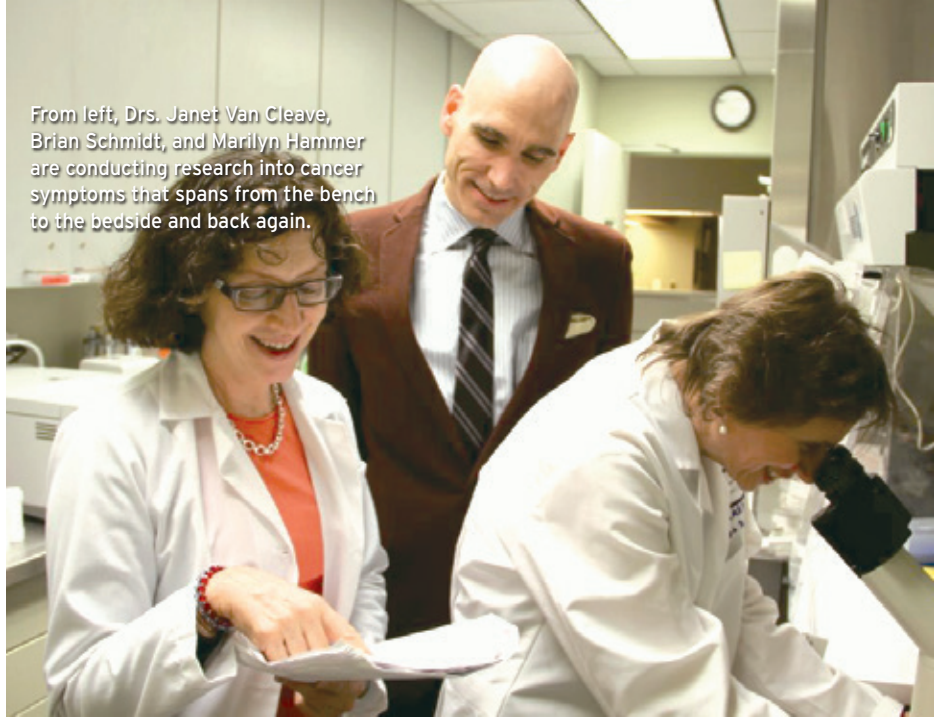
Van Cleave is also studying the records of oral cancer patients and documenting how practitioners ask about pain and how patients describe it.

Schmidt believes that physicians often do not ask enough questions about pain and patients do not have enough opportunity to talk about it. “One thing that is moving us in a new direction is that patients, when given the opportunity, go to a lot of effort to describe their pain. I think that talking about it may give them some relief from it,” Schmidt says.

Working with Yindalon Aphinyanaphongs, MD, PhD, at the NYU Center for Health Informatics and Bioinformatics, Van Cleave and Schmidt are using a computer program to analyze the language patients use. They are working toward building a website where patients describe cancer pain to see what others are experiencing and to help clinicians understand their experience.

“As we look at improvements in cancer survival, symptom experience becomes more important to patients’ quality of life,” Cartwright says. “We see not only the acute symptoms of disease and treatment

From left, Drs. Janet Van Cleave, Brian Schmidt, and Marilyn Hammer are conducting research into cancer symptoms that spans from the bench to the bedside and back again.



but those that people experience in their immediate recovery and ongoing survivorship. How we help patients deal with and alleviate those symptoms is the difference between their having a good quality of life or being burdened by their experience of cancer.”

Van Cleave is conducting another study with Schmidt, funded by the NYU Cancer Institute Translational Research Pilot Fund, to understand why people with advanced-stage head and neck cancers often delay seeking treatment. There are several theories as to why some patients are diagnosed in the late stages of these types of cancers, she says. Those include late diagnosis (whether related to the patient or

As we look at improvements in cancer survival, symptom experience becomes more important to patients’ quality of life.

health care system) and factors such as low income or health insurance status.

“There have been advancements in treatment for these cancers, but if patients present at an advanced stage, their prognosis is poor. Once we determine the reasons for the delays, we can help improve outcomes,” Van Cleave says.

As a first step, she is using electronic medical records to paint a demographic picture of the patients who are coming for delayed treatment. She hopes to use those findings to develop a larger study to find out more about patients’ decisions and experiences that may lead to delays in receiving care for their cancer. Dr. Schmidt has connected her with oncologists for the Health and Hospitals Corporation, who in turn will benefit from this study by gaining a greater understanding of factors at their own hospitals that can enable them to improve care.

According to Cartwright, the benefits of these partnerships extend beyond the individual researchers and into the work of NYU students and others. “The partnership between the medical center, Cancer Institute, Brian at the College of Dentistry, and Marilyn and Janet at the College of Nursing has enabled us to develop a research infrastructure related to symptom management that is unique,” Cartwright says. “And, we can offer students rich opportunities to be research assistants on clinical trials while we’re growing a rigorous and sturdy program of symptom management.”

Adds Schmidt, “Janet Van Cleave and Marilyn Hammer are junior faculty who have advanced really bright ideas to address cancer pain. Patients suffer, and no one has addressed it in the ways that they are now.” ■



Mary Rosedale



Dolores Malaspina



Daniel Malamud



Shiela Strauss



Oded Gonen

Understanding the Mechanisms of Depression and Its Treatment

Electroconvulsive therapy (ECT)—a treatment in which the brain is stimulated by electrical currents—has long been a staple of psychiatric treatment for people with severe depression who do not respond to other treatments. Refined considerably since its inception in 1938, ECT treats depression far more rapidly than medication.

“This life-saving treatment began before modern-day anesthesia, and modern ECT is very different from its portrayal in the media,” says **Mary Rosedale, PhD '07, ADCRT '01, PMHNP-BC, NEA-BC**. She notes that ECT’s past reputation is accountable for the curious looks she gets from colleagues who can’t imagine that stimulating the brain with electricity is a good idea.

“I tell them that there’s nothing mystical about ECT,” says Rosedale, an assistant professor whose research at the College of Nursing and NYU School of Medicine Department of Psychiatry aims to explain why ECT works so well. “Like the heart, the brain is both a chemical and electrical organ. If people applied the same objections to cardiac electrical stimulation, we would restrict defibrillation for life-threatening arrhythmias!”

Stimulating the brain strengthens the connection between neurons and triggers the release of neurotransmitters, says Rosedale, a psychiatric nurse practitioner. “But we still do not fully understand how our most effective antidepressant works.”

Rosedale became interested in brain stimulation when she observed the almost “miraculous” effect that it provided severely depressed patients. Now, Rosedale is looking at the biological markers that predict and monitor depression in a study funded by the NYU Clinical

and Translational Science Institute and supported in part by a grant from the National Center for Research Resources at the National Institutes of Health and the Edith L. Fisch award for innovation in neurostimulation.

She is working hand-in-hand with **Dolores Malaspina, MD**, the Anita Steckler and Joseph Steckler Professor of Psychiatry at NYU School of Medicine, who is known for having identified the

Rosedale imagines a future in which a saliva panel could help determine the best course of treatment for depression.

link between increased paternal age and schizophrenia. Rosedale began to work with Malaspina in 2006 to advance the clinical applications of the brain stimulation research taking place at NYU, and she is the only nurse-member of an inter-professional research group founded by Malaspina, based at Bellevue.

In two complementary research programs, the two sides of Rosedale’s interdisciplinary research—brain stimulation and biomarkers for depression—are coming together. Rosedale and her co-investigators found, in a pilot study funded by the Pless Center for Nursing Research, that proinflammatory cytokines were associated with depression and that they decreased with antidepressant brain stimulation treatment.

Now, she and her colleagues are examining the impact of ECT on biomarkers for inflammation—which underlie many other illnesses as well, including cardiovascular disease and cancer. Rosedale is taking serum and saliva samples from patients who suffer from severe depression to isolate the proinflammatory cytokines that have been linked with depression. Then, she will study the impact of an in-depth course of ECT on inflammatory activity. She imagines a future in which a psychiatric nurse practitioner could examine a saliva panel to help determine the best course of treatment for a patient’s depression.

Several experts from other NYU schools are contributing to this research: **Daniel Malamud, PhD**, of the College of Dentistry, is leading the analyses of saliva and serum cytokines; **Shiela Strauss, PhD**, of the College of Nursing, is assisting with data analysis; and **Oded Gonen, PhD**, of the Radiology and Physiology and Neuroscience Departments of NYU Langone Medical Center, is interpreting brain neuroimaging results using NYU’s advanced MRI technology. Because NYU is one of the few medical centers in the world to have a 7 Tesla MRI machine, Rosedale is able, with Gonen’s help, to observe how ECT actually changes the brain by increasing the efficiency of neurons.

“Dr. Rosedale is pursuing a very exciting course of research that crosses boundaries from physiological mechanisms to patient care,” Malaspina says. “She is keenly interested in the molecular underpinnings of disease and how brain circuitry affects disease, but she’s also interested in translating new science to patients. Dr. Rosedale exemplifies this translation best of anyone I know.” ■



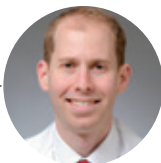
Shiela Strauss of the College of Nursing (left) and Daniel Malamud of the College of Dentistry are working with Rosedale (center) to analyze saliva and serum cytokines.



Stuart Katz



Victoria Vaughan
Dickson



Saul Blecker



Margaret McCarthy

Victoria Vaughan Dickson's Heart Failure Partnerships Bring Crucial Self-Care Education to the Community

People with heart failure have an extremely high rate of hospital readmission—often returning within 30 days of discharge.

That readmission rate is indisputably tied to the difficulty that many patients face in taking care of themselves once they return home, according to **Victoria Vaughan Dickson, PhD, RN**, assistant professor of nursing.

Dickson and her collaborators at NYU Langone Medical Center (NYULMC) and Bellevue Hospital Center are leading the charge to find ways to reduce that readmission rate—which could have a strong impact on the 5.7 million people in the United States who have heart failure.

Dickson has launched a unique pilot intervention to help people better care for themselves after a heart failure diagnosis. Funded through the Fuchs Fellowship from the American Heart Association, it is one of five projects on which Dickson is collaborating with **Stuart Katz, MD**, a cardiologist and director of the NYULMC Heart Failure Program, and **Saul Blecker, MD**, assistant professor in the Department of Population Health. Dickson is also working closely with the New York City Department of Aging, which has made its senior centers available for the intervention.

At the time of diagnosis, Dickson says, patients are instructed to adhere to a medication regimen, follow dietary restrictions, and respond to symptoms of worsening heart failure. But often they are unable to translate this abundance of information into real skills at home. The initiative aims to bridge this gap.

In partnership with Katz and Blecker, Dickson is taking self-care directly into several community-based venues. One is the Sirovich Senior Center, a Department of Aging site in the East Village, where about 75 ethnically diverse participants, recruited from the NYULMC and Bellevue heart failure clinics, join small-group sessions provided by a health educator.

Participants attend six sessions over one month, learning to watch for and respond to symptoms and to follow a low-salt diet to avoid fluid retention, which strains the heart. They study ingredient labels, learn how to make low-salt meals, and even role-play

Working with
Drs. Katz and Blecker
is a perfect synergy.
They recognize
that managing
this condition takes
more than medication
and procedures.

negotiations with waiters in a restaurant. Caregivers and spouses may attend and learn to support these new habits. If patients manage symptoms early, they stand a better chance of staying out of the hospital.

“Eating and exercise habits are lifelong, and we’re asking them to change behaviors that have a sociocultural basis, so it’s very difficult,” Dickson says.

The aim of the pilot is to show that this type of intervention is feasible, and preliminary qualitative evidence shows that it is. The next step is to expand the project into a larger, multisite study that measures patient outcomes by readmission and clinical indicators. To include Spanish speakers, materials have been translated into Spanish with funding from the Minority Aging Research in Community Health program at the University of Pennsylvania, funded by the National Institute of Aging.

“Heart failure strongly lends itself to an interprofessional approach, and I couldn’t do this project myself,” says Dickson’s co-investigator Katz, who came to NYU in part for this type of opportunity. “Physicians working with other disciplines—and especially taking the time to provide patient education and cardiac rehabilitation—benefits patients, but the payment system hasn’t encouraged this type of care in the past.” He is optimistic that the Affordable Care Act and other changes in reimbursement may finally align financial incentives to provide multidisciplinary care.

Dickson notes, “Working with Drs. Katz and Blecker is a perfect synergy. They recognize that managing this condition takes more than medication and procedures.”

A former research assistant of Dickson’s, **Margaret McCarthy, MS, RN**, is adding another dimension to this research. McCarthy, who has a degree in exercise physiology, noticed while analyzing Dickson’s data that many of the heart failure patients were not exercising and had not received cardiac rehabilitation. She is providing exercise counseling with low-income, minority heart failure patients at Bellevue, which forms the basis for her current PhD research.

“This is the meaning of translational research,” says McCarthy.

Adds Katz, “What Dr. Dickson is doing in senior centers is a novel approach that has not been done before. When institutions say, ‘Where should we put our resources?’ putting them into the community, as she has, is extremely important.” ■



Ab Brody



James Galvin



Marie Boltz

Partnerships with NYU Center for Brain Aging Advance Care of Older Patients

Keeping Hospitalized Patients Physically and Mentally Fit

MARIE BOLTZ

Many adults in their 80s and 90s continue to work, volunteer, and play active roles in their communities. But often after an acute illness, they experience a dramatic decline, according to **Marie Boltz, PhD '07, RN, GNP-BC**, assistant professor and associate director for research of Nurses Improving Care for Healthsystem Elders (NICHE).

"Some 50% of older patients lose physical function while they're in the hospital, and about half of those never fully bounce back and resume their normal activities once they return home," Boltz says.

Her research aims to change hospital philosophy and procedures as well as patient and family attitudes to help older adults stay mentally and physically fit. Boltz is working with her mentor **James Galvin, MD, MPH**, a neurologist and associate director of the Comprehensive Center for Brain Aging at NYU Langone Medical Center, on a one-of-a-kind study in which nurses, patients, and families team up to maintain patients' function in the hospital and during recovery from an illness. The study is funded by the NYU Clinical and Translational Science Institute through the National Institutes of Health. A portion of the study, specific to patients with dementia and other forms of cognitive impairment, is funded by the International Alzheimer's Association with Galvin as a co-investigator.

