The OHNEP Interprofessional Oral Health Faculty Toolkit

Family Nurse Practitioner Program

CURRICULUM INTEGRATION OF INTERPROFESSIONAL ORAL HEALTH CORE COMPETENCIES:

- Health Assessment of Families
- Health Promotion of Families
- Primary Care of Families
- Resources





INTRODUCTION



The **Oral Health Nursing Education and Practice (OHNEP)** program has developed an **Interprofessional Oral Health Faculty Tool Kit** to provide you with user-friendly curriculum templates and teaching-learning resources to use when integrating oral health and its links to overall health in your Family Nurse Practitioner Program.

Oral health and its relation to overall health has been identified as an important population health issue. Healthy People 2020 (2011), the 2011 IOM Reports, Advancing Oral Health in America and Improving Access to Oral Health Care for Vulnerable and Underserved Populations, as well as the IPEC Competencies (2016), challenged HRSA to develop interprofessional oral health core competencies for primary care providers. Publication of the HRSA report, Integration of Oral Health and Primary Care Practice (2014), reflects those interprofessional oral health competencies that can be used by Family Nurse Practitioners for faculty development, curriculum integration and establishment of "best practices" in clinical settings.

The HRSA interprofessional oral health core competencies, the IPEC competencies and the NONPF core competencies provide the framework for the curriculum templates and resources. Exciting teaching-learning strategies that take students from **Exposure** to **Immersion** to **Competence** can begin in the classroom, link to simulated or live clinical experiences and involve community-based service learning, advocacy and policy initiatives as venues you can readily use to integrate oral health into your existing primary care curriculum. The Family Nurse Practitioner Program curriculum template illustrates how oral health can be integrated into health promotion, health assessment and clinical management courses.

The *Smiles for Life* interprofessional oral health curriculum provides a robust web-based resource for you to use along with the oral health curriculum template for each course. A good place to begin oral health integration is by transitioning the **HEENT** component of the history and physical exam to the **HEENOT** approach. In that way, you and your students will **NOT** forget about including oral health in patients encounters.

Chronic diseases managed by Family Nurse Practitioners, such as diabetes, Celiac, HIV and Kawasaki, are but a few of the health problems that have oral manifestations that can be treated or referred to our dental colleagues. It is important for nurse practitioners on the frontline of primary care to have the oral health competencies necessary to recognize both normal and abnormal oral conditions and provide patients with education, prevention, diagnosis, treatment and referral as needed.

We encourage you and your students to explore the resources in the templates as you "weave" oral health and its links to overall health into your Family Nurse Practitioner Program. If you need additional technical assistance, please feel free to contact us at **OHNEP@nyu.edu**.



FNP Curriculum Integration of Interprofessional Oral Health Competencies in Health Assessment of Families

HEALTH ASSESS-MENT ACROSS THE LIFESPAN

IPEC

Competencies: Values and Ethics, Roles and Responsibilities Interprofessional Communication, Teams & Teamwork

HRSA Oral Health

Health
Competencies:
Oral Health Risk
Assessment, Oral
Health Evaluation,
Oral Health
Preventive
Intervention,
Communication
and Education

NONPF

Delivers evidence-based practice for patients throughout lifespan; Obtains and accurately documents relevant health history for patients of all ages and in all phases of individual and family lifecycle using collateral information, as needed

CONSTRUCTS

1) EXPOSURE: INTRODUCTION

KNOWLEDGE: ORAL CARE OF INFANT, CHILD AND ADOLESCENT

Goal: Understand oral care of infant, child and adolescent

Read:

ENT

LEVE

ASSESSEZ

- Putting the Mouth Back in the Head: HEENT to HEENOT (Haber et al, 2015)
- Open wide and say a-ha: Adding oral health content to the nurse practitioner curriculum (Kent & Clark, 2018)
- Complete <u>Smiles for Life (SFL)</u> Modules #1, 2, 6, including Clinical Cases, and submit Certificates of Completion
- Review the oral health recommendation in the <u>Recommendations for Preventive Pediatric</u> Health Care (Appendix 1)

KNOWLEDGE: ORAL CARE OF ADULT

Goal: Understand oral care of adults

Complete Smiles for Life (SFL) Modules #3,
 5, 7, including Clinical Cases, and submit
 Certificates of Completion

KNOWLEDGE: ORAL CARE OF OLDER ADULT

Goal: Understand oral care of older adults

 Complete Smiles for Life (SFL) Module #8, including Clinical Cases, and submit Certificate of Completion

2) IMMERSION: DEVELOPMENT

SKILL/BEHAVIOR

Goal: Demonstrate integration of HEENOT in oral health history, risk assessment and physical exam in infant, child and adolescent during simulation lab

- Review the Mia Jones Unfolding Case (National League for Nursing)
- Compare two pediatric risk assessment tools AAP Oral Health Risk Assessment Tool (Appendix 2) and ADA Caries Risk Assessment Form 0-6 (Appendix 3)
- Review Oral Abnormalities in the SFL Photo Gallery on the mobile app

SKILL/BEHAVIOR

Goal: Demonstrate integration of HEENOT in oral health history, risk assessment and physical exam in adult during simulation lab

- Read and discuss <u>ADA Adult Caries Risk</u> <u>Assessment Tool</u> for patients over age 6 (Appendix 4)
- Review Oral Abnormalities in the SFL Photo Gallery on the mobile app

SKILL/BEHAVIOR

Goal: Demonstrate integration of HEENOT in oral health history, risk assessment and physical exam in older adult during simulation lab

- Read and discuss <u>CAMBRA: Best Practices in</u> <u>Dental Caries Management (Hurlbutt, 2011)</u>
- Review Oral Abnormalities in the SFL Photo Gallery on the mobile app

3) COMPETENCE: ENTRY-TO-PRACTICE

SKILL/BEHAVIOR

Goal: Identify oral pathologies in infant, child and adolescent in clinical experience

- Watch Knee-to-Knee video on SFL website
- Demonstrate integration of HEENOT competency in oral health history, risk assessment and physical exam in newborns, infants, children and adolescents during pediatric clinic or simulation lab