Why do patients lose functional ability during and after a hospital stay? According to Boltz, they may fear the hospital environment and limit their own mobility. Nurses may believe that it is their job to feed or groom the patient. Hospital staff also may lack an understanding of patients' prior social and physical abilities and may fail to recognize that an abrupt change has taken place. Once the patient is home, family members sometimes discourage movement out of a misguided belief that rest is needed or out of fear of falls.

Under-recognized dementia can be an important culprit in patients' decline, according to Galvin. For example, a patient with diabetes might not understand his or her medication instructions as well as it seems. "If nurses, who do the bulk of care, do not recognize the impact of dementia on the patient, that will have a significant consequence," he says.

The multipronged study is under way in a community hospital in Philadelphia and includes patient, family, and staff education; assessment (and modification) of the patient's environment; and a series of interventions for the patient. Families learn to plan for the patient's physical and cognitive recovery period and are coached to talk to home health caregivers to implement that plan.

Boltz is providing nurses and families with evidence-based assessment tools that help create a highly accurate picture of patients' abilities before and after hospitalization. Families also receive tools to identify and prevent complications such as delirium as well as nutritional, pain, and skin problems.

In a prior pilot study, Boltz discovered that family members often were called

upon to make decisions, provide emotional support, and help with physical care, but some did not feel comfortable in these roles. Part of the new intervention involves assessing family members' interest in participating in care and decision making to harness resources and avoid confusion.

Boltz's study is unique in several ways and is the first to consider family members as such an important resource to the maintenance of function. Participating patients and families are followed for two months by an advanced practice nurse to measure the intervention's impact on both the patients' cognitive and physical abilities and on issues such as caregiver strain and anxiety. The patients in the study—both those with and those without cognitive impairment—will be compared to a control group.

"The ultimate goal," Boltz says, "is for hospitalized people to go home and stay in the best shape possible, to continue to recover after hospitalization, and for their families to feel less strain."

To Galvin, the interprofessional approach to this study dovetails perfectly with the type of care that older adults need. "As a nurse, Dr. Boltz brings

Some 50% of older patients lose physical function while they're in the hospital, and about half of those never fully bounce back.

practical clinical skills but also a holistic view of the older adult, understanding how their function will affect their lives after they leave the hospital," he says. "It is a different but complementary approach from that of a typical physician, who tends to address specific problems but doesn't necessarily view the whole person. You can't have only people with the same skill set at the table if you want to advance the field."



Dr. Ab Brody has developed an educational intervention to help home health workers better assess pain, depression, and agitation among their patients with dementia.

Connecting Home Health Workers with Tools to Improve Care

AB BRODY

Between 60% and 90% of home health care patients are elderly, but historically, home health workers have had little training in geriatric care except what is required by individual agencies.

“And that is often negligible,” says **Ab Brody, PhD, CAS BA '02, RN, GNP-BC**, assistant professor at the College of Nursing.

Bringing home health workers up to speed in evidence-based models of care is a significant challenge—much more than in hospitals, where staff convene naturally and have opportunities to learn from one another and their mentors. The dispersion of home health workers may explain why they have been the focus of limited geriatric education or research.

To begin to change this paradigm, Brody has launched a two-year study to help home health clinicians better recognize pain, agitation, and depression among those with dementia. These symptoms were chosen because dementia patients

are often improperly assessed and receive less appropriate care for these conditions than patients who are not cognitively impaired. The study begins with an educational intervention, targeted to home health registered nurses, physical therapists, and occupational therapists employed by the Visiting Nurse Service of New York—one of the few agencies that provide this type of training for their clinicians, according to Brody.

“There has long been a critical need for more education for people who provide care in the home,” says Galvin, who serves as the scientific mentor for Brody’s Career Development Award from the National Palliative Care Research Center. “They’re the ones on the front line who have to recognize problems as they occur.”

When a patient is discharged from the hospital, explains Brody, a home health worker typically assesses the home to make sure it is safe, ensures that the medication regimen is being followed, and provides needed information to family caregivers. But, pain, depression, and agitation are assessed only as required by standard forms that may not be appropriate for those with dementia.

“A patient might say she has no pain, but then if you watch her walk, you can see

something is wrong,” Brody says. “Both pain and depression can lead to agitation. Better management of these symptoms improves caregivers’ stamina and mood, and keeps people out of nursing homes.”

A three-month online pilot educational intervention began during the winter of 2013 with about 200 clinicians, who work with nearly 2,000 patients annually. The intervention developed by Brody and his team was targeted toward helping clinicians recognize and assess this group of symptoms among people with dementia. Armed with this information, skilled caregivers can make treatment recommendations, such as changing a patient’s sleep schedule, providing more stimulation for depression, or requesting a prescription for pain medications. A smaller group of senior staff attended a two-day program where they learned more about dementia care so they can serve as resources for those receiving the online education.

Brody’s next step will be a controlled trial in Brooklyn and Queens to measure the impact of the home health worker intervention on patient outcomes. His goal is not only to bring new skills to clinicians but to move home health agencies toward a more permanent philosophy of skilled geriatric care.

Galvin supported Brody in developing the intervention—his first independent research project—adding his expertise in dementia, interprofessional education, and research methodology. Brody’s research, says Galvin, represents a new window into ways to improve the quality of life for people as they age and experience the challenges that come with dementia.

“You can deal with forgetfulness, but symptoms like pain, depression, and agitation take a higher toll and affect both the patient’s and caregiver’s quality of life. Training health professionals and caregivers to improve the assessment and recognition of these problems will lead to better pharmacological and non-pharmacological management of these conditions. This is a novel approach, and I’m pretty excited about it.” ■



HURRICANE SANDY

THE COLLEGE OF NURSING MOBILIZES AGAINST A CITYWIDE CRISIS

MONDAY, OCTOBER 29:
THE COLLEGE RESPONDS

When Hurricane Sandy struck, **Jacqueline Klein, PhD**, director of the Office of Academic Advising & Learning Development, immediately began to receive emails from students who were having trouble. Twenty-five students let the College of Nursing know that they had been affected in significant ways; several had homes that were damaged.

“Students living in Coney Island, Breezy Point, and the Rockaways didn’t know when they could get back into their homes to get their books or uniforms,” Klein says. “Some were moving to hotels, while others had to leave the area temporarily and stay with their families in other states. Many of the students who stayed here had no electricity or running water, so they were studying with flashlights in the cold.”

Klein set up a web page to keep students informed of the resources that were available to them through NYU—as well as opportunities to help. She then

began working with faculty to ensure that students could get extensions on assignments or penalty-free “incompletes” in courses. But no one took advantage of the offer, she says.

“Everyone wanted to return to some normalcy by attending classes. They wanted stability in their lives, which school provided.”

On campus, the power at most NYU residence halls went off at about 8:00 p.m. on Sunday, October 28, and all but six of the halls were evacuated as a safety precaution. Students were invited to sleep on cots in Bobst Library or in the Kimmel Center, which had power. Four nursing students who are dormitory residence assistants—Hayley Daunis, Elyse Blythe, Caroline Smolenski, and Sung Min (Justin) Kim, worked round the clock to help students who wanted to leave campus.

From November 15 through the end of December, Klein and Assistant Director of Academic Advising and Learning Development **Stef Daley, MEd**, held support sessions and individual appointments for students who wanted to process their reactions to the hurricane. Those with significant anxiety were referred to the NYU Wellness Exchange.

Student Clinical Rotations Relocated

A significant ripple effect of Hurricane Sandy for 300 undergraduate and graduate nursing students was the sudden loss of clinical placements due to the closures of NYU Langone Medical Center’s Tisch Hospital, Bellevue Hospital Center, New York Downtown Hospital, and the Manhattan Veterans Administration Hospital. **Ilene Rattner, MBA, RN**, the College’s assistant director of academic clinical affairs, and her

NYUCN WOULD LIKE TO THANK ITS CLINICAL PARTNERS WHO MADE ROOM FOR OUR STUDENTS:

Isabella Geriatric Center
The Hebrew Home at Riverdale
New York-Presbyterian/Columbia University Medical Center
Memorial Sloan-Kettering Cancer Center
Mount Sinai Medical Center
Montefiore Medical Center
Maimonides Medical Center
New York Methodist Hospital
Forest Hills Hospital—North Shore LIJ

team jumped immediately into action, and all students were placed within the week.

“We formed an email tree, letting course coordinators know of each placement. They informed the instructors, who informed students. We lost very little time,” Rattner says. She adds that the College has established “incredible relationships with outstanding medical centers located throughout the area. A situation like this really showed the importance of having such solid partnerships. Even before I had a chance to make a call, one of our clinical partners contacted me with an offer to help. I found the same willingness to be of assistance from all of our clinical partners that were contacted. Health care agencies welcomed our students with open arms and we got all students placed by the time the University reopened.”

Rattner notes that an unexpected positive outcome of the situation was that students were placed at long-term-care facilities that have both acute-care and rehabilitation patients—including some of those who had been evacuated from NYULMC. Students therefore had an opportunity to see the continuum of care delivered in environments that they don’t always experience.

“We are very proud of the fact that students met their clinical course learning outcomes despite this devastating situation,” Rattner says.

THURSDAY, NOVEMBER 1 —
FRIDAY, NOVEMBER 2:

ELDER CARE RECOVERY EFFORT

On Halloween, Dean **Eileen Sullivan-Marx** received an email from **Alicia Hurley**, NYU vice president for community outreach, requesting help visiting older residents in NYU-owned high-rise buildings that were without power at Washington Square Village and 505 LaGuardia Place. The dean contacted the Visiting Nurse Service of New York to coordinate an intervention, while also calling Associate Dean of Graduate Programs **Judith Haber**, Associate Dean of the Undergraduate Program **James Pace**, and Assistant Dean of Student Affairs and Admissions **Amy Knowles**.

“Since school was closed, we had a conference call, and then I sent out an email to faculty and students asking for help on Thursday and Friday,” Knowles recalls.

About 54 students and 8 faculty

In Lindenhurst, Long Island (opposite page and below), NYU students and their friends distributed about 800 bags of food and cleaning supplies to people affected by Hurricane Sandy.



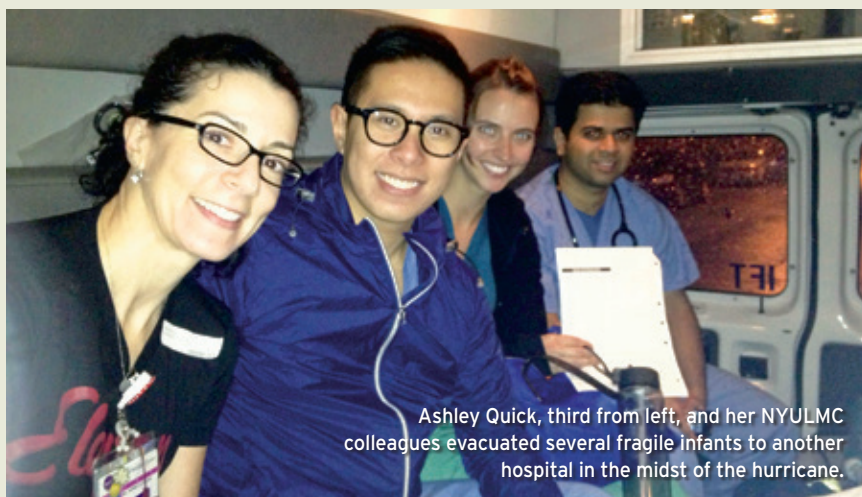
“On the first day of the Elder Care Recovery Effort,

we received a list of 16 people to visit. The undergraduate students were excellent—they must have made four trips back and forth up 16 or 17 floors. The energy of doing something useful made it easier. One of the many hospitable residents told us about meeting Lena Horne and Marilyn Monroe. Interactions like that made it possible to keep going up and down the stairs.

The experience made me love community nursing even more. Later, I told my mentor that nursing was even better as a volunteer. I had lost my brother from sickle cell anemia at the beginning of the year, and I had left work for a while and done some soul searching. The whole experience strengthened my purpose as a nurse. NYU College of Nursing really sticks to their statement about caring about health disparities and the community. They really do care. I felt very proud of my NYU.”

—**Folasade Owopetu, MA '13, RN**, critical care nurse and master's student in nursing education





Ashley Quick, third from left, and her NYULMC colleagues evacuated several fragile infants to another hospital in the midst of the hurricane.

"I hadn't been scheduled to work on the day of the hurricane, but I received a call that afternoon, saying that staff were needed for the 10:00 p.m. shift. I slept for a few hours and then headed south from Midtown.

Walking up Second Avenue was difficult, but I found a taxi that was willing to take me. At 36th Street and Second Avenue, though, police were blocking the roads. My taxi driver got out and told a police officer that I was a nurse, and the police drove me to the hospital.

When I got there, I used my cell phone to make my way up nine flights of stairs to the NICU in complete darkness. Senior staff and attending physicians were keeping everything under control, and dozens of medical students were helping out. I took over caring for two babies in Margot Condon's care so that she could move into a leadership role. Several babies were being manually ventilated, and staff were organizing to get them out first. At the same time, nurses continued to feed the more stable babies. We just focused on doing our normal jobs.

After the most critically ill babies had been evacuated, we began transporting the others. I carried a newborn who had had cardiac surgery, wrapped tightly in blankets. She was about seven pounds — one of the bigger ones. I held a flashlight on her face, assessing her the whole way down, until we were in the ambulance. Two other babies had already been loaded, each with his or her own nurse and a physician.

We got there at 2:30 a.m. and gave the infant's report to the receiving nurses. It felt good to get her to where there was power.

It was wonderful to be recognized later in the media and by Dean Sullivan-Marx for the effort we made. During the evacuation, there wasn't time to think of anything other than the patients. Once I got home, it hit me: I couldn't believe what had happened."

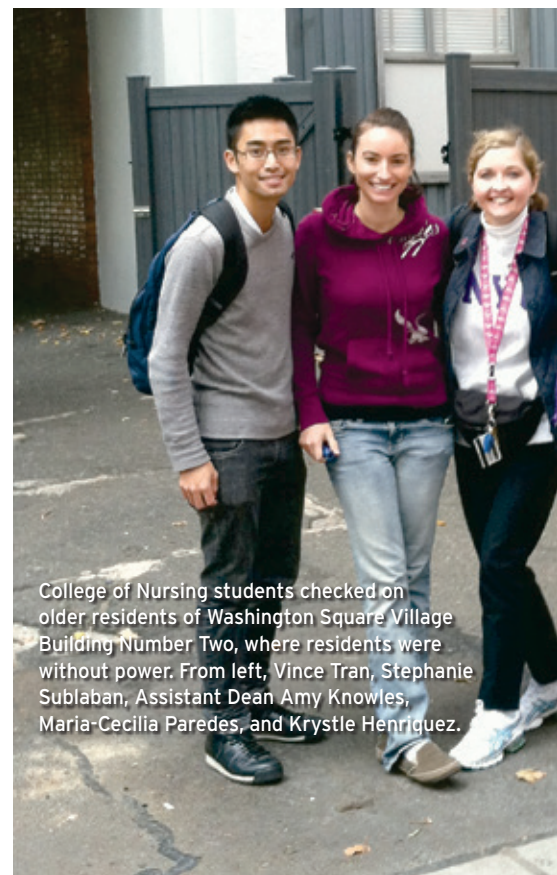
— **Ashley Quick, MA '13**, master's degree student in the pediatric nurse practitioner program and president of ANSO, the Advanced Student Nursing Organization

members and administrators turned out at the Kimmel Center at 10:00 the next morning. They were joined by nine nurses, social workers, and home health workers from the VNSNY, led by public health nurse **Andrea Abramoff, BS '11, RN**. Nurse faculty members or VNSNY nurses led teams of NYU nursing students as well as College of Nursing and other NYU administrators.

With elevators out of service in the apartment buildings, teams walked up and down 17 flights of stairs, visiting about 200 residents. They carried up water bottles, conducted health assessments, and checked to see that residents had enough food and medication. Referrals were made to VNSNY when needed. Some residents were not eating or drinking enough because they wanted to avoid using the bathrooms, which were not working.

"We had to use flashlights and were bumping into each other as we climbed and climbed and climbed, but there was a real team effort," says Knowles. "The residents were thrilled to be visited and see that they were not forgotten. It was the words 'NYU Nursing' that opened the doors."

Knowles adds that it was amazing to watch students apply their nursing-



College of Nursing students checked on older residents of Washington Square Village Building Number Two, where residents were without power. From left, Vince Tran, Stephanie Sublaban, Assistant Dean Amy Knowles, Maria-Cecilia Paredes, and Krystle Henriquez.

assessment competencies. “They were compassionate, asked the right questions, and took turns leading the conversation. It was quite empowering to the students to be so helpful.”

The VNSNY opened several new cases as a result of referrals made during the intervention, and the agency followed up with residents later in the week to ensure that they had received necessary medications and treatment.

“Throughout the two-day effort, our graduate and undergraduate students were amazing!” wrote Dean Sullivan-Marx in a message to the community after the fact. “To witness their compassion, professionalism, and quick thinking in difficult conditions was an inspiration to me and a shining example of an NYUCN education in action!”

The contributions of all of the volunteers who assisted others in the aftermath of the hurricane were acknowledged by NYU and its president, John Sexton, at a reception after the University resumed normal operations. The numerous efforts of the College of Nursing—its faculty, staff, students, and alumni—were called out for special recognition at the event. ■



Margot Condon was filmed by ABC News as she evacuated a newborn infant from the neonatal intensive care unit at NYU Langone Medical Center.

EVACUATING TISCH HOSPITAL: Alumna Is at the Forefront

When **Margot Condon, BS '98, RN, CLC, CCRN**, looked down from a ninth-floor window of NYU Langone's Tisch Hospital and saw water rushing up 34th Street, she began to think that an evacuation was possible. The storm surge was two feet higher than anyone had imagined. Margot, a senior nurse clinician, had worked the day shift in the neonatal intensive care unit on Monday, October 29, and volunteered to come back at night. It was a struggle walking the 10 blocks up First Avenue.

When the hospital's power went out around 8:10 p.m., Margot was one of eight senior staff on the unit, which holds about 20 babies. Until security guards arrived with flashlights, the nurses used their cell phones for light, staying

the hospital, the NICU babies were among the first to be prepared to go.

“The hospital lobby became something of a call center,” Margot recalls. “Medical residents were calling neighborhood hospitals with their cell phones to set up the transports.”

NICU clerks organized the paperwork that would accompany patients to the other hospitals, while Margot's team gathered pumps, oxygen tanks, and anything else the babies would need on the trip down the stairs, into the ambulances, and on to other hospitals. Over the course of the evacuation, Margot carried two babies down nine flights. The most fragile one was eight hours old, tiny, and premature.

“You had to stay so focused,” she says. “I held the infant close to me for warmth, constantly making sure we didn't lose the breathing tube. It was pretty dark, but the staircases were lined with medical students holding flashlights. I never looked up once. If the baby's O₂ saturation dipped a little, we would stop and reposition. I knew my whole job was to keep that baby safe.”

Margot barely remembers being filmed by CNN as she climbed into the ambulance. When she was interviewed several days later by an awestruck Anderson Cooper, she told him, “We had to be sure the baby was safe and warm, because they lose heat a lot.... They all had central lines so somebody had to be holding the line. Somebody was holding the monitor and somebody was holding the oxygen tank and we were bagging the baby, and the dad was there, too.”

Margot was put onto a stretcher with the baby and into the ambulance. She says, “When we got to the other hospital, and I put the baby onto the warmer, I just sighed with relief.”

**You had to stay so focused.
I held the infant close to me
for warmth, constantly making
sure we didn't lose the breathing
tube.... I knew my whole job
was to keep that baby safe.**

in their tiny patients' rooms and reassuring parents. The ventilators had switched automatically to backup battery power, and an extra ventilator was brought to each bedside.

“One thing I know about emergencies is that it's really important to do your job and deliver care like you always deliver care,” Margot says, noting that the nurses at NYU Langone are a remarkable group who take their profession very seriously. “When you're caring for critically ill babies who are not on monitors, you have to take vital signs every 15 minutes. But we know how to listen to heart rates manually and assess color.”

When the decision was made to evacuate

Nicole Piasio Steps in Where She Is Needed



Like most New Yorkers, **Nicole Piasio, BS '13**, was thrown for a loop by the impact of Hurricane Sandy.

"I think everyone at first underestimated the potential impact," says Nicole, who lives with her two sisters in a 28th-

floor Chelsea apartment. Nicole's building lost power, water, and gas, but she knew immediately that many people, including those on Long Island where she grew up, were suffering much worse conditions.

Nicole and her sisters drove toward their childhood neighborhood of Huntington, stopping at a fire department and hospital to see whether they could volunteer. Two days later, Nicole returned to campus to join the College of Nursing Elder Care Recovery Effort in Washington Square Village.

Assigned to check on elderly residents on the 21st and 22nd floors of these apartment buildings, Nicole—admittedly "not a gym person"—spent the day with other students and a registered nurse, delivering water

and asking residents whether they had adequate food, medication, flashlights, and batteries. They brought lists of any needs down to the Visiting Nurse Service of New York, Meals on Wheels, and other groups. Although most—but not all—of the residents were safe and had what they needed, quite a few were afraid and had received little information.

"It was humbling," Nicole says. "People were so appreciative. It's scary to think what would have happened to several of them if the College hadn't come by."

Nicole spent countless hours over the next month volunteering with the organizations Mercury One, Somebody Cares, Hope NYC, and Crisis Relief International, which collaborated with churches in the Rockaways and in Lindenhurst, Long Island. In Queens, she organized 15 NYU students to fill 1,500 bags of supplies needed for Thanksgiving, from stuffing to carrots. In Lindenhurst, more than 30 NYU students and their friends served meals and distributed about 800 bags of food and cleaning supplies to thousands of people still reeling from the disaster.

Stepping in where she is needed is second nature to Nicole, who has served in a remarkable series of leadership roles in her four years at the College of Nursing. She chose to pursue nursing for the opportunity to have one-on-one interaction with people—especially children and families—which she didn't see in other professions. It was the cultural diversity, access to resources, and innovative curriculum that led her to NYU. But, few students can rival what Nicole has given back to the College. The list is almost too long to print here.

During her first year, Nicole served as the College of Nursing

Orientation Ambassador, where she introduced new nursing students to her favorite aspects of the College.

"I love that it's a small community within a huge university, and it has a family feeling," she says. "I wanted to share that with them."

She also has served as class representative to the Undergraduate Nursing Student Organization (UNSO) and as the student liaison between the Colleges of Nursing and Dentistry.

"My biggest takeaway was the need for communication among students in different disciplines. You have to speak one language for patient-centered care to take place," she says.

As a senior, Nicole became president of UNSO, which she says has been the best experience of all. Among the group's many activities and panels, she particularly enjoyed organizing a social where student-interest groups in eight areas presented their offerings. Three were new this year, and Nicole was thrilled to see them grow from the fall to spring semesters.

"Nicole Piasio is an exemplary student," says Assistant Dean Amy Knowles. "She does all of these impressive activities while being a full-time senior in a very intense program. Through her leadership, her enthusiasm, and her determination to go above and beyond in everything that she does, Nicole inspires her peers, her professors, and everyone at the College of Nursing who has the privilege to interact with her."

Nicole, who plans to return to the College for her master's degree in pediatric nursing, says that the hurricane relief work she did will always affect the way she views her profession. "In disaster and tragedy, communities join hands and help one another. It was a blessing to be a witness to the selflessness and gratitude of all of the people I met. Volunteering also makes you think about preparedness—how you can be more equipped, not just for a hurricane but other possibilities." ■

Nicole (bottom row, center) organized her NYU classmates to provide Thanksgiving meals to families affected by Hurricane Sandy in Lindenhurst, Long Island.



Rubbermaid Healthcare Partners with the College of Nursing



Rubbermaid, a brand that is often associated with improving organization in the home, is also a leader in producing equipment that helps nurses deliver efficient patient care.

Since 2003, Rubbermaid Healthcare (RH), a division of Newell Rubbermaid, Inc., has been making mobile computer carts, medication carts, wall-mounted workstations, and groundbreaking telehealth technology. The Huntersville, North Carolina-based company has conducted research and field tests to create a number of products that were designed “specifically to be used by nurses, to improve workflow in the health care setting and, in turn, to lead to better patient outcomes,” says Robb Litvak, director of sales.

In the fall of 2012, RH and NYU College of Nursing announced a partnership to



develop and implement innovative clinical technology in nursing education.

“This new and growing partnership with RH is part of our overall goal of being a leader in research, nursing informatics, and the health care industry,” says Dr. Eileen Sullivan-Marx, dean of NYU College of Nursing.

One of the first outcomes of this collaboration was the donation of more than \$50,000 in equipment to the state-of-the-art Clinical Simulation Learning Center at the College. RH contributed top-of-the-line resources, including four mobile computer carts that enable undergraduate nursing students to learn to look up physicians’ orders and patient charts through a simulated electronic medical record system; two medication carts; and a telehealth cart that includes a high-definition camera and medical devices that can be attached to assist with a physical assessment. In addition to the equipment donation, RH has provided on-site training, consultation, and service for the devices.

“One of our goals in the simulation center is to make our training setting as realistic as possible,” says Clinical Assistant Professor **Kellie Bryant, DNP, WHNP-BC**, director of simulation learning. “The type of equipment RH has given us is used in many of our clinical sites. These donated devices have greatly advanced our technological sophistication. Thanks to RH, our

From left, Cheryl Parker, chief nursing informatics officer for Rubbermaid Healthcare, shows nursing students Sonia Jinshil Lim and Cerilene Small how to use the donated Rubbermaid mobile computer cart to access simulated patients’ electronic medical records.

students now have an opportunity to work with the most up-to-date equipment that is precisely what they will encounter in a real-world health care setting.”

In addition to making the equipment donations, RH has worked in partnership with NYU Langone Medical Center and made a major contribution to nursing education at NYU, awarding a grant of \$50,000 toward tuition assistance for five nursing students. The merit-based scholarships were awarded this year to Kathleen Begonia, who is working toward a master’s degree in nursing informatics; Noelle Seraphin, who is pursuing a master’s degree in nursing administration; and three undergraduates, Cerilene Small ’14, Yvonne Hoover, BS ’13, and Sonia Jinshil Lim, BS ’13.

“We are excited to have the opportunity to partner with such a prestigious leader in nursing research and education,” says Will Hornor, director of marketing at RH. “NYU College of Nursing’s dedication to health care is unparalleled and fits well with our long-term commitment to increasing the capacity of nurses to deliver quality care. This partnership provides greater opportunities for each of us to deliver the products and education needed for nurses to excel in their profession.” ■

NYU COLLEGE OF NURSING **TEAM RWANDA** UPDATE

College of Nursing faculty members have fanned out across Rwanda in the first phase of Human Resources for Health. The program involves a multi-university consortium working in partnership with the Ministry of Health and Rwandan academic institutions, with logistical support from the Clinton Health Access Initiative, to help improve the nation's health care infrastructure. In January 2013, **Deborah Chyun, PhD, RN, FAHA, FAAN**, executive associate dean of the College and project director, visited the 10 clinical faculty members, holding a retreat in the western part of the country.

At the retreat, held on the spectacular 62-mile Lake Kivu, which stretches into the Democratic Republic of Congo, the nurses — recruited from all over the United States — shared their successes and challenges to date.

"Each of these nurses is very conscious of both the responsibility and opportunity involved in having a national impact on nursing care delivery in Rwanda," says Chyun.

Three faculty members are working hand-in-hand with deans of nursing schools throughout Rwanda, helping to build curricula. Seven are serving as mentors and educators, where they are "twinned" with Rwandan nurse leaders

to whom they are providing support in hospitals throughout the country.

"Our faculty already have had a major impact on nursing care delivery and education of clinical nurses," Chyun says. "They have established key relationships with their Rwandan partners, have completed thorough evaluations in each of their sites, and are beginning to contribute to needed changes in practice, particularly in the area of nursing assessment."

The Rwandan government receives funding for Human Resources for Health from USAID and the Global Fund to Fight AIDS, Tuberculosis and Malaria. If you or your colleagues are interested in participating in this exciting opportunity, please contact Deborah Chyun (dc116@nyu.edu) as she continues to hire faculty for this historic seven-year project.



Above **Melissa Martelly is a clinical nurse mentor at the Kibungo School of Nursing.**

Below **The nursing skills lab at Nyagatare School of Nursing and Midwifery.**

build the nursing capacity in Rwanda, a country that greatly desires to learn.