SKILL/BEHAVIOR

SUMMATIV

Ě

ASSESSE EXT

Goal: Identify oral pathologies in adult in clinical experience

- Watch Oral Health for the Primary Care Provider video on SFL website
- Demonstrate integration of HEENOT competency in oral health history, risk assessment and physical exam in adults during adult clinic

SKILL/BEHAVIOR

Goal: Identify oral pathologies in older adult in clinical experience

 Demonstrate integration of HEENOT competency in oral health history, risk assessment and physical exam in older adults during adult clinic by documenting in clinical system such as Typhon



Smiles for Life: A National Oral Health Curriculum

Access Smiles for Life Modules and Resources here:

https://smilesforlifeoralhealth.org







Smiles for Life: A National Oral Health Curriculum

Download Smiles for Life Modules

To download the SFL Modules for classroom instruction:

1. Go to

https://www.smilesforlifeoralhealth.org

- 2. Select "Teach Curriculum"
- 3. Select the course(s) you would like to download.
- 4. Select "Download Module"

Download PowerPoint Presentation

Instructions



- 1. Click the appropriate link below
- 2. Select "Save" (NOT "Open")
- Browse to choose desired location, and save file (some browsers may default to saving to the Downloads folder)
- The presentation is a PowerPoint slide show (.pps) which when opened will automatically display in presentation mode.
- To run the slide show, click on the file. Advance the slides using your mouse or the space bar. To exit slide show, click the ESC button.
- These presentations are locked and are not intended to be editable.
- PowerPoint presentations are only compatible with PC systems.
- A Mac compatible version of the presentation is available.

Download Module Module 2:



Teaching Case for Small Group Instruction: Pediatric Learner Version









Smiles for Life: A National Oral Health Curriculum

Recognizing Oral Abnormalities

Download the Smiles for Life mobile app to access the Photo Gallery.

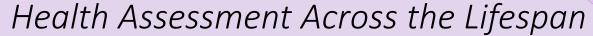
FNP Students should find and review the following oral abnormalities:

- Linea Alba
- Geographic tongue
- Fissured tongue
- Apthous ulcers
- Oral papilloma from HPV
- Candidiasis
- Herpes
- Denture Stomatitis

- Angular chelitis
- Dental caries
- GERD
- Gingival Recession
- Gingivitis
- Periodontitis
- Abscess
- Hairy Leukoplakia

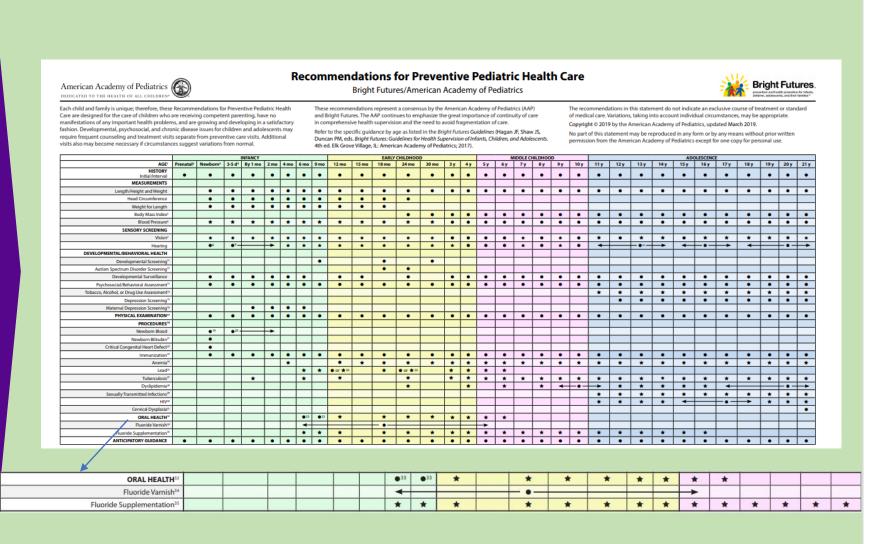




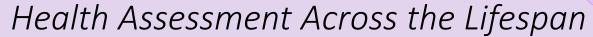




Recommendations for Preventive Pediatric Health Care









American Academy of Pediatrics Oral Health Risk Assessment Tool

assessment during health supervision vi nterprofessional Initiative on Oral Health nstructions for Use This tool is intended for documenting car caregiver's oral health. All other factors a The child is at an absolute high risk for car es. In the absence of risk factors or pased on one or more positive response	AP) has developed this tool to aid in the sits. This tool has been subsequently revib. ries risk of the child, however, two risk facand findings should be documented baseries if any risk factors or clinical findings, clinical findings, the clinician may detern to other risk factors or clinical findings, ctors/clinical findings in determining low	tors are based on the mother or primary ed on the child. marked with a sign, are documented into the child is at high risk of caries. Answering yes to protective factors			
Patient Name: Date of Birth: Date:					
RISK FACTORS	PROTECTIVE FACTORS	CLINICAL FINDINGS			
Mother or primary caregiver had active decay in the past 12 months	Existing dental home Yes No Drinks fluoridated water or takes fluoride supplements Yes No Fluoride varnish in the last 6 months Yes No Has teeth brushed twice daily	Mhite spots or visible decalcifications in the past 12 months ☐ Yes ☐ No ⚠ Obvious decay ☐ Yes ☐ No ⚠ Restorations (fillings) present ☐ Yes ☐ No			
Continual bottle/sippy cup use with fluid other than water Yes No Frequent snacking Yes No Special health care needs Yes No Medicaid eligible Yes No	□Yes □No	Visible plaque accumulation			
	ASSESSMENT/PLAN				
Low High Regula Completed: Dental Anticipatory Guidance Brush t	agement Goals: r dental visits	☐ Healthy snacks ☐ Less/No junk food or candy ppy cup ☐ No soda ☐ Xylitol			



Health Assessment Across the Lifespan



American Dental Association Caries Risk Assessment Form (Age 0-6)

		American Dent America's leading advoca	
Caries Risk Assessment Form (Age 0-6	5)		
Birth Date:		Date:	
Age:		Initials:	
Age:	Low Risk	Moderate Risk	High Risk
Contributing Conditions		r Circle the conditions to	
Fluoride Exposure (through drinking water, supplements, professional applications, toothpaste)	□Yes	□No	
Sugary Foods or Drinks (including juice, carbonated or non-carbonated soft drinks, energy drinks, medicinal syrups)	Primarily at mealtimes	Frequent or prolonged between meal exposures/day	Bottle or sippy cup with anything other than water at bed time
III. Eligible for Government Programs (WIC, Head Start, Medicaid or SCHIP)	□No		□Yes
N. Caries Experience of Mother, Caregiver and/or other Siblings	No carious lesions in last 24 months	Carious lesions in last 7-23 months	Carious lesions in last 6 months
V. Dental Home: established patient of record in a dental office	□Yes	□No	
General Health Conditions	Check or Circle the conditions that apply		
Special Health Care Needs (developmental, physical, medi- L cal or mental disabilities that prevent or limit performance of adequate oral health care by themselves or caregivers)	□No		□Yes
		r Circle the conditions t	hat apply
L. Visual or Radiographically Evident Restorations/ Cavitated Carious Lesions	No new carious lesions or restorations in last 24 months		Carious lesions or restorations in last 24 months
II. Non-cavitated (incipient) Carious Lesions	No new lesions in last 24 months		New lesions in last 24 months
II. Teeth Missing Due to Caries	□No		□Yes
IV. Visible Plaque	□No	□Yes	
V. Dental/Orthodontic Appliances Present (fixed or removable)	□No	□Yes	
VI. Salivary Flow	Visually adequate		Visually inadequate
Overall assessment of dental caries risk:	Low	■ Moderate	High
Instructions for Caregiver:	© Am	erican Dental Association, 20	109, 2011. All rights reserved



Health Assessment Across the Lifespan



American Dental Association Caries Risk Assessment Form (Ages >6)

		ADA	American Denta		
Ca	ries Risk Assessment Form (Age >6))	•		
Patie	ent Name:				
Birth Date:			Date:		
Age	:	Initials:			
_		Low Risk	Moderate Risk	High Risk	
	Contributing Conditions	Check o	r Circle the conditions th	nat apply	
L	Fluoride Exposure (through drinking water, supplements, professional applications, toothpaste)	□Yes	□No		
L	Sugary Foods or Drinks (including juice, carbonated or non-carbonated soft drinks, energy drinks, medicinal syrups)	Primarily at mealtimes		Frequent or prolonged between meal exposures/day	
II.	Caries Experience of Mother, Caregiver and/or other Siblings (for patients ages 6-14)	No carious lesions in last 24 months	Carious lesions in last 7-23 months	Carious lesions in last 6 months	
IV.	Dental Home: established patient of record, receiving regular dental care in a dental office	□Yes	□No		
	General Health Conditions	Check o	Check or Circle the conditions that apply		
L	Special Health Care Needs (developmental, physical, medi- cal or mental disabilities that prevent or limit performance of adequate oral health care by themselves or caregivers)	□No	Yes (over age 14)	Yes (ages 6-14)	
I.	Chemo/Radiation Therapy	□No		Yes	
II.	Eating Disorders	□No	□Yes		
IV.	Medications that Reduce Salivary Flow	□No	□Yes		
V.	Drug/Alcohol Abuse	□No	☐Yes		
	Clinical Conditions	Check or Circle the conditions that apply			
L	Cavitated or Non-Cavitated (incipient) Carious Lesions or Restorations (visually or radiographically evident)	No new carious lesions or restorations in last 36 months	1 or 2 new carious lesions or restorations in last 36 months	3 or more carious lesions or restorations in last 36 months	
L	Teeth Missing Due to Caries in past 36 months	□No		□Yes	
111.	Visible Plaque	□No	□Yes		
IV.	Unusual Tooth Morphology that compromises oral hygiene	□No	□Yes		
V.	Interproximal Restorations - 1 or more	□No	☐Yes		
VI.	Exposed Root Surfaces Present	□No	□Yes		
VII.	Restorations with Overhangs and/or Open Margins; Open Contacts with Food Impaction	□No	□Yes		
VIII.	Dental/Orthodontic Appliances (fixed or removable)	□No	□Yes		
IX.	Severe Dry Mouth (Xerostomia)	□No		□Yes	
Ove	erall assessment of dental caries risk:	Low	■ Moderate	High	
Patient Instructions:					
© American Dental Association, 2009, 2011. All rights reserved					



FNP Curriculum Integration of Interprofessional Oral Health Competencies in Health Promotion of Families

HEALTH PROMOTION ACROSS THE LIFESPAN

IPEC

Competencies: Values and Ethics, Roles and Responsibilities Interprofessional Communication, Teams & Teamwork

ENT RY

A SOUTH SET THE

HRSA Oral Health

Competencies:
Coal Health Risk
Assessment, Cral
Health Evaluation,
Cral Health
Preventive
Intervention,
Communication
and Education

NONPF

Competencies:
Delivers evidenceBased practice for
petients throughout
lifespan; Obtains and
accurately documents
relevant health history
for patients of all ages
and in all phases of
individual and family
lifecyde using collateral
information, as needed

CONSTRUCTS

1) EXPOSURE: INTRODUCTION

KNOWLEDGE: HEALTH PROMOTION IN CHILDREN

Goal: Understand importance of maintaining good oral health in children

- Complete Smiles for Life (SFL) Modules
 #1, 2, 6, including Clinical Cases, and submit
 Certificates of Completion
- Complete the NYU <u>Oral Health Module</u> Read:
- AAP Oral Health Self-Management Goals for Parents/Caregivers (2011)
- <u>Prevention of Dental Caries in Children</u> <u>From Birth Through Age 5 Years</u> (Moyer, 2014)