After four months in Rwanda, I have adapted to life here, and even my commute to work now seems normal. Each morning I travel an hour in two small, crowded minivans called "mutates," in a row with three Rwandans. I've learned the essential words in Kinyarwanda to be polite, such as *mwaramutse* (good morning) and *murakoze* (thank you). I have adapted to taking a mid-morning tea break, which was an easy custom to adapt to. But there are some things that have been more difficult to adapt to, such as the extreme poverty and lack of resources in the hospitals.

Working in the neonatology unit as a clinical mentor, I have witnessed what a lack of resources means for the fragile babies in our care. In my first weeks, I saw a baby gasping for air and in need of respiratory support. I was extremely anxious, wondering why there was no sense of urgency from the nursing and medical staff to intervene beyond giving the newborn oxygen by face mask. As I asked question after question, I soon realized

Bringing Respiratory Innovation to a Rwandan Project Site

By Vicky Albit, MS '07

Last year, I had a wonderful job at NYU College of Nursing, working on the mobile van project and preparing to start the doctor of nursing practice program. My life took a drastic change when I received an email about an opportunity to go to Africa for a year. I had been to Africa only once before, on vacation, and had never been away from home for a full year, but international nursing has always been a dream of mine, and I felt drawn to this project. A few months later I packed up my life and embarked on this journey. I was

joined by nine nurses from NYU and other nurses and physicians from other U.S. institutions.

Members of the NYU team have backgrounds that vary greatly. We are adult/ICU nurses, family and pediatric nurse practitioners, nurse-midwives, and nurse educators. Some have extensive international work experience, and others, like me, have never done more than a two-week international medical mission. Although our professional backgrounds are vastly different, we quickly became a cohesive group. We share one common goal: to



Nadine Connor, DNP, ARNP-BC, FNP, based at the Ministry of Health as a distance and e-learning programs advisor

Vicky Albit, MS '07, CPNP, clinical mentor in the pediatric ICU, Centre Hospitalier Universitaire de Kigali and Kanombe Military Hospital

Lida Rahimi, BSN, CCRN, clinical mentor in the adult ICU, Centre Hospitalier Universitaire de Kigali

April Ricotta, MSW, BSN, CNM, midwifery mentor at Muhima District Hospital

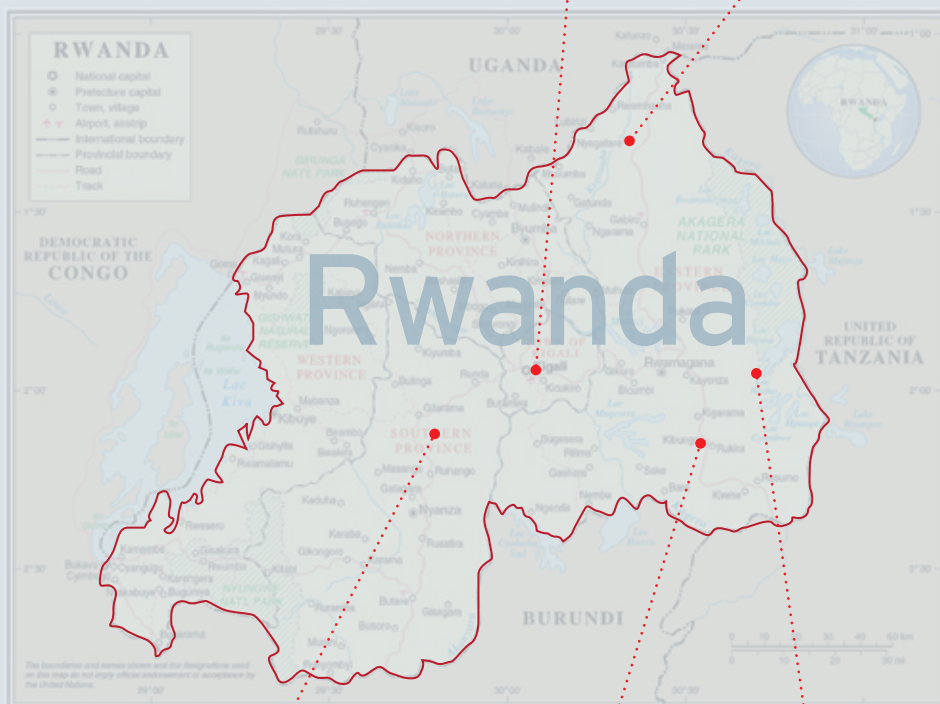
Jocelyn Abellara, MS, RN, cardiovascular clinical specialist, critical care mentor at King Faisal Hospital

Bottom row from left: NYU nurses in Rwanda: Vicky Albit, Jocelyn Abellara, Alice Werbel, and Lida Rahimi; top row: Melissa Martelly, Cory McMahon, Nadine Connor, and Ruth Brink

Ruth Brink, PhD, MS, PNP-C, advisor to the dean of Nyagatare School of Nursing and Midwifery

Kigali

Nyagatare



Kabgayi

Alice Werbel, FNP, clinical mentor at Kabgayi District Hospital

Kibungo

Gail Stearman, MSN, MPH, FNP, advisor to the dean of Kibungo School of Nursing and Midwifery

Rwinkwavu

Cory McMahon, BSN, RN, clinical mentor at Rwinkwavu District Hospital

Melissa Martelly, MA, PCCN, clinical mentor at Kibungo District Hospital

the answer: There was nothing they could do for the baby. In the entire country, there is one neonatal ICU with ventilators, and it has only six beds. If that ICU is full, then the only option is to do what you can with the resources you have.

That situation stuck with me, to the point where I couldn't sleep one night. I stayed up most of the night researching "bubble CPAP," which is a device that provides positive airway pressure to expand premature babies' lungs, produced by a system using oxygen, respiratory tubing, and water. I had seen it created with ventilator tubing, which is not available in Rwanda due to the cost, but finally I found a way to set it up using a simple nasal cannula. I was excited and nervous to introduce it at the hospital, but the idea was warmly welcomed and a few days later we had a patient who required respiratory support. After I explained the setup, my Rwandan colleagues quickly set about searching for materials to make a "Rwandan bubble CPAP." We constructed the device using an IV fluid bottle, tape, a nasal cannula, a clamp, and an oxygen source. We continue to use the system as we wait to open a fully functioning neonatal ICU in the next few months. We have seen many babies go home after being on bubble CPAP. Although the outcome is not always good, the nurses tell me that it gives them a sense of power that they can do something for these babies.

The nurses give me credit for giving them bubble CPAP, but this experience has also given so much to me. It has taught me to be extremely grateful for the educational opportunities, resources, and high level of nursing and medical care we have in the United States. It has taught me to be inventive and to realize how much we can do with so little. Lastly, this experience has taught me *kwihangana*, which means to be patient and endure. This has become my favorite word in Kinyarwanda and is by far the greatest lesson I will take with me from my time living in this remarkable part of the world. Change does not come quickly here, but if you have patience you will see the fruits of your hard work. ■

CELEBRATI

Welcome Reception for Dean Eileen Sullivan-Marx



A



B



C



D

Jewish Foundation for Education of Women Lecture



E

Parents Day Breakfast



F

Reception for American Academy of Nursing Inductees



G



H

Welcome Reception for Dean Eileen Sullivan-Marx

October 19, 2012

- A** Board of Advisors and Building Campaign Committee Co-Chair Robert Piemonte with Dean Eileen Sullivan-Marx.
- B** Sullivan-Marx with student Nicole Piasio, BS '13, and her parents, Kenneth and Barbara Piasio.
- C** From left, Sullivan-Marx; Ann Vanderberg, MA '76; and Kate Judge, executive director of the American Nurses Association.
- D** From left, Kenneth Marx, MD; the late Vernice Ferguson, BS '50; and Jamie Newland, director of the College's doctor of nursing practice program.

Jewish Foundation for Education of Women Lecture

November 27, 2012

- E** JFEW Scholar Rachel Lemmey '14 spoke with other guests at the lecture.

Parents Day Breakfast

October 20, 2012

- F** Associate Dean James Pace welcomed College of Nursing parents and students to the annual Parents Breakfast at the NYU Torch Club.

Reception for American Academy of Nursing Inductees

October 13, 2012

- G** The College of Nursing held a reception in Washington, D.C., for new inductees in the American Academy of Nursing. From left, Deborah Chyun, executive associate dean, with AAN inductee Mei Fu-Qui, professor of nursing; Dean Eileen Sullivan-Marx, and Barbara Krainovich-Miller, associate dean for academic and clinical affairs.
- H** Thomas Smith, senior vice president and chief nursing officer, Maimonides Medical Center, was among the 2012 American Academy of Nursing inductees.

ONS

Walk to Cure Diabetes



Alumni Winter Happy Hour



Alumni Day



Jonas Scholars Luncheon



Walk to Cure Diabetes

October 14, 2012

I Nursing student Elisa Mattei organized a group of May 2013 nursing graduates to participate in the Juvenile Diabetes Research Foundation Walk to Cure Diabetes in Flushing Meadows Park. From left, Yoke Wah J. Khoo, Heather Hernandez, Rebecca Jong, Khari Laurent, Elisa Mattei, Michal Stern, Luis Sanchez, and Devika Persaud.

Alumni Day

October 20, 2012

J Guests enjoyed a scrumptious meal while networking and socializing at the Dean's Luncheon.

K Amy Knowles, assistant dean of Student Affairs and Admissions, moderated a discussion on health care reform with panelists Dean Eileen Sullivan-Marx and Christine Kovner, PhD '85.

L Deborah Chyun, executive associate dean, and Gail D'Eramo Melkus, director of the Muriel and Virginia Pless Center for Nursing Research, received the Faculty Scholar Awards following their presentations at the annual Vernice Ferguson Lecture on Contemporary Issues.

Alumni Winter Happy Hour

December 13, 2012

M From left: Pamela Galehouse, PhD '03, MA '69; William Knapp, PhD; Maja Djukic, PhD '09, MS '06; and Wendy Budin, PhD '96, gathered at West 3rd Common in Greenwich Village.

Jonas Scholars Luncheon

November 29, 2012

N Donald and Barbara Jonas (center) with Jonas Nursing Scholar recipients, from left, Jennifer Kim and Tulsi Patel (both in the DNP program); Kristen Weaver (PhD program), Adrian Juarez, PhD '12; and Tania Williams and Michael Valenti (both in the PhD program).

College of Nursing Faculty Inducted into the New York Academy of Medicine

Congratulations to the College of Nursing faculty members and alumnae who were inducted into the New York Academy of Medicine on November 8, 2012. They are Dean **Eileen Sullivan-Marx, PhD, RN, FAAN**, Associate Dean **Judith Haber, PhD '84, MA '67, APRN-BC, FAAN**, and Associate Dean **Barbara Krainovich-Miller, EdD, RN, PMHCNS-BC, ANEF, FAAN**, as well as alumna **Kimberly Glassman, PhD '07, MA '87, RN, NEA-BC**, chair of the College's Board of Advisors, who is the senior vice president of patient care services and chief nursing officer for NYU Langone Medical Center. The New York Academy of Medicine is a prestigious independent professional organization whose mission is to advance the health of people in cities. Among the academy's 2,000 fellows are several of the College of Nursing faculty members. ■

From left, Dr. Barbara Krainovich-Miller, Dr. Eileen Sullivan-Marx, and Dr. Judith Haber.



College Launches Initiative to Recruit and Support Veterans

During the summer of 2012, **Dr. Judith Haber**, associate dean of graduate programs, was thinking about the armed service members who had come back from Afghanistan or Iraq—many of them needing to transition to civilian career paths. As an advanced practice psychiatric nurse, Haber was well aware of the reentry challenges faced by this population—a set of issues that often can be traced to a lack of resources to help veterans reengage with public life, Haber says.

She recalls that when soldiers returned from Vietnam, they did not receive a warm welcome or appreciation for the service they had provided, whether or not one agreed with the war's aims. "Now, there's a greater recognition of the heroism of the military and a need to help them transition back to mainstream society as they return from the battlefield," she says.

Haber researched the resources that were available from NYU to those who had served in the military and saw that while there were many, they were not easy to find. She began to work with the University's Office of Student Affairs to develop a veterans' web page where University resources are now located. That led Haber to think about what the College of Nursing could do to support former and active service members. The College had signed on in 2012 to Joining Forces, a national veterans' health initiative supported by Michelle Obama and Jill Biden. During that summer, Haber pulled together a team to launch the College's own initiative to promote the College of Nursing as a friendly environment for alumni or students currently or formerly serving in the military.

The group's first project was to conduct a survey of a small group of NYUCN student veterans to find out what kinds of services

would be helpful. Career-development support and mentoring emerged as the greatest needs. The College of Nursing team has already created a hub on the College of Nursing website to connect students to these and other types of resources within and outside of the university: nursing.nyu.edu/students/veteran-resources.

The team is exploring how the College can serve future students who could attend NYU through the G.I. Bill and the Yellow Ribbon program—both financial assistance opportunities for those who have served in the military. Johnson & Johnson has generously provided additional scholarship funds to the College of Nursing to help students who have served in the military achieve their goal of becoming a nurse.

"As a nurse practitioner who formerly worked in the Veterans Administration on primary care and supportive programs for veterans with PTSD and exposure to Agent Orange, I am thrilled to be able to support career development for our veterans who come to us today with talent, dedication, and well-honed skills," says Dean Eileen Sullivan-Marx.

Haber adds that nurses who have served in the military might want to advance to the next level of their careers after their enlistment. **James De Carlo, Steinhart MA '99, BS '02, RN**, a clinical and simulation instructor at the College who became a nurse after serving in the U.S. Army, is taking the first steps to develop a mentorship program. **Jacqueline Klein, PhD**, director of the College's Advisement and Learning Programs, is collaborating with the Wasserman Center for Career Development to expand career counseling programs for military students. ■

Study Reveals Benefits of NYU's Clinical Simulation Model

Four years ago, NYU College of Nursing made a bold decision to put considerable resources toward its use of high-fidelity patient-simulation technology to teach clinical competencies in its Clinical Simulation Learning Center (CSLC). The reasons for this investment were several. A 2011 survey of more than 87% of nursing schools by the American Association of Colleges of Nursing showed that more than 60,000 qualified applicants were turned away from baccalaureate nursing programs like NYU's largely due to insufficient clinical teaching sites and lack of faculty.