KNOWLEDGE: HEALTH PROMOTION IN ADULTS

Goal: Understand importance of maintaining good oral health in adults

- Complete Smiles for Life (SFL) Modules #3,
 5, 7, including Clinical Cases, and submit
 Certificates of Completion
 Read:
- Maintaining Oral Health Across the Life Span (Jablonski et al, 2014)
- American Cancer Society Fact Sheets

KNOWLEDGE: HEALTH PROMOTION IN OLDER ADULTS

Goal: Understand importance of maintaining good oral health in older adults

- Complete Smiles for Life (SFL) Module #8, including Clinical Cases, and submit Certificate of Completion
- Read: <u>Systemic Diseases and Oral Health</u> (Tavares et al, 2014)
- Review the materials provided in the <u>ACE.S</u> <u>Teaching Strategies</u> that focus on oral health (NLN)

2) IMMERSION: DEVELOPMENT

SKILL/BEHAVIOR

Goal: Integrate oral health into care of children

Read:

- Lift the Lip (Appendix 1)
- Let's Talk Teeth & Let's Set Goals (Appendix 2)
- Write advice column in parenting journal detailing specific oral health issue commonly encountered by parents/caregivers
- Participate in interprofessional oral health clinical experience with medical and dental students in head start, community health center, pre-school health fairs or school-based clinic

SKILL/BEHAVIOR

Goal: Integrate oral health into care of adults

- Read: <u>Evaluation and Managing Dental</u>
 <u>Complaints in Primary and Urgent Care</u> (Idzik & Krauss, 2013)
- Using health literacy principles, plan an evidence-based oral health education program with dental students for adults with type 2 diabetes
- <u>Oral Health and Diabetes</u> (Darling-Fisher et al. 2017)

SKILL/BEHAVIOR

Goal: Integrate oral health into care of older adults

- Read: Tooth Loss and Its Association with Dietary Intake and Dietary Quality in American Adults (Zhu & Hollis, 2014)
- Plan evidence-based nutrition and oral health education program with dental students for older adults

3) COMPETENCE: ENTRY-TO-PRACTICE

SKILL/BEHAVIOR

Goal: Advocate for oral public health within your community

Read:

- State Specific Fluoride Varnish Information on SFL website
- <u>Sources of Drinking Water in a Pediatric</u> <u>Population</u> (Jadav et al, 2014)
- <u>National Center on Health</u> Getting Fluoride for Your Child (Appendix 3)
- <u>National Center on Health</u> Visiting the Dental Clinic with your Child (Appendix 4)
- Develop and present an evidence-based campaign for community water fluoridation

SKILL/BEHAVIOR

SUMMATIVE

ASSESSENT

Goal: Advocate for smoking cessation in adults

- Read: <u>Promoting Smoking Cessation</u> (Larzelere & Williams, 2012)
- Read: E-Cigarettes and Smoking Cessation: A
 Primer for Oncology Clinicians (Zborovskaya,
 2017)
- Develop and engage smoking adults in evidence-based smoking cessation program
- Develop and implement evidence-based oral cancer screening program with dental students for smoking adults

SKILL/BEHAVIOR

Goal: Promote good oral health habits in older adults

- Engage older adults in an evidence-based nutrition and oral health education program at senior center
- Develop list of dental providers in the area to whom you can refer patients who accept Medicaid or sliding scale

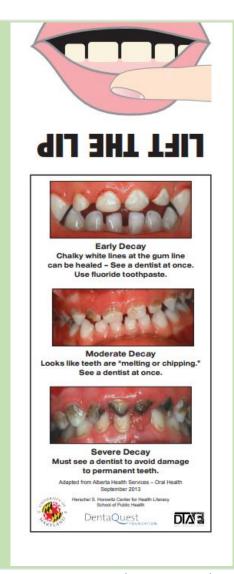
© Oral Health Nursing Education and Practice (OHNEP)

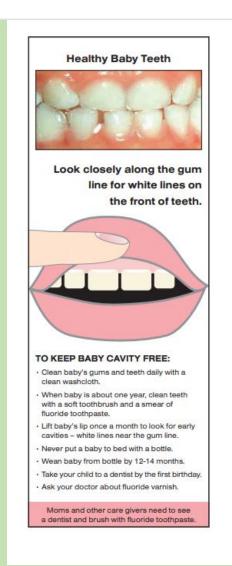


Health Promotion of Families



Lift the Lip





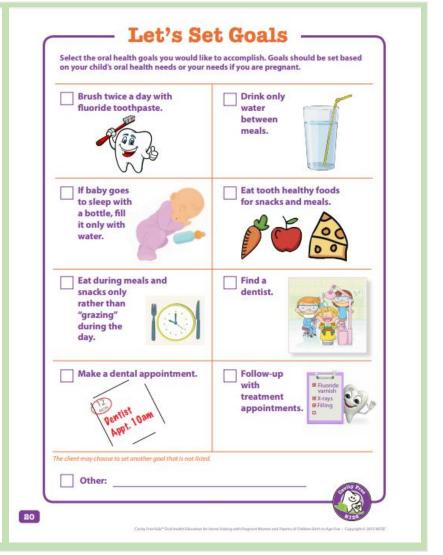


Health Promotion of Families



Cavity Free Kids: Let's Talk Teeth & Let's Set Goals





Health Promotion of Families



Healthy Habits for Happy Smiles

Healthy Habits for Happy Smiles



Getting Fluoride for Your Child

luoride is found in nature in soil, plants, and water. Fluoride is safe. Drinking tap (faucet) water with fluoride, brushing with fluoride toothpaste, and having a health professional apply fluoride varnish to the teeth are important ways to make teeth strong and prevent tooth decay.



School readiness begins with health!



Fluoride in Water

- Since most water doesn't have enough natural fluoride to prevent tooth decay, many communities add fluoride to their water supply (tap water) used for drinking and cooking.
- Give your child tap water with fluoride. If you are not sure if your water has enough fluoride, ask your child's dental clinic for help in finding out.
- Some bottled waters contain fluoride, and some do not. Check with the bottled water's manufacturer to ask about the fluoride content of a particular brand.
- If your tap water does not have enough fluoride, ask your dental or medical clinic if your child needs fluoride drops or tablets.

Fluoride Toothpaste

- Brush your child's teeth after breakfast and before bed once the first tooth begins to show.
- Use a child-sized toothbrush with soft bristles and fluoride toothpaste.
- See Healthy Habits for Happy Smiles: Brushing Your Child's Teeth for more information.

Fluoride Varnish

- Fluoride varnish is painted on a child's teeth to prevent or reduce cavities.
- It is not permanent but keeps fluoride on the teeth for several hours.
- Fluoride varnish has a pleasant taste and is well tolerated by children.



This handout was prepared by the Mational Center on Sarly Childhood Health and Wellness under cooperative agreement #9CHC0012 for the U.S. Department of Health and Human Services, Administration for Childhen and Families, Office of Head Start.

National Center on Early Childhood Health and Melliness. 2016. Healthy Walter for Happy Snive: Getting Fluoride for Your Child. Ells Grow Village, IL: National Center on Early Childhood Health and Melliness.

Photo requiring credit: makeliessnaise / Foter / CC BY (back page)





Health Promotion of Families



Healthy Habits for Happy Smiles

Healthy Habits for Happy Smiles



Visiting the Dental Clinic with Your Child

hildren need to visit the dental clinic to keep their teeth and mouth healthy. If children have regular dental visits, the dentist and dental hygienist can take care of their teeth and find oral health problems early. Having regular dental visits also teaches children to value good oral health.







At the Dental Clinic, the Dental Team Will:

- Check your child's teeth and mouth.
- Talk to you about the best way to take care of your child's teeth. For example, brushing your child's teeth with fluoride toothpaste after breakfast and before bed.
- Share other ways to help prevent tooth decay (cavities). For example, putting fluoride varnish on children's teeth.

Tips for Visiting the Dental Clinic

- If your child asks what will happen at the dental clinic, give a simple answer. For example, say:
- "They may count how many teeth you have."
- "They may clean your teeth to make them shiny and bright!"

- If you don't like going to the dental clinic, don't tell your child. That might make your child worry about going, too.
- Set up a pretend dental chair. Pretend to be the dentist or dental hygienist. Look in your child's mouth and count her teeth; then talk to her about brushing her teeth.
- Read books or watch videos with your child about visiting the dental clinic. Don't use books or videos that have words like hurt, pain, shot, drill, afraid, or any other words that might scare your child.
- Let your child bring his favorite toy or blanket to the clinic.
- If you find out that your child will receive a small toy or new toothbrush at the end of the visit, remind your child of this reward.
- Plan a fun activity for after the clinic visit.



This handout was prepared by the National Center on Early Childhood Health and Wellness under cooperative agreement #9CHC0013 for the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start.

National Center on Early Childhood Health and Wellness. 2016. Healthy Hobits for Hoppy Smiles: Visiting the Dental Clinic with Your Child. Elk Grove Willage, IL National Center on Early Childhood Health and Wellness.

Photo credits: National Museum of Dentistry / Foter / CC BY-NC-ND (front page, top); um.dentistry / Foter / CC BY-NC-SA (front page, bottom); Kristen Jennings / Filckr / CC BY-NC-ND (back page)







FNP Curriculum Integration of Interprofessional Oral Health Competencies in Primary Care of Families

PRIMARY CARE ACROSS THE LIFESPAN

IPEC

Competencies: Values and Ethics, Roles and Responsibilities Interprofessional Communication, Teams & Teamwork

HRSA Oral Health Competencies: Oral Health Risk Assessment, Oral Health Evaluation, Oral Health Preventive Intervention, Communication

and Education

NONPF

Competencies:
Delivers evidencebased
practice for patients
throughout lifespan;
Obtains and accurately
documents relevant
health history for
patients of all ages and
in all phases of
individual and family
lifecycle using collateral
information, as needed

CONSTRUCTS

1) EXPOSURE: INTRODUCTION

KNOWLEDGE: ADULT WITH CHRONIC DISEASE

Goal: Recognize oral manifestations of chronic disease in adults

• Read: The association between celiac disease, dental enamel defects, and apthous ulcers in a United States cohort (Cheng et al, 2010)

KNOWLEDGE: ADOLESCENT WITH INFECTIOUS DISEASE

Goal: Recognize oral manifestations of infectious diseases in adolescents

Read:

ENTRY

ASSESSENT

- Sexually Transmitted Diseases and Your Mouth (Mouth Healthy)
- HPV and Oropharyngeal Cancer (CDC 2018)
- ADA Statement on HPV and Squamous Cell Cancers of the Oropharynx
- Importance of a team approach to recommending the HPV vaccination (Fontenot et al., 2018)

KNOWLEDGE: PRIMARY CARE IN OLDER ADULT

Goal: Recognize oral health needs of older adults

Read:

- Randomised clinical trial: Efficacy of strategies to provide oral hygiene activities to nursing home residents with dementia who resist mouth care (Jablonski et al., 2018)
- Ensuring Oral Health for Older Individuals with Intellectual and Development Disabilities

 (Waldman & Perlman, 2012)

2) IMMERSION: DEVELOPMENT

SKILL/BEHAVIOR

Goal: Provide comprehensive health maintenance services to adults with chronic diseases

Read:

- Oral manifestations of gastroesophageal reflux disease (Ranjitkar et al, 2012)
- Oral Hygiene Status of Individuals with Cardiovascular Disease (Shetty et al, 2012)
- Develop care plan for patient with either chronic disease and include HEENOT in history, risk assessment, exam and plan

SKILL/BEHAVIOR

Goal: Provide comprehensive health maintenance services to children/adolescents with infectious diseases

- Collaborate together on discussion board on case study of child with Kawasaki Disease and oral health issues (Appendix 3)
- Develop evidence-based brochure on benefits of HPV vaccination for preadolescents