Indeed, the College of Nursing's efforts to increase enrollment and address the national nursing shortage were limited by the faculty shortage and by the vying for limited off-campus clinical-placement sites by a number of other nursing programs in the immediate area. At the same time, clinical simulation held the

potential for learning, combining critical thinking and skills development through technology in a supportive environment.

The initiative has been successful, according to a two-year evaluation of the simulation program conducted by researchers from the National Development and Research Institutes and funded by the Robert Wood Johnson Foundation through its national program Evaluating Innovations in Nursing Education at Rutgers University. The goal of the study was to evaluate the efficiencies of using simulation and its impact on both faculty and students.

The researchers found that the NYU College of Nursing model increased faculty capacity by 60%. By alternating weeks between the CSLC and hospital, clinical instructors were able each semester to teach two groups of students rather than one—each of them smaller than in the past, allowing for more individual attention.

Since 2009, NYU nursing students in four major adult and elder clinical courses have spent half of their clinical hours in the CSLC, learning and practicing their competencies in the context of patient scenarios using high-tech computerized patient simulators and middle-level simulators. These sessions almost completely mimic the hospital and community settings. The researchers compared this “high-dose” simulation model with that of Johns Hopkins University School of Nursing, where students spend up to 25% of their clinical time in simulation labs.

The study also found no difference in student confidence or clinical performance in the hospital, and faculty satisfaction was equally as great in the “high-dose” as in the “low-dose” simulation groups. Incidentally, NCLEX scores of College of Nursing graduates went up during the

study, although the increases are attributable to a combination of factors, according to **Hila Richardson, DrPH, RN, FAAN**, clinical professor, who oversaw the evaluation.

“The conventional wisdom is that there is no educationally sound way to prepare undergraduate nurses for clinical practice except through actual clinical experience in the hospital or health agency setting,” says Richardson. “While we agree that experience in actual clinical settings with patients is an essential part of nursing education, we took the step of accepting previous evidence that structured simulation experiences were different but equally valuable learning experiences for students.”

Richardson adds, “This finding—that using simulation to substitute for up to 50% of the hospital clinical experience for medical-surgical nursing students is an effective and efficient use of resources—is significant as the nation faces a need for 1.2 million additional nurses to fill new positions and replace those retiring.” ■

President's Service Awards Honor Nursing Students, Organizations

NYU College of Nursing is thrilled that a number of our students and student organizations were the recipients of NYU President's Service Awards in a ceremony held April 17, 2013. The student award winners were **William Fischer, BS '13**, **Nicole Piasio, BS '13**, **Ashley Quick, MA '13**, and **Maureen Saint-Jean '14**. The organization recipients were the Asian Pacific Islander Nursing Student Association and the Undergraduate Nursing Student Organization. The awards recognize the distinguished achievements of undergraduate, graduate, and professional students and student organizations for their promotion of learning, leadership, and quality of student life at New York University. ■

Making Strides



The College of Nursing took part in the annual Making Strides Against Breast Cancer Walk on October 21, 2012. Assistant Dean Amy Knowles (a breast cancer survivor) and Team NYU College of Nursing, composed of students, alumni, and administrators, joined 40,000 walkers and raised \$5,726 to help the American Cancer Society to continue the fight.

Engineering Meets Nursing at Technology Forum

Nursing research is keeping pace with technological innovation, and quite a few College of Nursing faculty are partnering with engineers, computer scientists, and others to find new ways to treat patients and prevent illness. That was the message of a Muriel and Virginia Pless Center for Nursing Research—sponsored forum on November 19, 2012, highlighting the innovative use of technology in nursing and behavioral research.

The College was pleased to welcome **Jerry Hultin**, president of Polytechnic Institute of NYU, as well as **C. Cybele Raver**, vice provost of academic, faculty and research affairs at NYU; **Kathleen**

Hill Zichy, deputy vice president of global public health, science and technology in University Development and Alumni Relations; and **Yvonne Paterson**, associate dean for research who was visiting from the University of Pennsylvania School of Nursing, as responders to the panel.

Senior Research Scientist **Dr. Noelle Leonard**, an investigator with the Center for Drug Use and HIV Research at the College of Nursing, discussed her studies using a biosensor wristband, developed at Massachusetts Institute of Technology, to monitor signs of stress—and develop interventions—for at-risk adolescent mothers. **Mary Rosedale, PhD '07, ADCRT '01**, assistant professor of nursing and a researcher in the field of electrical and magnetic forms of brain stimulation, presented her research into the use of this technology to treat depression and other mental illness symptoms. **Dr. Mei Fu**, associate professor, whose research focuses on cancer-related symptoms with an emphasis on lymphedema, discussed her research into genomic and biomarker approaches, using cutting-edge biotechnological measurement tools.

“There have been so many scientific advances fueling our faculty’s work,” says **Dr. Gail Melkus**, director of the Pless Center. “It will be very beneficial to share our new building with NYU-Poly because of the potential for making connections and being aware of what other disciplines are doing.”

“As we look forward to sharing a new building with the College of Nursing, it is exciting to see that nurse researchers are taking advantage of the many innovations from the engineering field to advance their work,” says Hultin. “Collaboration on projects like these being pursued by the College of Nursing is one of the biggest reasons for NYU and Polytechnic to come together. The work being done is exciting

to students and faculty alike. Indeed, I am confident we will see a number of new scientific and engineering breakthroughs as a result of NYU and Polytechnic joining their independent nursing, dental, medical, and engineering research into a series of cutting-edge, interdisciplinary biomedical research programs.” ■

CDUHR Adds New Investigators

The Center for Drug Use and HIV Research at the College of Nursing has welcomed four new affiliated investigators since the fall: Allison Squires, PhD, RN, an assistant professor at the College of Nursing; Brian Edlin, MD, and Honoria Guarino, PhD, Washington Square College BS '90, of the National Development and Research Institutes; and Samantha Majic, PhD, of John Jay College of Criminal Justice. ■

Daring, Caring & Sharing

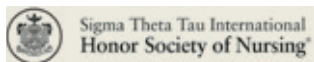
Dean **Eileen Sullivan-Marx** spoke at, and several College of Nursing students participated in, the global launch of Daring, Caring & Sharing to Save Mothers’ Lives—an interfaith celebration of maternal health held October 21, 2012, at St. Bart’s Church in Manhattan. The campaign brings awareness to maternal deaths worldwide: Every two minutes, a woman or girl still dies of pregnancy- or childbirth-related complications, for a total of 786 deaths every day. The campaign was begun by the Nightingale Initiative for Global Health, which works with the United Nations and mobilizes nurses in response to this crisis. ■



From left, Barbara Crane, president of the National Federation of Nurses, represented the American Nurses Association, and Dr. Eileen Sullivan-Marx represented the American Association of Colleges of Nursing at the global launch of Daring, Caring & Sharing to Save Mothers’ Lives.

RWJF Scholars Win National Essay Contest

Two RWJF New Careers in Nursing Scholars at the College of Nursing have won the scholarship program’s monthly essay contest. Essays must begin with “I Believe This about Nursing....” **Sheyla Reyes, BS '13**, won the contest in January 2013. She discovered nursing by volunteering in a hospital and has since inspired several of her relatives to become nurses. **Luis Sanchez, BS '13**, had the winning essay in February. He is a member of the NCIN Scholars Network Steering Committee and is the UNSO advisor to the Alumni Board. Essays can be read at www.newcareersinnursing.org/scholars/essay-contest/winners. ■



News from the Upsilon Chapter, Sigma Theta Tau

By Gloria Chan, BS '08, Chapter President

In late 2012, the Upsilon Chapter of Sigma Theta Tau International rallied to support a number of nonprofit groups, charities, and members in need. Upsilon provided direct financial assistance to members who requested help with food and gas expenses following Hurricane Sandy. Our members also joined other groups from NYU to help with the cleanup in the Rockaway Beach area.

Upsilon was a presence in October



From left, Gloria Chan, BS '08, president of Upsilon Chapter; Dr. Deva-Marie Beck, international co-director of the Nightingale Initiative for Global Health; Hitesh Jani, U.N. youth representative for the Nightingale Initiative; Dr. Holly K. Shaw, STTI representative to the U.N.; Raissa Lynn Sanchez, STTI youth ambassador to the U.N.

at the Nightingale Initiative for Global Health event: Daring, Caring & Sharing to Save Mother's Lives (see article, left). In November, Upsilon raised funds for Movember, a charity that raises money and awareness for men's health issues, such as prostate cancer and mental health.

In December, Upsilon hosted the "Millennium Development Goals: Region 14 Biennial" in midtown Manhattan. More than 90 STTI members attended

Graduate Nursing Students Hold Holiday Drive for the Troops

The College of Nursing Advanced Nursing Student Organization (ANSO) held a Holiday Drive for the Troops in December 2012, collecting 80 pounds of Starbucks coffee, organic body products such as lotion and shampoo, beef jerky, batteries, and candy.

ANSO shipped 11 large packages to a base in Afghanistan where the brother of

From left: Elizabeth Rodgers, MS '13, ANSO vice president; Ashley Quick, MS '13, ANSO president; Todd Harrington, MS '13, ANSO secretary fall 2012.



ANSO Vice President Elizabeth Rodgers is serving. Each package included a letter to the troops expressing gratitude for their service and wishing them a healthy holiday season. This drive is part of the College of Nursing's Veteran and Military Service Initiative, which works with veterans interested in entering nursing careers. Rodgers's brother Nicholas has been serving in the U.S. Army for three years and is currently on his second deployment.

"As a proud Army sister and supporter of our troops, I am so amazed at the courage and sacrifice of the men and women serving in the various branches of the military," said Rodgers, a student in the Pediatric Nurse Practitioner program. "Christmastime is especially hard for the troops because they are so far from home. The care packages are a wonderful way to send our love, encouragement, and support to troops serving overseas to give them a piece of home and let them know that we are thinking of them and praying for them." ■

COLLEGE & FACULTY NEWS

the event, which highlighted STTI's role within the U.N. as a nongovernmental organization with Economic and Social Council status and one of two voices of the nursing profession on the U.N. stage.

In fall 2012, Upsilon received four Regional Excellence Awards, recognizing the work of our chapter in response to a call for action from Suzanne Prevost, STTI president. Prevost called for increased global collaboration to "bridge the gap between research and practice, share our wisdom across generations, and join forces with like-minded organizations to address critical health care issues...." Our chapter received awards for Creating a Legacy, Responding to Vulnerable Populations, Engaging in Collaboration, and Embracing Technology.

We are excited to premier our journal club at board meetings, continue our health care lecture series, and welcome our newest members inducted in April 2013. Stay up to date with Upsilon by visiting nursing.nyu.edu/students/upsilon-chapter-stti. Or visit upsilon.nursingsociety.org/UpsilonChapter/Home/ or Upsilon's Facebook page. Email us at nyu.upsilon@gmail.com. ■

Alumnus **Nathan Levitt, BS '11, RN**, and **Shannon Carroll, RN**, a student in the College's Psychiatric Mental Health Nurse Practitioner program, are featured in the new book *The American Nurse*, by Carolyn Jones. The book of portraits and interviews, which celebrates the role of the nurse in the U.S. health care system, addresses Levitt's experiences working with LGBT patients of the Callen-Lorde Community Health Center and Carroll's work with people with HIV/AIDS. ■



Faculty & Research Scientist News

Marie Boltz, PhD '07, RN, GNP-BC, assistant professor and associate director for research of Nurses Improving Care for Healthsystem Elders, in October 2012 was awarded the Alzheimer's Association 2012 International Research Grant Award for Pilot Testing of her study "A Family-Nurse Partnership for Care of Hospitalized Persons with Dementia." Her co-principal investigator is James Galvin, MD, of NYU Langone Medical Center. Boltz was also named by CNATHrive.com to a list of the Top 75 nursing professors "you would be lucky to have teach your classes."

Ab Brody, PhD, CAS BA '02, RN, GNP-BC, assistant professor, is a co-investigator for an R01 grant awarded by the NIH National Institute of Nursing Research for the study "The Impact of Hospice Preferred Practices on Patient Outcomes and Hospice Costs." He is also a Research Career Development Core Fellow for the study "Improving the Quality of Life for Older Adults with Serious Illnesses through Implementing Palliative Care across the Continuum of Care," funded by the Claude D. Pepper Older Americans Independence Center of Mount Sinai School of Medicine.

Elizabeth Capezuti, PhD, RN, FAAN, the Dr. John W. Rowe Professor in Successful Aging and co-director of the Hartford Institute for Geriatric Nursing, gave a keynote address: "NICHE—A Model for Optimizing the Geriatric Nursing Practice Environment," at the Spring Colloquia of The John A. Hartford Center of Geriatric Nursing Excellence at Penn State University on February 7, 2013.

Deborah Chyun, RN, FAHA, FAAN, executive associate dean; **Allison Squires, PhD, RN**, assistant professor; and **Adam Sirois, MPH**, research scientist, received a grant for "The Georgian Research Training Program: A Research Capacity Development Program for Georgian Academics from the Health Professions" from the Embassy of the United States of America, University Research Program in Georgia.

Chuck Cleland, PhD, senior research scientist, is a co-investigator on a new National Institutes of Health R34 study, "Improving Adherence to Smoking Cessation Medication to Enhance Cessation Outcomes among HIV+ Patients." The study will address the impact of an innovative approach to tobacco cessation that addresses barriers that may make it harder for people living with HIV/AIDS to quit. The principal investigator is Donna Shelley, MD, MPH, of NYU School of Medicine. Cleland was also named an associate editor of the journal *Child Maltreatment*.

Tara Cortes, PhD '76, MA '71, RN, FAAN, executive director of the Hartford Institute for Geriatric Nursing, received a grant from the National Hartford Centers of Gerontological Nursing Excellence for the project "Building a Sustainable Research Scholars Program."

Satarupa Dasgupta, PhD, assistant professor and faculty fellow, received a 2012-13 NYU Global Health Research Challenge Fund grant for the study "Examination of Care Seeking Behavior for Sexual Health of Male and Transgender Sex Workers in India."

Victoria Vaughan Dickson, PhD, RN, assistant professor, was elected to serve as treasurer of the board of the Eastern Nursing Research Society.

Maja Djukic, PhD '09, MS '06, assistant professor, received the Eastern Nursing Research Society Rising Star Research Award on April 19, 2013.

Emerson Ea, DNP, RN, clinical assistant professor, was awarded the Nurse Research Award by the Philippine Nurses Association in September 2012.

Judith Haber, PhD '84, MA '67, APRN-BC, FAAN, associate dean for graduate programs and Ursula Springer Leadership Professor in Nursing, has been awarded a \$1.2 million, three-year grant from the Health Resources and Services Administration of the U.S. Department of Health and Human Services to implement the project "Teaching Oral-Systemic Health (TOSH)." The aim of the grant is to educate

advanced practice nurses in oral health competencies to improve oral-systemic health outcomes for underserved and vulnerable populations. Haber and her team also were awarded a third year of funding from the DentaQuest, Washington Dental Service, and Connecticut Health Foundations for the Oral Health Nursing Education and Practice (OHNEP) program, part of the National Interprofessional Initiative on Oral Health, which is integrating oral health competencies and curriculum in undergraduate and graduate nursing programs.

Marilyn Hammer, PhD, DC, RN, assistant professor, received a Muriel and Virginia Pless Center for Nursing Research 2012 Pilot Award for the study "Hyperglycemia and Symptom Severity in Patients with Cancer."

Ann Kurth PhD, CNM, professor and director of Global Health Initiatives, will be inducted into the International Nurse Researcher Hall of Fame by Sigma Theta Tau International on July 25, 2013, in Prague, Czech Republic. This honor recognizes STTI members who are nurse researchers, who have achieved significant and sustained broad national and/or international recognition for their work, and whose research has impacted the profession and the people it serves.

Ann Marie Mauro, PhD '98, RN, CNL, CNE, clinical associate professor, was appointed NLN ambassador for NYU College of Nursing by the National League for Nursing. She also was the keynote speaker at the spring program of the Zeta Omega Chapter of

Sigma Theta Tau International, held at Pace University. Her talk was titled "Fully Integrating Simulation Learning into the Baccalaureate Curriculum: The NYU Nursing Model."

Gail Melkus, EdD, C-NP, FAAN, director of the Muriel and Virginia Pless Center for Nursing Research at the College of Nursing, was selected to serve and represent the Eastern Nursing Research Society on the editorial board for *Nursing Research*, the official journal of the ENRS and the Western Institute of Nursing.

James C. Pace, DSN, MDiv, ANP-BC, FAANP, associate dean of the undergraduate program, received the 2012 Distinguished Alumnus Award from Florida State University College of Nursing in October 2012 in recognition of his outstanding contributions to the profession of nursing.

Marie-Claire Roberts, PhD, RN, assistant professor; **Ann Kurth, PhD, CNM**, professor and director of Global Health Initiatives; **Jennifer Uyei, Steinhart PhD '12, MPH**, postdoctoral fellow at NYU School of Medicine; and **Adam Sirois, MPH**, research scientist, received UNAIDS funding for the study "Multivariate Analysis of the Relationship between MDG 3 (Gender Equality) and MDG 6 (HIV) in Concentrated Epidemics."

Mary Rosedale, PhD '07, ADCRT '01, PMHNP-BC, NEA-BC, assistant professor, was invited to join the Food and Drug Administration Network of Experts for the Center for Devices and Radiological Health.

She was also named a distinguished scholar by the East Jefferson General Hospital Center for Nursing Knowledge & Research in Metairie, Louisiana, and was appointed as the liaison to the Patient Advisory Council of the International Society for ECT and Neurostimulation.

Michele Shedlin, PhD, professor, is a co-investigator on a new National Institutes of Health R01 grant for the study "Integrating Social and Systems Science Approaches to Promote Oral Health Equity." The primary investigator is Mary Northridge, PhD, MPH, an assistant professor at NYU College of Dentistry.

Allison Squires, PhD, RN, assistant professor, and **Adam Sirois, MPH**, research scientist, have received a Muriel and Virginia Pless Center for Nursing Research 2012 Pilot Award for the study "Assessing Barriers to Nursing Human Resources Development in Georgia." Squires was also the keynote speaker at the Mexican Nursing Association's annual conference in Oaxaca in February 2013. She presented about the nurse's role in inpatient safety through surveillance techniques and early results from her College of Nursing Pless Center-funded pilot study of a national Mexican nursing workforce survey.

Shiela Strauss, PhD, associate professor, and **Mary Rosedale, PhD '07, ADCRT '01, PMHNP-BC, NEA-BC**, assistant professor, received a National Institutes of Health R15 grant for "Novel Interdisciplinary Intra-Oral Diabetes Screening in Dental Patients."

Faculty & Research Scholar Publications

Marie Boltz

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Ab Brody

Brody, A., & Sullivan-Marx, E. M. (2012). The Patient Protection and Affordable Care Act: Implications for geriatric nurses and patients. *Journal of Gerontological Nursing*, 38(11), 3-5.

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Kellie Bryant

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Elizabeth Capezuti

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Russell, C. & **Capezuti, E.** (2012). Nutrition in hospitals: Mealtimes matter. *Geriatric Nursing*, 33(5), 398-400.

Eloise Cathcart

Cathcart, E. B., & Greenspan, M. (2012). A new window into nurse manager development: Teaching for the practice. *Journal of Nursing Administration*, 42(12), 557-561.

Chuck Cleland

Rosenblum, A., Cruciani, R. A., Strain, E. C., **Cleland, C. M.**, Joseph, H., Magura, S., Marsch, L. A., McNicholas, L. F., Savage, S. R., Sundaram, A., & Portenoy, R. K. (2012). Sublingual buprenorphine/naloxone for chronic pain in at-risk patients: Development and pilot test of a clinical protocol. *Journal of Opioid Management*, 8(6), 369-382.

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Staines, G. L. & **Cleland, C. M.** (2012). Observational studies versus randomized controlled trials of behavioral interventions in field settings. *Review of General Psychology*, 16, 37-58.

Sherry Deren

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Relationships Are at the Heart of Nursing

By Mary Jean Babic

One of the most memorable moments in **Kimberly S. Glassman's** long association with nursing at New York

University came when she was about to take a (temporary) leave from the school.

Already a registered nurse, Glassman, PhD '07, MA '87, RN, NEA-BC, had begun the undergraduate nursing program in 1979, while working at night as a senior staff nurse at NYU Medical Center. When she was promoted to a daytime management position, she found she had to transfer to a nursing college that offered evening classes.

When Glassman told Prof. Gean Mathwig, then head of the NYU undergraduate nursing program, that she was leaving, Mathwig insisted that Glassman return when it was time to get a master's degree.

Glassman, now senior vice president of patient care services and chief nursing

Dr. Kimberly Glassman discusses NYU Langone's new electronic nursing documentation screens in the surgical unit with Pia Johnson, senior nurse clinician.



officer for NYU Langone Medical Center (NYULMC), was impressed that the department chair would take such an interest in her education and career.

"I have a wonderful memory of her saying to come back," says Glassman, "so I did."

She returned not once but twice, first in 1984 for her master's degree and then in 1998 to pursue her doctorate in nursing. Glassman's education at NYU paralleled and laid the groundwork for her ascent through the ranks of leadership at NYULMC.

During her master's and doctoral courses—some of them spent with one of her two children wrapped in a Snuggly carrier—Glassman studied with some of NYU's nursing luminaries: Mathwig, Erlene Perkins McGriff, Judith Haber, Madeline Naegel, and Margaret McClure.

"Learning with nursing leaders like these put me and my fellow classmates at the forefront of nursing's cutting-edge research," she says, "including the groundbreaking study that led to the designation of Magnet hospitals by the American Nurses Credentialing Center and the beginnings of interdisciplinary HIV training for health care workers."

Those experiences prepared Glassman well to lead the nursing staff at a major teaching hospital. They were also the start of relationships with the leaders of the College of Nursing that she maintains today.

Relationships and collaboration lie at the heart of nursing, Glassman explains. "Nurses don't practice in a vacuum; they practice in a clinical setting with other disciplines, so building that capacity for partnership is important."

This philosophy bears significantly on her several roles at NYULMC. As senior vice president of patient care services, Glassman oversees some 3,500 people across many clinical disciplines, and four vice presidents report to her. "My job is to build a team at the patient's bedside," she says. As chief nursing officer, her duty is to ensure that nursing is practiced at the highest levels in every setting.

Last year, Glassman was named chair of the NYU College of Nursing Board of Advisors, giving her yet another central post from which to collaborate. The College and NYULMC share more than just a parent institution: The medical center is the primary clinical placement site for College of Nursing students.

"We have one of the oldest and strongest post-baccalaureate nurse residency programs in the country," says Glassman. "It recognizes that nurses who are graduating from college make a transition in their first year of practice that has to be supported."

In 2011, Glassman was selected as a Robert Wood Johnson Foundation Executive Nurse Fellow, joining 20 other nurses who represent public health, universities, community-based organizations, government, and other sectors. The three-year program is designed to enhance nurse leaders' capacity to influence the U.S. health care system.

Partnerships with outside institutions were critical last October during Hurricane Sandy, when medical center staff evacuated more than 300 patients in about 13 hours to other hospitals in and around New York. Glassman, who since 2008 has overseen emergency management at the medical center, was heavily involved in that Herculean undertaking—during which many patients were carried down flights of stairs in the dark—and the equally immense task of reopening the medical center in December and January.

"I'm so proud," Glassman says of the evacuation efforts. Everyone, patients and employees, got out safely that night. "Nurses all over the hospital just rolled up their sleeves and said, OK, if we're going to leave, how are we going to do this?"

While it was a challenging night, Glassman says, it wasn't necessarily the hardest thing she, or any nurse, has ever done.

"For nurses, every day in a hospital is a crisis," says Glassman. "That's a big part of what nurses do—work through the crisis to resolution." ■

Thailand's First Nurse Senator Applies Lessons from NYU

Many things about the United States, and especially about New York City, seemed strange at first to **Kobkul Phancharoenworakul, PhD '81, RN, FAAN**, who studied nursing at NYU from 1976 to 1980. For example, the loud noise at subway stations, the opera on Broadway, and the busy lives of New Yorkers. But the Science of Unitary Human Beings, developed by legendary professor Martha E. Rogers, sounded a lot like the Buddhist principles with which Phancharoenworakul was raised.

Kobkul Vijatrasil had come to NYU from Thailand by way of the University of Utah, where she earned her master's degree in 1976. Today, she is one of only two nurses to have served in the Parliament of Thailand. Throughout her career, she has advanced the country's public health system in a way that bears the marks of a distinct nursing outlook.



Phancharoenworakul, a member of the Thai Senate, testifies in favor of several acts related to the legislative process.

While Phancharoenworakul was growing up in the town of Ubon Ratchathani in northeastern Thailand, there was a surge of interest in the health professions. In rural areas, far from the capital, people seemed to suffer from an inadequate health care infrastructure. Three of her brothers and sisters died in infancy from fevers whose causes were never identified. From an early age, she wanted to improve health care in remote parts of her country.

Several years after receiving a bachelor's degree in nursing at Mahidol University in Bangkok, Phancharoenworakul received a Thai government scholarship to study in the United States. With the goal of returning to teach in Thailand, she applied to several nursing master's programs that emphasized nurse-midwifery. That is how she found her way to the University of Utah in 1974.

There, she was strongly influenced by Professor **Marie Holley, PhD '72, MA '61, RN**, a disciple of Martha Rogers who took on the role of surrogate mother, often inviting her young student home for the holidays. They talked for long hours about philosophy, religion, sports, and further study at the PhD level in the United States, as well as how New York City and Rogers's theory of Unitary Human Beings could fit in Phancharoenworakul's plans for the future.

During her master's studies, Phancharoenworakul spent a summer in Shiprock, New Mexico, among the Navajo community, where unemployment is high and health care is often poor. She says that the similarities between the Native American and Asian cultures eased her communication with and care provision to her patients, whom she helped through often difficult labor and delivery.



Dr. Kobkul Phancharoenworakul was inducted into the American Academy of Nursing in 2012.

"They were poor economically but rich psychologically," says Phancharoenworakul, who has kept a collection of turquoise stones that she was given by her patients and their families.

Phancharoenworakul arrived at NYU with a focus on nursing research and theory, particularly in the area of maternal and child health. Later, she expanded into adolescent health and HIV/AIDS among mothers and infants.

"When we talked about holistic nursing care at NYU, what came to my mind was that we need to take good care of people's physical, spiritual, and psychological health. That is close to Buddhist teachings," she says. "When Martha Rogers talked about the importance of doing good things from conscience, and about our interconnected energy fields, it also seemed to me that those were the roots of Buddhism."

Her four-and-one-half years at NYU left her with fantastic memories, including meeting and marrying her husband, Niwes Phancharoenworakul, who had come from Thailand to study law at NYU. She absorbed all the knowledge she could from New York City and from Washington Square Park, as well as from her classes. Yet, her first year was quite difficult because she was still

mastering English and could not participate in class as much as she wanted. She credits that struggle with having made her a stronger leader later on.

“NYU and my professors and friends there were an important part in making me a leader in various ways,” she says. “I loved it.”

At the time, AIDS—which would soon surface in the United States and in Thailand—had not yet emerged, but crime and drug addiction were serious challenges in New York City. Phancharoenworakul was particularly interested in the roles of young, low-income American fathers and mothers during the 1970s. For her dissertation, she interviewed these parents about their roles in child care, which she says were very different from those in Thailand at that time, when fathers rarely helped in taking care of children.

One of the most important lessons she took back to Thailand was the need for systematic and comprehensive childbirth education. Whereas in Thailand pregnant women might have attended one class, in the United States she observed that six to eight classes was more typical. When she returned to Thailand as a professor at Mahidol University, this idea led to curriculum changes at the master’s level in maternal and child health and nurse-midwifery. Since then, childbirth-preparation classes have become standard in Thailand.

It was while conducting classes for pregnant women that Phancharoenworakul

began seeing cases of women and babies with HIV/AIDS. “That was the beginning of the spread of HIV/AIDS among mothers and newborns, and the problem was quite severe,” she says. “Women got AIDS from their husbands, who were contracting the disease from prostitutes.”

Phancharoenworakul built her research career around HIV/AIDS prevention and health promotion in rural areas. It was once uncommon for hospitals to view themselves as champions for disease

NYU and my
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prevention, but a health-promoting model that Phancharoenworakul developed with the World Health Organization Regional Office for South-East Asia has led small rural hospitals to initiate highly successful health-promotion activities in many parts of the country.