SKILL/BEHAVIOR

Goal: Provide comprehensive health maintenance services to older adults

- Read <u>Developing an Interprofessional Oral</u>
 Health Education System That Meets the
 Needs of Older Adults (Atchison et al., 2019)
- Collaborate together on discussion board on case study of older adult with diabetes (Appendix 6)
- Develop oral health management plan for older adult with diabetes and periodontal disease and include HEENOT in history, risk assessment, exam and plan

3) COMPETENCE: ENTRY-TO-PRACTICE

COLLABORATIVE CASE PRESENTATION: ADULT

Goal: Collaborate interprofessionally on adult chronic disease case with oral health needs

- FNP and dental students to collaborate on developing a management plan for adult with Celiac Disease and oral health needs (Appendix 1)
- FNP and dental students to present one article from Celiac Disease Reference List and report findings on oral health (Appendix 2)

COLLABORATIVE CASE STUDY: CHILD/ ADOLESCENT

Goal: Collaborate interprofessionally on pediatric infectious disease case with oral health needs

FNP and dental students to collaborate on developing a management plan for:

- Child with infectious disease and oral health needs (Appendix 4)
- Adolescent with STI and oral health needs (Appendix 5)

COLLABORATIVE CASE STUDY: OLDER ADULT

Goal: Collaborate interprofessionally on geriatric case with cognitive decline and oral health needs

Read:

SUMMATIVE

ASSESSEENT

- Opportunities for Nursing-Dental Collaboration: Addressing Oral Health Needs Among the Elderly (Coleman, 2005)
- No More Fighting and Biting During Mouth Care (Jablonski et al., 2011)
- FNP and dental students to develop one interprofessional strategy to decrease careresistant behaviors for older adults with dementia

(Waldman & Perlman, 2012) o

© Oral Health Nursing Education and Practice (OHNEP)

Family Primary Care



Celiac Disease Case Study

A 39-year-old woman presents with symptoms of diarrhea, nausea, flatulence, colic, difficulty with falling asleep, lack of appetite and a weight loss of 20lbs in the last two years.

She also complains of the appearance of lesions in the mouth, particularly on the tongue.

She has had frequent dental problems over the years, including dental caries and root canals.

What else would you like to know?
What is your differential?
What tests will you order?
What is your diagnosis?
What treatment will you prescribe?
Where do you refer patient?
What is your follow-up?

Adapted from da Silva et al. (2008). Oral manifestations of celiac disease. A case report and review of the literature.

Family Primary Care



Celiac Disease Reference List

Al-Homaidhi, M.A. (2018). The Effect of Celiac Disease on the Oral Cavity: A Review. Journal of Dental Health, Oral Disorders & Therapy, 9(2), 00327. doi: 10.15406/jdhodt.2018.09.00327.

Amato, M., Zingone, F., Caggiano, M., Iovino, P., Bucci, C., & Ciacci, C. (2017). Tooth Wear Is Frequent in Adult Patients with Celiac Disease. Nutrients, 9(12), 1321. doi: 10.3390/nu9121321.

Karlin, S., Karlin, E., Meiller, T., & Bashirelahi, N. (2016). Dental and Oral Considerations in Pediatric Celiac Disease. *Journal of Dentistry for Children*, 83(2), 67-70. PMID: 27620516.

Macho, V.M.P, Coelho, A.S., Veloso E Silva, D.M., & de Andrade, D.J.C. (2017). Oral Manifestations in Pediatric Patients with Coeliac Disease - A Review Article. *The Open Dentistry Journal*, *11*, 539-545. doi: 10.2174/1874210601711010539.

Spinell, T., DeMayo, F., Cato, M., Thai, A., Helmerhorst, E.J., ... & Demmer, R.T. (2017). The association between coeliac disease and periodontitis: Results from NHANES 2009–2012. Journal of Clinical Periodontology, 45(3), 303-310. doi: 10.1111/jcpe.12856.



Family Primary Care



Kawasaki Disease Case Study

A 5-year-old girl presented with a 2-week history of fever and rash. Peeling of the skin of her fingers and toes had been noted over the past 2 days.

On physical examination, the girl's temperature was 38.9°C. She was tired but interactive. An erythematous tongue with prominent papillae and desquamation of the hands and feet were noted.

What is the differential?
What is your clinical diagnosis?
What is your treatment plan?
What are your follow-up recommendations?

Family Primary Care



Case Study: Infectious Disease

Chief Complaint: 5 yo male Tim brought to clinic by parent, complaining of fever of 103 x 2 days, headache, muscle aches, sore throat and blisters on palms and soles of feet.

Past History:

Prenatal: no problems L&D: NSVD, Apgar 9,10

Infancy: Breastfed until 12 months. Normal growth and development

Current Health Status:

Tim has no other health problems. He is in the 50% for height and weight.

Immunization: UTD Medications: None

Family History: Only child, lives with both parents

Physical Exam:

Alert, oriented, 5yo old male

HEENOT – Eyes: Erythematous watery conjunctiva. Ears, nose and dentition normal. Throat: multiple erythematous blisters in

pharynx

Abdomen – soft, nontender

MS – multiple erythematous blisters on palms and soles

Neuro – nl

What is your differential?

What tests will you order?

What is your diagnosis?

What treatment will you prescribe?

Where else should parents expect to see more lesions?

Family Primary Care



Case Study: STI

Chief Complaint: 18 yo female Lisa presents to clinic complaining of hoarseness of voice, sores in mouth.

Current Health Status:

Lisa has no other health problems.

Immunization: Childhood immunizations UTD, has not had any immunizations since age 6

Medications: None

Sexual History: multiple partners over past 3 years, intermittent condom use

Physical Exam:

Alert, oriented, 18 yo old female

HEENOT – Eyes, Ears, nose and dentition normal. Scattered papillomas on tongue and pharynx.

Abdomen – soft, nontender

MS - nI

Gyn – No visible lesions – cervical studies pending

Neuro - nl

What else would you like to know?

What is your differential?

What tests will you order?

What is your diagnosis?

What treatment will you prescribe?

Where do you refer patient?

What is your follow-up?