Appointed dean of the school of nursing of her alma mater, Mahidol University, in 1999, Phancharoenworakul developed the first doctoral nursing program in collaboration with several prominent universities. Subsequently, each of those nursing schools developed its own PhD program.

But it was during her eight years as dean at Mahidol that she began to think about how she could impact public health on a

larger scale. In 1997, when the country ratified a new democratic constitution, Phancharoenworakul’s husband, one of the constitution’s writers, became one of 200 elected senators, representing his home province of Ayudhaya, with a population of 700,000 people. By the end of his six-year term, the constitution was altered, so that half of the senators could be appointed by a national committee. As a busy nursing school dean and mother of two, Phancharoenworakul had little time to run an election campaign, but she applied for the position and was appointed as a senator in 2008 and again in 2011.

“My inspiration came from my husband, but my interest in politics started much earlier,” she says. “If you don’t get involved in politics, it’s hard to be a real leader.”

Phancharoenworakul has used her public health knowledge to initiate new laws and legislative processes to solve health care problems in the country, especially in the areas of HIV/AIDS and health promotion. She has also been instrumental in passing laws over the past three years to control and monitor human trafficking, curb adolescent drug abuse, and institute compulsory licensing of drugs (which overrides patents in cases where lifesaving drugs are unaffordable).

Although Thailand has been successful in managing and controlling HIV/AIDS, particularly through early promotion of condom use, the epidemic is reemerging with a new generation of young people, says Phancharoenworakul. She is therefore passionate about promoting health education and safe-sex knowledge and practice among adolescents and ensuring that families are included in the effort to help prevent HIV/AIDS among adolescents.

To the young international students who study at NYU today, Phancharoenworakul says, “You must embrace your inspiration and courage to have all the positive and negative experiences that you can have here, to gain good knowledge, and achieve your goals while keeping an open mind and maintaining your self-confidence.” ■

Phancharoenworakul received a gift from the faculty and nurses of the Mahidol University Medical Department upon her induction as a fellow of the American Academy of Nursing.





Vernice Ferguson 1928–2012

A Beloved Colleague and Nursing Visionary Remembered

The College of Nursing community is remembering the life of **Vernice Ferguson, MA, BS '50, RN, FAAN, FRCN**, one of the most highly respected leaders in nursing, who died on December 8, 2012. Born in 1928 in Fayetteville, North Carolina, Ferguson—a devoted champion and supporter of NYU College of Nursing—was known for a series of “firsts,” as a woman, an African American, and a nurse.

For seven years, Ferguson served as chief of the nursing department at the Clinical Center of the National Institutes of Health. Then, she was the chief nurse at the Veterans Administration Medical Centers in Madison, Wisconsin, and in Chicago, Illinois. From 1980 to 1992, she was deputy assistant chief medical director for nursing programs for the Department of Veterans Affairs—the largest organized nursing service in the world, with more than 60,000 nursing personnel—where she was the only woman and person of color at her level. While there, she doubled the number of nurses with baccalaureate degrees or higher. In 1998, Ferguson was honored as a “Living Legend” by the American Academy of Nursing for her contributions to health care provision in the United States and internationally.

“In nursing, we wouldn’t be where we are today if it weren’t for Vernice,” says Dean **Eileen Sullivan-Marx**. “Thousands have been inspired and led by her.”

Sullivan-Marx notes that Ferguson was a champion of nursing as a profession and educated the public about the wide range of skills and responsibilities that nurses

possess. She demonstrated extraordinary service and generosity to her alma mater, NYU College of Nursing, having supported an annual alumni colloquium. In 2010 she received the Distinguished Alumna award from the College.

“Nursing has lost an extraordinary leader and scholar, and NYU College of Nursing has lost one of its distinguished alumni and living legends. But she will live on in our memories... Her astonishing humanitarian efforts and her vision of health and health care inspire us all to new horizons,” said **James Pace, DSN, MDiv, ANP-BC, FAANP**, associate dean of the undergraduate program, who presided over a memorial service in Ferguson’s honor, held on NYU’s campus on March 9, 2013. At the service, many members of Ferguson’s family and the NYU community spoke of her caring, her mentoring, and her indomitable spirit.

“Before I knew her as a good woman, I knew her as an incredibly generous one,” said Ferguson’s grandniece Dolores Garcia-Prignitz. “The way she showed how much she loved the world around her was by sharing it with other people.”

Shirley Chater, PhD, RN, FAAN, former commissioner of the U.S. Social Security Administration, called Ferguson an “icon in nursing” and said that she would never acknowledge having retired from working, preferring to say that she was “just doing other things”—among them serving on numerous boards and acting as a mentor to many.

Ferguson served on the boards of Bon Secours Health Care System and

University of Pennsylvania School of Nursing. She was also a member of the Board of Overseers of the Robert Wood Johnson Executive Nurse Fellows program, where she mentored some 200 fellows over 15 years. Ferguson was granted eight honorary doctorates and two fellowships—one in physics at the University of Maryland and the other in alcohol studies at Yale University.

Barbara Holder, PhD '87, MA '76, BS '75, RN, FAAN, who as an ANA Minority Fellow was assigned to spend three months with Ferguson in the summer of 1983, says, “She was a trailblazer who was respected by her executive colleagues and an outstanding representative of nursing. I learned a tremendous amount just watching her—the only female and person of color at an executive level in the VA—interact with her male colleagues. The wisdom that she shared with me and the encouragement that she provided each time we crossed each other’s path guided me through my professional career and still lives with me today. Ms. Ferguson will be missed by those whom she touched.” ■

To honor Vernice Ferguson’s passion for education and advancement of the nursing profession, a scholarship fund has been established in her name. If you would like to make a donation to the Vernice D. Ferguson Memorial Scholarship Fund, please send your check payable to NYU College of Nursing, Office of the Dean, 726 Broadway, 10th floor, New York, NY 10003.

GREETINGS

from Ann Marie Mauro, Alumni Association President

Dear Friends & Fellow Alumni,

It is an honor and a privilege to return as Alumni Association president for 2012–13. I look forward to another exciting year! I want to thank **Maria Dolce, PhD '09, MA '85, BS '79**, for her dedicated service as past president. I would also like to welcome our new and returning board members, including:

.....
 President-Elect
Donna McCabe, DNP, MS '02
 Vice President
Maja Djukic, PhD '09, MS '06
 Secretary
Pamela Galehouse, PhD '03, MA '69
 Nominations Committee Members
Sumers Beverage, MS '12
Melissa Marrero, BS '07
Aura Miranda-Agosto, MS '11
 Past President
Wendy Budin, PhD '96
 Faculty Liaison
Madeline Naegle, PhD '80, MA '67

For the first time, the board has appointed several recent graduates and student-organization representatives to facilitate connections between students and alumni: **Ilya Bernstein, BS '12; Luis Sanchez, BS '13** (UNSO); master's student **Ashley Quick** (ANSO); and PhD student **Kenneth Faulkner** (DSO).

Madeline Naegle and I wish to thank all who have participated in raising funds for the Alumni Lecture Hall in our new building under construction. We have raised \$127,043 toward our \$200,000 goal! As alumni, we have a responsibility to current and future students and new graduates to financially support the Alumni Lecture Hall Campaign, which you can

read more about on page 3 of this magazine. Our Alumni Association is leading this effort toward building our new home. If you have not already done so, please make a gift today by contacting Nadège Roc at nadege.roc@nyu.edu.

The Alumni Association has been quite busy over the past school year! In October, we welcomed our new dean, **Eileen Sullivan-Marx**, at a lovely reception at Twenty-Four Fifth, just steps from Washington Square. The next day we enjoyed Alumni Day events that included the Vernice Ferguson Lecture on cardiovascular disease and diabetes by Faculty Scholar Award recipients **Deborah Chyun** and **Gail Melkus**; the presentation of the Rising Star Award to **William Rosa, BS '09, TSOA BFA '04**, during the Dean's luncheon; and an engaging health care reform panel discussion led by Dean Sullivan-Marx and **Christine Kovner, PhD '85**.

As you know, Hurricane Sandy affected many people in our community at the end of October. Our nursing alumni were leaders in rescue efforts at local hospitals, and our deans, faculty, administrators, and students made visits to senior citizens living in NYU housing. In December, we had a very successful winter networking event and connected with a number of recent graduates and other alumni. We also welcomed the class of January 2013 graduates into our alumni family at the Valedictory Breakfast, where we congratulated **Amy Berman, BS '06**, recipient of the Diane O. McGivern Legislative and Policy Award. In an effort to support our future alums, we hosted a résumé workshop for students in April 2013.

Many great things are happening at NYU College of Nursing, and these developments continue to increase the value of our degrees! In 2012, the College's

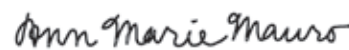
National Institutes of Health research ranking rose to #5 from #46 in 2006, and the National League for Nursing designated the College as a Center of Excellence in Nursing Education.

Sadly, we mourn the loss of three beloved alumni, **Vernice Ferguson, BS '50, Lisa Gallup, MS '12**, and **Janet Rodgers, PhD '64**. We honor the memories of these remarkable women through our efforts to make our College of Nursing vision visible by supporting progress in scholarship, excellence, and innovations that advance humane and quality health care for all people.

Please stay connected by coming to future events and remain engaged by giving to our Alumni Lecture Hall Campaign. You can follow us on Facebook and Twitter.

I hope to see you soon.

Warmest regards,



Ann Marie P. Mauro,
 PhD '98, RN, CNL, CNE

SAVE THE DATE

College of Nursing Graduation
 Monday, May 20

Dean's Circle Reception
 Tuesday, June 11

Philadelphia Alumni Reception
 Thursday, June 13

Alumni Association Summer Networking Happy Hour
 Hard Rock Cafe
 Thursday, June 20

Alumni and Parents Day 2013
 Saturday, October 19

1965



Kathleen M. Dirschel, PhD '75, MA '65, RN, received a Lifetime Achievement Award on April 5, 2013, from Adelphi University School of Nursing. Kathleen, a former faculty member at NYU College of Nursing, was dean of several nursing schools, including that of Seton Hall University. She was president of the New Jersey State Board of Nursing, executive vice president of nursing at Columbia Presbyterian Medical Center, and most recently, vice president of community relations at St. John's Riverside Hospital. In May, she will begin work at an HIV/AIDS clinic in Uganda.

1967



Judith Haber, PhD '84, MA '67, APRN-BC, FAAN, will receive the Meritorious Service award from the NYU Alumni Association on May 22, 2013. The award honors a respected and distinguished NYU graduate who has demonstrated extraordinary service and continuing devotion to her alma mater. Judi is the associate dean for graduate programs and Ursula Springer Leadership Professor in Nursing at the College of Nursing. She has taught in the undergraduate program since 1994, has led nine master's programs in nursing, and recently implemented the doctor of nursing practice program. Judi was interim dean of the College in 2012.

1970



Jacqueline M. Fawcett, PhD, MA '70, FAAN, received a Living Legends in Massachusetts Nursing Award at the Massachusetts Association of Registered Nurses annual convention on April 26, 2013.

1973



Colleen Conway-Welch, PhD '73, retired from her position as dean of the Vanderbilt University School of Nursing after serving more than 28 years in this role. Colleen, who was the Nancy and Hilliard Travis Professor of Nursing, transformed nursing education at Vanderbilt and across the nation. According to Vanderbilt, "Her legendary compassion for others.... attentive thoughtfulness and countless acts of kindness have warmed the hearts of students, alumni, staff and colleagues." Seventy percent of Vanderbilt's nursing alumni graduated under Colleen's tenure. She is known for having widened access to master's and doctoral education for nurses and non-nurses who aim for diverse roles as advanced practice leaders in primary and specialized care. Among her many honors, she was elected to the Institute of Medicine of the National Academies in 1997.

1975



Candace C. Coggins, MA '75, MS, RN-C, ACHPN, PMHNP-BC, in 2009 started the first nurse practitioner-led practice for the management of chronic pain in the Department of Pain Medicine and Palliative Care at Beth Israel Medical Center in New York. Having relocated in 2011 to Hilton Head, South Carolina, she is working as an NP with Hospice Care of the Low Country and pursuing doctoral studies. Candace recently published several articles on assessment and on pain management in leading journals.



Joyce Fitzpatrick, PhD '75, RN, FAAN, a professor in the Frances Payne Bolton School of Nursing at Case Western Reserve University, co-edited the book *Advanced Practice Psychiatric Nursing: Integrating Psychotherapy, Psychopharmacology, and Complementary and Alternative Approaches* (Springer 2012).

1976



Jane Jeffrie Seley, DNP, Steinhart MPH '92, BS '76, BC-ADM, CDE, has begun a new position as an adjunct lecturer at

The *New York Times* annual Tribute to Nurses, published December 9, 2012, recognized two College of Nursing alumnae.



Erin Hartnett, DNP '11, APRN-BC, CPNP, received the *New York Times* Tribute to Nurses

Innovation Award for having instituted a number of programs for children with cancer while working as a pediatric nurse practitioner at the Stephen D. Hassenfeld Children's Center for Cancer and Blood Disorders at NYU Langone Medical Center. There, she began a long-term follow-up program for children who have survived brain cancer and a preventive oral health program for NYU pediatric dental residents to care for children with cancer. She is now the program director for the College of Nursing's oral health programs.

Ethel Law, MA '01, RN, ANP-BC, OCN, a nurse practitioner on the Gastric and Mixed Tumor Service at Memorial Sloan-Kettering Cancer Center, was a finalist in the research category. She is a principal investigator on a study aimed at improving the quality of life for women patients receiving radiation treatment for gynecological and colorectal cancers.

Hunter-Bellevue School of Nursing in addition to being a diabetes nurse practitioner at NewYork-Presbyterian/Weill Cornell Medical Center. She recently has made a number of presentations focused on diabetes care at conferences in the United States and in Paris. Jane is also the author of articles published recently in *Diabetes Care* and *Diabetes Technology & Therapeutics*.

ALUMNI NEWS & ACHIEVEMENTS

1981



Amy Wishner, MSN, BS '81, RN, is director of PA Community Preparedness, which ensures the health of children during disasters in Philadelphia and surrounding counties. She is also director of EPIC® Pediatric Obesity, a statewide program of the Pennsylvania Chapter of the American Academy of Pediatrics, focused on evaluation, treatment, and prevention in community settings. Amy is also an artist, with recent work posted at www.society6.com/AmyWishner.

1988



Joyce Griffin-Sobel, PhD '88, in April 2012 became the dean of the College of Nursing at SUNY

Jonas Nurse Leaders Scholar Awards Announced

Three College of Nursing graduate students have been granted Jonas Nurse Leaders Scholar Awards for 2012-14 from the Jonas Center for Nursing Excellence. Two recipients are students in the College of Nursing DNP program: **Tulsi Patel, MS '10, BS '07, ACNP-BC, OCN**, and **Jennifer Kim, MSN, GNP-BC**. The third student, **Kristen Weaver, ADCRT '12, NP**, is pursuing her PhD.

Upstate Medical University in Syracuse, New York. She was previously a professor at Hunter-Bellevue School of Nursing. Joyce is the principal investigator for a large interprofessional education initiative between Hunter College Schools of Nursing, Public Health and Social Work and Weill Cornell Medical College. She is also principal investigator on a multi-institutional collaborative on faculty development in teaching with technology.

1998



Kathleen Parisien Dory, MA '04, BS '98, received the Nightingale Award for Excellence in Nursing in May 2012. In November 2012, her article "Enhancing the Patient's Experience Through the Total Joint Replacement Continuum of Care" was published in *Orthopaedic Nursing*. Kathleen and her husband, James, joyfully welcomed Ashton James in November 2012.



Lisa Lewis, PhD, MA '98, RN, FAAN, received the 2012 American Heart Association Council on Cardiovascular Nursing Clinical Article of the Year Award for her article "Factors Associated with Medication Adherence in Hypertensive Blacks: A Review of the Literature," published in the *Journal of Cardiovascular Nursing*.



Some of our May 2012 BS graduates were snapped up by NewYork-Presbyterian/Weill Cornell Medical Center. They posed on the first day of orientation: (left to right) Kel-Ann Hsieh, Sarah Yarmosky, Constance Rowse, Julianne Bautista, and Blondine Hyppolite.

2001



Vidette Todaro-Franceschi, PhD, BS '98, RN, FT, associate professor at Hunter-Bellevue School of Nursing, authored her second book, *Compassion Fatigue and Burnout in Nursing: Enhancing Professional Quality of Life* (Springer 2012).



Laura Roaden, BS '01, ACNP-BC, graduated in April 2012 as an acute care nurse practitioner and accepted a position with the inpatient pulmonary service at the University of Michigan Medical Center.

1999



Monina A. Franco-Tantuico, MSN, BS '99, RN, CCRN, BSMT, received her master's degree in nursing education from the College of St. Elizabeth in Morristown, New Jersey, in May 2012. Chosen as the graduation speaker, Monina was also the recipient of her college's 2012 Award for Outstanding Graduate Student in Nursing. She is currently the nursing education coordinator at St. Barnabas Medical Center in Livingston, New Jersey, and an adjunct faculty member of Trinitas School of Nursing, in Elizabeth.

2005



Evangeline Reyes-Pastorella, MSN, BS '05, APRN, NP-C, has been working in the neurology unit at Columbia Presbyterian Medical Center since March 2005. She recently passed her board certification as a family nurse practitioner and in August 2012 received her master's degree with honors from Dominican College of Blauvelt in Orangeburg, New York. Evangeline's capstone project addressed the successful management of hypertension among Filipino-Americans. She was inducted into Sigma Theta Tau International in November 2012.



William Rosa was presented the College of Nursing Rising Star Award by Dr. Ann Marie Mauro.

William Rosa Receives Rising Star Award

William Rosa, BS '09, TSOA BFA '04, was honored with the College of Nursing Rising Star Award on Alumni Day 2012. The award is presented by the president of the Alumni Association to a recent graduate who has made great strides in his or her nursing career while representing the mission and goals of NYU College of Nursing.

In the Critical Care Unit at NYU Langone Medical Center, Billy has been promoted rapidly, achieving his critical care certification while working toward his cardiac medicine certification.

"He unselfishly makes himself available to colleagues, is respectful of their ideas, values their opinions, and always takes time to listen to their concerns," said **Wendy C. Budin, PhD '96, RN-BC, FAAN**, director of nursing research at NYULMC and an adjunct professor at the College.

Now enrolled in the adult/gerontological dual nurse practitioner program at Hunter-Bellevue School of Nursing, he won the National Student Excellence Paper Competition of the National League for Nursing in September 2012. Billy's studies in health promotion and disease prevention led him to create an innovative framework, "The Making of a Nurse Athlete," to prevent compassion fatigue among nurses. He has presented his thoughts on this issue at several conferences and events.

2006



Elizabeth Jones, MSN, BS '06, RN, in December 2012 completed the Adult Gerontological NP program at Hunter College and was inducted into Sigma Theta Tau International in April 2013. She has been working in primary care and as a community health clinical instructor in the undergraduate program at NYU College of Nursing.

2009

Megan Marie Healey, MS '09, BS '04, and J. Christian Leston were married December 29, 2012, in Hicksville, New York. Megan is a pediatric nurse practitioner in the pulmonary department at Mount Sinai Medical Center in Manhattan.

2011



Kenny Michioka, BS '11, is a sensei at Salinas Kendo Dojo with a 4-dan (equivalent to 4th-degree black belt). He won the United States Kendo Championship in 2002. Kendo is a Japanese martial art of fencing that was derived from the Samurai.

2012

Stephanie Fortunato, BS '12, graduated with honors in May 2012 and began her first nursing job in January 2013 at St. Francis Hospital, a Magnet-designated hospital in Roslyn, Long Island, on the congestive heart failure unit.

NYU College of Nursing would like to thank the members of the Dean's Circle, who generously support the College in its commitment to excellence in nursing research, education, and practice with annual gifts of \$1,000 or more.

Dean's Circle Members (As of April 2013)

Anonymous	Judith E. & Leonard Haber	National Council of State
Michael C. Alfano	Marilyn Hammer	Boards of Nursing
Martha Raile Alligood	Eileen G. Hasselmeyer	New York Community Trust
Alternative Care Systems	Hebrew Home for the Aged	Jamesetta A. Newland
American Heart Association	at Riverdale	Donna M. Nickitas
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Fund for Education	M. Hoagland	Foundation
& Health Research	Joanne Salvi Hoffmann	James C. Pace
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J. Giuffra, Jr.	Ann Marie & Tony Mauro	Theta Tau
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Sherry Greenberg	Carole Wind Mitchell	Rosanne L. Wille
Jocelyn A. Greenidge	Madeline A. Naegle	Gerri Lo Biondo Wood
Andrew Haber	Joseph B. Narus	

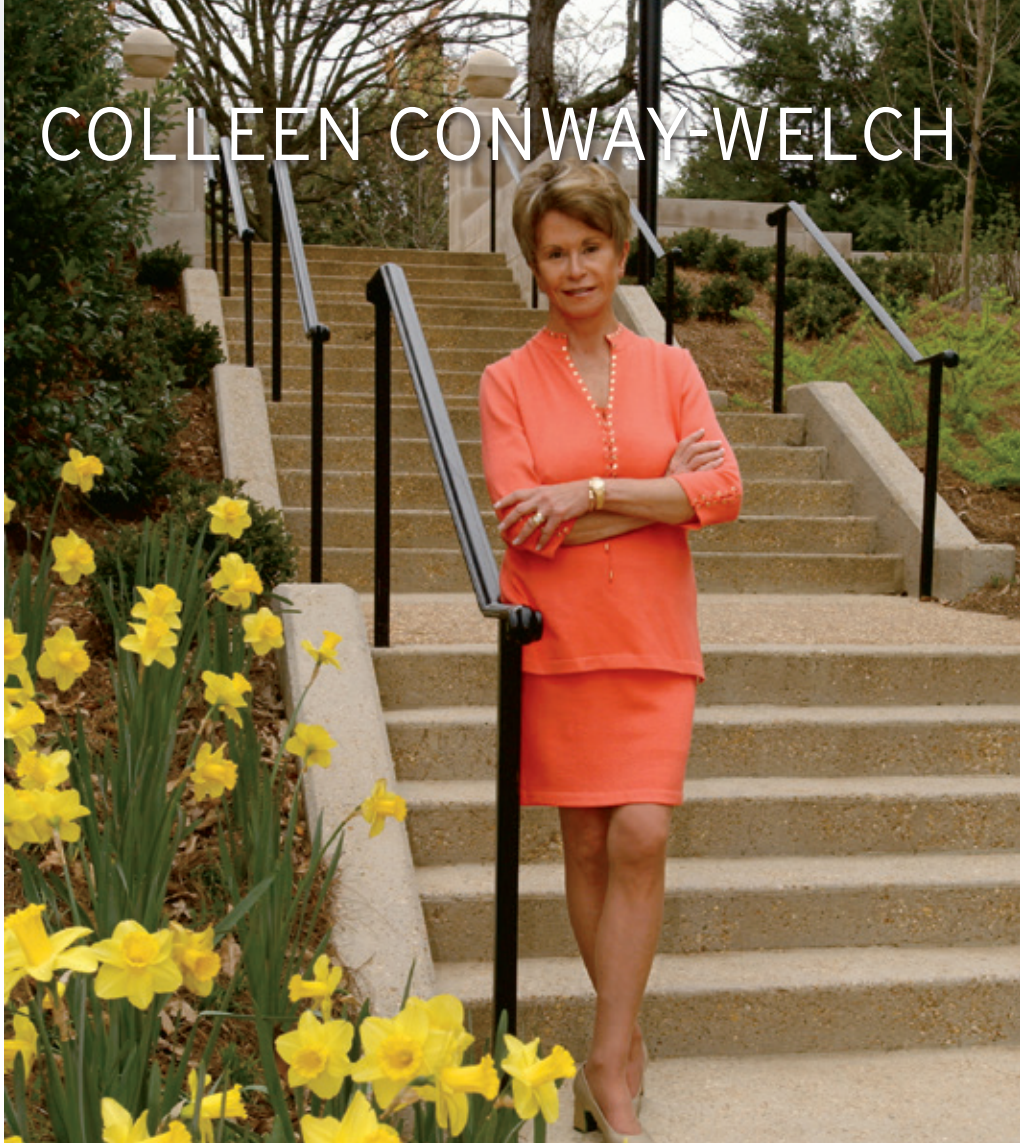
These gifts provide financial assistance for students, enable the College to recruit distinguished faculty, and allow us to develop innovative solutions to emerging needs in health care.

To join the Dean's Circle or for more information, please contact Nadège Roc at 212-992-8580, or visit nursing.nyu.edu to make a donation online.

WHY I GIVE

Colleen Conway-Welch, PhD '73, CNM, this year completed her tenure as Nancy and Hilliard Travis Professor and dean of the Vanderbilt University School of Nursing. Having received a full scholarship to Georgetown University School of Nursing at the age of 16, Dr. Conway-Welch began her career working in the labor and delivery unit at Queens Hospital in Honolulu, Hawaii. She received certification in nurse-midwifery at Santa Fe's Catholic Maternity Institute, earned a master's degree at Catholic University of America, and completed her PhD in nursing from NYU. With more than 28 years of service at the helm of Vanderbilt University School of Nursing in Tennessee, she is one of the country's longest-sitting deans of a school of nursing.

COLLEEN CONWAY-WELCH



In addition to supporting NYU College of Nursing with annual donations over the years, I recently took the step of making a commitment to name the Nursing Leadership Conference Room in the College's new home on First Avenue. As dean of a school of nursing, I know that the naming of classrooms and conference rooms is not necessarily a donor's top priority, and I am frequently asked, "Why make a gift to bricks and mortar?"

But these spaces are so important. They add to an institution's stature, as places that bring together great minds to generate great ideas as well as areas where the real business of learning goes on.

Why give to NYU College of Nursing? I can share a story. In 1970, I was working at the National League for Nursing in Manhattan. My husband was getting his

graduate degree in tax law at NYU's night school. Since he was occupied in the evening hours, I decided also to take a course at night. I had recently earned a master's degree and a certificate in nurse-midwifery when I heard from a colleague that if you were a nurse and had a master's degree, there was a woman who was the head of the NYU Division of Nursing who would talk you into the foolish notion of getting a PhD in nursing. I guess curiosity got the better of me, and one evening I walked into the Division. It was after hours and most of the staff had gone home, but I noticed one small light coming from a corner office. I knocked on the door to that office, and the woman who answered introduced herself as Dr. Martha Rogers.

Dr. Rogers was one of those rare people who come into your life and do the

unthinkable: She took a blind chance on me. Even though I didn't have the prerequisites under my belt, she bent the rules; she agreed to enroll me as a special student. Over the next several years, Dr. Martha Rogers, Dr. Florence Downs, and so many other nursing faculty at NYU set me on a path to completing the PhD in three years.

I suppose the obvious answer to the question of why I give to NYU College of Nursing is because I am an alumna of the institution. But it goes deeper than that. I contribute to NYU College of Nursing because it is an excellent institution focused on key issues in nursing and the preparation of outstanding nurse leaders, and because I know from personal experience that it is an institution that believes in recognizing potential and creating opportunities. ■

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In today's economy, investment performance is a top priority. An NYU Charitable Gift Annuity gives you a dependable way to increase your income, while also investing in something you care about: NYU College of Nursing.

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Martha, age 78, wants to support the College of Nursing, but she also needs to sustain the income she receives from her investments. She chooses to establish a \$20,000 gift annuity at NYU. With an

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**General Inquiries
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NYU College of Nursing
726 Broadway, 10th Floor
New York, NY 10003-9502
Phone: 212-998-5300
Fax: 212-995-3143
nursing.nyu.edu

**Student Affairs
and Admissions**

Amy J. B. Knowles, MEd
Assistant Dean
212-998-5317
amy.knowles@nyu.edu

**Alumni Relations
and Development**

Larry Siegel
Director of Development
212-998-6794
larry.siegel@nyu.edu

Nadège Roc
Assistant Director for
Alumni Relations
and Development
212-992-8580
nadege.roc@nyu.edu

Christine Biela
Alumni Relations and
Development Coordinator
212-998-5305
christine.biela@nyu.edu

Bradley Temple
Development Associate
212-998-5480
bradley.temple@nyu.edu