Family Primary Care



Diabetes Case Study

A 65 year old Hispanic male Mr. M. was referred by the Dental clinic because of early evidence of periodontal disease. The patient has family history of Type 2 Diabetes (T2D) and history of caring for his diabetic grandfather for many years. He described himself as an expert in diabetes because of the years of caring for his ailing diabetic grandfather. During the health history, he complained of symptoms of hyperglycemia: fatigue, thirst, and weight loss. On physical exam, his blood pressure was 160/95, BMI of 31, random blood sugar of 332 mg/dl, and HgbA1c > 13%. He was diagnosed with T2D and obesity. He was started on Metformin twice a day and was counseled on diet and physical activity. The patient was referred back to dentistry for continued periodontal care in light of his new diagnosis of T2D.

What is the follow-up nursing primary care action plan for Mr. M.?
What are the 3 months follow-up outcomes?

- Oral Health History
- Physical Health Exam
- Oral-Systemic Risk Assessment
- Action Plan
- Preventive Interventions
- Interventions
- Collaboration
- Referrals

RESOURCES



American Academy of Pediatrics. (2011). Oral health risk assessment tool. Retrieved from	
http://www2.aap.org/oralhealth/docs/RiskAssessmentTool.pdf.	

- American Academy of Pediatrics. (2011). Oral health self-management goals for parents/caregivers. Retrieved from https://www.aap.org/enus/Documents/oralhealth GoalSheetEnglish.pdf
- American Academy of Pediatrics. (2019). Recommendations for preventive pediatric health care.

 Retrieved from https://www.aap.org/en-us/Documents/periodicity_schedule.pdf
- American Cancer Society. How to quit smoking or smokeless tobacco. Retrieved from https://www.cancer.org/healthy/stay-away-from-tobacco/guide-quitting-smoking.html
- American Dental Association. (2009). ADA caries risk assessment form. Retrieved from http://www.ada.org/en/member-center/oral-health-topics/caries
- American Dental Association. Statement on human papillomavirus and squamous cell cancers of the oropharynx. Retrieved from https://www.ada.org/en/member-center/oral-health-topics/cancer-head-and-neck
- Atchison, K. A., Glicken, A. D., & Haber, J. (2019). Developing an interprofessional oral health education system that meets the needs of older adults. *Journal of the California Dental Association*, 47(4), 247-253. Retrieved from https://www.cda.org/Portals/0/journal/journal 042019.pdf.
- Center for Disease Control and Prevention. (2018). Human papillomavirus (HPV) and oropharyngeal cancer. https://www.cdc.gov/cancer/hpv/basic_info/hpv_oropharyngeal.htm
- Cheng, J., Malahias, T., Brar, P., Minaya, M. T., & Green, P. H. (2010). The association between celiac disease, dental enamel defects, and aphthous ulcers in a United States cohort. *Journal of Clinical Gastroenterology, 44*(3), 191-194. doi: 10.1097/MCG.0b013e3181ac9942
- Clark, M. B., Douglass, A. B., Maier, R., Deutchman, M., Douglass J. M., Gonsalves W., ... & Quinonez, R. (2010). Smiles for life: A national oral health curriculum. 3rd Edition. Society of Teachers of Family Medicine. Retrieved from smilesforlifeoralhealth.com.
- Coleman, P. (2005). Opportunities for nursing-dental collaboration: Addressing oral health needs among the elderly. *Nursing Outlook*, *53*(1), 33-39. doi: 10.1016/j.outlook.2004.06.008.
- Darling-Fisher, C., Borgnakke, W., & Haber, J. (2017). Oral health and diabetes. *American Nurse Today*, *12*(8), 22–25. Retrieved from https://www.americannursetoday.com/ana-journal-august-2017/.

www.OHNEP.org

www.SmilesforLifeOralHealth.org

National Oral Health Curriculum

www.MCHOralHealth.org

National Maternal & Child Oral Health

Resource Center

0

Ν

R

Ε

S

U

www.IPECollaborative.org

Interprofessional Educational

Collaborative

www.APTRweb.org/?PHLM 15

Oral Health Across Lifespan Module

www.HealthyPeople.gov

10-year national health goals for

Americans

www.AAP.org

American Academy of Pediatrics

www.AAPD.org

American Academy of Pediatric Dentistry

www.ToothWisdom.org

Health Resources for Older Adults

www.HIGN.org

Hartford Institute Geriatric Oral Health

www.UKY.edu/NursingHomeOralHealth

Nursing Home Oral Health

www.IPE.UToronto.ca

University of Toronto's Centre for Interprofessional Education

RESOURCES



- Fontenot, H. B., Kornides, M. L., McRee, A., & Gilkey, M. B. (2018). Importance of a team approach to recommending the human papillomavirus vaccination. *Journal of the American Association of Nurse Practitioners*, *30*, 368-372. doi: 10.1097/JXX.00000000000000004.
- Haber, J. Hartnett, E. Allen, K., Hallas, D., Dorsen C., Lange-Kessler, J., Lloyd M., Thomas, E., Wholihan D. (2015). Putting the mouth back in the head: HEENT to HEENOT. *American Journal of Public Health*, 105(3), e1–e5. doi:10.2105/AJPH.2014.302495.
- Herschel S. Horowitz Center for Health Literacy, School of Public Health, University of Maryland. (2013). Lift the Lip [Brochure]. College Park, MD. Retrieved from http://phpa.dhmh.maryland.gov/oralhealth/docs1/LifttheLip-English.pdf.
- Hurlbutt, M. (2011). CAMBRA: Best practices in dental caries management. *Academy of Dental Therapeutics and Stomatology*. Retrieved from https://www.rdhmag.com/etc/medialib/new-lib/rdh/site-images/volume-31/issue-10/1110RDH095-109.pdf
- Idzik, S., & Krauss, E. (2013). Evaluating and managing dental complaints in primary and urgent care. *The Journal for Nurse Practitioners*, *9*(6), 329-338. doi: 10.1016/j.nurpra.2013.04.015.
- Institute of Medicine. Advancing oral health in America. Washington, D.C.: National Academies Press; 2011. doi: 10.17226/13086
- Interprofessional Education Collaborative. Core competencies for interprofessional collaborative practice: 2016 update. Washington, DC; 2016. Retrieved from https://nebula.wsimg.com/2f68a39520b03336b41038c370497473?AccessKeyId=DC06780E69ED19E2B3A5 & disposition=0&alloworigin=1.
- Institute of Medicine (IOM) & National Research Council (NRC). (2011). Improving access to oral health care for vulnerable and underserved populations. Washington, DC: The National Academies Press. Retrieved from https://www.healthypeople.gov/2020/tools-resources/evidence-based-resource/improving-access-to-oral-health-care-for-vulnerable-and.
- Jablonski, R., Mertz, E., Featherstone, J. D., & Fulmer, T. (2014). Maintaining oral health across the life span. *The Nurse Practitioner, 39*(6), 39-48. doi: 10.1097/01.NPR.0000446872.76779.56.
- Jablonski, R. A., Kolanowski, A., Therrien, B., Mahoney, E. K., Kassab, C., & Leslie, D. L. (2018). Randomised clinical trial: Efficacy of strategies to provide oral hygiene activities to nursing home residents with dementia who resist mouth care. *Gerodontology*, *35*(4), 365-375. doi: 10.1111/ger.12357.
- Jablonski, R. A., Therrien, B., & Kolanowski, A. (2011). No more fighting and biting during mouth care: Applying the theoretical constructs of threat perception to clinical practice. *Research and Theory for Nursing Practice*, 25(3), 163-175. doi: 10.1891/1541-6577.25.3.163.
- Jadav, U. G., Acharya, B. S., Velasquez, G. M., Vance, B. J., Tate, R. H., & Quock, R. L. (2014). Sources of drinking water in a pediatric population. *Pediatric Dentistry*, *36*(7), 474-477. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/25514075.
- Kent, K. A. & Clark, C. A. (2018). Open wide and say a-ha: Adding oral health content to the nurse practitioner curriculum. *Nursing Education Perspectives*, 39(4), 253-254. doi: 10.1097/01.NEP.000000000000252.
- Larzelere, M. M & Williams, D. E. (2012). Promoting smoking cessation. *American Family Physician, 85*(6), 591-598. Retrieved from https://www.aafp.org/afp/2012/0315/p591.html.
- Moyer, V.A. (2014) Prevention of dental caries in children from birth through age 5 years: US preventive services task force recommendation statement. *Pediatrics*, 133(5), 1-10. doi: 10.1542/peds.2014-0483.

RESOURCES



- Mouth Healthy. Sexually transmitted diseases and your mouth. Retrieved from https://www.mouthhealthy.org/en/az-topics/s/sexually-transmitted-diseases.
- National Center on Health. (2014). Healthy habits for happy smiles: Series of handouts for parents of infants and young children. Elk Grove Village, IL: National Center on Health. Retrieved from http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/oral-health/education-activities/healthyhabits.html.
- National League for Nursing. Advancing care excellence pediatrics: Mia Jones. Retrieved from http://www.nln.org/professional-development programs/teaching-resources/ace-p/unfolding-cases/mia-jones.
- National Leagues for Nursing. Advancing care excellence for seniors. Retrieved from http://www.nln.org/professional-development-programs/teaching-resources/ace-s.
- NYU Rory Meyers College of Nursing. Oral health module. Retrieved from https://pdp.nursing.nyu.edu/education/oral-health-module.
- Ranjitkar, S., Smales, , R.J., & Kaidonis, J.A. (2012). Oral manifestations of gastroesophageal reflux disease. *Journal of Gastroenterology and Hepatology 27*(1), 21-27. doi: 10.1111/j.1440-1746.2011.06945.x.
- Shetty, D., Dua, M., Kumar, K., Dhanapal, R., Astekar, M., & Shetty, D. C. (2012). Oral hygiene status of individuals with cardiovascular diseases and associated risk factors. *Clinics and Practice*, *2*(4). doi: 10.4081/cp.2012.e86.
- da Silva, P. C., de Almeida, P. V., Machado, M. A., de Lima, A. A., Grégio, A. M., Trevilatto, P. C., & Azevedo-Alanis, L. R. (2008). Oral manifestations of celiac disease. A case report and review of the literature. *Medicina Oral, Patología Oral y Cirugía Bucal, 13*(9), 559-562. Retrieved from http://www.medicinaoral.org/wp-content/uploads/2009/08/medoralv13i9p559-doenca-celiaca.pdf.
- Tavares, M., Lindefjeld Calabi, K. A., & San Martin, L. (2014). Systemic diseases and oral health. *Dental Clinics of North America*, *58*(4), 797-814. doi: 10.1016/j.cden.2014.07.005.
- United States Department of Health and Human Services. (2010). Oral health, healthy people 2020. Retrieved from http://healthypeople.gov/2020/topicsobjectives2020/overview.aspx?topicid=32.
- United States Department of Health and Human Services, Health Resources and Services Administration. (2014). Integration of oral health and primary care practice. Retrieved from https://www.hrsa.gov/sites/default/files/hrsa/oralhealth/integrationoforalhealth.pdf.
- Waldman, H. B., & Perlman, S. P. (2012). Ensuring oral health for older individuals with intellectual and developmental disabilities. *Journal of Clinical Nursing*, 21(7-8), 909-913. doi: 10.1111/j.1365-2702.2011.03969
- Washington Dental Service Foundation. (2014). Cavity free kids: Oral health education for pregnant women, children birth to age five and their families— A resource for home visitors. Retrieved from http://cavityfreekids.org/family-engagement/.
- Zhu, Y., & Hollis, J. H. (2014). Tooth loss and its association with dietary intake and diet quality in American adults. *Journal of Dentistry, 42*(11), 14281435.doi: 10.1016/j.jdent.2014.08.012.
- Zborovskaya, Y. (2017). E-Cigarettes and smoking cessation: A primer for oncology clinicians. *Clinical Journal of Oncology Nursing*, *21*(1), 554-563. doi: 10.1188/17.CJON.54-63.